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**Iowa Games**

**Saturday, May 20, 2023**

**Ames/ISU Ice Arena, Ames IA**

## **I. COMPETITION OVERVIEW**

The Iowa Games will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

### **COVID-19 INFORMATION:**

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#).

### **SERIES INFORMATION:**

Medals presented to the top 3 winners in each event qualify for the upcoming State Games of America.

## **II. ELIGIBILITY**

### **TEST LEVEL:**

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a **competitive floor** (i.e., the lowest level they can compete at).

The **competitive floor** is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

*Example, if an athlete passed their junior free skate test in November and competed in the 2022-23 NQS as a Novice from July - September, they may register for either novice or junior in excel or well-balanced events. The novice level will remain their competitive floor until they complete an EMS Series Application at the junior level or higher for NQS or Excel.*

*Example #2, if an athlete passed their juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete pre-preliminary – intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to select the appropriate level for the athlete based on their technical skillset.*

### Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email [events@usfigureskating.org](mailto:events@usfigureskating.org) or refer to information sheet [HERE](#).

## **ISI PROGRAM MEMBERS**

If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

If you have passed ISI level -	Enter the USFS level -
Tot or Pre-Alpha (age 7 and older) Alpha	Basic 1
Advanced Pre-Alpha	Basic 2
Advanced Pre-Alpha	Basic 3
Alpha/Gamma	Basic 4
Beta	Basic 5
Gamma	Basic 6
Delta – Freestyle 1	Pre-Free Skate – Free Skate 6 (choose correct level based upon elements required)
Freestyle 2 or 3 / Open Bronze	Pre-Preliminary

Freestyle 4 / Open Silver	Preliminary
Freestyle 5 / Open Silver	Pre-Juvenile
Freestyle 6 / Open Gold	Juvenile or Intermediate
Freestyle 7 / Open Platinum	Novice
Freestyle 8 / Open Platinum	Junior or Senior
Freestyle 9 / Open Platinum	Senior
Freestyle 10 / Open Platinum	Senior
Freestyle 2 / Open Bronze	Adult Pre-Bronze
Freestyle 3 / Open Bronze	Adult Bronze
Freestyle 4 / Open Silver	Adult Silver
Freestyle 5 / Open Gold	Adult Gold
Dance 3	Preliminary Dance
Dance 4	Pre-Bronze Dance
Dance 5	Bronze Dance
Dance 6	Pre-Silver Dance
Dance 7	Silver Dance
Dance 9	Pre-Gold Dance

#### **EVENTS OFFERED:**

Program requirements for the events listed below can be found here: [usfigureskating.org](http://usfigureskating.org) – Skate – Compete – Program Requirements

**NOTE: Skaters may not enter an Excel and Well-Balanced free skate events at the same competition.**

<b>SINGLES</b>	<b>JUDGING</b>
Excel Free Skate	6.0
Well Balanced Free Skate (No test – Pre-Juv)	6.0
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	6.0
Adult Beginner & High Beginner Free Skate	6.0
<b>SPECIALTY</b>	<b>JUDGING</b>
Compulsory Moves (No Test–Senior)	6.0
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	6.0
Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr)	6.0
Jumps Challenge (Beginner–Senior)	6.0
Adult Jumps Challenge (Adult Beginner–Masters Jr/Sr)	6.0
Spins Challenge (Beginner–Senior)	6.0
Adult Spins Challenge (Adult Beginner–Masters Jr/Sr)	6.0
Step Sequence (Pre-Pre.–Senior)	6.0
Adult Step Sequences (Adult Pre-Bronze–Masters Sr)	6.0

Moves in the Field (Pre-Pre.–Senior)	6.0
Adult Moves in the Field (Adult Pre-Bronze–Masters Sr)	6.0
<b>SHOWCASE</b>	<b>JUDGING</b>
Emotional Performance (No Test – Senior, Adult)	6.0
Choreographic Artistry (No Test - Senior, Adult)	6.0
Lyrical Pop (No Test - Senior, Adult)	6.0
Character Performance (No Test - Senior, Adult)	6.0
Comedic Impressions (No Test - Senior, Adult)	6.0
Duets/Trios (No Test – Senior, Adult)	6.0
Interpretive	6.0
Adaptive Individual Showcase	6.0
Adaptive Unified Partner Showcase	6.0
<b>SOLO DANCE</b>	<b>JUDGING</b>
Solo Pattern Dance (not participating in series)	6.0
Solo Open Pattern Dance	6.0
Solo Free Dance	6.0
Solo Combined Dance	6.0
Shadow Dance	6.0
Adult Solo Pattern Dance	6.0
Adult Solo Free Dance	6.0
<b>COMPETE USA EVENTS</b>	<b>JUDGING</b>
Snowplow Sam-Basic 6 Program w/ Music	6.0
Pre-Free Skate – Free Skate 1-6 Program w/ Music	6.0
Excel Free Skate (Beg. – Preliminary Plus)	6.0
No Test – Preliminary Free Skate (*offer if LTS only)	6.0
Adult 1-6 Program w/ Music	6.0
Adult Free Skate (Beg. – Bronze)	6.0
Snowplow Sam – Basic 6 Elements	6.0
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	6.0
Excel Compulsory Moves	6.0
Adult 1-6, Beginner – Bronze Compulsory Moves	6.0
Compete USA – Spin Challenge	6.0
Compete USA – Jump Challenge	6.0
Compete USA – Hockey 1-4 Elements & Skills Challenge	6.0
Compete USA – Showcase	6.0
Compete USA – Solo Dance	6.0
<b>ADAPTIVE</b>	<b>JUDGING</b>
Special Olympics Badges	6.0

Special Olympics – Free Skate Program & Dance	6.0
Skate United Badges	6.0

### **SKATESAFE COMPLIANCE:**

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: [www.usfigureskating.org/skatesafe](http://www.usfigureskating.org/skatesafe).

### **MANDATORY ATHLETES**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. \*

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

### **COACHES**

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

## **III. REGISTRATION INFORMATION**

Entries will be accepted via Entryeeze.

**NO On-site Registrations will be accepted!**

Spectator Admissions will be taken at the event.

5 & Over: \$5.00

4 & Under: Free

### **ENTRIES:**

**EARLY Registration Deadline - (April 9, 2023)**

\$90 Entry Fee for first event and \$35 for each additional event

Register by **April 9, 2023**

**FINAL Registration Deadline - (April 24, 2023)**

\$110 Entry Fee for first event and \$35 for each additional event

Register by **April 24, 2023**

### **MUSIC SUBMISSION/UPLOAD:**

Competitors participating in events with music are required to upload their music no later than **10pm on May 5, 2023** via Entryeeze. After this date, skaters will be locked out of this feature and subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who does not meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to the skater taking the ice.

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

### **REFUND POLICY**

Entry fees will not be refunded after April 24, 2023, unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice and/or events.

### **LIABILITY:**

U.S. Figure Skating, Learn to Skate USA, Ames Figure Skating Club, Iowa Games and Ames/ISU Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **IV. COMPETITION DETAILS**

### **FACILITIES:**

The competition will be held at Ames/ISU Ice Arena 1507 Gateway Hills Park Drive, Ames, Iowa 50010. Separate male and female locker rooms will be available. A snack bar is available during the competition.

Rink Size 200x85

### **LOCKER ROOMS AND CHANGING AREAS:**

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).

## **U.S. Figure Skating Travel Policy:**

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

## **OFFICIAL WEBSITE & UPDATES:**

It is the responsibility of each competitor, parent and coach to check frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to their event time. We reserve the right to run up to 45 minutes early of the scheduled time. A tentative schedule of events will be posted prior to the competition.

**Results** will be utilized with online live results. A QR code will be posted at the rink during the competition.

## **SCHEDULE**

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

## **PRACTICE ICE:**

**ONE PRACTICE SESSION** is included with your registration. Practice ice will be assigned by skating level. The competition schedule will be posted by May 12, 2023 and the practice ice schedule will be posted by May 18, 2023. Extra practice ice available can be purchased for \$10 after the ice schedule has been posted and before the day of the competition (skaters can only purchase extra ice and then practice on ice with skaters at the same level).

## **ONSITE CHECK-IN:**

Check-in will open on May 20, 2023, One hour prior to the competition.

## **AWARDS:**

Medals will be given for the first 3 places in each event.

## **PHOTO/VIDEO:**

**Note, per U.S. Figure Skating policy, photographing and/or recording of any one other than your own skater is strictly prohibited.**

**ADDITIONAL INFORMATION:**

\*\*\*All athletes will receive a colored T-shirt with their registration.  
- T-shirts will be available at the ice arena the day of the competition.

\*\*\*The Ames Figure Skating Club will be hosting a test session on May 19, 2023. For more information and a link to register you can go to their website at [www.amesfsc.org](http://www.amesfsc.org).

\*\*\*For further questions not answered in this announcement, please, refer to the Iowa Games website at <https://www.iowagames.org/event/summer-iowa-games/figure-skating/>.

\*\*\*For schedules go to either the [www.amesfsc.org](http://www.amesfsc.org) or <https://www.iowagames.org/event/summer-iowa-games/figure-skating/>.

**CONTACT INFORMATION:**

For questions, please contact the following individuals:

Competition Chair:	Kelly Arnold	Karnold577@gmail.com
Iowa Games Commissioner:	Katie Kramer	Katie.kramer@iowagames.org
Practice Ice Chair:	Kelly Arnold	Karnold577@gmail.com