



**2023 WINTER IOWA GAMES
FIGURE SKATING ANNOUNCEMENT**

February 25-26, 2023

Chief Referee: Devon Beck

Chief Accountant: Debra Dryburgh

GENERAL INFORMATION

COVID 19 NOTICE: Note that we will be following the most recent CDC, Department of Health, Safe Sport and I'm On Ice Arena policies in place at the time of the event.

COVID-19 INFORMATION:

- [As of March 15, 2022](#), and consistent with updated CDC guidance on mask use, face coverings are no longer required to be worn indoors at U.S. Figure Skating-sanctioned events or activity if your community levels are Low or Medium. We do encourage masks to be worn indoors if your community is in the High category based on the [CDC Community Levels by County Map](#) as announced on Feb. 25. Sanctioned activities include competitions (U.S. Figure Skating and Compete USA), exhibitions/performances and test sessions. For a complete list of archived COVID-19 resources, click [here](#).

The 2023 Winter Iowa Games Figure Skating Competition is a merged U.S. Figure Skating sanctioned event endorsed by the ISI. For skaters in the ISI program, a conversion chart is provided to help determine your appropriate competition level.

This competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

The 2023 Winter Iowa Games Figure Skating Competition is a qualifying competition for the 2024 National State Games of America Championships (SGA). Skaters may choose to enter each event at SGA that they qualify for by placing first, second or third at the State Games of Iowa competition.

All figure skaters residing in Iowa and neighboring states are invited to compete. Open to all skaters including United States Figure Skating (USFS) and Ice Skating Institute (ISI) members.

The Winter Iowa Games Figure Skating Competition is a U.S. Figure Skating sanctioned event endorsed by the ISI but membership in U.S. Figure Skating and/or ISI is NOT required.

ELIGIBILITY/TEST LEVEL

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering Juvenile free skate events (Well Balanced Program) must be 12 years of age and younger for girls or 13 years of age and younger for boys at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 13 years of age for girls or 14 years of age for boys at the close of entries. Skaters entering Intermediate free skate events (Well Balanced Program) must be under 18 years of age. Skaters entering Adult free skate events (Well Balanced Program) must be 21 years of age or older.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

Mandatory Athletes:

Athletes aged 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SkateSafe training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

DATE(S)

Saturday -Sunday, February 25-26, 2023

DEADLINE**Early Registration Deadline**

(\$95 Entry Fee for first event, \$30 for each additional event)

Online only: Monday, January 30, 2023

Late Registration Deadline

(\$115 Entry Fee for first event, \$30 for each additional event)

Online only: Monday, February 6, 2023

FACILITIES

The competition will be held at:

Cedar Rapids Ice Arena
1100 Rockford Rd SW
Cedar Rapids, IA 52404
(319) 398-0100
www.cricearena.com

Rink size: OLY Rink 100' x 200', NHL Rink 85' x 200'

LOCKER ROOMS AND CHANGING AREAS

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the [U.S. Figure Skating SafeSport](#) page).

PRACTICE ICE

The Cedar Rapids Ice Arena (CRIA) will be offering practice sessions. All practice ice reservations and scheduling will be available through Entryeze.

**Practice session times are subject to change if the competition needs to start earlier.

MUSIC

Music must be uploaded to Entryeze only – no music will be played from CDs unless there is a technical issue. All music must be uploaded by February 17, 2023 – a \$20 late fee will be charged for each event for late music and will be payable at registration before the skater is allowed to compete. A duplicate of the music on CD should be readily available. If a CD is used during an event, music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Cedar Rapids Ice Arena cannot be responsible for CDs left at the end of the competition.

PHOTOGRAPHY/VIDEOGRAPHY

Hand-held video equipment is only permitted in the bleacher area and should be used to record only your skater. Flash photography is NOT allowed during competition events or warm-ups.

AWARDS

Medals will be presented to the top three athletes in each division and will be presented at the conclusion of each level.

REGISTRATION

Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of the Cedar Rapids Ice Arena. Please register promptly upon arrival.

OFFICIAL NOTICES

An official bulletin board will be maintained at the registration desk at the Cedar Rapids Ice Arena. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

LIABILITY

U.S. Figure Skating and the Cedar Rapids Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The 6.0 Majority Judging System will be used for all events.

INFORMATION REGARDING COACHES

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

* Accessible via U.S. Figure Skating Members Only Website:

www.usfsaonline.org Person Icon  Account Member Profile Compliance

Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

REFUNDS

There will be NO refunds of entry fees for events canceled due to weather or other acts of nature.

The only exceptions to the no-refund policy are:

- Entries received after the maximum number has been accepted.
- Entries received in a division that is cancelled due to minimal entries.
- Entries of non-qualified participants.
- Entries received after the deadline. In this case, there will be a \$5.00 processing fee assessed to all refunds.

NO REFUND WILL BE PERMITTED BECAUSE AN ENTRANT FAILS TO PARTICIPATE OR IS REMOVED FROM COMPETITION.

NO REFUND WILL BE PERMITTED ONCE COMPETITION SCHEDULES HAVE BEEN SET OR RECEIVED FROM THE REFEREE.

CONTACT INFORMATION

If you have questions, please contact Tonya Frost at T.Frost@creventslive.com

OTHER

Competition schedule will be available on ENTRYEEZE site approximately seven days prior to competition.

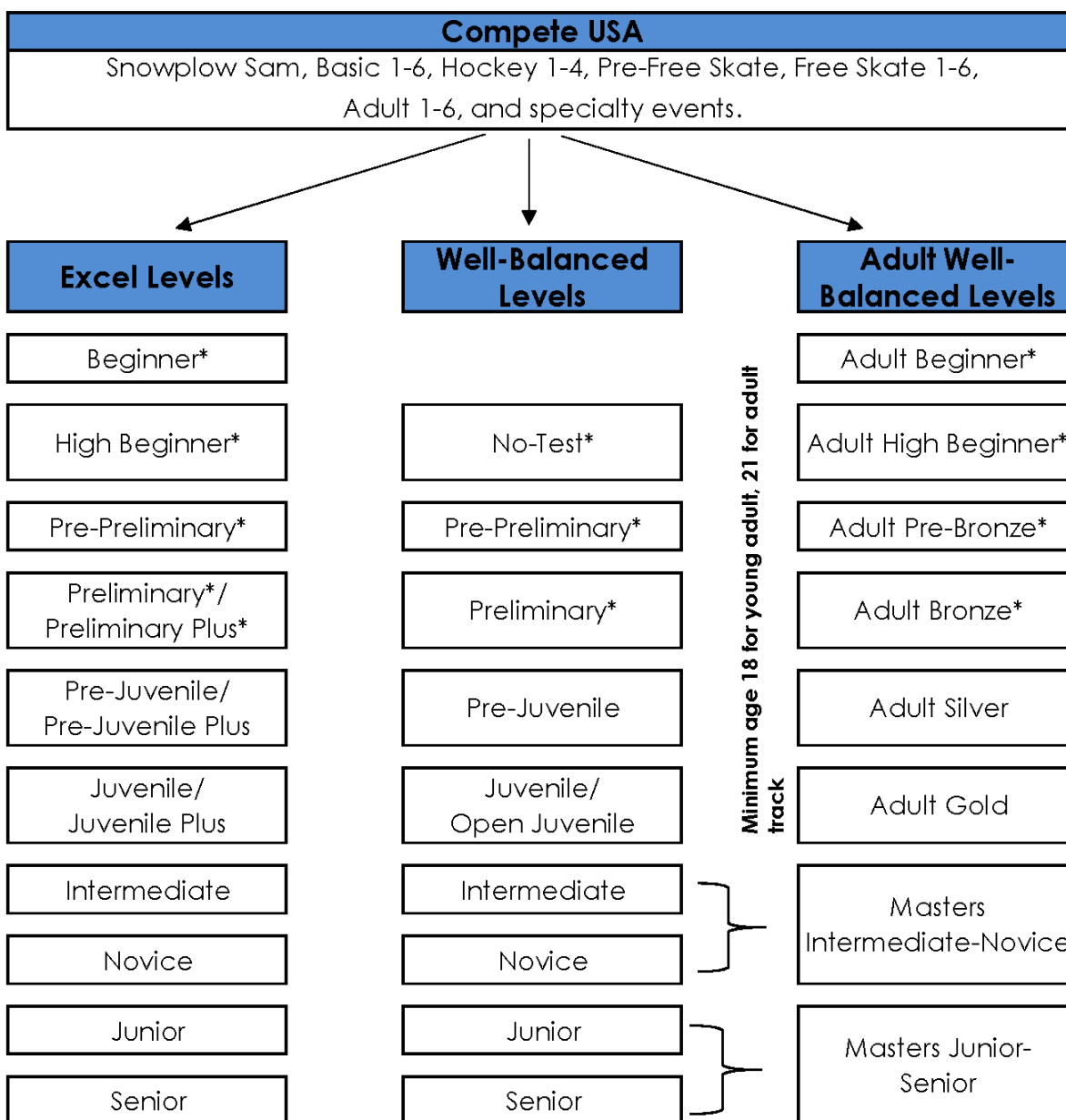
COMPETITION INFORMATION

You may have to log into Members Only at USFSA.org to use the following links.



COMPETITIVE PROGRESSION THROUGH THE LEVELS OF U.S. FIGURE SKATING

Singles athletes begin with Compete USA competitions. Once athletes begin the official U.S. Figure Skating test structure, they can choose to enter the Excel, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Excel and Well-Balanced levels. It is completely the choice of the athlete which track to follow; athletes may switch between tracks as best suits their development, but may not enter the same type of event in multiple tracks. Competitive level is determined by highest free skate test passed.



*Indicates an introductory level that may be held at Compete USA competitions. Beginner and High Beginner require a current Learn to Skate USA and/or U.S. Figure Skating full membership; all other levels require a current full U.S. Figure Skating membership.

ISI PROGRAM MEMBERS

If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

If you have passed ISI level -	Enter the USFS level -
Tot or Pre-Alpha (age 7 and older) Alpha	Basic 1
Advanced Pre-Alpha	Basic 2
Advanced Pre-Alpha	Basic 3
Alpha/Gamma	Basic 4
Beta	Basic 5
Gamma	Basic 6
Delta – Freestyle 1	Pre-Free Skate – Free Skate 6 (choose correct level based upon elements required)
Freestyle 2 or 3 / Open Bronze	Pre-Preliminary
Freestyle 4 / Open Silver	Preliminary
Freestyle 5 / Open Silver	Pre-Juvenile
Freestyle 6 / Open Gold	Juvenile or Intermediate
Freestyle 7 / Open Platinum	Novice
Freestyle 8 / Open Platinum	Junior or Senior
Freestyle 9 / Open Platinum	Senior
Freestyle 10 / Open Platinum	Senior
Freestyle 2 / Open Bronze	Adult Pre-Bronze
Freestyle 3 / Open Bronze	Adult Bronze
Freestyle 4 / Open Silver	Adult Silver
Freestyle 5 / Open Gold	Adult Gold
Dance 3	Preliminary Dance
Dance 4	Pre-Bronze Dance
Dance 5	Bronze Dance
Dance 6	Pre-Silver Dance
Dance 7	Silver Dance
Dance 9	Pre-Gold Dance



Access to many of the 2022-23 rules updates may require logging into Members Only at USFSA.org
[SNOWPLOW SAM – BASIC 6 ELEMENT 2022-23](#)

[SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC 2022-23](#)

[PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY 2022-23](#)

[PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC 2022-23](#)

[EXCEL COMPULSORY](#)

[2022-23 EXCEL FREE SKATE](#)

[STANDARD COMPULSORY MOVES \(NO-TEST - SENIOR\)](#)

[ADULT 1-6 ELEMENTS, BEGINNER - BRONZE COMPULSORY 2022-23](#)

[ADULT 1-6 FREE SKATE WITH MUSIC 2022-23](#)

[ADULT COMPULSORY MOVES](#)

[SINGLES SHORT PROGRAM](#)

[WELL BALANCED PROGRAM FREE SKATE](#)

[ADULT SINGLES FREE SKATE \(PRE-BRONZE – MASTERS JR/SR\)](#)

[PAIRS SHORT PROGRAM](#)

[PAIRS FREE SKATE \(JUV – SENIOR\)](#)

[ADULT PAIRS FREE SKATE](#)

[JUMPS CHALLENGE \(BEGINNER – SENIOR\)](#)

[ADULT JUMPS CHALLENGE](#)

SINGLES SPINS CHALLENGE

ADULT SPINS CHALLENGE

SOLO PATTERN DANCE

ADULT SOLO PATTERN DANCE

SPECIAL OLYMPICS BADGES ELEMENTS AND PROGRAMS

SPECIAL OLYMPICS - FREESKATE PROGRAM 1-2, PAIRS 1-2, DANCE 1-2

SHOWCASE EVENTS

DUETS AND TRIOS

Light Entertainment (Basic 1-6, Pre-Free Skate – Free Skate 1-6)

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under “Programs” on the National Showcase page.

Light Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:20 max.

Dramatic Entertainment (Basic 1-6, Pre-Free Skate – Free Skate 1-6)

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.
- Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under “Programs” on the National Showcase page.

Dramatic Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:20 max.