



## Martial Arts COVID Guidelines

### Athletes/Coaches/Spectators

- All athletes when not actively competing, spectators, coaches, and officials are required to wear masks.
- Social distancing will be required throughout the facility and in the stands.
- No more than 2 spectators are allowed per athlete.
- Competitors are asked not to arrive earlier than 15 minutes before their scheduled competition time.
- Competitors are encouraged to leave the facility if not competing back to back.
- Spectators will need to bring their own seating.
- All participants, coaches, judges, and spectators are encouraged to bring their own personal sanitizing products.

### Equipment/Format/Facility

- Participants are encouraged to bring their own equipment. Onsite equipment will be sanitized between competitions.
- High touch surfaces will be sanitized throughout the course of the tournament.
- Hand sanitizer stations will be available at the facility.
- Restrooms will be available for use for handwashing.
- Medals will be available for pick up onsite for participants. If participants do not feel comfortable, medals can be mailed to them.
- Award blocks will not be available for pictures.

**Participants and spectators are encouraged to check their temperature before arriving for their event. Iowa Games and their partners reserve the right to check temperatures at any affiliated event. Individuals with temperatures exceeding 100.4 degrees Fahrenheit will not be allowed entry into the event.**



**If you or a member of your team or family have tested positive for COVID-19 in the last 14 days, you are not permitted to participate in or spectate this event.  
If you or a member of your team or family have a pending COVID-19 test, you are not permitted to participate in or spectate this event.**