

WHAT ARE THE IOWA GAMES?

From archery to horseshoes to ice hockey and alpine skiing, the Winter Iowa Games offers a wide range of opportunities for Iowans of all abilities to take part in some healthy competition.

Olympic-style gold, silver and bronze medals are awarded to winning participants and teams displaying outstanding sportsmanship are recognized with medals.

REGISTER TODAY!

1. Visit IOWAGAMES.org
2. Scroll over EVENTS
3. Click on WINTER IOWA GAMES
4. Choose your sport
5. Register online or download entry form

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IOWA SPORTS FOUNDATION
1421 S. Bell Ave. #104
Ames, Iowa 50010



PRESENTED BY  **GRINNELL
MUTUAL.**

20 20

WINTER IOWA GAMES



25 SPORTS



4,000 ATHLETES



ONE GOAL

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JANUARY 24-26 • DUBUQUE

ALPINE SKI RACING MARTIAL ARTS
ALPINE FREE RIDE PICKLEBALL
BASKETBALL (YOUTH) ROAD RACE - 5K
ICE HOCKEY (YOUTH) VOLLEYBALL (YOUTH GIRLS)
INDOOR SOCCER ZUMBA

FEBRUARY 8-9 • IOWA CITY / CEDAR RAPIDS

BASKETBALL (ADULT 5 V 5) TRACK & FIELD YOUTH (INDOOR)
FIGURE SKATING VOLLEYBALL (ADULT)
TABLE TENNIS

OTHER DATES / LOCATIONS

SNOWSHOEING (CEDAR FALLS) • JAN. 11
IOWA GAMES WINTER WALK (DUBUQUE) • JAN. 11
ARCHERY NASP • TARGET & 3D (ATLANTIC) • JAN. 18
SWIMMING (DUBUQUE) • JAN. 18-19
INDOOR TRIATHLON (AMES) • JAN. 19
ARCHERY NASP • TARGET & 3D (CENTRAL CITY) • JAN. 25
CROSS COUNTRY SKIING (CRESCO) • JAN. 25
INDOOR ROWING (DES MOINES) • JAN. 25
TRAPSHOOTING (ACKLEY, ANKENY, DEWITT, HARLAN) • JAN. 25
NINJA (CEDAR FALLS) • JAN. 26
HORSESHOES (ELDORA) • FEB. 1
FAT BIKE RACE (WATERLOO) • FEB. 8
IOWA GAMES SKY-WALK (DES MOINES) • FEB. 14
ARCHERY NASP • TARGET & 3D (OTTUMWA) • FEB. 15
INDOOR PADDLING (AMES) • FEB. 29

*Check the sport web page for more specific date and event details

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HOST HOTEL • DUBUQUE

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