

2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA

Results

Girls 6&U 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Reed, Kyla	6	Ankeny	9.89
2 Gibbons, Ava	6	West Burling	10.40
3 Cole, Layla	6	Ankeny	10.46
4 Hanfelt, Sloan	6	Ankeny	10.58
5 Whitson, Baya	6	Indianola	10.88
6 Dunn, Ava	5	Clive	11.39
7 Hanna, Lucy	5	West Burling	11.96
8 Caves, Deya	5	Polk City	12.46
9 Werstein, Avryn	4	Ames	14.35
10 LaFleur, Bella	4	Des Moines	15.10

Girls 7-8 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Naber, Hannah	8	Boone	8.97
2 Morton, Sylvie	8	Hampton	9.14
3 Garcia, Destiny	8	Garner	9.14
4 Miller, Savery	8	Hampton	9.15
5 Leman, Lucy	7	West Burling	9.39
6 Swartzendruber, Mya	7	Cedar Falls	9.54
7 Smith, Alayjah	8	Ankeny	9.55
8 Johnson, Kendall	7	Ames	9.64
9 Willis, Kyla	7	Boone	9.77
10 Hite, Raven	7	Cedar Falls	9.83
11 Ferguson, Cara	7	West Burling	10.06
12 Reed, Kinley	8	Ankeny	10.14
13 Davie, Pierson	7	Fairbank	10.56
14 Dunn, Shy	7	Des Moines	11.04

Girls 9-10 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Rash, Kayla	10	Ames	8.10
2 Hicks, Oaklin	9	Ankeny	8.38
3 TeBockhorst, Kiersten	9	Oelwein	8.50
4 Oakley, Sabiya	10	Des Moines	8.77
5 Schmidt, Hannah	9	Clive	8.85
6 Graden, Paysen	9	Dayton	8.86
7 Ernst, Kylie	9	Cedar Falls	9.04
8 Litchfield, Rylee	10	Ankeny	9.36
9 Smith, Mia	10	Des Moines	9.58
10 O'Meara, Catherine	10	Indianola	9.66

Girls 6&U 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Reed, Kyla	6	Ankeny	19.65q
2 Gibbons, Ava	6	West Burling	20.50q
3 Egeland, Kayley	6	Nevada	21.46q
4 Jackson, Maecen	6	Ankeny	21.50q
5 Whitson, Baya	6	Indianola	21.51q
6 Dunn, Ava	5	Clive	23.53q

7 Caves, Deya	5	Polk City	27.78q
8 Cole, Layla	6	Ankeny	30.47q
9 Werstein, Avryn	4	Ames	30.59

Girls 6&U 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Reed, Kyla	6	Ankeny	19.95
2 Gibbons, Ava	6	West Burling	20.82
3 Jackson, Maecen	6	Ankeny	21.02
4 Egeland, Kayley	6	Nevada	22.16
5 Whitson, Baya	6	Indianola	22.47
6 Cole, Layla	6	Ankeny	22.57
7 Dunn, Ava	5	Clive	22.75

Girls 7-8 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Naber, Hannah	8	Boone	17.13q
2 Burns, Ashlyn	8	Adel	17.42q
3 Garcia, Destiny	8	Garner	17.53q
4 Morton, Sylvie	8	Hampton	17.55q
5 Smith, Alayjah	8	Ankeny	17.60q
6 Leman, Lucy	7	West Burling	17.86q
7 Miller, Savery	8	Hampton	17.91q
8 Coleman, Farrah	7	North Libert	17.99q
9 Bonnes, Kacy	8	Indianola	18.34
10 Backous, Piper	8	Nevada	18.79
11 Johnson, Kendall	7	Ames	18.90
12 Wey, Reagan	7	Johnston	18.91
13 Swartzendruber, Mya	7	Cedar Falls	18.98
14 Clarke, Kamayleh	8	Des Moines	19.00
15 Willis, Kyla	7	Boone	19.34
16 Ferguson, Cara	7	West Burling	19.36
17 Weig, Harper	7	Nevada	19.40
18 Whitson, Stella	8	Indianola	19.47
19 Reed, Kinley	8	Ankeny	19.48
20 Keller, Lucy	8	Indianola	19.52
21 Bonnes, Kamryn	7	Indianola	21.20
22 Davie, Pierson	7	Fairbank	21.63
23 Dunn, Shy	7	Des Moines	22.10
24 Curtis, Cameron	8	Indianola	22.44
--- Edward, Kezia	8	Urbandale	NT

Girls 7-8 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Naber, Hannah	8	Boone	17.21
2 Burns, Ashlyn	8	Adel	17.22
3 Miller, Savery	8	Hampton	17.41
4 Morton, Sylvie	8	Hampton	17.56
5 Garcia, Destiny	8	Garner	17.63
6 Smith, Alayjah	8	Ankeny	17.73
7 Coleman, Farrah	7	North Libert	18.00
8 Leman, Lucy	7	West Burling	18.04

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Results

Girls 9-10 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1	Hicks, Oaklin	9 Ankeny	14.92q
2	Rash, Kayla	10 Ames	15.19q
3	Johnson, Aylah	9 Clarinda	15.81q
4	Oakley, Sabiya	10 Des Moines	16.00q
5	Erickson, Hadley	10 Indianola	16.37q
6	TeBockhorst, Kiersten	9 Oelwein	16.44q
7	Schmidt, Hannah	9 Clive	16.81q
8	Jackson, Teagan	10 Ankeny	16.84q
9	Kehoe, Lilah	10 Des Moines	16.85
10	Gripp, Samantha	10 Indianola	16.94
11	Holz, Cora	10 Gilbert	17.27
12	Ernst, Kylie	9 Cedar Falls	17.66
13	Graden, Paysen	9 Dayton	17.92
14	Whitson, Eden	9 Indianola	19.74
---	Baker, Isabella	9 West Burling	NT
---	Smith, Mia	10 Des Moines	NT

Girls 9-10 100 Meter Dash

Name	Age	Team	Finals
Finals			
1	Jackson, Teagan	10 Ankeny	14.92
2	Rash, Kayla	10 Ames	15.04
3	Johnson, Aylah	9 Clarinda	15.84
4	Erickson, Hadley	10 Indianola	16.17
5	Hicks, Oaklin	9 Ankeny	16.45
6	Schmidt, Hannah	9 Clive	16.84
7	TeBockhorst, Kiersten	9 Oelwein	16.92
8	Oakley, Sabiya	10 Des Moines	17.06

Girls 11-12 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1	Harrison, Lauren	12 Waukee	14.37q
2	Graden, Taydem	12 Dayton	14.59q
3	Leman, Ruby	12 West Burling	14.65q
4	Myers, Jacey	12 Akron	15.04q
5	Smith, Kylin	12 Ankeny	15.08q
6	Schuchart, Eden	12 Ankeny	15.65q
7	Fisher, Laila	12 Des Moines	16.00q
8	Farwell, Mya	11 Waukee	16.01q
9	Lewis, Deyana	12 Des Moines	16.16
10	Nation, Megan	12 Tripoli	16.29
11	Lorntson, Grace	11 Gilbert	16.43
12	Bird, Makenna	11 Madrid	16.73
13	Leman, Georgia	11 West Burling	17.11
14	Willis, Makenna	11 Boone	17.21
15	Muth, Leah	11 Elkhart	18.08
16	Jackson, McKenzie	11 Ankeny	18.32
---	Harvey, Hadley	12 Des Moines	NT

Girls 11-12 100 Meter Dash

Name	Age	Team	Finals
Finals			
1	Harrison, Lauren	12 Waukee	14.22
2	Leman, Ruby	12 West Burling	14.64
3	Graden, Taydem	12 Dayton	14.87
4	Smith, Kylin	12 Ankeny	15.03
5	Myers, Jacey	12 Akron	15.07
6	Farwell, Mya	11 Waukee	16.28
7	Fisher, Laila	12 Des Moines	16.46

Girls 13-14 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1	Farrell, Claire	14 Norwalk	12.91q
2	Backous, Mia	13 Nevada	13.45q
3	Ernst, Melanie	13 Cedar Falls	13.94q
4	Vande Krol, Josie	13 Urbandale	13.96q
5	Mahama, Elizabeth	13 Ankeny	14.27q
6	Wiener, Charlie	13 Sioux City	14.36q
7	Kilburg, Maria	13 Preston	14.37q
8	Johannes, Keira	13 Johnston	14.55q
9	Rosendahl, Laila	13 West Burling	14.68
10	Williams, Marissa	13 Red Oak	14.74
11	Graden, Brenlie	14 Dayton	14.83
12	Dwanyen, Winter	13 Des Moines	15.23

Girls 13-14 100 Meter Dash

Name	Age	Team	Finals
Finals			
1	Farrell, Claire	14 Norwalk	12.97
2	Backous, Mia	13 Nevada	13.44
3	Vande Krol, Josie	13 Urbandale	13.96
4	Mahama, Elizabeth	13 Ankeny	14.09
5	Ernst, Melanie	13 Cedar Falls	14.10
6	Kilburg, Maria	13 Preston	14.15
7	Wiener, Charlie	13 Sioux City	14.45
8	Johannes, Keira	13 Johnston	14.66

Girls 15-16 100 Meter Dash

Name	Age	Team	Finals
Finals			
1	Engels, Morgan	15 Ames	13.14
2	Wright, Cailyn	16 Ankeny	13.76
3	Carney, Mackenzie	15 Ames	13.84
4	LeClere, Aleksyia	15 Cedar Falls	14.41
5	Krome, Kimberlee	15 Johnston	14.50
---	Habegger, Danelle	16 La Crosse	X13.50

Girls 17-18 100 Meter Dash

Name	Age	Team	Finals
Finals			
1	Mulford, Ally	17 Iowa City	13.95
2	Graden, Rylee	17 Dayton	14.39

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Girls 7-8 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Miller, Savery	8	Hampton	37.19
2 Bonnes, Kacy	8	Indianola	38.23
3 Burns, Ashlyn	8	Adel	38.79
4 Wey, Reagan	7	Johnston	39.73
5 Hite, Raven	7	Cedar Falls	41.12
6 Coleman, Farrah	7	North Libert	41.50
7 Werstein, Emersyn	7	Ames	43.50
8 Whitson, Stella	8	Indianola	44.14
9 Nesbit, Madison	8	Ankeny	45.96
10 Bonnes, Kamryn	7	Indianola	46.82
11 Dirksen, Ione	7	Sergeant Blu	49.53

Girls 9-10 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Jackson, Teagan	10	Ankeny	32.25
2 Rash, Kayla	10	Ames	32.28
3 Johnson, Aylah	9	Clarinda	32.53
4 jackson, jaeden	9	Ankeny	34.33
5 Kelsick, Amelia	9	Elkhart	35.76
6 Hicks, Oaklin	9	Ankeny	36.00
7 Kehoe, Lilah	10	Des Moines	36.47

Girls 11-12 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Harrison, Lauren	12	Waukee	29.97
2 Schuchart, Eden	12	Ankeny	30.92
3 Smith, Kylin	12	Ankeny	32.16
4 Myers, Jacey	12	Akron	32.48
5 Morton, Charlee	12	Hampton	32.58
6 Nation, Megan	12	Tripoli	32.82
7 smith, Charlotte	11	Bettendorf	33.61
8 Farwell, Mya	11	Waukee	33.71
9 Feldmann, Lauren	11	Ankeny	36.35
10 Roberts, Kira	11	Clive	37.53
11 Jackson, Kaelen	11	Ankeny	37.78
11 Willis, Makenna	11	Boone	37.78
13 Jackson, McKenzie	11	Ankeny	37.95
14 Runyan, Elizabeth	11	Indianola	38.28

Girls 13-14 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Farrell, Claire	14	Norwalk	27.95
2 Coleman, Amira	13	North Libert	28.22
3 Ernst, Melanie	13	Cedar Falls	28.32
4 Pitkin, Laura	14	North Libert	29.28
5 Mahama, Elizabeth	13	Ankeny	29.93
6 Alexander, Talia	14	Des Moines	30.27
7 Vande Krol, Josie	13	Urbandale	30.32
8 Kilburg, Maria	13	Preston	30.47

9 Johannes, Keira	13	Johnston	31.00
10 Rosendahl, Laila	13	West Burling	32.00
11 Rathje, Meritt	13	Sabula	32.15
12 Clemmons, Roxxi	13	Grimes	35.00

Girls 15-16 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Engels, Morgan	15	Ames	27.66
2 Carney, Mackenzie	15	Ames	28.48
3 Krome, Kimberlee	15	Johnston	30.79

Girls 17-18 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Mulford, Ally	17	Iowa City	29.00

Girls 6&U 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Jackson, Maecen	6	Ankeny	1:43.97
2 Egeland, Kayley	6	Nevada	1:52.70

Girls 7-8 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Hite, Raven	7	Cedar Falls	1:36.54
2 Weig, Harper	7	Nevada	1:41.42
3 Werstein, Emersyn	7	Ames	1:42.75
4 Keller, Lucy	8	Indianola	1:45.79
5 Nesbit, Madison	8	Ankeny	1:50.02

Girls 9-10 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Huether, Frankie	10	Ankeny	1:12.72
2 McKinzey, Elizabeth	10	Indianola	1:15.72
3 Jackson, Teagan	10	Ankeny	1:16.64
4 Hitzhusen, Evelyn	10	Rockwell	1:17.37
5 Grover, Madison	10	Indianola	1:18.05
6 jackson, jaeden	9	Ankeny	1:20.97
7 Kelsick, Amelia	9	Elkhart	1:24.45
8 Marquette, Kylie	9	Gilbert	1:24.78
9 Erickson, Hadley	10	Indianola	1:25.12
10 Kehoe, Lilah	10	Des Moines	1:25.61
11 Garcia, Liberty	10	Garner	1:31.28

Girls 11-12 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wu, Grace	12	Ames	1:11.34
2 Fisher, Laila	12	Des Moines	1:16.66
3 smith, Charlotte	11	Bettendorf	1:19.07
4 Nation, Megan	12	Tripoli	1:19.19
5 Bonnes, Kaitlyn	11	Indianola	1:21.00
6 Twitty, Vanessa	11	Ankeny	1:21.01
7 Pruiitt, Rylie	11	Urbandale	1:24.43

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Finals ... (Girls 11-12 400 Meter Dash)

Name	Age	Team	Finals
8 Watts, Jaelyn	11	Eldridge	1:27.58
9 Roberts, Kira	11	Clive	1:28.65
10 Backous, Makayla	12	Colo	1:30.35

Girls 13-14 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Farrell, Claire	14	Norwalk	1:00.56
2 Swartzendruber, Addison	13	Cedar Falls	1:07.63
3 Coleman, Amira	13	North Libert	1:08.97
4 Pitkin, Laura	14	North Libert	1:09.35
5 Williams, Marissa	13	Red Oak	1:10.35
6 Swartzendruber, Sidney	13	Cedar Falls	1:10.77
7 Watts, Audrey	13	Eldridge	1:11.49
8 Hartley, Mayson	14	Clarinda	1:12.14
9 Rathje, Meritt	13	Sabula	1:13.40
10 Alexander, Talia	14	Des Moines	1:17.47
11 Nation, Sydney	14	Tripoli	1:20.21

Girls 7-8 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Burns, Ashlyn	8	Adel	3:39.87
2 Adamson, Molly	8	Ankeny	3:41.36

Girls 9-10 800 Meter Run

Name	Age	Team	Finals
Finals			
1 McKinzey, Elizabeth	10	Indianola	3:04.90
2 groteluschen, Harper	10	Cedar Falls	3:05.62
3 Stanley, Emma	10	Ames	3:08.17
4 Tenges, Rylee	10	Indianola	3:13.64
5 Garcia, Liberty	10	Garner	3:26.63
6 Erickson, Hadley	10	Indianola	3:30.98

Girls 11-12 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Wu, Grace	12	Ames	2:53.79
2 Bockenstedt, Madison	12	Center Point	3:01.55
3 Twitty, Vanessa	11	Ankeny	3:04.79
4 Runyan, Elizabeth	11	Indianola	3:32.36
5 Watts, Jaelyn	11	Eldridge	3:34.32

Girls 13-14 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Turk, Marley	13	Ames	2:32.04
2 Helmers, Claire	13	Ames	2:36.78
3 Hartley, Mayson	14	Clarinda	2:44.77
4 Turk, Sydney	14	Ames	2:55.33
5 Watts, Audrey	13	Eldridge	2:55.67
6 Nation, Sydney	14	Tripoli	3:01.06
7 Baker, Kate	13	Indianola	3:13.25

Girls 15-16 800 Meter Run

Name	Age	Team	Finals
Finals			
1 McCreedy, Taylor	16	Atlantic	2:31.09
2 Engels, Morgan	15	Ames	2:38.70

Girls 17-18 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Doran, Holyn	17	LeClaire	2:55.19

Girls 9-10 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Stanley, Emma	10	Ames	6:13.93
2 Tenges, Rylee	10	Indianola	6:49.56
3 Garcia, Liberty	10	Garner	7:06.08

Girls 11-12 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Bockenstedt, Madison	12	Center Point	6:17.17
2 Pruitt, Rylie	11	Urbandale	6:39.58
3 Roberts, Kira	11	Clive	6:49.17
4 Watts, Jaelyn	11	Eldridge	7:27.29
--- Fitzgerald, Micah	11	Johnston	NT

Girls 13-14 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Helmers, Claire	13	Ames	5:17.22
2 Hartley, Mayson	14	Clarinda	5:24.78
3 Turk, Marley	13	Ames	5:26.47
4 Turk, Sydney	14	Ames	6:05.22
5 Watts, Audrey	13	Eldridge	6:39.06
6 Baker, Kate	13	Indianola	7:07.89
7 Williams, Olivia	13	Council Bluf	7:19.70

Girls 15-16 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 McCreedy, Taylor	16	Atlantic	5:05.84

Girls 17-18 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Hamblin, Olivia	17	Cedar Falls	5:50.87

Girls 11-12 100 Meter Hurdles

Name	Age	Team	Finals
Finals			
1 Leman, Ruby	12	West Burling	17.60
2 Graden, Taydem	12	Dayton	20.00
3 smith, Charlotte	11	Bettendorf	21.42
4 Leman, Georgia	11	West Burling	21.43
5 TeBockhorst, Makenna	11	Oelwein	23.78

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Finals ... (Girls 11-12 100 Meter Hurdles)

Name	Age	Team	Finals
6 Feldmann, Lauren	11	Ankeny	24.02

Girls 13-14 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1 Alexander, Talia	14	Des Moines	19.07
2 Graden, Brenlie	14	Dayton	20.06
3 Nation, Sydney	14	Tripoli	21.45

Girls 15-16 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1 Carney, Mackenzie	15	Ames	15.43
2 Mattson, Noelani	16	Cedar Falls	16.70
3 Wright, Cailyn	16	Ankeny	17.71
4 Dowd, Allison	16	West Burlington	17.88

Girls 17-18 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1 Neighbors, Kylee	18	Brooklyn	16.47
2 Graden, Rylee	17	Dayton	18.87
3 White, Abigail	17	Centerville	19.61
4 Drabek, Kiana	17	Bondurant	21.09

Girls 19-24 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1 Lausen, Natalie	19	Estherville	17.38
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Girls 7-8 High Jump

Name	Age	Team	Finals
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Finals

--- Smith, Jacqueline	7	Bettendorf	NH
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Girls 9-10 High Jump

Name	Age	Team	Finals
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Finals

1 Huether, Frankie	10	Ankeny	4-00.00
2 Hitzhusen, Evelyn	10	Rockwell	3-10.00
2 Grover, Madison	10	Indianola	3-10.00
4 Stanley, Emma	10	Ames	3-06.00
--- Holz, Cora	10	Gilbert	NH

Girls 11-12 High Jump

Name	Age	Team	Finals
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Finals

1 Hanfelt, Reagan	12	Ankeny	4-10.00
2 Lortson, Grace	11	Gilbert	4-02.00
3 Harvey, Hadley	12	Des Moines	4-00.00
3 Fisher, Laila	12	Des Moines	4-00.00
5 Bockenstedt, Madison	12	Center Point	3-00.00
--- TeBockhorst, Makenna	11	Oelwein	NH

Girls 13-14 High Jump

Name	Age	Team	Finals
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Finals

1 Williams, Olivia	13	Council Bluf	4-02.00
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Girls 17-18 High Jump

Name	Age	Team	Finals
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Finals

1 Patton, Rachel	17	Story City	5-02.00
2 Neighbors, Kylee	18	Brooklyn	4-10.00
3 White, Abigail	17	Centerville	4-08.00

Girls 6&U Long Jump

Name	Age	Team	Finals
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Finals

1 Whitson, Baya	6	Indianola	5-07.00
2 Jackson, Maecen	6	Ankeny	5-00.00
3 Dunn, Ava	5	Clive	3-07.75
4 Hanna, Lucy	5	West Burlington	3-06.00
5 LaFleur, Bella	4	Des Moines	1-09.50
--- Werstein, Avryn	4	Ames	FOUL

Girls 7-8 Long Jump

Name	Age	Team	Finals
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Finals

1 Garcia, Destiny	8	Garner	8-10.50
2 Leman, Lucy	7	West Burlington	8-07.00
3 Adamson, Molly	8	Ankeny	8-02.50
4 Wey, Reagan	7	Johnston	8-02.25
5 Keller, Lucy	8	Indianola	8-01.00
6 Weig, Harper	7	Nevada	7-06.00
7 Backous, Piper	8	Nevada	7-03.25
8 Naber, Hannah	8	Boone	6-10.25
9 Willis, Kyla	7	Boone	6-07.25
9 Bonnes, Kamryn	7	Indianola	6-07.25
11 Davie, Pierson	7	Fairbank	6-05.00
12 Curtis, Cameron	8	Indianola	5-09.00
13 Smith, Alayjah	8	Ankeny	5-08.75
14 Smith, Jacqueline	7	Bettendorf	5-02.50
15 Werstein, Emersyn	7	Ames	4-10.25
16 Dunn, Shy	7	Des Moines	4-03.00

Girls 9-10 Long Jump

Name	Age	Team	Finals
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Finals

1 Huether, Frankie	10	Ankeny	13-02.50
2 TeBockhorst, Kiersten	9	Oelwein	11-01.75
3 Johnson, Aylah	9	Clarinda	10-05.50
4 jackson, jaeden	9	Ankeny	10-00.25
5 McKinzey, Elizabeth	10	Indianola	9-07.25
6 Graden, Paysen	9	Dayton	9-07.00
7 Ohorilko, Ivy	10	Altoona	9-05.75
8 Litchfield, Rylee	10	Ankeny	9-03.00
9 Ernst, Kylie	9	Cedar Falls	8-08.25
10 Kelsick, Amelia	9	Elkhart	7-08.00
11 O'Meara, Catherine	10	Indianola	7-01.75

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Girls 11-12 Long Jump

Name	Age	Team	Finals
Finals			
1 Leman, Ruby	12	West Burling	14-04.25
2 Graden, Taydem	12	Dayton	13-02.50
3 Smith, Kylin	12	Ankeny	13-01.50
4 Harrison, Lauren	12	Waukee	12-07.50
5 Twitty, Vanessa	11	Ankeny	11-02.00
6 Backous, Makayla	12	Colo	10-08.00
7 Farwell, Mya	11	Waukee	10-00.50
8 TeBockhorst, Makenna	11	Oelwein	9-11.00
9 Harvey, Hadley	12	Des Moines	9-10.25
10 Leman, Georgia	11	West Burling	9-07.50
11 Bonnes, Kaitlyn	11	Indianola	9-06.50
12 Jackson, Kaelen	11	Ankeny	9-04.00
13 Jackson, McKenzie	11	Ankeny	9-03.25
14 Willis, Makenna	11	Boone	9-00.00

Girls 13-14 Long Jump

Name	Age	Team	Finals
Finals			
1 Pitkin, Laura	14	North Libert	15-08.00
2 Ernst, Melanie	13	Cedar Falls	14-02.25
3 Vande Krol, Josie	13	Urbandale	14-01.50
4 Backous, Mia	13	Nevada	14-01.00
5 Williams, Marissa	13	Red Oak	13-08.00
6 Graden, Brenlie	14	Dayton	13-03.50
7 Johannes, Keira	13	Johnston	12-08.25
8 Clemmons, Roxxi	13	Grimes	12-01.25
9 Wiener, Charlie	13	Sioux City	11-11.50
10 Rosendahl, Laila	13	West Burling	11-07.75
--- Dwanyen, Winter	13	Des Moines	FOUL

Girls 15-16 Long Jump

Name	Age	Team	Finals
Finals			
1 Williams, Lillia	16	Council Bluf	15-01.25
2 Carney, Mackenzie	15	Ames	14-05.00
3 LeClere, Aleksyia	15	Cedar Falls	12-09.00
4 Krome, Kimberlee	15	Johnston	12-03.00

Girls 17-18 Long Jump

Name	Age	Team	Finals
Finals			
1 Graden, Rylee	17	Dayton	12-02.75

Girls 6&U Shot Put

Name	Age	Team	Finals
Finals			
1 La Mar, Katherine	4	Ames	4-02.00

Girls 7-8 Shot Put

Name	Age	Team	Finals
Finals			
1 Morton, Sylvie	8	Hampton	14-07.00
2 Whitson, Stella	8	Indianola	14-05.00

3 Coleman, Farrah	7	North Libert	13-07.00
4 Curtis, Cameron	8	Indianola	11-04.50
5 Bonnes, Kacy	8	Indianola	11-01.00
6 Nesbit, Madison	8	Ankeny	10-09.50

Girls 9-10 Shot Put

Name	Age	Team	Finals
Finals			
1 Gripp, Samantha	10	Indianola	24-02.00
2 LaMar, Jennifer	9	Ames	22-00.00
3 Whitson, Eden	9	Indianola	20-04.50
4 Litchfield, Rylee	10	Ankeny	16-08.00
5 O'Meara, Catherine	10	Indianola	16-02.50
6 Ohorilko, Ivy	10	Altoona	12-07.00
7 Sibouih, Rania	10	Des Moines	11-03.00

Girls 11-12 Shot Put

Name	Age	Team	Finals
Finals			
1 Morton, Charlee	12	Hampton	31-09.00
2 Travis, Lauren	11	Spirit Lake	23-05.00
3 Bird, Makenna	11	Madrid	20-05.00
4 Jackson, Kaelen	11	Ankeny	18-01.00
5 Muth, Leah	11	Elkhart	17-11.00
6 Runyan, Elizabeth	11	Indianola	15-06.00
7 Bonnes, Kaitlyn	11	Indianola	14-04.00

Girls 13-14 Shot Put

Name	Age	Team	Finals
Finals			
1 Travis, Fran	13	Spirit Lake	28-10.50
2 Clemmons, Roxxi	13	Grimes	24-05.00
3 Brown, Madi	13	West Burling	22-06.50
4 Runyan, Victoria	13	Indianola	21-01.00

Girls 15-16 Shot Put

Name	Age	Team	Finals
Finals			
1 Boehm, Abby	16	elgin	34-02.50
2 Lester, Kyra	16	Mitchellvill	28-06.50
3 Imhoff, Sarah	15	Ames	28-03.00

Girls 17-18 Shot Put

Name	Age	Team	Finals
Finals			
1 Gammon, Kaitlyn	18	Cedar Falls	34-07.00
2 Behrens, Mariah	17	Lowden	32-01.00

Girls 6&U Discus Throw

Name	Age	Team	Finals
Finals			
1 La Mar, Katherine	4	Ames	5-06.50

Girls 9-10 Discus Throw

Name	Age	Team	Finals
Finals			
1 Grover, Madison	10	Indianola	52-02.25

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Finals ... (Girls 9-10 Discus Throw)

Name	Age	Team	Finals
2 LaMar, Jennifer	9	Ames	43-07.50
3 Ohorilko, Ivy	10	Altoona	25-03.50

Girls 11-12 Discus Throw

Name	Age	Team	Finals
1 Morton, Charlee	12	Hampton	63-09.50
2 Muth, Leah	11	Elkhart	40-09.50
3 Feldmann, Lauren	11	Ankeny	40-03
4 Travis, Lauren	11	Spirit Lake	39-11

Girls 13-14 Discus Throw

Name	Age	Team	Finals
1 Travis, Fran	13	Spirit Lake	73-08
2 Runyan, Victoria	13	Indianola	66-02
3 Brown, Madi	13	West Burlington	46-07.50

Girls 15-16 Discus Throw

Name	Age	Team	Finals
1 Boehm, Abby	16	elgin	99-11.50
2 Lester, Kyra	16	Mitchellvill	84-03.25

Girls 17-18 Discus Throw

Name	Age	Team	Finals
1 Gammon, Kaitlyn	18	Cedar Falls	107-07.50

Women 19-24 100 Meter Dash

Name	Age	Team	Finals
1 Lausen, Natalie	19	Estherville	13.61
2 Walvatne, Rachel	20	Waverly	16.18

Women 30-34 100 Meter Dash

Name	Age	Team	Finals
1 Wey, Britta	34	Johnston	14.65

Women 40-44 100 Meter Dash

Name	Age	Team	Finals
1 Selander, Janna	44	Council Bluf	15.35
2 Ernst, Laci	42	Cedar Falls	16.88

Women 45-49 100 Meter Dash

Name	Age	Team	Finals
1 Prucha, Rebeca	45	Silver City	19.45

Women 50-54 100 Meter Dash

Name	Age	Team	Finals
1 Riekona, Jacqueline	54	West Burlington	27.23

Women 55-59 100 Meter Dash

Name	Age	Team	Finals
1 Bergstrom, Vilma	55	Urbandale	20.20

Women 60-64 100 Meter Dash

Name	Age	Team	Finals
1 Hegstrom, Ann	63	De Soto	17.65

Women 70-74 100 Meter Dash

Name	Age	Team	Finals
1 Hynes, Jolene	70	Ames	21.79

Women 19-24 200 Meter Dash

Name	Age	Team	Finals
1 Lausen, Natalie	19	Estherville	28.69

Women 30-34 200 Meter Dash

Name	Age	Team	Finals
1 Wey, Britta	34	Johnston	31.28

Women 35-39 200 Meter Dash

Name	Age	Team	Finals
1 Werstein, Kira	35	Ames	29.33

Women 60-64 200 Meter Dash

Name	Age	Team	Finals
1 Hegstrom, Ann	63	De Soto	37.75

Women 70-74 200 Meter Dash

Name	Age	Team	Finals
1 Hynes, Jolene	70	Ames	54.03

Women 15-16 400 Meter Dash

Name	Age	Team	Finals
1 Engels, Morgan	15	Ames	1:03.94
2 Williams, Lillia	16	Council Bluf	1:07.85
3 Wright, Cailyn	16	Ankeny	1:10.67
4 LeClere, Aleksyia	15	Cedar Falls	1:13.22

Women 17-18 400 Meter Dash

Name	Age	Team	Finals
1 Hamblin, Olivia	17	Cedar Falls	1:06.18
2 Doran, Holyn	17	LeClaire	1:09.82

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Women 19-24 400 Meter Dash

Name	Age	Team	Finals
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Finals

1	Howardson, Sierra	19	Danville	1:11.12
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Women 30-34 400 Meter Dash

Name	Age	Team	Finals
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Finals

1	Wey, Britta	34	Johnston	1:17.83
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Women 35-39 400 Meter Dash

Name	Age	Team	Finals
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Finals

1	Werstein, Kira	35	Ames	1:07.25
2	Cue, Natalie	35	Des Moines	1:10.23

Women 50-54 400 Meter Dash

Name	Age	Team	Finals
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Finals

1	Hudson, Janet	53	Maxwell	2:03.96
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Women 60-64 400 Meter Dash

Name	Age	Team	Finals
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Finals

1	Hegstrom, Ann	63	De Soto	1:23.75
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Women 19-24 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Howardson, Sierra	19	Danville	2:46.97
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Women 25-29 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Koppy, Greta	26	Ames	2:50.27
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Women 30-34 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Wiley, Caitlin	32	Ames	2:54.78
2	Foote, Braidee	34	Ames	3:20.05

Women 35-39 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Werstein, Kira	35	Ames	2:43.18
2	Cue, Natalie	35	Des Moines	2:48.81

Women 40-44 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Tenges, Nicole	42	Indianola	3:15.91
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Women 50-54 800 Meter Run

Name	Age	Team	Finals
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Finals

1	Hudson, Janet	53	Maxwell	4:08.82
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Women 19-24 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Howardson, Sierra	19	Danville	5:45.63
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Women 25-29 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Koppy, Greta	26	Ames	5:36.40
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Women 30-34 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Wiley, Caitlin	32	Ames	5:51.88
2	Foote, Braidee	34	Ames	6:59.31

Women 40-44 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Tenges, Nicole	42	Indianola	6:38.50
2	Allbaugh, Rachel	42	Boone	7:37.72

Women 45-49 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Koziczkowski, Lisa	47	Indianola	8:46.93
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Women 50-54 1500 Meter Run

Name	Age	Team	Finals
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Finals

1	Hudson, Janet	53	Maxwell	7:48.29
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Women 30-34 High Jump

Name	Age	Team	Finals
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Finals

1	Foote, Braidee	34	Ames	3-04.00
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Women 40-44 High Jump

Name	Age	Team	Finals
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Finals

1	Allbaugh, Rachel	42	Boone	3-06.00
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Women 19-24 Long Jump

Name	Age	Team	Finals
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Finals

1	Lausen, Natalie	19	Estherville	15-02.25
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Women 25-29 Long Jump

Name	Age	Team	Finals
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Finals

1	Koppy, Greta	26	Ames	10-11.00
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Women 30-34 Long Jump

Name	Age	Team	Finals
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Finals

1	Wey, Britta	34	Johnston	13-07.00
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Women 40-44 Long Jump

Name	Age	Team	Finals
Finals			
1 Ernst, Laci	42	Cedar Falls	14-03.25
2 Selander, Janna	44	Council Bluf	13-00.00

Women 50-54 Long Jump

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	West Burling	5-00.00

Women 55-59 Long Jump

Name	Age	Team	Finals
Finals			
1 Bergstrom, Vilma	55	Urbandale	4-04.75

Women 60-64 Long Jump

Name	Age	Team	Finals
Finals			
1 Hegstrom, Ann	63	De Soto	9-11.75

Women 65-69 Long Jump

Name	Age	Team	Finals
Finals			
1 Anderson, Deb	68	Gilbert	5-08.50

Women 35-39 Shot Put

Name	Age	Team	Finals
Finals			
1 Coil, Joli	37	Ames	42-08.00
2 Duffy, Bridgitte	38	Cedar Falls	24-09.00

Women 50-54 Shot Put

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	West Burling	32-02.50

Women 65-69 Shot Put

Name	Age	Team	Finals
Finals			
1 Rowe, Linda	67	Bloomfield	27-09.00
2 Anderson, Deb	68	Gilbert	20-08.00

Women 25-29 Discus Throw

Name	Age	Team	Finals
Finals			
1 Kopyy, Greta	26	Ames	43-03.50

Women 30-34 Discus Throw

Name	Age	Team	Finals
Finals			
1 Foote, Braidee	34	Ames	57-04
2 Wiley, Caitlin	32	Ames	49-05.50

Women 40-44 Discus Throw

Name	Age	Team	Finals
Finals			
1 Allbaugh, Rachel	42	Boone	61-00

Women 50-54 Discus Throw

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	West Burling	47-06

Women 55-59 Discus Throw

Name	Age	Team	Finals
Finals			
1 Bergstrom, Vilma	55	Urbandale	49-10.50

Women 65-69 Discus Throw

Name	Age	Team	Finals
Finals			
1 Rowe, Linda	67	Bloomfield	77-08
2 Anderson, Deb	68	Gilbert	27-08.50

Boys 6&U 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Schmidt, Luke	6	Clive	9.50
2 Pothast, Jackson	6	Urbandale	9.51
3 Hill, Bradyn	6	Ankeny	10.36
4 McKinzey, Michael	6	Indianola	10.60
5 Pederson, Isaac	6	Polk City	10.80
6 Morton, Rocco	6	Hampton	10.81
7 Steenblock, Braylon	6	Grimes	10.89
8 Ferguson, Tanner	4	West Burling	11.28
9 Wright, Zamir	6	Des Moines	11.82
10 Whitmire, Easton	5	Polk City	11.85
11 Fisher, Alexander	4	Des Moines	12.15
12 Abrahamsen, Oliver	6	Winterset	12.72
13 Wood, Clark	4	Waverly	12.96
14 Jackson, Kamden	4	Ankeny	13.18
15 Caves, Dawson	4	Polk City	13.39
16 Phaydavong II, Scottie	5	Altoona	14.11

Boys 7-8 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Lueth, Moses-Michael (Mose)	8	Ames	8.29
2 DeRocher, RJ	8	Onawa	8.81
3 Ernst, Brecker	7	Cedar Falls	9.03
4 Abbott, Dex	7	Ankeny	9.20
5 McIntyre, Mikail	8	Boone	9.21
6 Strader, Jadden	8	Ames	9.50
7 Kennis, Gideon	8	Ames	9.59
8 Snell, Ryder	7	Truro	9.79
9 Havill, Jaxson	7	Clive	9.99
10 LaFleur, Lincoln	7	Des Moines	10.21
11 Weinschenk, Davis	7	West Burling	10.70

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Boys 9-10 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Mgonja, Henry	10	Harlan	8.01
2 Slick-Driscoll, Dantavious	10	Tama	8.08
3 Lewis, Deantron	9	Des Moines	8.12
4 Caves, Davis	9	Polk City	8.30
5 Phanfil, Mateo	10	Des Moines	8.32
6 Williams, Brayden	9	Rockwell	8.44
7 Pederson, Abe	9	Polk City	8.81
8 Cole, James	9	Ankeny	8.87
9 McIntyre, Maddox	10	Boone	8.96
10 Leman, Warner	9	West Burling	9.22
11 Samms, Tighe	9	Cambridge	9.34
12 Bartleman, JJ	10	Polk City	9.93
13 Davie, Briley	9	Fairbank	10.75

Boys 6&U 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Pothast, Jackson	6	Urbandale	18.52
2 Schmidt, Luke	6	Clive	19.76
3 Hill, Bradyn	6	Ankeny	20.85
4 Pederson, Isaac	6	Polk City	21.44
5 Morton, Rocco	6	Hampton	21.54
6 McKinzey, Michael	6	Indianola	22.09
7 Ferguson, Tanner	4	West Burling	23.69
8 Wright, Zamir	6	Des Moines	24.93
9 Whitmire, Easton	5	Polk City	25.04
10 Fisher, Alexander	4	Des Moines	25.83
11 Caves, Dawson	4	Polk City	27.41
12 Jackson, Kamden	4	Ankeny	28.02
--- Smith, Mason	6	Des Moines	DNF

Boys 7-8 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Dwanyen, Joshua	8	Des Moines	15.71q
2 Lueth, Moses-Michael (Mose)	8	Ames	15.88q
3 Jackson, Taytum	7	Ankeny	16.60q
4 Gibbons, Jaxson	8	West Burling	17.07q
5 DeRocher, RJ	8	Onawa	17.09q
6 Kenney, Landon	8	Ankeny	17.33q
7 Ernst, Brecker	7	Cedar Falls	17.47q
8 McIntyre, Mikail	8	Boone	17.81q
9 Abbott, Dex	7	Ankeny	18.00
10 Reyes Doan, Oscar	8	Des Moines	18.42
11 Strader, Jadden	8	Ames	18.59
12 Rothrock, Chase	7	Ankeny	18.94
13 Clark, Ashton	7	keokuk	19.26
14 Chavis, Tavon	8	Des Moines	19.29
15 Casillas, Adrian	8	Jesup	19.30
16 Snell, Ryder	7	Truro	19.42
17 Havill, Jaxson	7	Clive	19.56
18 Casillas, Alexi	8	Jesup	20.55

19 Weinschenk, Davis	7	West Burling	21.86
20 Tenges, Bentley	7	Indianola	27.30

Boys 7-8 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Lueth, Moses-Michael (Mose)	8	Ames	15.50
2 Dwanyen, Joshua	8	Des Moines	15.51
3 Jackson, Taytum	7	Ankeny	16.82
4 DeRocher, RJ	8	Onawa	17.09
5 Gibbons, Jaxson	8	West Burling	17.23
6 Ernst, Brecker	7	Cedar Falls	17.43
7 McIntyre, Mikail	8	Boone	17.84
8 Kenney, Landon	8	Ankeny	18.13

Boys 9-10 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Abel, Henry	10	Cedar Falls	14.41q
2 Abbott, Evan	10	Ames	14.86q
3 Dwanyen, Isaiah	10	Des Moines	14.90q
4 Slick-Driscoll, Dantavious	10	Tama	15.32q
5 Ferguson, Blake	9	West Burling	15.78q
6 Long, Brady	10	Boone	15.91q
7 Phanfil, Mateo	10	Des Moines	15.96q
8 Hanfelt, Gavin	10	Ankeny	15.98q
9 Naber, Austin	10	Boone	16.02
10 Caves, Davis	9	Polk City	16.03
11 Bradley, Royan	10	Des Moines	16.05
12 Williams, Brayden	9	Rockwell	16.43
13 Morton, Beau	10	Hampton	16.65
14 Weinschenk, Gavin	10	West Burling	16.68
15 McIntyre, Maddox	10	Boone	16.85
16 Cole, James	9	Ankeny	17.08
17 Samms, Tighe	9	Cambridge	17.14
18 Holz, Bennett	9	Gilbert	17.47
19 Egeland, Trevor	9	Nevada	17.67
20 Reed, Hayden	9	Ankeny	17.69
21 Leman, Warner	9	West Burling	17.73
22 Barnett, Harlan	9	Clarksville	18.45
23 Koziczkowski, Nathaniel	10	Indianola	18.70
24 Bartleman, JJ	10	Polk City	19.67
25 Davie, Briley	9	Fairbank	21.17

Boys 9-10 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Abel, Henry	10	Cedar Falls	14.41
2 Abbott, Evan	10	Ames	14.68
3 Dwanyen, Isaiah	10	Des Moines	15.08
4 Slick-Driscoll, Dantavious	10	Tama	15.26
5 Ferguson, Blake	9	West Burling	15.84
6 Phanfil, Mateo	10	Des Moines	15.85
7 Hanfelt, Gavin	10	Ankeny	16.07
8 Long, Brady	10	Boone	16.20

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Boys 11-12 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Larson, Sawyer	12	Ames	14.66q
2 Hill, Tristan	12	Ankeny	14.91q
3 Youngblood, Landon	11	Boone	15.02q
4 Kane, Stetson	12	Maxwell	15.11q
5 Pederson, Eli	11	Polk City	15.51q
6 Hicks, Kingston	11	Ankeny	16.10q
7 Schmidt, Henry	11	Clive	16.30q
8 White, Parker	11	Ankeny	16.80q
9 Steinhoff, Jacob	12	Cherokee	20.07

Boys 11-12 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Larson, Sawyer	12	Ames	14.85
2 Kane, Stetson	12	Maxwell	14.88
3 Youngblood, Landon	11	Boone	15.07
4 Pederson, Eli	11	Polk City	15.62
5 Hicks, Kingston	11	Ankeny	16.06
6 Schmidt, Henry	11	Clive	16.70
7 White, Parker	11	Ankeny	16.87

Boys 13-14 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Carlson, Rowan	14	Tripoli	12.66q
2 Fairchild, Logan	13	St. Charles	12.79q
3 Rivera-Pillot, Erick	14	Ames	12.87q
4 Franzenburg, Ryan	14	Ames	12.88q
5 Sickerson, Tyler	13	Ankeny	13.05q
6 Friedow, Aiden	13	Belmond	14.16q
7 Pederson, Cade	13	Ankeny	14.48q
8 Huether, Stockton	13	Ankeny	15.06q
9 Slick-Driscoll, Davion	13	Tama	18.61

Boys 13-14 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fairchild, Logan	13	St. Charles	12.48
2 Carlson, Rowan	14	Tripoli	12.81
3 Rivera-Pillot, Erick	14	Ames	12.85
4 Franzenburg, Ryan	14	Ames	13.00
5 Sickerson, Tyler	13	Ankeny	13.20
6 Friedow, Aiden	13	Belmond	15.03

Boys 15-16 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Carlson, Liam	16	Tripoli	11.60q
2 Kistler, Dominik	15	Lake City	12.07q
3 Ernst, Carter	15	Cedar Falls	12.29q
4 Slick-Driscoll, Donovan	15	Tama	12.47q
5 Myers, Jacob	15	Akron	12.89q
6 Parks, Josiah	15	Boone	13.14q

7 Rosendahl, Ethan	15	Ankeny	13.25q
8 Sickerson, Caleb	15	Ankeny	13.29q
9 Wiedman, Noel	15	Ankeny	13.36

Boys 15-16 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Carlson, Liam	16	Tripoli	11.56
2 Kistler, Dominik	15	Lake City	11.82
3 Ernst, Carter	15	Cedar Falls	12.26
4 Slick-Driscoll, Donovan	15	Tama	12.31
5 Myers, Jacob	15	Akron	12.76
6 Rosendahl, Ethan	15	Ankeny	12.92
7 Parks, Josiah	15	Boone	13.32
8 Sickerson, Caleb	15	Ankeny	13.41

Boys 17-18 100 Meter Dash

Name	Age	Team	Prelims
Preliminaries			
1 Walker, Kalen	18	Eddyville	10.99q
2 Dean, Deonte'	17	Marshalltown	11.41q
3 Williams, Jaidyn	17	Cedar Falls	11.62q
4 Hansen, Jayden	18	Jesup	11.70q
5 Armstrong, Sam	17	Ames	11.97q
6 vega, miguel	18	Cedar Falls	11.99q
7 Fillipi, Adam	17	Anthon	12.03q
8 Thompson, Jaxon	18	Marion	12.03q
9 Hemer, Ben	18	Waverly	12.10
10 Wyant, Gabriel	18	Marshalltown	12.24
11 Stoos, Maxwell	17	Bettendorf	12.71

Boys 17-18 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Walker, Kalen	18	Eddyville	11.02
2 Dean, Deonte'	17	Marshalltown	11.45
3 Williams, Jaidyn	17	Cedar Falls	11.57
4 Hansen, Jayden	18	Jesup	11.68
5 Armstrong, Sam	17	Ames	11.99
6 vega, miguel	18	Cedar Falls	12.09
7 Thompson, Jaxon	18	Marion	12.14
8 Fillipi, Adam	17	Anthon	12.26

Boys 6&U 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Werstein, Griffin	5	Ames	53.97
2 Fisher, Alexander	4	Des Moines	56.46

Boys 7-8 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Dwanyen, Joshua	8	Des Moines	32.78
2 Jackson, Taytum	7	Ankeny	36.50
3 DeRocher, RJ	8	Onawa	37.31
4 McIntyre, Mikail	8	Boone	38.63
5 Kenney, Landon	8	Ankeny	38.79

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Finals ... (Boys 7-8 200 Meter Dash)

Name	Age	Team	Finals
6 Litchfield, Garrett	7	Ankeny	39.65
7 Kennis, Gideon	8	Ames	39.94
8 Gibbons, Jaxson	8	West Burling	40.50
9 Snell, Ryder	7	Truro	42.26
10 Rothrock, Chase	7	Ankeny	42.63
11 Chavis, Tavon	8	Des Moines	44.15

Boys 9-10 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Abbott, Evan	10	Ames	30.02
2 Abel, Henry	10	Cedar Falls	30.46
3 Dwanyen, Isaiah	10	Des Moines	30.66
4 Slick-Driscoll, Dantavious	10	Tama	33.16
5 Lewis, Deantron	9	Des Moines	33.31
6 Ferguson, Blake	9	West Burling	34.75
7 Long, Brady	10	Boone	34.95
8 Bradley, Royan	10	Des Moines	35.32
9 McIntyre, Maddox	10	Boone	35.37
10 Caves, Davis	9	Polk City	35.81
11 Thorpe, Isaac	9	Ames	40.30
12 Dirksen, Orion	9	Sergeant Blu	41.05

Boys 11-12 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Lueth, Kolo-Immanuel (Mann	12	Ames	29.85
2 Kane, Stetson	12	Maxwell	31.39
3 Steinhoff, Jacob	12	Cherokee	31.56
4 Pederson, Eli	11	Polk City	33.00
5 Youngblood, Landon	11	Boone	33.13
6 Cheese, Ben	11	Johnston	34.81
7 Hicks, Kingston	11	Ankeny	34.94
8 White, Parker	11	Ankeny	35.28
9 Squiers, Carson	12	Gilbert	35.56

Boys 13-14 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fairchild, Logan	13	St. Charles	25.69
2 Carlson, Rowan	14	Tripoli	27.47
3 Feldmann, Nathan	13	Ankeny	27.64
4 cross, caleb	14	Sioux City	28.64
5 Slick-Driscoll, Davion	13	Tama	38.45

Boys 15-16 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Carlson, Liam	16	Tripoli	24.05
2 Kistler, Dominik	15	Lake City	24.61
3 sheldahl, tyler	16	Des Moines	24.95
4 Myers, Jacob	15	Akron	26.01
5 Slick-Driscoll, Donovan	15	Tama	26.49
6 Parks, Josiah	15	Boone	26.56

7 Rosendahl, Ethan	15	Ankeny	27.20
8 Sickerson, Caleb	15	Ankeny	27.58
9 Wiedman, Noel	15	Ankeny	27.67

Boys 17-18 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Walker, Kalen	18	Eddyville	22.66
2 Dean, Deonte'	17	Marshalltown	23.30
3 Fillipi, Adam	17	Anthon	24.56
4 Nation, Alex	18	Tripoli	24.63
5 Keitges, Charles	17	Ames	25.03
6 Armstrong, Sam	17	Ames	25.32
7 Stoos, Maxwell	17	Bettendorf	25.75
8 Silva, Brayan	18	Postville	26.62
9 Hartman, Daniel	17	Eddyville	26.94

Boys 6&U 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Werstein, Griffin	5	Ames	1:59.45
2 Whitmire, Easton	5	Polk City	2:08.17

Boys 7-8 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Jackson, Taytum	7	Ankeny	1:26.78
2 Chavis, Tavon	8	Des Moines	1:33.31
3 Clark, Ashton	7	keokuk	1:33.66
4 Newton, Drake	7	keokuk	1:34.66
5 Kennis, Gideon	8	Ames	1:35.31
6 Ohorilko, Milo	7	Altoona	1:47.22
7 Casillas, Adrian	8	Jesup	1:50.76
8 Casillas, Alexi	8	Jesup	1:51.91
9 Weinschenk, Davis	7	West Burling	1:54.59

Boys 9-10 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Abbott, Evan	10	Ames	1:10.42
2 Bergkamp, Josh	10	Waukee	1:13.40
3 Dwanyen, Isaiah	10	Des Moines	1:14.80
4 Taylor, John	10	Urbandale	1:16.16
5 Bradley, Royan	10	Des Moines	1:18.51
6 Weinschenk, Gavin	10	West Burling	1:19.20
7 Briggs, Cooper	9	Des Moines	1:24.47
8 Henderson, Jaxon	9	Des Moines	1:24.50
9 Reed, Hayden	9	Ankeny	1:26.84
10 Peterson, Kole	10	Stratford	1:28.18
11 Egeland, Trevor	9	Nevada	1:30.30
12 White, Leo	9	Centerville	1:31.25
13 Newton, Caedon	10	keokuk	1:31.74
14 Dirksen, Orion	9	Sergeant Blu	1:32.35

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Boys 11-12 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Lueth, Kolo-Immanuel (Mann	12	Ames	1:08.11
2 Hill, Tristan	12	Ankeny	1:11.49
3 Whitmire, Hudson	11	Polk City	1:15.80
4 Cheese, Ben	11	Johnston	1:15.82
5 Schmidt, Henry	11	Clive	1:20.76
6 White, Parker	11	Ankeny	1:20.77
7 Scholten, Vance	12	Ankeny	1:22.36
8 Nesbit, William	11	Ankeny	1:23.48
9 Garcia, Israel	11	Garner	1:23.98
10 Hicks, Kingston	11	Ankeny	1:25.29
11 Rieck, Levi	11	Humboldt	1:32.33

Boys 13-14 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fairchild, Logan	13	St. Charles	1:01.27
2 Carlson, Rowan	14	Tripoli	1:02.55
3 Feldmann, Nathan	13	Ankeny	1:03.21
4 Kling, Steven	14	Sioux City	1:04.81

Boys 15-16 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Doran, Max	15	LeClaire	54.32
2 sheldahl, tyler	16	Des Moines	56.48
3 Sheridan, Noah	15	Waterloo	57.22
4 Brown, Nate	16	West Burlington	57.45
5 Carlson, Liam	16	Tripoli	59.99
6 Slick-Driscoll, Donovan	15	Tama	1:02.71
7 Parks, Josiah	15	Boone	1:03.93
8 Boblenz, Adam	15	Iowa City	1:04.92

Boys 17-18 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Thompson, Jaxon	18	Marion	54.01
2 Fillipi, Adam	17	Anthon	56.49
3 Keitges, Charles	17	Ames	57.28
4 Nation, Alex	18	Tripoli	57.44
5 Martin, Brice	17	Jesup	59.54
6 Silva, Braylan	18	Postville	59.62
7 Stoos, Maxwell	17	Bettendorf	1:00.97
8 Thoma, Jared	17	La Porte Cit	1:01.10

Boys 7-8 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Whitmire, Jax	8	Polk City	2:55.50
2 Taylor, Kameron	8	Urbandale	3:36.81
3 Ohorilko, Milo	7	Altoona	4:02.08

Boys 9-10 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Taylor, John	10	Urbandale	3:01.36
2 Weinschenk, Gavin	10	West Burlington	3:05.07
3 Egeland, Trevor	9	Nevada	3:30.28
--- Thorpe, Isaac	9	Ames	DQ

Boys 11-12 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Egeland, Gavin	12	Nevada	2:48.31
2 Whitmire, Hudson	11	Polk City	2:50.60
3 Cheese, Ben	11	Johnston	2:57.71
4 Nesbit, William	11	Ankeny	3:06.08
5 Garcia, Israel	11	Garner	3:09.83
6 Scholten, Vance	12	Ankeny	3:16.88
7 Schmidt, Henry	11	Clive	3:24.45

Boys 13-14 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Loutzenheiser, Ethan	14	Madrid	2:24.68
2 Kling, Steven	14	Sioux City	2:36.46
3 Blakeslee, Bennett	14	Ankeny	2:37.31
4 Kelsick, Evan	13	Elkhart	2:42.74

Boys 15-16 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Doran, Max	15	LeClaire	2:11.28
2 sheldahl, tyler	16	Des Moines	2:24.71
3 Hatcher, Will	15	Ames	2:28.47

Boys 17-18 800 Meter Run

Name	Age	Team	Finals
Finals			
1 VanBaale, Seth	18	Bondurant	2:04.71
2 Warrick, Ean	18	Ames	2:09.12
3 Fritz, Mason	18	Lake City	2:09.46

Boys 25-29 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Kadolph, Jared	28	Kamrar	2:23.78

Boys 8&U 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Whitmire, Jax	8	Polk City	5:30.44
2 Newton, Drake	7	keokuk	6:46.99
3 Taylor, Kameron	8	Urbandale	7:18.49

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Boys 9-10 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Helmers, Artie	10	Ames	6:00.05
2 Taylor, John	10	Urbandale	6:18.51
3 Briggs, Cooper	9	Des Moines	6:23.60
4 Borner, Tyler	9	Indianola	6:26.48
5 Henderson, Jaxon	9	Des Moines	6:35.06
6 Newton, Caedon	10	keokuk	6:36.86
--- Thorpe, Isaac	9	Ames	NT
--- Judisch, Cole	10	Lake City	NT

Boys 11-12 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Squiers, Carson	12	Gilbert	5:30.81
2 Egeland, Gavin	12	Nevada	5:41.05
3 Whitmire, Hudson	11	Polk City	5:53.66
4 Nesbit, William	11	Ankeny	6:04.47
5 Garcia, Israel	11	Garner	6:41.08
6 Scholten, Vance	12	Ankeny	6:46.39
7 Rieck, Levi	11	Humboldt	6:52.07

Boys 13-14 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Loutzenheiser, Ethan	14	Madrid	4:52.25
2 Kling, Steven	14	Sioux City	5:26.95

Boys 15-16 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Donoho, Andrew	15	Urbandale	4:51.21
2 Hatcher, Will	15	Ames	5:15.97
3 Lueth, Lucas-Allan (Lucas)	15	Ames	5:39.15

Boys 17-18 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Warrick, Ean	18	Ames	4:33.95
2 Silva, Brayan	18	Postville	4:50.15
3 Thoma, Jared	17	La Porte Cit	4:50.62
4 Ott, Tayler	17	Indianola	5:35.54
5 Dowd, Kile	18	West Burling	5:38.70

Boys 11-12 100 Meter Hurdles

Name	Age	Team	Finals
Finals			
1 Long, Cody	12	Boone	18.85

Boys 13-14 100 Meter Hurdles

Name	Age	Team	Finals
Finals			
1 Rivera-Pillot, Erick	14	Ames	15.66
2 Feldmann, Nathan	13	Ankeny	17.23
3 Amina, Johnny	14	Lowden	19.67

3 Pederson, Cade	13	Ankeny	19.67
5 Kelsick, Evan	13	Elkhart	19.70

Boys 15-16 110 Meter Hurdles

Name	Age	Team	Finals
Finals			
1 Sheridan, Noah	15	Waterloo	16.59
2 Brown, Nate	16	West Burling	18.58
3 Rosendahl, Ethan	15	Ankeny	18.74
4 Myers, Jacob	15	Akron	19.21

Boys 17-18 110 Meter Hurdles

Name	Age	Team	Finals
Finals			
1 Reilly, Carson	17	Cedar Falls	15.31
2 Nation, Alex	18	Tripoli	15.79
3 Keitges, Charles	17	Ames	15.85
4 Martin, Brice	17	Jesup	17.05
5 Wyant, Gabriel	18	Marshalltown	20.72
6 Dowd, Kile	18	West Burling	23.84

Boys 9-10 High Jump

Name	Age	Team	Finals
Finals			
1 Bergkamp, Josh	10	Waukee	3-08.00
2 Koziczkowski, Nathaniel	10	Indianola	3-06.00
3 White, Leo	9	Centerville	3-04.00
4 Holz, Bennett	9	Gilbert	3-02.00

Boys 11-12 High Jump

Name	Age	Team	Finals
Finals			
1 Larson, Sawyer	12	Ames	4-00.00
2 Rieck, Levi	11	Humboldt	3-08.00
3 Squiers, Carson	12	Gilbert	3-06.00

Boys 13-14 High Jump

Name	Age	Team	Finals
Finals			
1 Rivera-Pillot, Erick	14	Ames	5-00.00
2 Amina, Johnny	14	Lowden	4-10.00
3 cross, caleb	14	Sioux City	4-08.00
4 Huether, Stockton	13	Ankeny	3-10.00

Boys 17-18 High Jump

Name	Age	Team	Finals
Finals			
1 Reilly, Carson	17	Cedar Falls	4-08.00
2 Thompson, Jaxon	18	Marion	4-04.00

Boys 7-8 Long Jump

Name	Age	Team	Finals
Finals			
1 Whitmire, Jax	8	Polk City	10-01.75
2 Kenney, Landon	8	Ankeny	9-02.25
3 Litchfield, Garrett	7	Ankeny	8-09.75
4 Ernst, Brecker	7	Cedar Falls	8-05.75

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Finals ... (Boys 7-8 Long Jump)

Name	Age	Team	Finals
5 Clark, Ashton	7	keokuk	7-07.50
6 Rothrock, Chase	7	Ankeny	6-08.00
7 LaFleur, Lincoln	7	Des Moines	5-10.50
8 Casillas, Adrian	8	Jesup	5-02.00
9 Tenges, Bentley	7	Indianola	5-00.75
10 Casillas, Alexi	8	Jesup	5-00.00

Boys 11-12 Long Jump

Name	Age	Team	Finals
Finals			
1 Long, Cody	12	Boone	13-03.00
2 Pederson, Eli	11	Polk City	13-01.25
3 Youngblood, Landon	11	Boone	12-03.25
3 Larson, Sawyer	12	Ames	12-03.25
5 Kane, Stetson	12	Maxwell	11-04.25
6 Steinhoff, Jacob	12	Cherokee	9-09.00

Boys 15-16 Long Jump

Name	Age	Team	Finals
Finals			
1 Ernst, Carter	15	Cedar Falls	18-02.50
2 Boblenz, Adam	15	Iowa City	15-11.50

Boys 17-18 Long Jump

Name	Age	Team	Finals
Finals			
1 Bell, Carter	18	Cedar Falls	21-01.50
2 Williams, Jaidyn	17	Cedar Falls	20-07.25
3 Walker, Kalen	18	Eddyville	19-07.00
4 vega, miguel	18	Cedar Falls	18-10.50
5 Wyant, Gabriel	18	Marshalltown	18-08.50
6 Hartman, Daniel	17	Eddyville	18-07.50
7 Ott, Tayler	17	Indianola	15-04.50

Boys 6&U Shot Put

Name	Age	Team	Finals
Finals			
1 Morton, Rocco	6	Hampton	9-08.00

Boys 7-8 Shot Put

Name	Age	Team	Finals
Finals			
1 Litchfield, Garrett	7	Ankeny	11-11.00
2 Ohorilko, Milo	7	Altoona	10-11.25
3 Strader, Jadden	8	Ames	10-10.00
4 Taylor, Kameron	8	Urbandale	9-07.50

Boys 9-10 Shot Put

Name	Age	Team	Finals
Finals			
1 Marsh, Adam	10	Palmer	25-08.00
2 Bergkamp, Josh	10	Waukee	21-03.00
3 Morton, Beau	10	Hampton	21-00.00
4 Curtis, Aiden	10	Indianola	20-00.00
5 Barnett, Harlan	9	Clarksville	14-09.00

Boys 11-12 Shot Put

Name	Age	Team	Finals
Finals			
1 McInerney, Carson	12	Sioux City	39-01.00
2 Barnett, Tommy	11	Clarksville	19-09.00

Boys 13-14 Shot Put

Name	Age	Team	Finals
Finals			
1 Reichter, Blake	14	Hawkeye	44-09.00
2 O'Meara, Joseph	13	Indianola	25-07.50
3 Harrison, Sean	13	Waukee	24-10.50

Boys 15-16 Shot Put

Name	Age	Team	Finals
Finals			
1 Dutcher, Bryant	16	Dayton	42-11.00
2 Greenlee, Jacob	15	Humeston	37-04.00
3 Wiedman, Noel	15	Ankeny	21-04.50
4 Sickerson, Caleb	15	Ankeny	19-11.75

Boys 17-18 Shot Put

Name	Age	Team	Finals
Finals			
1 Baier, Jacob	18	Polk City	53-04.00
2 Roetman, Isaac	18	Ames	45-05.00
3 Buhr, Shawn	18	Anamosa	42-02.50

Boys 9-10 Discus Throw

Name	Age	Team	Finals
Finals			
1 Marsh, Adam	10	Palmer	56-04
2 Curtis, Aiden	10	Indianola	54-05.50
3 Morton, Beau	10	Hampton	43-07.50

Boys 11-12 Discus Throw

Name	Age	Team	Finals
Finals			
1 McInerney, Carson	12	Sioux City	108-09.50
2 Barnett, Tommy	11	Clarksville	39-07

Boys 13-14 Discus Throw

Name	Age	Team	Finals
Finals			
1 Reichter, Blake	14	Hawkeye	132-11
2 Huether, Stockton	13	Ankeny	63-07
3 O'Meara, Joseph	13	Indianola	49-00.50
4 Harrison, Sean	13	Waukee	44-10

Boys 17-18 Discus Throw

Name	Age	Team	Finals
Finals			
1 Baier, Jacob	18	Polk City	161-10
2 Roetman, Isaac	18	Ames	118-04
3 Buhr, Shawn	18	Anamosa	111-10

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Men 19-24 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Mbaye, Makhtar	21	Moline	11.42
2 Weitzenkamp, Derek	19	Jesup	11.57
3 Winke, Drew	19	Albia	11.64
4 Mohamed, Hassan A	23	Norwalk	12.22
5 Omizu, Kota	20	Ames	12.23

Men 25-29 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Hirano, Shoki	28	Ames	12.50
2 White, Andre	25	Fayette	13.26
2 Kadolph, Jared	28	Kamrar	13.26
4 Porter, Keegan	29	Colfax	13.43

Men 30-34 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wood, Kyle	30	Waverly	11.62
2 Hite, Erik	33	Cedar Falls	11.76
3 clark, ryan	32	keokuk	12.10
4 Lueth, Ukelo	33	Ames	12.38
5 Thompson, Ronnie	32	Ames	13.83

Men 35-39 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Phaydavong I, Scott	35	Altoona	11.93
2 Casillas, Nick	35	Jesup	12.36
3 Robinson, Michael	39	Bettendorf	12.57

Men 40-44 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Ernst, Steve	43	Cedar Falls	12.24
2 Dodds, Tom	43	Ankeny	12.91
3 Graden, Ryan	40	Dayton	14.18

Men 45-49 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Sickerson, Nate	47	Ankeny	11.65
2 Habegger, Daniel	47	La Crosse	X13.74
3 Goodrich, Tony	48	West Burling	13.97

Men 50-54 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 trussell, tom	54	Traer	12.97
2 Chung, Curtis	52	Coralville	13.63
3 Lilly, Troy	51	Bondurant	14.04
4 Stoos, Jim	50	Bettendorf	14.63

Men 55-59 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Urbi, Gordon	56	Cedar Falls	14.00
2 Wander, Kim	58	West Burling	17.04

Men 60-64 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Olsgaard, David	60	Indianola	14.08
2 Allbee, Ralph	61	Eldora	14.22

Men 70-74 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Whitcher, Wendell	72	West Burling	17.25
2 Johnson, Randy	71	Marshalltown	20.46
3 Adair, Denny	71	Osceola	20.80

Men 75-79 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Peterson, Ron	75	Waukee	16.96
2 Hoidahl, Rich	78	Johnston	19.63

Men 19-24 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Downing, Jacob	20	Shell Rock	23.66
2 Mbaye, Makhtar	21	Moline	23.72
3 Malchow, Cory	24	Pella	32.76

Men 25-29 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Hirano, Shoki	28	Ames	28.76

Men 30-34 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wood, Kyle	30	Waverly	24.04
2 Hite, Erik	33	Cedar Falls	24.60
3 clark, ryan	32	keokuk	24.99
4 Newborn, Carlos	30	Urbandale	28.59

Men 35-39 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Jackson, Fred	38	Ankeny	24.83
2 Robinson, Michael	39	Bettendorf	26.12
3 Jackson, Patrick	38	Ankeny	26.32

Men 40-44 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Ernst, Steve	43	Cedar Falls	25.50

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Finals ... (Men 40-44 200 Meter Dash)

Name	Age	Team	Finals
2 Henrich, Troy	41	Des Moines	25.54

Men 45-49 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Dirksen, Mark	49	Sergeant Blu	27.78
2 Goodrich, Tony	48	West Burling	29.81

Men 50-54 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 trussell, tom	54	Traer	29.21
2 Stoops, Jim	50	Bettendorf	30.98

Men 55-59 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Urbi, Gordon	56	Cedar Falls	30.49
2 Harris, Larry	57	Brighton	41.15

Men 60-64 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Olsgaard, David	60	Indianola	29.40
2 Allbee, Ralph	61	Eldora	29.96
3 Harpole, Jim	60	Newhall	30.03
4 Dahlstrom, Keith	64	Cedar Falls	31.04
5 Ciavarelli, Alan	62	Plymouth	31.73

Men 65-69 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Dorman, George	69	Cedar Falls	41.82
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Men 70-74 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Whitcher, Wendell	72	West Burling	37.53
2 Adair, Denny	71	Osceola	48.17

Men 75-79 200 Meter Dash

Name	Age	Team	Finals
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Finals

1 Kirkwood, Tom	76	Dyersville	42.40
2 Hoidahl, Rich	78	Johnston	45.33

Men 19-24 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Mbaye, Makhtar	21	Moline	53.78
2 Weitzenkamp, Derek	19	Jesup	53.90
3 Downing, Jacob	20	Shell Rock	53.93

Men 25-29 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Kadolph, Jared	28	Kamrar	57.83
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Men 30-34 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 clark, ryan	32	keokuk	58.91
2 Newborn, Carlos	30	Urbandale	1:08.29

Men 35-39 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Keraus, Kyle	39	Johnston	54.84
2 Jackson, Fred	38	Ankeny	55.43
3 Robinson, Michael	39	Bettendorf	56.51
4 Casillas, Nick	35	Jesup	58.20
5 Jackson, Patrick	38	Ankeny	1:04.04
6 Davie, Justin	39	Fairbank	1:11.03

Men 40-44 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Henrich, Troy	41	Des Moines	56.78
2 Dodds, Tom	43	Ankeny	1:04.02

Men 45-49 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Hahn, Jason	49	Des Moines	1:10.66
2 Goodrich, Tony	48	West Burling	1:13.53

Men 50-54 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Chung, Curtis	52	Coralville	1:01.93
2 Stoops, Jim	50	Bettendorf	1:12.97

Men 55-59 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Wander, Kim	58	West Burling	1:17.21
2 Harris, Larry	57	Brighton	1:29.31
3 Billings, Edward	55	Storm Lake	1:33.37

Men 60-64 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Olsgaard, David	60	Indianola	1:13.28
2 Dahlstrom, Keith	64	Cedar Falls	1:14.32

Men 65-69 400 Meter Dash

Name	Age	Team	Finals
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Finals

1 Dorman, George	69	Cedar Falls	1:34.58
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**2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA**

Results

Men 70-74 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Hamm, Larry	71	Des Moines	1:29.40
2 Whitcher, Wendell	72	West Burling	1:39.96

Men 75-79 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Kirkwood, Tom	76	Dyersville	1:41.46

Men 35-39 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Davie, Justin	39	Fairbank	3:02.07

Men 40-44 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Hennigan, Gregg	41	West Burling	2:19.50
2 Rothrock, Aaron	40	Ankeny	3:20.44

Men 50-54 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Davison, Thomas	51	Bettendorf	3:11.72
2 Bockenstedt, Brian	54	Center Point	4:43.65

Men 55-59 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Harris, Larry	57	Brighton	3:16.52
2 Wander, Kim	58	West Burling	3:27.34

Men 60-64 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Dahlstrom, Keith	64	Cedar Falls	3:05.47
2 Davis, Randy	63	Altoona	3:50.89

Men 65-69 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Dorman, George	69	Cedar Falls	3:40.84

Men 70-74 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Hamm, Larry	71	Des Moines	3:26.99
2 Whitcher, Wendell	72	West Burling	3:53.30

Men 75-79 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Kirkwood, Tom	76	Dyersville	3:54.75

Men 19-24 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Eckhoff, Neal	19	Iowa City	6:21.63

Men 25-29 1500 Meter Run

Name	Age	Team	Finals
Finals			
--- Rogers, Ethan	28	Ames	NT

Men 35-39 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Keraus, Kyle	39	Johnston	4:59.89

Men 40-44 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Fedirko, Yuri	42	Des Moines	5:00.42
2 Rothrock, Aaron	40	Ankeny	7:20.00

Men 45-49 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Nelson, James	45	Ames	6:10.31

Men 50-54 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Penningroth, Tom	53	Urbandale	5:34.72
2 Mahaney, James	53	Mason City	6:22.38
3 Bockenstedt, Brian	54	Center Point	10:02.36

Men 55-59 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Olson, Kimball	58	Story City	5:59.87
2 Harris, Larry	57	Brighton	6:33.20
3 Wander, Kim	58	West Burling	6:35.15

Men 60-64 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Davis, Randy	63	Altoona	7:47.03

Men 65-69 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Dorman, George	69	Cedar Falls	7:51.20

Men 70-74 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Hamm, Larry	71	Des Moines	7:08.29
2 Adair, Denny	71	Osceola	10:33.50

**2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA**

Results

Men 55-59 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Lehr, Dennis	59	Orion	21.23
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Men 70-74 100 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Johnson, Randy	71	Marshalltown	33.74
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Men 19-24 110 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Rampton, Grant	21	Ames	16.29
2	Malchow, Cory	24	Pella	18.33
3	Eckhoff, Neal	19	Iowa City	19.62

Men 25-29 110 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Koppy, Alex	26	Ames	15.81
2	Kadolph, Jared	28	Kamrar	18.29

Men 30-34 110 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Hopper, Andrew	30	Grimes	20.53
2	Newborn, Carlos	30	Urbandale	22.35

Men 35-39 110 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Casillas, Nick	35	Jesup	16.23
2	Phaydavong I, Scott	35	Altoona	19.45
3	Davie, Justin	39	Fairbank	22.76

Men 40-44 110 Meter Hurdles

Name	Age	Team	Finals
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Finals

1	Leman, Guy	42	West Burlington	17.05
2	Graden, Ryan	40	Dayton	21.52

Men 19-24 High Jump

Name	Age	Team	Finals
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Finals

1	Rampton, Grant	21	Ames	4-10.00
2	Swart, Eric	20	Gilbert	J4-10.00

Men 25-29 High Jump

Name	Age	Team	Finals
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Finals

1	White, Andre	25	Fayette	4-06.00
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Men 30-34 High Jump

Name	Age	Team	Finals
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Finals

1	Newborn, Carlos	30	Urbandale	4-10.00
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2	Sewell, Aaron	30	West Burlington	4-04.00
3	Hite, Erik	33	Cedar Falls	3-02.00

Men 35-39 High Jump

Name	Age	Team	Finals
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Finals

1	Phaydavong I, Scott	35	Altoona	4-08.00
2	Davie, Justin	39	Fairbank	4-02.00
3	Smith, Joe	36	Ames	3-04.00

Men 40-44 High Jump

Name	Age	Team	Finals
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Finals

1	Brunkhorst, Joey	40	Ankeny	5-00.00
2	Dodds, Tom	43	Ankeny	4-10.00
3	McInerney, Nick	40	Sioux City	4-04.00

Men 45-49 High Jump

Name	Age	Team	Finals
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Finals

1	Daugherty, Steve	48	Ankeny	5-00.00
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Men 50-54 High Jump

Name	Age	Team	Finals
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Finals

1	trussell, tom	54	Traer	4-00.00
---	Bockenstedt, Brian	54	Center Point	NH

Men 55-59 High Jump

Name	Age	Team	Finals
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Finals

1	Billings, Edward	55	Storm Lake	3-06.00
2	Harvey, Matthew	56	Des Moines	3-04.00

Men 60-64 High Jump

Name	Age	Team	Finals
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Finals

1	Roberts, Mark	60	Cedar Falls	5-00.00
2	Franzen, Jim	62	Denver	3-10.00
3	Davis, Randy	63	Altoona	3-06.00

Men 65-69 High Jump

Name	Age	Team	Finals
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Finals

1	Rainey, David	65	Waterloo	4-02.00
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Men 70-74 High Jump

Name	Age	Team	Finals
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Finals

1	Johnson, Randy	71	Marshalltown	3-00.00
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Men 75-79 High Jump

Name	Age	Team	Finals
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Finals

1	Peterson, Ron	75	Waukee	3-10.00
2	Hoidahl, Rich	78	Johnston	3-00.00

**2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA**

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Men 19-24 Long Jump

Name	Age	Team	Finals
Finals			
1 Eckhoff, Neal	19	Iowa City	17-06.00
2 Omizu, Kota	20	Ames	16-06.00
3 Malchow, Cory	24	Pella	14-03.25

Men 25-29 Long Jump

Name	Age	Team	Finals
Finals			
1 Koppy, Alex	26	Ames	19-01.50
2 White, Andre	25	Fayette	15-02.25

Men 30-34 Long Jump

Name	Age	Team	Finals
Finals			
1 Sewell, Aaron	30	West Burling	15-07.00
2 Hopper, Andrew	30	Grimes	13-09.50

Men 35-39 Long Jump

Name	Age	Team	Finals
Finals			
1 Jackson, Fred	38	Ankeny	18-06.75
2 Phaydavong I, Scott	35	Altoona	17-09.00
3 Jackson, Patrick	38	Ankeny	16-02.75

Men 40-44 Long Jump

Name	Age	Team	Finals
Finals			
1 Ernst, Steve	43	Cedar Falls	17-05.25
2 Leman, Guy	42	West Burling	16-06.75
3 Dodds, Tom	43	Ankeny	16-06.25
4 McInerney, Nick	40	Sioux City	16-03.25
5 Rothrock, Aaron	40	Ankeny	11-07.50

Men 45-49 Long Jump

Name	Age	Team	Finals
Finals			
1 Goodrich, Tony	48	West Burling	14-01.50

Men 55-59 Long Jump

Name	Age	Team	Finals
Finals			
1 Lehr, Dennis	59	Orion	11-04.25
2 Billings, Edward	55	Storm Lake	9-09.50
3 Harvey, Matthew	56	Des Moines	8-04.50

Men 60-64 Long Jump

Name	Age	Team	Finals
Finals			
1 Olsgaard, David	60	Indianola	13-02.75
2 Franzen, Jim	62	Denver	10-05.00
3 Davis, Randy	63	Altoona	8-06.50

Men 65-69 Long Jump

Name	Age	Team	Finals
Finals			
1 Rainey, David	65	Waterloo	13-08.00

Men 70-74 Long Jump

Name	Age	Team	Finals
Finals			
1 Eastman, Greg	72	Des Moines	8-02.75
2 Johnson, Randy	71	Marshalltown	7-10.00

Men 75-79 Long Jump

Name	Age	Team	Finals
Finals			
1 Peterson, Ron	75	Waukee	9-01.75
2 Hoidahl, Rich	78	Johnston	7-03.25

Men 25-29 Shot Put

Name	Age	Team	Finals
Finals			
1 Koppy, Alex	26	Ames	36-03.00

Men 30-34 Shot Put

Name	Age	Team	Finals
Finals			
1 clark, ryan	32	keokuk	37-04.00

Men 35-39 Shot Put

Name	Age	Team	Finals
Finals			
1 Smith, Joe	36	Ames	24-09.75

Men 40-44 Shot Put

Name	Age	Team	Finals
Finals			
1 LaFleur, Benjamin	40	West Burling	30-10.75

Men 45-49 Shot Put

Name	Age	Team	Finals
Finals			
1 goedken, jason	46	Center Point	35-01.00
2 Grover, Tristan	49	Indianola	27-06.00

Men 55-59 Shot Put

Name	Age	Team	Finals
Finals			
1 Johanson, Doug	56	Johnston	34-09.00
2 Lehr, Dennis	59	Orion	31-07.50
3 Harvey, Matthew	56	Des Moines	26-02.00

Men 60-64 Shot Put

Name	Age	Team	Finals
Finals			
1 Franzen, Jim	62	Denver	31-00.50
2 Harpole, Jim	60	Newhall	29-00.00
3 Schramm, Curt	60	Battle Creek	21-11.00

**2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA**

Results

Men 65-69 Shot Put

Name	Age	Team	Finals
Finals			
1 Smith, Mark	65	West Burling	34-06.50
2 Argotsinger, Steven	68	Council Bluf	28-02.00

Men 70-74 Shot Put

Name	Age	Team	Finals
Finals			
1 Barnett, Tom	72	Clarksville	29-02.00
2 Eastman, Greg	72	Des Moines	27-05.50

Men 80+ Shot Put

Name	Age	Team	Finals
Finals			
1 Manning, John	84	Cedar Falls	37-02.50
2 Welfring, Otto	86	Marshalltown	27-04.00

Men 19-24 Discus Throw

Name	Age	Team	Finals
Finals			
1 Plummer, James	24	Des Moines	171-03
2 Malchow, Cory	24	Pella	73-00

Men 25-29 Discus Throw

Name	Age	Team	Finals
Finals			
1 Koppy, Alex	26	Ames	99-03
2 White, Andre	25	Fayette	65-03

Men 30-34 Discus Throw

Name	Age	Team	Finals
Finals			
1 Breuer, Ryan	34	Ames	78-09

Men 35-39 Discus Throw

Name	Age	Team	Finals
Finals			
1 Smith, Joe	36	Ames	81-11

Men 40-44 Discus Throw

Name	Age	Team	Finals
Finals			
1 LaFleur, Benjamin	40	West Burling	112-08

Men 45-49 Discus Throw

Name	Age	Team	Finals
Finals			
1 Ebert, Alex	48	Pella	90-09
2 goedken, jason	46	Center Point	83-08
3 Grover, Tristan	49	Indianola	60-10

Men 50-54 Discus Throw

Name	Age	Team	Finals
Finals			
1 Bockenstedt, Brian	54	Center Point	51-07

Men 55-59 Discus Throw

Name	Age	Team	Finals
Finals			
1 Johanson, Doug	56	Johnston	115-09.50
2 Lehr, Dennis	59	Orion	86-05
3 Harvey, Matthew	56	Des Moines	72-00

Men 60-64 Discus Throw

Name	Age	Team	Finals
Finals			
1 Franzen, Jim	62	Denver	118-01.50
2 Schramm, Curt	60	Battle Creek	65-08
-- Harpole, Jim	60	Newhall	FOUL

Men 65-69 Discus Throw

Name	Age	Team	Finals
Finals			
1 Smith, Mark	65	West Burling	113-05.50
2 Argotsinger, Steven	68	Council Bluf	75-11

Men 70-74 Discus Throw

Name	Age	Team	Finals
Finals			
1 Eastman, Greg	72	Des Moines	75-00

Men 75-79 Discus Throw

Name	Age	Team	Finals
Finals			
1 Peterson, Ron	75	Waukee	73-09

Men 80+ Discus Throw

Name	Age	Team	Finals
Finals			
1 Welfring, Otto	86	Marshalltown	72-10