

2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA
Meet Program

Event 1 Women 19+ 1500 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Howardson, Sierra	W19	Danville	
2	Tenges, Nicole	W42	Indianola	
3	Allbaugh, Rachel	W42	Boone	
4	Koziczkowski, Lisa	W47	Indianola	
5	Kohut, Marian	W59	Cambridge	
6	Koppy, Greta	W26	Ames	
7	Hudson, Janet	W53	Maxwell	
8	Foote, Braidee	W34	Ames	
9	Wiley, Caitlin	W32	Ames	

Event 2 Men 19+ 1500 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Penningroth, Tom	M53	Urbandale	
2	Mahaney, James	M53	Mason City	
3	Kirkwood, Tom	M76	Dyersville	
4	Dorman, George	M69	Cedar Falls	
5	Hamm, Larry	M71	Des Moines	
6	Adair, Denny	M71	Osceola	
7	Ravenscroft, Alvin	M86	Ames	
8	Bockenstedt, Brian	M54	Center Point	
9	Fedirko, Yuri	M42	Des Moines	
10	Olson, Kimball	M58	Story City	
11	Keraus, Kyle	M39	Johnston	
12	Nelson, James	M45	Ames	
13	Wander, Kim	M58	West Burlington	
14	Davis, Randy	M63	Altoona	
15	Rothrock, Aaron	M40	Ankeny	
16	Harris, Larry	M57	Brighton	
17	Rogers, Ethan	M28	Ames	
18	Eckhoff, Neal	M19	Iowa City	

Event 3 Girls 18 & Under 1500 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Stanley, Emma	W10	Ames	
2	Garcia, Liberty	W10	Garner	
3	Tenges, Rylee	W10	Indianola	
4	Fitzgerald, Micah	W11	Johnston	
5	Pruitt, Rylie	W11	Urbandale	
6	Watts, Jaelyn	W11	Eldridge	
7	Roberts, Kira	W11	Clive	
8	Bockenstedt, Madison	W12	Center Point	
9	Turk, Marley	W13	Ames	
10	Helmets, Claire	W13	Ames	
11	Williams, Olivia	W13	Council Bluf	
12	Watts, Audrey	W13	Eldridge	
13	Baker, Kate	W13	Indianola	
14	Turk, Sydney	W14	Ames	
15	Hartley, Mayson	W14	Clarinda	
16	McCreeedy, Taylor	W16	Atlantic	
17	Hamblin, Olivia	W17	Cedar Falls	

Event 5 Boys 12 & Under 1500 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Newton, Drake	M7	keokuk	
2	Whitmire, Jax	M8	Polk City	
3	Taylor, Kameron	M8	Urbandale	
4	Thorpe, Isaac	M9	Ames	
5	Henderson, Jaxon	M9	Des Moines	
6	Borner, Tyler	M9	Indianola	
7	Briggs, Cooper	M9	Des Moines	
8	Helmets, Artie	M10	Ames	
9	Judisch, Cole	M10	Lake City	
10	Taylor, John	M10	Urbandale	
11	Newton, Caedon	M10	keokuk	
12	Garcia, Israel	M11	Garner	
13	Whitmire, Hudson	M11	Polk City	
14	Nesbit, William	M11	Ankeny	
15	Rieck, Levi	M11	Humboldt	
16	Scholten, Vance	M12	Ankeny	
17	Egeland, Gavin	M12	Nevada	
18	Squiers, Carson	M12	Gilbert	

Event 6 Boys 13-18 1500 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Warrick, Ean	M18	Ames	
2	Hatcher, Will	M15	Ames	
3	Donoho, Andrew	M15	Urbandale	
4	Silva, Brayan	M18	Postville	
5	Loutzenheiser, Ethan	M14	Madrid	
6	Kling, Steven	M14	Sioux City	
7	Dowd, Kile	M18	West Burlington	
8	Lueth, Lucas-Allan (Lucas)	M15	Ames	
9	Ott, Tayler	M17	Indianola	
10	Thoma, Jared	M17	La Porte Cit	

Event 7 Girls 11-12 100 Meter Hurdles

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
2	Leman, Georgia	11	West Burlington	
3	Graden, Taydem	12	Dayton	
4	Leman, Ruby	12	West Burlington	
5	Feldmann, Lauren	11	Ankeny	
6	TeBockhorst, Makenna	11	Oelwein	
7	smith, Charlotte	11	Bettendorf	

Event 8 Girls 13-14 100 Meter Hurdles

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
3	Alexander, Talia	14	Des Moines	
4	Nation, Sydney	14	Tripoli	
5	Graden, Brenlie	14	Dayton	

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Event 9 Girls 15+ 100 Meter Hurdles

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Wright, Cailyn	W16	Ankeny	
2	Dowd, Allison	W16	West Burlington	
3	Mattson, Noelani	W16	Cedar Falls	
4	Carney, Mackenzie	W15	Ames	
5	Neighbors, Kylee	W18	Brooklyn	
6	Graden, Rylee	W17	Dayton	
7	White, Abigail	W17	Centerville	
8	Drabek, Kiana	W17	Bondurant	

Section 2 of 2 Finals

4	Lausen, Natalie	W19	Estherville	
5	Thomsen, Paige	W40	Jefferson	

Event 10 Boys 11-14 100 Meter Hurdles

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

2	Long, Cody	M12	Boone	
3	Pederson, Cade	M13	Ankeny	
4	Feldmann, Nathan	M13	Ankeny	
5	Kelsick, Evan	M13	Elkhart	
6	Amina, Johny	M14	Lowden	
7	Rivera-Pillot, Erick	M14	Ames	

Event 12 Men 50+ 100 Meter Hurdles

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

3	Johnson, Randy	M71	Marshalltown	
5	Lehr, Dennis	M59	Orion	

Event 13 Boys 15-18 110 Meter Hurdles

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2	Rosendahl, Ethan	M15	Ankeny	
3	Hoffman, Carson	M16	Liscomb	
4	Brown, Nate	M16	West Burlington	
5	Sheridan, Noah	M15	Waterloo	
6	Myers, Jacob	M15	Akron	

Section 2 of 2 Finals

2	Reilly, Carson	M17	Cedar Falls	
3	Martin, Brice	M17	Jesup	
4	Keitges, Charles	M17	Ames	
5	Wyant, Gabriel	M18	Marshalltown	
6	Nation, Alex	M18	Tripoli	
7	Dowd, Kile	M18	West Burlington	

Event 14 Men 19-49 110 Meter Hurdles

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2	Eckhoff, Neal	M19	Iowa City	
3	Rampton, Grant	M21	Ames	
4	Malchow, Cory	M24	Pella	
5	Koppy, Alex	M26	Ames	
6	Kadolph, Jared	M28	Kamrar	

Section 2 of 2 Finals

2	Newborn, Carlos	M30	Urbandale	
3	Hopper, Andrew	M30	Grimes	
4	Phaydavong I, Scott	M35	Altoona	
5	Casillas, Nick	M35	Jesup	
6	Davie, Justin	M39	Fairbank	
7	Graden, Ryan	M40	Dayton	
8	Leman, Guy	M42	West Burlington	

Event 15 Girls 6 & Under 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

2	Werstein, Avryn	4	Ames	
3	Caves, Deya	5	Polk City	
4	Haluska, Tenley	5	Carroll	
5	Dunn, Ava	5	Clive	

Heat 2 of 2 Prelims

2	Gibbons, Ava	6	West Burlington	
3	Egeland, Kayley	6	Nevada	
4	Cole, Layla	6	Ankeny	
5	Jackson, Maecen	6	Ankeny	
6	Whitson, Baya	6	Indianola	
7	Reed, Kyla	6	Ankeny	

Event 16 Girls 7-8 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Backous, Piper	8	Nevada	
2	Edward, Kezia	8	Urbandale	
3	Johnson, Kendall	7	Ames	
4	Garcia, Destiny	8	Garner	
5	Swartzendruber, Mya	7	Cedar Falls	
6	Keller, Lucy	8	Indianola	
7	Clarke, Kamayleh	8	Des Moines	

Heat 2 of 4 Prelims

2	Dunn, Shy	7	Des Moines	
3	Morton, Sylvie	8	Hampton	
4	Coleman, Farrah	7	North Libert	
5	Bonnes, Kamryn	7	Indianola	
6	Ferguson, Cara	7	West Burlington	
7	Reed, Kinley	8	Ankeny	

Heat 3 of 4 Prelims

2	Smith, Alayjah	8	Ankeny	
3	Leman, Lucy	7	West Burlington	
4	Wey, Reagan	7	Johnston	
5	Naber, Hannah	8	Boone	
6	Davie, Pierson	7	Fairbank	
7	Weig, Harper	7	Nevada	

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Heat 4 of 4 Prelims...(Event 16 Girls 7-8 100 Meter Dash)

2	Whitson, Stella	8	Indianola
3	Curtis, Cameron	8	Indianola
4	Bonnes, Kacy	8	Indianola
5	Burns, Ashlyn	8	Adel
6	Willis, Kyla	7	Boone
7	Miller, Savery	8	Hampton

Event 17 Girls 9-10 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1	Kehoe, Lilah	10	Des Moines
2	Schmidt, Hannah	9	Clive
3	Baker, Isabella	9	West Burlington
4	Jackson, Teagan	10	Ankeny
5	Hicks, Oaklin	9	Ankeny
6	Oakley, Sabiya	10	Des Moines
7	Rash, Kayla	10	Ames
8	Gripp, Samantha	10	Indianola

Heat 2 of 2 Prelims

1	Smith, Mia	10	Des Moines
2	Whitson, Eden	9	Indianola
3	Graden, Paysen	9	Dayton
4	Johnson, Aylah	9	Clarinda
5	Erickson, Hadley	10	Indianola
6	Ernst, Kylie	9	Cedar Falls
7	TeBockhorst, Kiersten	9	Oelwein
8	Holz, Cora	10	Gilbert

Event 18 Girls 11-12 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

2	Graden, Taydem	12	Dayton
3	Nation, Megan	12	Tripoli
4	Harrison, Lauren	12	Waukee
5	Smith, Kylin	12	Ankeny
6	Fisher, Laila	12	Des Moines
7	Lorntson, Grace	11	Gilbert

Heat 2 of 3 Prelims

2	Leman, Ruby	12	West Burlington
3	Myers, Jacey	12	Akron
4	Jackson, McKenzie	11	Ankeny
5	Farwell, Mya	11	Waukee
6	Lewis, Deyana	12	Des Moines
7	Harvey, Hadley	12	Des Moines

Heat 3 of 3 Prelims

2	Schuchart, Eden	12	Ankeny
3	Gripp, Tessa	12	Indianola
4	Bird, Makenna	11	Madrid
5	Leman, Georgia	11	West Burlington
6	Willis, Makenna	11	Boone
7	Muth, Leah	11	Elkhart

Event 19 Girls 13-14 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1	Rathje, Meritt	13	Sabula
2	Graden, Brenlie	14	Dayton
3	Ernst, Melanie	13	Cedar Falls
4	Farrell, Claire	14	Norwalk
5	Backous, Mia	13	Nevada
6	Johannes, Keira	13	Johnston
7	Dwanyen, Winter	13	Des Moines

Heat 2 of 2 Prelims

1	Vande Krol, Josie	13	Urbandale
2	Wiener, Charlie	13	Sioux City
3	Rosendahl, Laila	13	West Burlington
4	Mahama, Elizabeth	13	Ankeny
5	Williams, Marissa	13	Red Oak
6	Kilburg, Maria	13	Preston
7	Scheuchl, Tahnee	13	Des Moines

Event 20 Girls 15-18 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

2	Wright, Cailyn	W16	Ankeny
3	Engels, Morgan	W15	Ames
4	Carney, Mackenzie	W15	Ames
5	LeClere, Aleksyia	W15	Cedar Falls
6	Habegger, Danelle	W16	La Crosse
7	Krome, Kimberlee	W15	Johnston

Heat 2 of 2 Prelims

3	Mulford, Ally	W17	Iowa City
4	Graden, Rylee	W17	Dayton
5	Cotton, Sarah	W18	Ida grove
6	Drabek, Kiana	W17	Bondurant

Event 21 Women 19+ 100 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2	Selander, Janna	W44	Council Bluf
3	Ernst, Laci	W42	Cedar Falls
4	Wey, Britta	W34	Johnston
5	Lausen, Natalie	W19	Estherville
6	Walvatne, Rachel	W20	Waverly

Section 2 of 2 Finals

1	Prucha, Rebeca	W45	Silver City
2	McConnell, Carole	W53	Ankeny
3	Riekema, Jacqueline	W54	West Burlington
4	Bergstrom, Vilma	W55	Urbandale
5	Hegstrom, Ann	W63	De Soto
6	Anderson, Deb	W68	Gilbert
7	Hynes, Jolene	W70	Ames

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Event 22 Boys 6 & Under 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
1	Ferguson, Tanner	4	West Burling	
2	Jackson, Kamden	4	Ankeny	
3	Caves, Dawson	4	Polk City	
4	Wright, Zamir	6	Des Moines	
5	McKinzey, Michael	6	Indianola	
6	Smith, Mason	6	Des Moines	
7	Schmidt, Luke	6	Clive	
Heat 2 of 2 Prelims				
1	Fisher, Alexander	4	Des Moines	
2	Wood, Clark	4	Waverly	
3	Pederson, Isaac	6	Polk City	
4	Hill, Bradyn	6	Ankeny	
5	Whitmire, Easton	5	Polk City	
6	Morton, Rocco	6	Hampton	
7	Pothast, Jackson	6	Urbandale	

Event 23 Boys 7-8 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1	Casillas, Alexi	8	Jesup	
2	Dwanyen, Joshua	8	Des Moines	
3	Clark, Ashton	7	keokuk	
4	Jackson, Taytum	7	Ankeny	
5	Casillas, Adrian	8	Jesup	
6	DeRocher, RJ	8	Onawa	
7	Kenney, Landon	8	Ankeny	
Heat 2 of 3 Prelims				
1	baker, William	7	West Burling	
2	Abbott, Dex	7	Ankeny	
3	Smith, Chase	7	Des Moines	
4	Gibbons, Jaxson	8	West Burling	
5	Tenges, Bentley	7	Indianola	
6	Weinschenk, Davis	7	West Burling	
7	Ernst, Brecker	7	Cedar Falls	
8	Chavis, Tavon	8	Des Moines	
Heat 3 of 3 Prelims				
1	Bedlako, Gabriel	8	Des Moines	
2	Havill, Jaxson	7	Clive	
3	Strader, Jadden	8	Ames	
4	McIntyre, Mikail	8	Boone	
5	Rothrock, Chase	7	Ankeny	
6	Snell, Ryder	7	Truro	
7	Lueth, Moses-Michael (Mose)	8	Ames	
8	Reyes Doan, Oscar	8	Des Moines	

Event 24 Boys 9-10 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims				
1	Ferguson, Blake	9	West Burling	
2	Hanfelt, Gavin	10	Ankeny	
3	Fischer, Grant	10	Nevada	
4	Abel, Henry	10	Cedar Falls	
5	Samms, Tighe	9	Cambridge	
6	Bradley, Royan	10	Des Moines	
7	Caves, Davis	9	Polk City	
Heat 2 of 4 Prelims				
1	Dwanyen, Isaiah	10	Des Moines	
2	Koziczowski, Nathaniel	10	Indianola	
3	Naber, Austin	10	Boone	
4	Slick-Driscoll, Dantavious	10	Tama	
5	Bartleman, JJ	10	Polk City	
6	Reed, Hayden	9	Ankeny	
7	Davie, Briley	9	Fairbank	
Heat 3 of 4 Prelims				
1	Barnett, Harlan	9	Clarksville	
2	Lewis, Deantron	9	Des Moines	
3	Weinschenk, Gavin	10	West Burling	
4	Judisch, Cole	10	Lake City	
5	Egeland, Trevor	9	Nevada	
6	Holz, Bennett	9	Gilbert	
7	Williams, Brayden	9	Rockwell	
Heat 4 of 4 Prelims				
1	Abbott, Evan	10	Ames	
2	Pederson, Abe	9	Polk City	
3	Long, Brady	10	Boone	
4	McIntyre, Maddox	10	Boone	
5	Phanfil, Mateo	10	Des Moines	
6	Leman, Warner	9	West Burling	
7	Cole, James	9	Ankeny	
8	Morton, Beau	10	Hampton	

Event 25 Boys 11-12 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
2	Pederson, Eli	11	Polk City	
3	Wey, Adam	11	Johnston	
4	Larson, Sawyer	12	Ames	
5	Hicks, Kingston	11	Ankeny	
6	Steinhoff, Jacob	12	Cherokee	
Heat 2 of 2 Prelims				
2	White, Parker	11	Ankeny	
3	Youngblood, Landon	11	Boone	
4	Hill, Tristan	12	Ankeny	
5	Kane, Stetson	12	Maxwell	
6	Schmidt, Henry	11	Clive	
7	Fischer, Owen	11	Nevada	

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Event 26 Boys 13-14 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
2	Friedow, Aiden	13	Belmond	
3	Pederson, Cade	13	Ankeny	
4	Sickerson, Tyler	13	Ankeny	
5	Fairchild, Logan	13	St. Charles	
6	Pierick, Daniel	14	Des Moines	
Heat 2 of 2 Prelims				
2	Bogan, Mason	13	Davenport	
3	Huether, Stockton	13	Ankeny	
4	Carlson, Rowan	14	Tripoli	
5	Rivera-Pillot, Erick	14	Ames	
6	Slick-Driscoll, Davion	13	Tama	
7	Franzenburg, Ryan	14	Ames	

Event 27 Boys 15-16 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
2	Rosendahl, Ethan	15	Ankeny	
3	Sickerson, Caleb	15	Ankeny	
4	Carlson, Liam	16	Tripoli	
5	Ernst, Carter	15	Cedar Falls	
6	Kistler, Dominik	15	Lake City	
Heat 2 of 2 Prelims				
2	Myers, Jacob	15	Akron	
3	Wiedman, Noel	15	Ankeny	
4	Hoffman, Carson	16	Liscomb	
5	Slick-Driscoll, Donovan	15	Tama	
6	Parks, Josiah	15	Boone	

Event 28 Boys 17-18 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
2	vega, miguel	18	Cedar Falls	
3	Stoos, Maxwell	17	Bettendorf	
4	Dean, Deonte'	17	Marshalltown	
5	Williams, Jaidyn	17	Cedar Falls	
6	Armstrong, Sam	17	Ames	
Heat 2 of 2 Prelims				
2	Walker, Kalen	18	Eddyville	
3	Fillipi, Adam	17	Anthon	
4	Hansen, Jayden	18	Jesup	
5	Thompson, Jaxon	18	Marion	
6	Hemer, Ben	18	Waverly	
7	Wyant, Gabriel	18	Marshalltown	

Event 29 Men 19+ 100 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 8 Finals				
2	Stoos, Jackson	M19	Bettendorf	
3	Weitzenkamp, Derek	M19	Jesup	
4	Winke, Drew	M19	Albia	
5	Omizu, Kota	M20	Ames	
6	Mbaye, Makhtar	M21	Moline	
7	Mohamed, Hassan A	M23	Norwalk	
Section 2 of 8 Finals				
3	White, Andre	M25	Fayette	
4	Hirano, Shoki	M28	Ames	
5	Kadolph, Jared	M28	Kamrar	
6	Porter, Keegan	M29	Colfax	
Section 3 of 8 Finals				
2	Wood, Kyle	M30	Waverly	
3	Thompson, Ronnie	M32	Ames	
4	clark, ryan	M32	keokuk	
5	Sama, Amara	M32	Des Moines	
6	Lueth, Ukelo	M33	Ames	
7	Hite, Erik	M33	Cedar Falls	
Section 4 of 8 Finals				
1	Phaydavong I, Scott	M35	Altoona	
2	Casillas, Nick	M35	Jesup	
3	Robinson, Michael	M39	Bettendorf	
4	McInerney, Nick	M40	Sioux City	
5	Graden, Ryan	M40	Dayton	
6	Ernst, Steve	M43	Cedar Falls	
7	Dodds, Tom	M43	Ankeny	
8	Bailey, Nathan	M44	Des Moines	
Section 5 of 8 Finals				
2	Nelson, James	M45	Ames	
3	Shadonix, William	M47	Wichita	
4	Sickerson, Nate	M47	Ankeny	
5	Habegger, Daniel	M47	La Crosse	
6	Goodrich, Tony	M48	West Burling	
Section 6 of 8 Finals				
1	Stoos, Jim	M50	Bettendorf	
2	Lilly, Troy	M51	Bondurant	
3	Chung, Curtis	M52	Coralville	
4	Willis, Michael	M52	Sigourney	
5	trussell, tom	M54	Traer	
6	Urbi, Gordon	M56	Cedar Falls	
7	Wander, Kim	M58	West Burling	
8	Saunders, Ed	M59	Coralville	
Section 7 of 8 Finals				
2	Olsgaard, David	M60	Indianola	
3	Harpole, Jim	M60	Newhall	
4	Penningroth, Mark	M61	Iowa City	
5	Allbee, Ralph	M61	Eldora	
6	Dahlstrom, Keith	M64	Cedar Falls	
7	Rainey, David	M65	Waterloo	

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1	Johnson, Randy	M71	Marshalltown
2	Schuh, Randy	M71	Des Moines
3	Adair, Denny	M71	Osceola
4	Whitcher, Wendell	M72	West Burlington
5	Peterson, Ron	M75	Waukee
6	eidahl, davis	M78	richland
7	Hoidahl, Rich	M78	Johnston

Event 30 Girls 6 & Under 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Egeland, Kayley	6	Nevada
2	Jackson, Maecen	6	Ankeny

Event 31 Girls 7-8 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Hite, Raven	7	Cedar Falls
2	Nesbit, Madison	8	Ankeny
3	Dirksen, Ione	7	Sergeant Blu
4	Smith, Jacqueline	7	Bettendorf
5	Keller, Lucy	8	Indianola
6	Weig, Harper	7	Nevada
7	Adamson, Molly	8	Ankeny
8	Werstein, Emersyn	7	Ames

Event 32 Girls 9-10 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Hitzhusen, Evelyn	10	Rockwell
2	Marquette, Kylie	9	Gilbert
3	Tenges, Rylee	10	Indianola
4	groteluschen, Harper	10	Cedar Falls
5	scheuchl, Summer	10	Des Moines
6	Kehoe, Lilah	10	Des Moines
7	Kelsick, Amelia	9	Elkhart

Section 2 of 2 Finals

1	Erickson, Hadley	10	Indianola
2	jackson, jaeden	9	Ankeny
3	Huether, Frankie	10	Ankeny
4	Garcia, Liberty	10	Garner
5	Grover, Madison	10	Indianola
6	Jackson, Teagan	10	Ankeny
7	McKinzey, Elizabeth	10	Indianola

Event 33 Girls 11-12 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Gripp, Tessa	12	Indianola
2	Nation, Megan	12	Tripoli
3	Twitty, Vanessa	11	Ankeny
4	Roberts, Kira	11	Clive
5	Fitzgerald, Micah	11	Johnston
6	Fisher, Laila	12	Des Moines

Section 2 of 2 Finals

1	Backous, Makayla	12	Colo
2	Pruitt, Rylie	11	Urbandale
3	Watts, Jaelyn	11	Eldridge
4	Wu, Grace	12	Ames
5	smith, Charlotte	11	Bettendorf
6	Bonnes, Kaitlyn	11	Indianola

Event 34 Girls 13-14 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Alexander, Talia	14	Des Moines
2	Judisch, Chloe	14	Lake City
3	Coleman, Amira	13	North Libert
4	Nation, Sydney	14	Tripoli
5	Hartley, Mayson	14	Clarinda
6	Kilburg, Maria	13	Preston
7	Rathje, Meritt	13	Sabula

Section 2 of 2 Finals

1	Pitkin, Laura	14	North Libert
2	Turk, Marley	13	Ames
3	Swartzendruber, Sidney	13	Cedar Falls
4	Farrell, Claire	14	Norwalk
5	Swartzendruber, Addison	13	Cedar Falls
6	Williams, Marissa	13	Red Oak
7	Watts, Audrey	13	Eldridge

Event 35 Women 15+ 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 3 Finals

2	LeClere, Aleksyia	W15	Cedar Falls
3	Williams, Lillia	W16	Council Bluf
4	Engels, Morgan	W15	Ames
5	Wright, Cailyn	W16	Ankeny
6	Tenges, Bree	W15	Indianola

Section 2 of 3 Finals

2	Doran, Holyn	W17	LeClaire
3	Hamblin, Olivia	W17	Cedar Falls
4	Cotton, Sarah	W18	Ida grove
5	Howardson, Sierra	W19	Danville

Section 3 of 3 Finals

1	Hegstrom, Ann	W63	De Soto
2	Hudson, Janet	W53	Maxwell
3	McConnell, Carole	W53	Ankeny
4	Wey, Britta	W34	Johnston
5	Cue, Natalie	W35	Des Moines
6	Werstein, Kira	W35	Ames

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Event 37 Boys 8 & Under 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Werstein, Griffin	M5	Ames	
2	Whitmire, Easton	M5	Polk City	
3	Ohorilko, Milo	M7	Altoona	
4	Clark, Ashton	M7	keokuk	
5	Jackson, Taytum	M7	Ankeny	
6	Newton, Drake	M7	keokuk	

Section 2 of 2 Finals

1	Weinschenk, Davis	M7	West Burlington	
2	Casillas, Alexi	M8	Jesup	
3	Casillas, Adrian	M8	Jesup	
4	Dwanyen, Joshua	M8	Des Moines	
5	Chavis, Tavon	M8	Des Moines	
6	Kennis, Gideon	M8	Ames	
7	Bedlako, Gabriel	M8	Des Moines	

Event 38 Boys 9-10 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Reed, Hayden	9	Ankeny	
2	Henderson, Jaxon	9	Des Moines	
3	Dirksen, Orion	9	Sergeant Blu	
4	Abbott, Evan	10	Ames	
5	Dwanyen, Isaiah	10	Des Moines	
6	Newton, Caedon	10	keokuk	
7	Egeland, Trevor	9	Nevada	

Section 2 of 2 Finals

1	Weinschenk, Gavin	10	West Burlington	
2	Taylor, John	10	Urbandale	
3	White, Leo	9	Centerville	
4	Bergkamp, Josh	10	Waukee	
5	Briggs, Cooper	9	Des Moines	
6	Judisch, Cole	10	Lake City	
7	Bradley, Royan	10	Des Moines	
8	Peterson, Kole	10	Stratford	

Event 39 Boys 11-12 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Cheese, Ben	11	Johnston	
2	Fischer, Owen	11	Nevada	
3	White, Parker	11	Ankeny	
4	Schmidt, Henry	11	Clive	
5	Nesbit, William	11	Ankeny	
6	Rieck, Levi	11	Humboldt	

Section 2 of 2 Finals

1	Hill, Tristan	12	Ankeny	
2	Lueth, Kolo-Immanuel (Mann	12	Ames	
3	Wey, Adam	11	Johnston	
4	Garcia, Israel	11	Garner	
5	Hicks, Kingston	11	Ankeny	
6	Whitmire, Hudson	11	Polk City	
7	Scholten, Vance	12	Ankeny	

Event 40 Boys 13-14 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Bogan, Mason	13	Davenport	
2	Kling, Steven	14	Sioux City	
3	Feldmann, Nathan	13	Ankeny	
4	Fairchild, Logan	13	St. Charles	
5	Carlson, Rowan	14	Tripoli	
6	Blakeslee, Bennett	14	Ankeny	
7	jackson, braeden	13	Ankeny	

Event 41 Boys 15-16 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Boblenz, Adam	15	Iowa City	
2	Parks, Josiah	15	Boone	
3	Slick-Driscoll, Donovan	15	Tama	
4	Doran, Max	15	LeClaire	
5	sheldahl, tyler	16	Des Moines	
6	Carlson, Liam	16	Tripoli	
7	Brown, Nate	16	West Burlington	
8	Sheridan, Noah	15	Waterloo	

Event 42 Boys 17-18 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

3	Keitges, Charles	17	Ames	
4	Silva, Brayan	18	Postville	
5	Martin, Brice	17	Jesup	
6	Thoma, Jared	17	La Porte Cit	

Section 2 of 2 Finals

2	Fillipi, Adam	17	Anthon	
3	Nation, Alex	18	Tripoli	
4	Jarabek, Dyer	18	West Burlington	
5	Thompson, Jaxon	18	Marion	
6	Hansen, Jayden	18	Jesup	
7	Stoos, Maxwell	17	Bettendorf	

Event 43 Men 19-39 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 3 Finals

2	Anderson, Elliott	M21	Urbandale	
3	Downing, Jacob	M20	Shell Rock	
4	Weitzenkamp, Derek	M19	Jesup	
5	Mbaye, Makhtar	M21	Moline	
6	Stoos, Jackson	M19	Bettendorf	

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Section 2 of 3 Finals...(Event 43 Men 19-39 400 Meter Dash)

1	Kadolph, Jared	M28	Kamrar
2	Porter, Keegan	M29	Colfax
3	Newborn, Carlos	M30	Urbandale
4	clark, ryan	M32	keokuk
5	Lueth, Ukelo	M33	Ames

Section 3 of 3 Finals

1	Casillas, Nick	M35	Jesup
2	Jackson, Patrick	M38	Ankeny
3	Jackson, Fred	M38	Ankeny
4	Davie, Justin	M39	Fairbank
5	Robinson, Michael	M39	Bettendorf
6	Keraus, Kyle	M39	Johnston

Event 44 Men 40+ 400 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 4 Finals

1	Fischer, Bill	M42	Nevada
2	Dodds, Tom	M43	Ankeny
3	Nelson, James	M45	Ames
4	Henrich, Troy	M41	Des Moines
5	Sickerson, Nate	M47	Ankeny
6	Goodrich, Tony	M48	West Burling
7	Hahn, Jason	M49	Des Moines
8	Dirksen, Mark	M49	Sergeant Blu

Section 2 of 4 Finals

2	Stoos, Jim	M50	Bettendorf
3	Willis, Michael	M52	Sigourney
4	Chung, Curtis	M52	Coralville
5	Billings, Edward	M55	Storm Lake
6	Harris, Larry	M57	Brighton
7	Wander, Kim	M58	West Burling

Section 3 of 4 Finals

1	McCalley, James	M60	Ames
2	Olsgaard, David	M60	Indianola
3	Dahlstrom, Keith	M64	Cedar Falls
4	Dorman, George	M69	Cedar Falls
5	Hamm, Larry	M71	Des Moines
6	Schuh, Randy	M71	Des Moines
7	Whitcher, Wendell	M72	West Burling

Section 4 of 4 Finals

1	Ravenscroft, Alvin	M86	Ames
2	Kirkwood, Tom	M76	Dyersville
3	eidahl, davis	M78	richland

Event 45 Girls 6 & Under 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Haluska, Teagan	2	Carroll
2	Newton, Kennedy	2	keokuk
3	LaFleur, Bella	4	Des Moines
4	Werstein, Avryn	4	Ames
5	Hanna, Lucy	5	West Burling
6	Haluska, Tenley	5	Carroll

Section 2 of 2 Finals

1	Dunn, Ava	5	Clive
2	Caves, Deya	5	Polk City
3	Cole, Layla	6	Ankeny
4	Hanfelt, Sloan	6	Ankeny
5	Whitson, Baya	6	Indianola
6	Gibbons, Ava	6	West Burling
7	Reed, Kyla	6	Ankeny

Event 46 Girls 7-8 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Willis, Kyla	7	Boone
2	Dunn, Shy	7	Des Moines
3	Swartzendruber, Mya	7	Cedar Falls
4	Hite, Raven	7	Cedar Falls
5	Johnson, Kendall	7	Ames
6	Ferguson, Cara	7	West Burling
7	Leman, Lucy	7	West Burling
8	Davie, Pierson	7	Fairbank

Section 2 of 2 Finals

1	Morton, Sylvie	8	Hampton
2	Reed, Kinley	8	Ankeny
3	Garcia, Destiny	8	Garner
4	Naber, Hannah	8	Boone
5	Miller, Savery	8	Hampton
6	Edward, Kezia	8	Urbandale
7	Clarke, Kamayleh	8	Des Moines
8	Smith, Alayjah	8	Ankeny

Event 47 Girls 9-10 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2	TeBockhorst, Kiersten	9	Oelwein
3	Ernst, Kylie	9	Cedar Falls
4	Schmidt, Hannah	9	Clive
5	Graden, Paysen	9	Dayton
6	Baker, Isabella	9	West Burling

Section 2 of 2 Finals

2	Hicks, Oaklin	9	Ankeny
3	Rash, Kayla	10	Ames
4	Litchfield, Rylee	10	Ankeny
5	Oakley, Sabiya	10	Des Moines
6	O'Meara, Catherine	10	Indianola
7	Smith, Mia	10	Des Moines

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Event 48 Boys 6 & Under 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 3 Finals

1	Wood, Clark	4	Waverly	
2	Fisher, Alexander	4	Des Moines	
3	Caves, Dawson	4	Polk City	
4	Jackson, Kamden	4	Ankeny	
5	Ferguson, Tanner	4	West Burling	
6	Whitmire, Easton	5	Polk City	
7	Phaydavong II, Scottie	5	Altoona	

Section 2 of 3 Finals

2	Morton, Rocco	6	Hampton	
3	Abrahamsen, Oliver	6	Winterset	
4	Wright, Zamir	6	Des Moines	
5	Pederson, Isaac	6	Polk City	
6	Schmidt, Luke	6	Clive	

Section 3 of 3 Finals

2	Smith, Mason	6	Des Moines	
3	Hill, Bradyn	6	Ankeny	
4	Pothast, Jackson	6	Urbandale	
5	Steenblock, Braylon	6	Grimes	
6	McKinzey, Michael	6	Indianola	

Event 49 Boys 7-8 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Ernst, Brecker	7	Cedar Falls	
2	Chesnut, Evan	7	Hamburg	
3	Havill, Jaxson	7	Clive	
4	LaFleur, Lincoln	7	Des Moines	
5	baker, William	7	West Burling	
6	Smith, Chase	7	Des Moines	
7	Abbott, Dex	7	Ankeny	
8	Snell, Ryder	7	Truro	

Section 2 of 2 Finals

1	Weinschenk, Davis	7	West Burling	
2	Bedlako, Gabriel	8	Des Moines	
3	Kennis, Gideon	8	Ames	
4	Strader, Jadden	8	Ames	
5	DeRocher, RJ	8	Onawa	
6	Reyes Doan, Oscar	8	Des Moines	
7	McIntyre, Mikail	8	Boone	
8	Lueth, Moses-Michael (Mose)	8	Ames	

Event 50 Boys 9-10 50 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Samms, Tighe	9	Cambridge	
2	Williams, Brayden	9	Rockwell	
3	Davie, Briley	9	Fairbank	
4	Lewis, Deantron	9	Des Moines	
5	Leman, Warner	9	West Burling	
6	Caves, Davis	9	Polk City	
7	Pederson, Abe	9	Polk City	

Section 2 of 2 Finals

1	Cole, James	9	Ankeny	
2	Slick-Driscoll, Dantavious	10	Tama	
3	McIntyre, Maddox	10	Boone	
4	Phanfil, Mateo	10	Des Moines	
5	Mgonja, Henry	10	Harlan	
6	Naber, Austin	10	Boone	
7	Bartleman, JJ	10	Polk City	

Event 52 Girls 12 & Under 800 Meter Run

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Egeland, Kayley	W6	Nevada	
2	Burns, Ashlyn	W8	Adel	
3	Adamson, Molly	W8	Ankeny	
4	Tenges, Rylee	W10	Indianola	
5	Stanley, Emma	W10	Ames	
6	Erickson, Hadley	W10	Indianola	
7	groteluschen, Harper	W10	Cedar Falls	
8	McKinzey, Elizabeth	W10	Indianola	
9	Garcia, Liberty	W10	Garner	
10	Fitzgerald, Micah	W11	Johnston	
11	Watts, Jaelyn	W11	Eldridge	
12	Runyan, Elizabeth	W11	Indianola	
13	Twitty, Vanessa	W11	Ankeny	
14	Wu, Grace	W12	Ames	
15	Bockenstedt, Madison	W12	Center Point	

Event 53 Girls 13-18 800 Meter Run

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Helmets, Claire	W13	Ames	
2	Turk, Marley	W13	Ames	
3	Swartzendruber, Sidney	W13	Cedar Falls	
4	Baker, Kate	W13	Indianola	
5	Watts, Audrey	W13	Eldridge	
6	Turk, Sydney	W14	Ames	
7	Hartley, Mayson	W14	Clarinda	
8	Nation, Sydney	W14	Tripoli	
9	Tenges, Bree	W15	Indianola	
10	Engels, Morgan	W15	Ames	
11	McCreedy, Taylor	W16	Atlantic	
12	Doran, Holyn	W17	LeClaire	
13	Hamblin, Olivia	W17	Cedar Falls	

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Event 54 Women 19+ 800 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Howardson, Sierra	W19	Danville	
2	Koppy, Greta	W26	Ames	
3	Wiley, Caitlin	W32	Ames	
4	Foote, Braidee	W34	Ames	
5	Cue, Natalie	W35	Des Moines	
6	Werstein, Kira	W35	Ames	
7	Tenges, Nicole	W42	Indianola	
8	Hudson, Janet	W53	Maxwell	
9	Kohut, Marian	W59	Cambridge	

Event 55 Boys 10 & Under 800 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Newton, Drake	M7	keokuk	
2	Ohorilko, Milo	M7	Altoona	
3	Whitmire, Jax	M8	Polk City	
4	Taylor, Kameron	M8	Urbandale	
5	Briggs, Cooper	M9	Des Moines	
6	Egeland, Trevor	M9	Nevada	
7	Thorpe, Isaac	M9	Ames	
8	Taylor, John	M10	Urbandale	
9	Weinschenk, Gavin	M10	West Burling	
10	Helmets, Artie	M10	Ames	
11	Newton, Caedon	M10	keokuk	
12	Peterson, Kole	M10	Stratford	

Event 57 Boys 11-14 800 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Whitmire, Hudson	M11	Polk City	
2	Garcia, Israel	M11	Garner	
3	Cheese, Ben	M11	Johnston	
4	Schmidt, Henry	M11	Clive	
5	Nesbit, William	M11	Ankeny	
6	Egeland, Gavin	M12	Nevada	
7	Scholten, Vance	M12	Ankeny	
8	Kelsick, Evan	M13	Elkhart	
9	Kling, Steven	M14	Sioux City	
10	Blakeslee, Bennett	M14	Ankeny	
11	Loutzenheiser, Ethan	M14	Madrid	

Event 58 Boys 15-29 800 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Doran, Max	M15	LeClaire	
2	Hatcher, Will	M15	Ames	
3	sheldahl, tyler	M16	Des Moines	
4	Ott, Tayler	M17	Indianola	
5	Thoma, Jared	M17	La Porte Cit	
6	Warrick, Ean	M18	Ames	
7	Fritz, Mason	M18	Lake City	
8	VanBaale, Seth	M18	Bondurant	
9	Rampton, Grant	M21	Ames	
10	Kadolph, Jared	M28	Kamrar	
11	Rogers, Ethan	M28	Ames	

Event 59 Men 30+ 800 Meter Run

Lane	Name	Age	Team	Seed Time
Section 1 of 1 Finals				
1	Keraus, Kyle	M39	Johnston	
2	Davie, Justin	M39	Fairbank	
3	Rothrock, Aaron	M40	Ankeny	
4	Hennigan, Gregg	M41	West Burling	
5	Nelson, James	M45	Ames	
6	Davison, Thomas	M51	Bettendorf	
7	Bockenstedt, Brian	M54	Center Point	
8	Billings, Edward	M55	Storm Lake	
9	Harris, Larry	M57	Brighton	
10	Olson, Kimball	M58	Story City	
11	Wander, Kim	M58	West Burling	
12	Baldwin, chris	M60	Independence	
13	Davis, Randy	M63	Altoona	
14	Dahlstrom, Keith	M64	Cedar Falls	
15	Dorman, George	M69	Cedar Falls	
16	Adair, Denny	M71	Osceola	
17	Hamm, Larry	M71	Des Moines	
18	Whitcher, Wendell	M72	West Burling	
19	Kirkwood, Tom	M76	Dyersville	
20	Ravenscroft, Alvin	M86	Ames	

Event 61 Girls 8 & Under 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 2 Finals				
1	Cole, Layla	W6	Ankeny	
2	Hite, Raven	W7	Cedar Falls	
3	Werstein, Emersyn	W7	Ames	
4	Dirksen, Ione	W7	Sergeant Blu	
5	Clarke, Kamayleh	W8	Des Moines	
6	Nesbit, Madison	W8	Ankeny	
7	Miller, Savery	W8	Hampton	

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Section 2 of 2 Finals...(Event 61 Girls 8 & Under 200 Meter Dash)

1	Backous, Piper	W8	Nevada
2	Bonnes, Kamryn	W7	Indianola
3	Bonnes, Kacy	W8	Indianola
4	Wey, Reagan	W7	Johnston
5	Coleman, Farrah	W7	North Libert
6	Burns, Ashlyn	W8	Adel
7	Whitson, Stella	W8	Indianola

Event 62 Girls 9-10 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Schmidt, Hannah	9	Clive
2	Kelsick, Amelia	9	Elkhart
3	Rash, Kayla	10	Ames
4	Kehoe, Lilah	10	Des Moines
5	Whitson, Eden	9	Indianola
6	Marquette, Kylie	9	Gilbert
7	Baker, Isabella	9	West Burling
8	Sibouih, Rania	10	Des Moines

Section 2 of 2 Finals

1	Oakley, Sabiya	10	Des Moines
2	Smith, Mia	10	Des Moines
3	jackson, jaeden	9	Ankeny
4	Jackson, Teagan	10	Ankeny
5	Johnson, Aylah	9	Clarinda
6	Hicks, Oaklin	9	Ankeny
7	Gripp, Samantha	10	Indianola

Event 63 Girls 11-12 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

1	Willis, Makenna	11	Boone
2	Runyan, Elizabeth	11	Indianola
3	Smith, Kylin	12	Ankeny
4	Backous, Makayla	12	Colo
5	Nation, Megan	12	Tripoli
6	Roberts, Kira	11	Clive
7	smith, Charlotte	11	Bettendorf
8	Farwell, Mya	11	Waukee

Section 2 of 2 Finals

1	Morton, Charlee	12	Hampton
2	Jackson, McKenzie	11	Ankeny
3	Feldmann, Lauren	11	Ankeny
4	Harrison, Lauren	12	Waukee
5	Myers, Jacey	12	Akron
6	Jackson, Kaelen	11	Ankeny
7	Schuchart, Eden	12	Ankeny
8	Gripp, Tessa	12	Indianola

Event 64 Girls 13-14 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 3 Finals

2	Rathje, Meritt	13	Sabula
3	Clemmons, Roxxi	13	Grimes
4	Wiener, Charlie	13	Sioux City
5	Vande Krol, Josie	13	Urbandale

Section 2 of 3 Finals

2	Alexander, Talia	14	Des Moines
3	Backous, Mia	13	Nevada
4	Rosendahl, Laila	13	West Burling
5	Kilburg, Maria	13	Preston
6	Williams, Olivia	13	Council Bluf

Section 3 of 3 Finals

1	Johannes, Keira	13	Johnston
2	Mahama, Elizabeth	13	Ankeny
3	Swartzendruber, Addison	13	Cedar Falls
4	Farrell, Claire	14	Norwalk
5	Coleman, Amira	13	North Libert
6	Judisch, Chloe	14	Lake City
7	Ernst, Melanie	13	Cedar Falls
8	Pitkin, Laura	14	North Libert

Event 65 Girls 15-18 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Drabek, Kiana	W17	Bondurant
2	Mulford, Ally	W17	Iowa City
3	Carney, Mackenzie	W15	Ames
4	Engels, Morgan	W15	Ames
5	Cotton, Sarah	W18	Ida grove
6	Williams, Lillia	W16	Council Bluf
7	Habegger, Danelle	W16	La Crosse
8	Krome, Kimberlee	W15	Johnston

Event 66 Women 19+ 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Lausen, Natalie	W19	Estherville
2	Wey, Britta	W34	Johnston
3	Werstein, Kira	W35	Ames
4	McConnell, Carole	W53	Ankeny
5	Bergstrom, Vilma	W55	Urbandale
6	Hegstrom, Ann	W63	De Soto
7	Hynes, Jolene	W70	Ames

Event 67 Boys 6 & Under 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 1 Finals

1	Fisher, Alexander	4	Des Moines
2	Werstein, Griffin	5	Ames
3	Smith, Mason	6	Des Moines

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Event 68 Boys 7-8 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 3 Finals				
2	Chesnut, Evan	7	Hamburg	
3	Snell, Ryder	7	Truro	
4	baker, William	7	West Burling	
5	Smith, Chase	7	Des Moines	
6	Kennis, Gideon	8	Ames	
Section 2 of 3 Finals				
2	Dwanyen, Joshua	8	Des Moines	
3	Reyes Doan, Oscar	8	Des Moines	
4	DeRocher, RJ	8	Onawa	
5	Lueth, Moses-Michael (Mose)	8	Ames	
6	Kenney, Landon	8	Ankeny	
7	Chavis, Tavon	8	Des Moines	
Section 3 of 3 Finals				
2	Rothrock, Chase	7	Ankeny	
3	Gibbons, Jaxson	8	West Burling	
4	Jackson, Taytum	7	Ankeny	
5	Litchfield, Garrett	7	Ankeny	
6	McIntyre, Mikail	8	Boone	
7	Tenges, Bentley	7	Indianola	

Event 69 Boys 9-10 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 3 Finals				
2	Caves, Davis	9	Polk City	
3	Williams, Brayden	9	Rockwell	
4	Thorpe, Isaac	9	Ames	
5	Lewis, Deantron	9	Des Moines	
6	Cole, James	9	Ankeny	
7	Dirksen, Orion	9	Sergeant Blu	
Section 2 of 3 Finals				
2	Koziczowski, Nathaniel	10	Indianola	
3	Fischer, Grant	10	Nevada	
4	Dwanyen, Isaiah	10	Des Moines	
5	Bradley, Royan	10	Des Moines	
6	Peterson, Kole	10	Stratford	
7	Abbott, Evan	10	Ames	
Section 3 of 3 Finals				
2	Long, Brady	10	Boone	
3	White, Leo	9	Centerville	
4	Abel, Henry	10	Cedar Falls	
5	Slick-Driscoll, Dantavious	10	Tama	
6	McIntyre, Maddox	10	Boone	
7	Ferguson, Blake	9	West Burling	

Event 70 Boys 11-12 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 2 Finals				
1	Steinhoff, Jacob	12	Cherokee	
2	Cheese, Ben	11	Johnston	
3	Pederson, Eli	11	Polk City	
4	White, Parker	11	Ankeny	
5	Fischer, Owen	11	Nevada	
6	Lueth, Kolo-Immanuel (Mann)	12	Ames	
7	Squiers, Carson	12	Gilbert	
Section 2 of 2 Finals				
1	Wey, Adam	11	Johnston	
2	Long, Cody	12	Boone	
3	McKay, Zachary	12	Ames	
4	Hill, Tristan	12	Ankeny	
5	Kane, Stetson	12	Maxwell	
6	Youngblood, Landon	11	Boone	
7	Hicks, Kingston	11	Ankeny	

Event 71 Boys 13-14 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 2 Finals				
2	Bogan, Mason	13	Davenport	
3	Feldmann, Nathan	13	Ankeny	
4	Slick-Driscoll, Davion	13	Tama	
5	Friedow, Aiden	13	Belmond	
Section 2 of 2 Finals				
2	jackson, braeden	13	Ankeny	
3	Carlson, Rowan	14	Tripoli	
4	Fairchild, Logan	13	St. Charles	
5	Sickerson, Tyler	13	Ankeny	
6	cross, caleb	14	Sioux City	

Event 72 Boys 15-16 200 Meter Dash

Lane	Name	Age	Team	Seed Time
Section 1 of 2 Finals				
2	Rosendahl, Ethan	15	Ankeny	
3	Brown, Nate	16	West Burling	
4	Parks, Josiah	15	Boone	
5	Boblenz, Adam	15	Iowa City	
6	Myers, Jacob	15	Akron	
Section 2 of 2 Finals				
2	Sickerson, Caleb	15	Ankeny	
3	Slick-Driscoll, Donovan	15	Tama	
4	Carlson, Liam	16	Tripoli	
5	sheldahl, tyler	16	Des Moines	
6	Ernst, Carter	15	Cedar Falls	
7	Wiedman, Noel	15	Ankeny	

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Event 74 Boys 17-18 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 2 Finals

2	Reilly, Carson	17	Cedar Falls	
3	Armstrong, Sam	17	Ames	
4	Keitges, Charles	17	Ames	
5	Nation, Alex	18	Tripoli	
6	Walker, Kalen	18	Eddyville	
7	vega, miguel	18	Cedar Falls	

Section 2 of 2 Finals

1	Silva, Brayan	18	Postville	
2	Hartman, Daniel	17	Eddyville	
3	Williams, Jaidyn	17	Cedar Falls	
4	Dean, Deonte'	17	Marshalltown	
5	Hansen, Jayden	18	Jesup	
6	Fillipi, Adam	17	Anthon	
7	Stoos, Maxwell	17	Bettendorf	

Event 75 Men 19+ 200 Meter Dash

Lane	Name	Age	Team	Seed Time
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Section 1 of 8 Finals

1	Eckhoff, Neal	M19	Iowa City	
2	Winke, Drew	M19	Albia	
3	Weitzenkamp, Derek	M19	Jesup	
4	Stoos, Jackson	M19	Bettendorf	
5	Downing, Jacob	M20	Shell Rock	
6	Anderson, Elliott	M21	Urbandale	
7	Mbaye, Makhtar	M21	Moline	

Section 2 of 8 Finals

2	Mohamed, Hassan A	M23	Norwalk	
3	Malchow, Cory	M24	Pella	
4	Hirano, Shoki	M28	Ames	
5	Porter, Keegan	M29	Colfax	

Section 3 of 8 Finals

1	Wood, Kyle	M30	Waverly	
2	Hopper, Andrew	M30	Grimes	
3	Newborn, Carlos	M30	Urbandale	
4	Sama, Amara	M32	Des Moines	
5	clark, ryan	M32	keokuk	
6	Hite, Erik	M33	Cedar Falls	
7	Lueth, Ukelo	M33	Ames	

Section 4 of 8 Finals

1	Jackson, Fred	M38	Ankeny	
2	Jackson, Patrick	M38	Ankeny	
3	Robinson, Michael	M39	Bettendorf	
4	McInerney, Nick	M40	Sioux City	
5	Henrich, Troy	M41	Des Moines	
6	Fischer, Bill	M42	Nevada	
7	Ernst, Steve	M43	Cedar Falls	

Section 5 of 8 Finals

1	Habegger, Daniel	M47	La Crosse	
2	Sickerson, Nate	M47	Ankeny	
3	Goodrich, Tony	M48	West Burlington	
4	Dirksen, Mark	M49	Sergeant Blu	
5	Stoos, Jim	M50	Bettendorf	
6	Lilly, Troy	M51	Bondurant	
7	Willis, Michael	M52	Sigourney	
8	trussell, tom	M54	Traer	

Section 6 of 8 Finals

2	Urbi, Gordon	M56	Cedar Falls	
3	Harris, Larry	M57	Brighton	
4	Saunders, Ed	M59	Coralville	

Section 7 of 8 Finals

1	Harpole, Jim	M60	Newhall	
2	Olsgaard, David	M60	Indianola	
3	Allbee, Ralph	M61	Eldora	
4	Penningroth, Mark	M61	Iowa City	
5	Ciavarelli, Alan	M62	Plymouth	
6	Dahlstrom, Keith	M64	Cedar Falls	

Section 8 of 8 Finals

1	Ravenscroft, Alvin	M86	Ames	
2	eidahl, davis	M78	richland	
3	Hoidahl, Rich	M78	Johnston	
4	Kirkwood, Tom	M76	Dyersville	
5	Whitcher, Wendell	M72	West Burlington	
6	Adair, Denny	M71	Osceola	
7	Schuh, Randy	M71	Des Moines	
8	Dorman, George	M69	Cedar Falls	

Event 77 Girls 18 & Under High Jump

Pos	Name	Age	Team	Seed Mark
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Flight 1 of 1 Finals

1	Smith, Jacqueline	W7	Bettendorf	
2	Stanley, Emma	W10	Ames	
3	Grover, Madison	W10	Indianola	
4	Holz, Cora	W10	Gilbert	
5	Hitzhusen, Evelyn	W10	Rockwell	
6	Huether, Frankie	W10	Ankeny	
7	Lorntson, Grace	W11	Gilbert	
8	TeBockhorst, Makenna	W11	Oelwein	
9	Bockenstedt, Madison	W12	Center Point	
10	Harvey, Hadley	W12	Des Moines	
11	Hanfelt, Reagan	W12	Ankeny	
12	Fisher, Laila	W12	Des Moines	
13	Swartzendruber, Sidney	W13	Cedar Falls	
14	Williams, Olivia	W13	Council Bluf	
15	Guilford, Gabby	W16	Monticello	
16	Patton, Rachel	W17	Story City	
17	White, Abigail	W17	Centerville	
18	Neighbors, Kylee	W18	Brooklyn	

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Event 78 Boys 18 & Under High Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	White, Leo	M9	Centerville	
2	Holz, Bennett	M9	Gilbert	
3	Koziczkowski, Nathaniel	M10	Indianola	
4	Bergkamp, Josh	M10	Waukee	
5	Rieck, Levi	M11	Humboldt	
6	Squiers, Carson	M12	Gilbert	
7	Larson, Sawyer	M12	Ames	
8	Huether, Stockton	M13	Ankeny	
9	cross, caleb	M14	Sioux City	
10	Rivera-Pillot, Erick	M14	Ames	
11	Pierick, Daniel	M14	Des Moines	
12	Amina, Johny	M14	Lowden	
13	Reilly, Carson	M17	Cedar Falls	
14	Thompson, Jaxon	M18	Marion	

Event 79 Women 19+ High Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Foote, Braidee	W34	Ames	
2	Allbaugh, Rachel	W42	Boone	

Event 80 Men 19+ High Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Swart, Eric	M20	Gilbert	
2	Rampton, Grant	M21	Ames	
3	White, Andre	M25	Fayette	
4	Sewell, Aaron	M30	West Burlington	
5	Newborn, Carlos	M30	Urbandale	
6	Hite, Erik	M33	Cedar Falls	
7	Phaydavong I, Scott	M35	Altoona	
8	Smith, Joe	M36	Ames	
9	Davie, Justin	M39	Fairbank	
10	McInerney, Nick	M40	Sioux City	
11	Brunkhorst, Joey	M40	Ankeny	
12	Dodds, Tom	M43	Ankeny	
13	Daugherty, Steve	M48	Ankeny	
14	trussell, tom	M54	Traer	
15	Bockenstedt, Brian	M54	Center Point	
16	Billings, Edward	M55	Storm Lake	
17	Harvey, Matthew	M56	Des Moines	
18	Roberts, Mark	M60	Cedar Falls	
19	Franzen, Jim	M62	Denver	
20	Davis, Randy	M63	Altoona	
21	Rainey, David	M65	Waterloo	
22	Johnson, Randy	M71	Marshalltown	
23	Peterson, Ron	M75	Waukee	
24	Hoidahl, Rich	M78	Johnston	

Event 81 Girls 6 & Under Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	LaFleur, Bella	4	Des Moines	
2	Werstein, Avryn	4	Ames	
3	Hanna, Lucy	5	West Burlington	
4	Haluska, Tenley	5	Carroll	
5	Dunn, Ava	5	Clive	
6	Jackson, Maecen	6	Ankeny	
7	Whitson, Baya	6	Indianola	

Event 82 Girls 7-8 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Adamson, Molly	8	Ankeny	
2	Backous, Piper	8	Nevada	
3	Bonnes, Kamryn	7	Indianola	
4	Curtis, Cameron	8	Indianola	
5	Davie, Pierson	7	Fairbank	
6	Dirksen, Ione	7	Sergeant Blu	
7	Dunn, Shy	7	Des Moines	
8	Ferguson, Cara	7	West Burlington	
9	Garcia, Destiny	8	Garner	
10	Keller, Lucy	8	Indianola	
11	Leman, Lucy	7	West Burlington	
12	Naber, Hannah	8	Boone	
13	Reed, Kinley	8	Ankeny	
14	Smith, Alayjah	8	Ankeny	
15	Smith, Jacqueline	7	Bettendorf	
16	Swartzendruber, Mya	7	Cedar Falls	
17	Weig, Harper	7	Nevada	
18	Werstein, Emersyn	7	Ames	
19	Wey, Reagan	7	Johnston	
20	Willis, Kyla	7	Boone	

Event 83 Girls 9-10 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Ernst, Kylie	9	Cedar Falls	
2	Graden, Paysen	9	Dayton	
3	Huether, Frankie	10	Ankeny	
4	Johnson, Aylah	9	Clarinda	
5	Kelsick, Amelia	9	Elkhart	
6	Litchfield, Rylee	10	Ankeny	
7	McKinzey, Elizabeth	10	Indianola	
8	O'Meara, Catherine	10	Indianola	
9	Ohorilko, Ivy	10	Altoona	
10	TeBockhorst, Kiersten	9	Oelwein	
11	jackson, jaeden	9	Ankeny	

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Event 84 Girls 11-12 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Backous, Makayla	12	Colo	
2	Bonnes, Kaitlyn	11	Indianola	
3	Farwell, Mya	11	Waukee	
4	Graden, Taydem	12	Dayton	
5	Harrison, Lauren	12	Waukee	
6	Harvey, Hadley	12	Des Moines	
7	Jackson, Kaelen	11	Ankeny	
8	Jackson, McKenzie	11	Ankeny	
9	Leman, Georgia	11	West Burlington	
10	Leman, Ruby	12	West Burlington	
11	Smith, Kylin	12	Ankeny	
12	TeBockhorst, Makenna	11	Oelwein	
13	Twitty, Vanessa	11	Ankeny	
14	Willis, Makenna	11	Boone	

Event 85 Girls 13-14 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Backous, Mia	13	Nevada	
2	Clemmons, Roxxi	13	Grimes	
3	Dwanyen, Winter	13	Des Moines	
4	Ernst, Melanie	13	Cedar Falls	
5	Graden, Brenlie	14	Dayton	
6	Johannes, Keira	13	Johnston	
7	Judisch, Chloe	14	Lake City	
8	Mahama, Elizabeth	13	Ankeny	
9	Pitkin, Laura	14	North Libert	
10	Rosendahl, Laila	13	West Burlington	
11	Swartzendruber, Addison	13	Cedar Falls	
12	Vande Krol, Josie	13	Urbandale	
13	Wiener, Charlie	13	Sioux City	
14	Williams, Marissa	13	Red Oak	

Event 87 Girls 15-18 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Krome, Kimberlee	W15	Johnston	
2	LeClere, Aleksyia	W15	Cedar Falls	
3	Tenges, Bree	W15	Indianola	
4	Carney, Mackenzie	W15	Ames	
5	Williams, Lillia	W16	Council Bluf	
6	Graden, Rylee	W17	Dayton	

Event 88 Women 19+ Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Lausen, Natalie	W19	Estherville	
2	Koppy, Greta	W26	Ames	
3	Wey, Britta	W34	Johnston	
4	LaFleur, Elizabeth	W40	West Burlington	
5	Allbaugh, Rachel	W42	Boone	
6	Ernst, Laci	W42	Cedar Falls	
7	Selander, Janna	W44	Council Bluf	
8	Riekema, Jacqueline	W54	West Burlington	
9	Bergstrom, Vilma	W55	Urbandale	
10	Hegstrom, Ann	W63	De Soto	
11	Anderson, Deb	W68	Gilbert	

Event 89 Boys 6 & Under Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Ferguson, Tanner	4	West Burlington	
2	Jackson, Kamden	4	Ankeny	
3	McKinzey, Michael	6	Indianola	
4	Pederson, Isaac	6	Polk City	
5	Pothast, Jackson	6	Urbandale	
6	Schmidt, Luke	6	Clive	
7	Steenblock, Braylon	6	Grimes	
8	Werstein, Griffin	5	Ames	
9	Wood, Clark	4	Waverly	

Event 90 Boys 7-8 Long Jump

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Casillas, Adrian	8	Jesup	
2	Casillas, Alexi	8	Jesup	
3	Chesnut, Evan	7	Hamburg	
4	Clark, Ashton	7	keokuk	
5	Ernst, Brecker	7	Cedar Falls	
6	Kenney, Landon	8	Ankeny	
7	LaFleur, Lincoln	7	Des Moines	
8	Litchfield, Garrett	7	Ankeny	
9	Rothrock, Chase	7	Ankeny	
10	Tenges, Bentley	7	Indianola	
11	Whitmire, Jax	8	Polk City	

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Event 91 Boys 9-10 Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Abel, Henry	10	Cedar Falls		
2	Barnett, Harlan	9	Clarksville		
3	Bartleman, JJ	10	Polk City		
4	Curtis, Aiden	10	Indianola		
5	Davie, Briley	9	Fairbank		
6	Dirksen, Orion	9	Sergeant Blu		
7	Ferguson, Blake	9	West Burlington		
8	Hanfelt, Gavin	10	Ankeny		
9	Helmets, Artie	10	Ames		
10	Henderson, Jaxon	9	Des Moines		
11	Leman, Warner	9	West Burlington		
12	Long, Brady	10	Boone		
13	Naber, Austin	10	Boone		
14	Pederson, Abe	9	Polk City		
15	Phanfil, Mateo	10	Des Moines		
16	Reed, Hayden	9	Ankeny		
17	Samms, Tighe	9	Cambridge		

Event 92 Boys 11-12 Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Kane, Stetson	12	Maxwell		
2	Larson, Sawyer	12	Ames		
3	Long, Cody	12	Boone		
4	Lueth, Kolo-Immanuel (Mann)	12	Ames		
5	Pederson, Eli	11	Polk City		
6	Steinhoff, Jacob	12	Cherokee		
7	Youngblood, Landon	11	Boone		

Event 93 Boys 13-14 Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Blakeslee, Bennett	14	Ankeny		
2	Franzenburg, Ryan	14	Ames		
3	Friedow, Aiden	13	Belmond		
4	Kelsick, Evan	13	Elkhart		
5	O'Meara, Joseph	13	Indianola		
6	Pederson, Cade	13	Ankeny		
7	Sickerson, Tyler	13	Ankeny		
8	cross, caleb	14	Sioux City		
9	jackson, braeden	13	Ankeny		

Event 95 Boys 15-18 Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Boblenz, Adam	M15	Iowa City		
2	Ernst, Carter	M15	Cedar Falls		
3	Hoffman, Carson	M16	Liscomb		
4	Hartman, Daniel	M17	Eddyville		
5	Ott, Tayler	M17	Indianola		
6	Williams, Jaidyn	M17	Cedar Falls		
7	Bell, Carter	M18	Cedar Falls		
8	Walker, Kalen	M18	Eddyville		
9	Wyant, Gabriel	M18	Marshalltown		
10	vega, miguel	M18	Cedar Falls		

Event 96 Men 19+ Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Eckhoff, Neal	M19	Iowa City		
2	Omizu, Kota	M20	Ames		
3	Malchow, Cory	M24	Pella		
4	White, Andre	M25	Fayette		
5	Koppy, Alex	M26	Ames		
6	Sewell, Aaron	M30	West Burlington		
7	Hopper, Andrew	M30	Grimes		
8	Sama, Amara	M32	Des Moines		
9	Lueth, Ukelo	M33	Ames		
10	Phaydavong I, Scott	M35	Altoona		
11	Casillas, Nick	M35	Jesup		
12	Jackson, Patrick	M38	Ankeny		
13	Jackson, Fred	M38	Ankeny		
15	McInerney, Nick	M40	Sioux City		
16	Rothrock, Aaron	M40	Ankeny		
17	Graden, Ryan	M40	Dayton		
18	Leman, Guy	M42	West Burlington		
19	Ernst, Steve	M43	Cedar Falls		
20	Dodds, Tom	M43	Ankeny		
21	Goodrich, Tony	M48	West Burlington		
22	Daugherty, Steve	M48	Ankeny		
23	Billings, Edward	M55	Storm Lake		
24	Harvey, Matthew	M56	Des Moines		
25	Lehr, Dennis	M59	Orion		
26	Olsgaard, David	M60	Indianola		
27	Franzen, Jim	M62	Denver		
28	Davis, Randy	M63	Altoona		
29	Rainey, David	M65	Waterloo		
30	Johnson, Randy	M71	Marshalltown		
31	Eastman, Greg	M72	Des Moines		
32	Peterson, Ron	M75	Waukee		
33	Hoidahl, Rich	M78	Johnston		

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Event 98 Girls 10 & Under Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	La Mar, Katherine	W4	Ames		
2	Coleman, Farrah	W7	North Libert		
3	Curtis, Cameron	W8	Indianola		
4	Whitson, Stella	W8	Indianola		
5	Bonnes, Kacy	W8	Indianola		
6	Morton, Sylvie	W8	Hampton		
7	Nesbit, Madison	W8	Ankeny		
8	LaMar, Jennifer	W9	Ames		
9	Whitson, Eden	W9	Indianola		
10	O'Meara, Catherine	W10	Indianola		
11	Ohorilko, Ivy	W10	Altoona		
12	Litchfield, Rylee	W10	Ankeny		
13	Gripp, Samantha	W10	Indianola		
14	Sibouih, Rania	W10	Des Moines		

Event 100 Girls 11-14 Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Bird, Makenna	W11	Madrid		
2	Bonnes, Kaitlyn	W11	Indianola		
3	Jackson, Kaelen	W11	Ankeny		
4	Muth, Leah	W11	Elkhart		
5	Runyan, Elizabeth	W11	Indianola		
6	Travis, Lauren	W11	Spirit Lake		
7	Morton, Charlee	W12	Hampton		
8	Lewis, Deyana	W12	Des Moines		
9	Brown, Madi	W13	West Burling		
10	Runyan, Victoria	W13	Indianola		
11	Travis, Fran	W13	Spirit Lake		
12	Clemmons, Roxxi	W13	Grimes		

Event 102 Girls 15-18 Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Imhoff, Sarah	W15	Ames		
2	Boehm, Abby	W16	elgin		
3	Lester, Kyra	W16	Mitchellvill		
4	Behrens, Mariah	W17	Lowden		
5	Gammon, Kaitlyn	W18	Cedar Falls		

Event 103 Women 19+ Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Coil, Joli	W37	Ames		
2	Duffy, Bridgitte	W38	Cedar Falls		
3	LaFleur, Elizabeth	W40	West Burling		
4	Riekena, Jacqueline	W54	West Burling		
5	Rowe, Linda	W67	Bloomfield		
6	Anderson, Deb	W68	Gilbert		

Event 105 Boys 8 & Under Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Morton, Rocco	M6	Hampton		
2	Litchfield, Garrett	M7	Ankeny		
3	Ohorilko, Milo	M7	Altoona		
4	Strader, Jadden	M8	Ames		
5	Taylor, Kameron	M8	Urbandale		

Event 107 Boys 9-12 Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Barnett, Harlan	M9	Clarksville		
2	Morton, Beau	M10	Hampton		
3	Marsh, Adam	M10	Palmer		
4	Bergkamp, Josh	M10	Waukee		
5	Curtis, Aiden	M10	Indianola		
6	Barnett, Tommy	M11	Clarksville		
7	McInerney, Carson	M12	Sioux City		
8	Barnett, Dawson	M12	Plainfield		

Event 110 Boys 13-18 Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Engebretson, Luke	M13	Polk City		
2	Harrison, Sean	M13	Waukee		
3	O'Meara, Joseph	M13	Indianola		
4	Reichter, Blake	M14	Hawkeye		
5	Wiedman, Noel	M15	Ankeny		
6	Greenlee, Jacob	M15	Humeston		
7	Christensen, Abraham	M15	Ogden		
8	Doran, Max	M15	LeClaire		
9	Sickerson, Caleb	M15	Ankeny		
10	Dutcher, Bryant	M16	Dayton		
11	Wherry, Joshua	M17	Cedar Falls		
12	Buhr, Shawn	M18	Anamosa		
13	Roetman, Isaac	M18	Ames		
14	Baier, Jacob	M18	Polk City		

2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA
Meet Program

Event 111 Men 19+ Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Koppy, Alex	M26	Ames		
2	Porter, Keegan	M29	Colfax		
3	Sewell, Aaron	M30	West Burling		
4	clark, ryan	M32	keokuk		
5	McCain, Dan	M35	West Burling		
6	Barnett, Phil	M36	Clarksville		
7	Smith, Joe	M36	Ames		
8	LaFleur, Benjamin	M40	West Burling		
9	trussell, tom	M54	Traer		
10	goedken, jason	M46	Center Point		
11	Barnett, Greg	M47	Plainfield		
12	Grover, Tristan	M49	Indianola		
13	Johanson, Doug	M56	Johnston		
14	Harvey, Matthew	M56	Des Moines		
15	Lehr, Dennis	M59	Orion		
16	Harpole, Jim	M60	Newhall		
17	Schramm, Curt	M60	Battle Creek		
18	Franzen, Jim	M62	Denver		
19	Smith, Mark	M65	West Burling		
20	Argotsinger, Steven	M68	Council Bluf		
21	Eastman, Greg	M72	Des Moines		
22	Barnett, Tom	M72	Clarksville		
23	Manning, John	M84	Cedar Falls		
24	Welfring, Otto	M86	Marshalltown		

Event 114 Girls 18 & Under Discus Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	La Mar, Katherine	W4	Ames		
2	LaMar, Jennifer	W9	Ames		
3	Grover, Madison	W10	Indianola		
4	Ohorilko, Ivy	W10	Altoona		
5	Sibouih, Rania	W10	Des Moines		
6	Feldmann, Lauren	W11	Ankeny		
7	Travis, Lauren	W11	Spirit Lake		
8	Muth, Leah	W11	Elkhart		
9	Morton, Charlee	W12	Hampton		
10	Lewis, Deyana	W12	Des Moines		
11	Brown, Madi	W13	West Burling		
12	Runyan, Victoria	W13	Indianola		
13	Travis, Fran	W13	Spirit Lake		
14	Imhoff, Sarah	W15	Ames		
15	Lester, Kyra	W16	Mitchellvill		
16	Boehm, Abby	W16	elgin		
17	Gammon, Kaitlyn	W18	Cedar Falls		

Event 117 Women 19+ Discus Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Streit, Gillian	W21	Manilla		
2	Koppy, Greta	W26	Ames		
3	Wiley, Caitlin	W32	Ames		
4	Foote, Braidee	W34	Ames		
5	Coil, Joli	W37	Ames		
6	Duffy, Bridgitte	W38	Cedar Falls		
7	LaFleur, Elizabeth	W40	West Burling		
8	Allbaugh, Rachel	W42	Boone		
9	Riekema, Jacqueline	W54	West Burling		
10	Bergstrom, Vilma	W55	Urbandale		
11	Rowe, Linda	W67	Bloomfield		
12	Anderson, Deb	W68	Gilbert		

Event 123 Boys 18 & Under Discus Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Marsh, Adam	M10	Palmer		
2	Curtis, Aiden	M10	Indianola		
3	Morton, Beau	M10	Hampton		
4	Barnett, Tommy	M11	Clarksville		
5	McInerney, Carson	M12	Sioux City		
6	Harrison, Sean	M13	Waukee		
7	Huether, Stockton	M13	Ankeny		
8	O'Meara, Joseph	M13	Indianola		
9	Reichter, Blake	M14	Hawkeye		
10	Christensen, Abraham	M15	Ogden		
11	Baier, Jacob	M18	Polk City		
12	Buhr, Shawn	M18	Anamosa		
13	Roetman, Isaac	M18	Ames		

2019 IOWA GAMES TRACK AND FIELD MEET
IOWA STATE UNIVERSITY * AMES, IOWA
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Event 124 Men 19+ Discus Throw

Pos	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals				
1	Malchow, Cory	M24	Pella	
2	Plummer, James	M24	Des Moines	
3	White, Andre	M25	Fayette	
4	Koppy, Alex	M26	Ames	
5	Breuer, Ryan	M34	Ames	
6	McCain, Dan	M35	West Burling	
7	Smith, Joe	M36	Ames	
8	LaFleur, Benjamin	M40	West Burling	
9	goedken, jason	M46	Center Point	
10	Ebert, Alex	M48	Pella	
11	Grover, Tristan	M49	Indianola	
12	Bockenstedt, Brian	M54	Center Point	
13	Harvey, Matthew	M56	Des Moines	
14	Johanson, Doug	M56	Johnston	
15	Lehr, Dennis	M59	Orion	
16	Harpole, Jim	M60	Newhall	
17	Schramm, Curt	M60	Battle Creek	
18	Franzen, Jim	M62	Denver	
19	Smith, Mark	M65	West Burling	
20	Argotsinger, Steven	M68	Council Bluf	
21	Eastman, Greg	M72	Des Moines	
22	Peterson, Ron	M75	Waukee	
23	Welfring, Otto	M86	Marshalltown	