



PRESENTED BY



BASKETBALL SHOOTING

SHOOTOUT

Shoot for the highest score from various spots on the court within a time limit based on age: Younger than 30 – 1 minute; Age 30 & Over – 1 minute 30 seconds.

Rules

1. A player may start at any spot
2. A player must have one foot completely inside the spot when the shot is taken. No points will be scored on that shot if violated.
3. A player must get his or her own rebound. If the shot is made, they can run to the next spot. If the shot is missed, they must dribble to the next spot. If a player misses a shot and does not dribble to the next spot, the basket from the next spot will not count.
4. If the ball goes out of bounds, the clock will be stopped while the ball is retrieved.
5. When the player steps inbounds, the clock will start again. The dribble rule applies.
6. Shots may be taken in any order.

Results

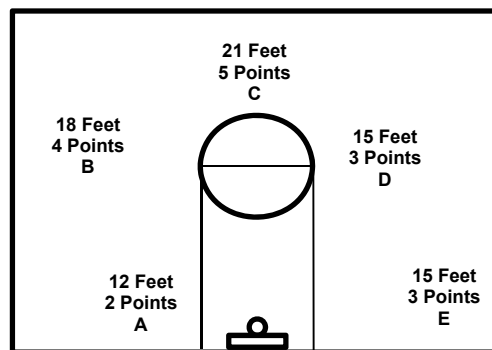
Results will be determined from a combined score from the two (2) rounds. Ties will be settled by a one round shoot off.

Shooting Spot/Width Distance

Spots are 2 feet in diameter. The distance is measured from the point on the court directly beneath the center of the basket to the center of each spot.

Scoring System

Layup (Only 2 Scores Allowed)	=	2 points
Spot A – Right Baseline	=	2 points
Spot B – Right Elbow Extended	=	4 points
Spot C – Top of Key	=	5 points
Spot D – Left Elbow Extended	=	3 points
Spot E – Left Baseline	=	3 points
Attempting 1 shot from all 5 spots	=	5 points



Girls 12 & under and Boys 10 & under will be 4 feet closer to the basket at each spot. Girls 13-14 and Boys 11-12 will be 2 feet closer to the basket at each spot. Male and Female 70 & over will be 4 feet closer to the basket at each spot.

FREE THROW

Two (2) rounds of 15 free throws from standard distance. Girls and Boys 10 & Under will shoot from 10 feet.

Results

Results will be determined by a combined score from both rounds. Ties will be broken with a 'sudden-death' shoot off of 15 more free throws.

