



CYCLING ROAD RACE

Road Race Information

Start at the Boone and Scenic Valley Railroad Station, 225 10th St., Boone. This is an OPEN course, meaning racers must share the road with vehicles. Registration will start at 7:00 am. The course will cover approximately 26 miles per lap. No follow vehicles and support vehicles. Riders violating this rule will be disqualified and possibly banned from future Iowa Games road races. No neutral water will be supplied. No aero bars will be permitted. There will be a wheel/official's vehicle following behind the peloton - wheels-in/wheels-out. **The center-line rule will be strictly enforced. Officials will disqualify riders who violate any of these rules.** These rules are for the safety of the riders and other vehicles sharing the road.

Road Race Distance

Riders will complete 1-lap of approximately 26-miles. The course includes several challenging climbs.

Road Race Start Times

Road Race will start at 8:30 am.

GENERAL CYCLING ROAD RACE INFORMATION

Categories

Race categories can consist of individual and tandems. Tandem teams may be 2 male, 2 female or 2 person coed. A team's age will be determined by the average of the 2 riders' ages, and teams will compete within designated age categories in the Road Race. Tandem teams must complete Individual Entry Forms or register online and indicate who their partner will be. Each member of a tandem team must complete an entry form and pay the entry fee.

General Information

Road Race numbers will only be available the day of the race at the competition site. Race numbers are NOT available in Ames. **Road Race** participants will receive their t-shirts and athlete packets during check-in. **RIDERS NEED TO BRING THEIR OWN WATER AND NUTRITION.**

Entry Fee

The entry fee will enable the athlete to enter the road race. *(For an additional fee of \$5 per event (\$15 for all three) athletes can compete in the gravel bike race, mountain biking and/or time trial)* The athlete MUST pre-register for all events in order to compete for these fees, otherwise they must purchase entry at the on-site registration fee. Please list all event codes on one entry form to speed the entry process.

CYCLING ROAD RACE RULES

Race Rules

The Iowa Games cycling events are not sanctioned by USA Cycling; however, the rules of the USA Cycling governing bodies (USCF and NORBA) will generally apply. See www.USACycling.org for detailed rules.

The major rules to be aware of include. These rules are for the safety of the riders and other vehicles sharing the road.

- Helmets must be worn during all races.
- No aero bars will be permitted in the road race.

- Intentionally crossing the center-line of the road (solid or spatial) to gain tactical or other advantage will likely result in disqualification.
- Riders who are deemed to be riding in an unsafe manner (veering, not holding their line, etc) will be warned and possibly told to withdraw.
- Riders and teams who cannot complete the first lap within 90 minutes or two laps within 3.5 hours may be told to withdraw.
- There will be no junior gear limits.
- Any type of cycling clothing is acceptable.
- No feeding for the 1-lap riders.
- No motorized assistance allowed during the road race to regain position with the peloton after a flat or mishap. Racers may be assisted/paced by other riders. No support vehicles during the road race except for the official race support vehicles. "Wheels-in/wheels-out", meaning you must put wheels in the support truck to receive a replacement wheel (team designated wheels are okay). The support trucks will typically stay behind the largest group of riders (peloton). Any protests related to finish position, rider conduct, disqualification, or other issues must be made by the rider at the race venue prior to the award ceremony.