

2005 SUMMER GAMES
CROSS COUNTRY

Event	Place	Athlete	City
4K 15 & UNDER - F	1	LAURA SIGMUND	STANHOPE
	2	SIERRA WELTHA	story city
	3	BROOKE WINTERFELD	Ogden
4K 16-18 - F	1	CASSI SOKOL	URBANDALE
	2	ASHLEY ROSENER	LE MARS
	3	SARA SLATER	DENISON
4K 19-24 - F	1	MOLLY FISHER	Ottumwa
	2	JENNIFER LOW	Mason City
4K 25-29 - F	1	ERIN PEDERSON	AMES
4K 35-39 - F	1	SUZANNE WONG	ANKENY
4K 40-44 - F	1	LORI MCQUISTON	Maxwell
	2	JESSICA ROSENER	LE MARS
	3	JUDI VANDYKE	ANKENY
4K 45-49 - F	1	JANEAN GRIFFITH	PANORA
	2	VALERIE HAMMOND	GRINNELL
4K 15 & UNDER - M	1	CHASE ATKINSON	Cedar Rapids
	2	JESSE COTTRELL	VINTON
	3	RYAN MCMAHON	ALGONA
4K 16-18 - M	1	ANDREW DAU	PRIMGHAR
	2	NATHANIEL BEHNING	AMES
4K 19-24 - M	1	MATT BERNDT	NEWTON
	2	TIM HAMMOND	GRINNELL
4K 25-29 - M	1	KOURTNEY MILLER	AMES
4K 30-34 - M	1	SCOTT SITZMAN	AMES
4K 35-39 - M	1	DAN MATTINGLY	BOONE
	2	STEVEN LONERGAN	AMES
4K 40-44 - M	1	DAN ROSENER	LE MARS
	2	BOB ROSENER	VAIL
	3	MONTE PRISKE	ELDORA
4K 45-49 - M	1	MICHAEL WELTHA	story city
4K 50-54 - M	1	JOSEPH HAYNES	AMES
	2	STEVE SLATER	DENISON
4K 55-59 - M	1	JOHN BARTELLO	NEWTON

	2 GEORGE HAFKEY	GRINNELL
4K 60-64 - M	1 PAUL GRYTE	AMES
4K 65 & OVER - M	1 ALVIN RAVENSCROFT	AMES
8K 19-24 - F	1 CARLIE FITZGERALD	ANKENY
8K 25-29 - F	1 KRISTEN WILCOX	MADRID
8K 35-39 - F	1 SUZANNE WONG	ANKENY
8K 40-44 - F	1 JEAN DIRKS 2 LORI MCQUISTON	AMES Maxwell
8K 15 & UNDER - M	1 ERIK SCHWICHTENBERG 2 KYLE SELSOR 3 WESLEY MEYER	CLEAR LAKE Winterset Vinton
8K 16-18 - M	1 KORY UHL 2 ROBERT ALEXANDER 3 KELLY SCHROEDER	PROLE Jefferson Paullina
8K 19-24 - M	1 NATHAN HOPP 2 MATT BERNDT 3 RYAN KOBLISKA	WEST AMANA NEWTON IOWA CITY
8K 30-34 - M	1 SCOTT SITZMAN 2 JIM RYKEN 3 RICHARD BANGMA	AMES AMES Pella
8K 35-39 - M	1 DAN MATTINGLY 2 JEFFREY MURRA	BOONE THOMPSON
8K 40-44 - M	1 BOB ROSENER 2 SEAN CORDES 3 HOBART BEEFHLY	VAIL AMES AMES
8K 45-49 - M	1 CRAIG HILDRETH	LYTTON
8K 50-54 - M	1 JOSEPH HAYNES 2 AL JERGENS 3 GALEN WILKE	AMES AMES AMES
8K 55-59 - M	1 ROGER HEINLE	WHITING