

2005 SUMMER GAMES
TRACK AND FIELD-YOUTH
Event

| Event | Place | Athlete | City |
|-------------------------|-------|----------------------|---------------|
| 100 METER 6 AND UNDER-F | 1 | JOURDAN-ASHLE BARNES | Ames |
| | 2 | TIA PITCHPATRIC | DES MOINES |
| | 3 | KRISTIN HUNKE | Shenandoah |
| | 4 | MCKENNA COX | DES MOINES |
| | 5 | HANNA SAVILLE | CEDAR RAPIDS |
| | 6 | EMILY WOLF | FORT MADISON |
| | 7 | ALLISON YUSKA | TOLEDO |
| | 8 | LAUREN YUSKA | TOLEDO |
| 200 METER 6 AND UNDER-F | 1 | TIA PITCHPATRIC | DES MOINES |
| | 2 | JOURDAN-ASHLE BARNES | Ames |
| | 3 | MYAH GUERRERO | Spencer |
| | 4 | EMILY WOLF | FORT MADISON |
| | 5 | TAYLOR MCDONALD | Boone |
| | 6 | RACHEL JUNCK | Ames |
| 400 METER 6 AND UNDER-F | 1 | TIA PITCHPATRIC | DES MOINES |
| | 2 | JOURDAN-ASHLE BARNES | Ames |
| | 3 | MYAH GUERRERO | Spencer |
| | 4 | EMILY WOLF | FORT MADISON |
| | 5 | LAUREN YUSKA | TOLEDO |
| | 6 | CHARITY CAMERON | DES MOINES |
| | 7 | ALLISON YUSKA | TOLEDO |
| | 8 | TAYLOR JUNCK | Ames |
| 800 METER 6 AND UNDER-F | 1 | EMILY WOLF | FORT MADISON |
| | 2 | MYAH GUERRERO | Spencer |
| | 3 | TAYLOR JUNCK | Ames |
| LONG JUMP 6 AND UNDER-F | 1 | JOURDAN-ASHLE BARNES | Ames |
| | 2 | KRISTIN HUNKE | Shenandoah |
| | 3 | MYAH GUERRERO | Spencer |
| | 4 | TAYLOR MCDONALD | Boone |
| | 5 | RACHEL JUNCK | Ames |
| | 6 | HANNA SAVILLE | CEDAR RAPIDS |
| | 7 | TEYLOR ANDERSON | Rockwell City |
| | 8 | TAYLOR JUNCK | Ames |
| | 9 | JULIA WHITE | Ames |
| HIGH JUMP 6 AND UNDER-F | 1 | LAUREN YUSKA | TOLEDO |
| | 2 | ALLISON YUSKA | TOLEDO |
| SHOT PUT 6 AND UNDER-F | 1 | JULIA WHITE | Ames |
| | 2 | RACHEL JUNCK | Ames |
| | 3 | TAYLOR JUNCK | Ames |
| DISCUS 6 AND UNDER-F | 1 | JULIA WHITE | Ames |
| | 2 | KRISTIN HUNKE | Shenandoah |

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| 100 METER 7-8-F | 1 TEANNA LEWIS 2 HAZEL CREW 3 MACKENZIE BREES 4 MADELINE SAVILLE 5 ALICIA HARRINGTON 6 SUMMER HARDY 7 AVERY SHEEHAN | DES MOINES WEST BRANCH URBANDALE CEDAR RAPIDS Cedar Falls Waterloo Cedar Falls |
| 200 METER 7-8 - F | 1 MADELINE SAVILLE 2 TEANNA LEWIS 3 ALICIA HARRINGTON 4 SUMMER HARDY 5 JHADA JONES 6 AVERY SHEEHAN 7 TABITHA STEFFENSEN 8 CIARA NORRIS 9 LEXIE BEHR 10 NATALIE STADLER 11 CANDACE CAMERON | CEDAR RAPIDS DES MOINES Cedar Falls Waterloo WEST DES MOINES Cedar Falls Marshalltown AMES Rockwell CHELSEA DES MOINES |
| 400 METER 7-8 - F | 1 ROICHELLE MARBLE 2 MACKENZIE GUSTAFSON 3 MADELINE SAVILLE 4 KRISTINA CAVEY 5 SOMMER STEVENS 6 LEXIE BEHR 7 TABITHA STEFFENSEN 8 KELSEA ANDERSON 9 CANDACE CAMERON 10 RACHEL WOLF 11 CIARA NORRIS 12 NATALIE STADLER 13 SHAYE MAETZOLD | DES MOINES PELLA CEDAR RAPIDS Ames Denver Rockwell Marshalltown Marshalltown DES MOINES FORT MADISON AMES CHELSEA Runnells |
| 800 M RUN 7-8 - F | 1 ROICHELLE MARBLE 2 MACKENZIE GUSTAFSON 3 KRISTINA CAVEY 4 MACKENZIE BREES 5 RACHEL WOLF | DES MOINES PELLA Ames URBANDALE FORT MADISON |
| 1500 M RUN 7-8 - F | 1 TABITHA STEFFENSEN 2 JOANNA TOPHAM | Marshalltown griswold |
| LONG JUMP 7-8 - F | 1 TEANNA LEWIS 2 MACKENZIE BREES 3 SUMMER HARDY 4 KELSEA ANDERSON 5 KRISTINA CAVEY 6 MADELINE SAVILLE 7 SHAYE MAETZOLD 8 AVERY SHEEHAN 9 TABITHA STEFFENSEN | DES MOINES URBANDALE Waterloo Marshalltown Ames CEDAR RAPIDS Runnells Cedar Falls Marshalltown |

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| | 10 CIARA NORRIS | AMES |
| | 11 MEGAN MERFELD | Clear Lake |
| | 12 KATIE CUBIT | Johnston |
| HIGH JUMP 7-8 - F | 1 JOANNA TOPHAM | griswold |
| SHOT PUT 7-8 - F | 1 KATIE CUBIT | Johnston |
| | 2 JOANNA TOPHAM | griswold |
| DISCUS 7-8 - F | 1 JOANNA TOPHAM | griswold |
| 100 M DASH 9-10 - F | 1 TAYLOR OFFICER | WEST DES MOINES |
| | 2 ERIN HAWKINS | DES MOINES |
| | 3 JESSISCA GARDNER | Altoona |
| | 4 JALYNN ROBERTS-LEWIS | WEST DES MOINES |
| | 5 CLAIRE CREW | WEST BRANCH |
| | 6 VICTORIA STOCKARD | DES MOINES |
| | 7 DEIDRE FRANZEN | Denver |
| 200 M DASH 9-10 - F | 1 TAYLOR OFFICER | WEST DES MOINES |
| | 2 ERIN HAWKINS | DES MOINES |
| | 3 JESSISCA GARDNER | Altoona |
| | 4 HANNAH SINCLAIR | West Des Moines |
| | 5 VICTORIA STOCKARD | DES MOINES |
| | 6 JALYNN ROBERTS-LEWIS | WEST DES MOINES |
| | 7 LAUREN NAYLOR | AMES |
| | 8 SARA HUNEMILLER | Janesville |
| | 9 MOLLY REPP | MINBURN |
| | 10 ALLIX WILLIAMSON | Fort Dodge |
| | 11 SHELBY DOOLIN | SIOUX CITY |
| | 12 RYLIE SCHLEPP | MANNING |
| | 13 BRITTNEY HANSON | CEDAR FALLS |
| | 14 DESTINY CHRISTOPHER | Janesville |
| | 15 KATIE WATSON | Cedar Falls |
| | 16 TAYLAR JANSSEN | ANKENY |
| | 17 NICHELLE FITCHPATRIC | DES MOINES |
| | 18 BRITTAN RIESBERG | DES MOINES |
| | 19 MANDY HINNERS | MANNING |
| | 20 DAJENE BROWNE | JOHNSTON |
| 400 M DASH 9-10 - F | 1 TAYLOR OFFICER | WEST DES MOINES |
| | 2 ERIN HAWKINS | DES MOINES |
| | 3 HANNAH SINCLAIR | West Des Moines |
| | 4 JESSISCA GARDNER | Altoona |
| | 5 HALIE BEHR | Rockwell |
| | 6 CIERRA GUERRERO | Spencer |
| | 7 DESTINY CHRISTOPHER | Janesville |
| | 8 EMILY CHRISTIANS | Urbandale |
| | 9 MOLLY REPP | MINBURN |
| | 10 ALLIX WILLIAMSON | Fort Dodge |
| 800 M RUN 9-10 - F | 1 NICOLE INSKEEP | ANKENY |

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| | 2 REBEKAH TOPHAM | griswold |
| | 3 JOSIE SNYDER | RED OAK |
| | 4 KATIE WATSON | Cedar Falls |
| | 5 HALIE BEHR | Rockwell |
| | 6 CIERRA GUERRERO | Spencer |
| | 7 DEIDRE FRANZEN | Denver |
| | 8 MATTEA DETRICK | Radcliffe |
| | 9 BLAKE BERGREN | Red Oak |
| 1500 M RUN 9-10 - F | 1 REBEKAH TOPHAM | griswold |
| | 2 CIERRA GUERRERO | Spencer |
| | 3 HANNAH SINCLAIR | West Des Moines |
| | 4 MATTEA DETRICK | Radcliffe |
| | 5 EMILY CHRISTIANS | Urbandale |
| | 6 BLAKE BERGREN | Red Oak |
| LONG JUMP 9-10 - F | 1 JALYNN ROBERTS-LEWIS | WEST DES MOINES |
| | 2 JOSIE SNYDER | RED OAK |
| | 3 MATTEA DETRICK | Radcliffe |
| | 4 BLAKE BERGREN | Red Oak |
| | 5 DEIDRE FRANZEN | Denver |
| | 6 MCKAYLA HINZ | Janesville |
| | 7 MALLORY SMITH | Ankeny |
| | 8 CIERRA GUERRERO | Spencer |
| | 9 DESTINY CHRISTOPHER | Janesville |
| | 10 TORI LEYH | Janesville |
| | 11 RYLIE SCHLEPP | MANNING |
| | 12 BRITTNEY HANSON | CEDAR FALLS |
| | 13 RAMONA MALLORY | SIOUX CITY |
| | 14 MANDY HINNERS | MANNING |
| | 15 NICHELLE FITCHPATRIC | DES MOINES |
| HIGH JUMP 9-10 - F | 1 JOSIE SNYDER | RED OAK |
| | 2 SARA HUNEMILLER | Janesville |
| | 3 KATIE WATSON | Cedar Falls |
| | 4 REBEKAH TOPHAM | griswold |
| SHOT PUT 9-10 - F | 1 NICOLE INSKEEP | ANKENY |
| | 2 HANNAH SINCLAIR | West Des Moines |
| | 3 SOPHIE ANTOLIK | URBANDALE |
| | 4 REBEKAH TOPHAM | griswold |
| DISCUS 9-10 - F | 1 SOPHIE ANTOLIK | URBANDALE |
| | 2 SHELBY DOOLIN | SIOUX CITY |
| | 3 EMILY CHRISTIANS | Urbandale |
| 100 M DASH 11-12 - F | 1 ALLISON MCBROOM | RUNNELLS |
| | 2 MORGAN GRANGER | Waterloo |
| | 3 KATELYN KELLEY | Coralville |
| | 4 CANDESS MCCAMEY | DES MOINES |
| | 5 CHELSEA JACKSON | ANKENY |
| | 6 LAUREN SIMS | Iowa City |

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| | 7 ROYONAH MARBLE | DES MOINES |
| 200 M DASH 11-12 - F | 1 ALLISON MCBROOM | RUNNELLS |
| | 2 MORGAN GRANGER | Waterloo |
| | 3 CHANEL REDDIX | DES MOINES |
| | 4 ALEXIS CROSS | DES MOINES |
| | 5 MIKAYLA CAMPBELL | Waterloo |
| | 6 ALEXA JACKSON | ANKENY |
| | 7 BRIA YOUNG | North Liberty |
| | 8 SHELBY JACOBSEN | Portsmouth |
| | 9 JANA LOCKHART | DES MOINES |
| | 10 ROYONAH MARBLE | DES MOINES |
| | 11 CHELCIE SCOTT | DES MOINES |
| | 12 JACQUELINE CLARK | Mondamin |
| | 13 IVEY KRIEDEL | DeepRiver |
| | 14 CHELSI HALL | DES MOINES |
| | 15 ALEXUS RICHMOND | SIOUX CITY |
| | 16 CHELSEA JACKSON | ANKENY |
| | 17 JEHNON HARDY | Waterloo |
| | 18 DESIREE LAUDERDALE | SIOUX CITY |
| | 19 LIZ CAMERON | DES MOINES |
| | 20 ANNESHIA WATSON | DES MOINES |
| | 21 LEAH JOSLYN | CEDAR FALLS |
| 400 M DASH 11-12 - F | 1 ALLISON MCBROOM | RUNNELLS |
| | 2 ALEXIS CROSS | DES MOINES |
| | 3 CHANEL REDDIX | DES MOINES |
| | 4 HOLLY BRO | Waterloo |
| | 5 MIKAYLA CAMPBELL | Waterloo |
| | 6 ROYONAH MARBLE | DES MOINES |
| | 7 SHELBY JACOBSEN | Portsmouth |
| | 8 JACQUELINE CLARK | Mondamin |
| | 9 IVEY KRIEDEL | DeepRiver |
| | 10 CHELCIE SCOTT | DES MOINES |
| | 12 CHELSI HALL | DES MOINES |
| | 13 JEHNON HARDY | Waterloo |
| | 14 KATIE MALLON | Cedar Falls |
| | 16 ANNESHIA WATSON | DES MOINES |
| | 17 JORDAN COULSON | ANKENY |
| 800 M RUN 11-12 - F | 1 HOLLY BRO | Waterloo |
| | 2 EMILY SAVILLE | CEDAR RAPIDS |
| | 3 MELISSA KROLL | DUNLAP |
| | 4 HALEY STEVENS | Denver |
| | 5 KATIE MALLON | Cedar Falls |
| 1500 M RUN 11-12 - F | 1 HOLLY BRO | Waterloo |
| | 2 HALEY STEVENS | Denver |
| | 3 KATIE MALLON | Cedar Falls |
| | 4 ALLISON CROSSETT | k-ville |
| | 5 LEAH JOSLYN | CEDAR FALLS |

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| 100/110 HURDLES 11-12 - F | 1 TAYLOR TWEDT 2 NICOLE SLIVA 3 HALEY STEVENS 4 BETSY WILSON | ROCKWELL Ames Denver knoxville |
| LONG JUMP 11-12 - F | 1 CANDESS MCCAMEY 2 JACQUELINE CLARK 3 TAYLOR TWEDT 4 NICOLE SLIVA 5 ALEXA JACKSON 6 EMILY SAVILLE 7 CHANEL REDDIX 8 MORGAN FRITZ-WARD 9 SHELBY JACOBSEN 10 DESIREE LAUDERDALE 11 KARLI KRUSE 12 ALLISON CROSSETT 13 HANNAH MOULDS 14 JEHNON HARDY 15 JORDAN COULSON 16 ALEXUS RICHMOND | DES MOINES Mondamin ROCKWELL Ames ANKENY CEDAR RAPIDS DES MOINES MASON CITY Portsmouth SIOUX CITY Janesville k-ville Panora Waterloo ANKENY SIOUX CITY |
| TRIPLE JUMP 11-12 - F | 1 NICOLE SLIVA | Ames |
| HIGH JUMP 11-12 - F | 1 SARAH ANDERSON 2 TAYLOR TWEDT 3 MORGAN FRITZ-WARD 4 KIAH STOKES 5 BETSY WILSON | MARSHALLTOWN ROCKWELL MASON CITY Marion knoxville |
| SHOT PUT 11-12 - F | 1 BAFTYR JOHNSON 2 MYKELL CAMERON 3 TAKIEYAH WELLS 4 LAUREN SMITH 5 JORIE SCHUTTE 6 LAURA NEAL 7 ANNESHIA WATSON | DES MOINES DES MOINES DES MOINES West Union Pleasant Hill jefferson DES MOINES |
| DISCUS 11-12 - F | 1 JORIE SCHUTTE 2 LAURA NEAL 3 TAKIEYAH WELLS 4 LAUREN SMITH | Pleasant Hill jefferson DES MOINES West Union |
| 100 M DASH 13-14 - F | 1 KALYNN FIELDS 2 OLLIESHA TALTON 3 CARRINGTON MITCHELL 4 JILLIAN JONES 5 RENEE FREEMAN 6 ERIN DOHLMAN 6 KAITLYNN ALLEN 8 CHLOE HOAGLAND | DES MOINES Des Moines Newton Waterloo WAUKEE CLEAR LAKE Belmond CORALVILLE |

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| 200 M DASH 13-14 - F | 1 JILLIAN JONES 2 CARRINGTON MITCHELL 3 RENEE FREEMAN 4 ALEXIA KLUEPPEL 5 KAITLYNN ALLEN 6 CHLOE HOAGLAND 7 MINDY LOATS 8 KELSEY BOCK 9 KAHLA HARDY | Waterloo Newton WAUKEE DES MOINES Belmond CORALVILLE Belmond Belmond Waterloo |
| 400 M DASH 13-14 - F | 1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 DANA CHRISTIANSEN 4 KADASHIA MADISON 5 LAUREN ECKERT 6 RACHEL PURDY 7 AMY JOENS 8 KELSEY BOCK | Traer Traer Belmond DES MOINES Sioux City Ankeny WALFORD Belmond |
| 800 M RUN 13-14 - F | 1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 DAWN GILDERSLEEVE 4 CASEY O'BRIEN 5 LAUREN ECKERT 6 KIRSTEN STEVENS | Traer Traer BONDURANT CLEAR LAKE Sioux City Denver |
| 1500 M RUN 13-14 - F | 1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 AMBER SMITH | Traer Traer CLEAR LAKE |
| 100/110 HURDLES 13-14 - F | 1 MALLORY MORK 2 JENNA DAVIDSON 3 MADISON WYNES 4 AMBER SMITH 5 KIRSTEN STEVENS | Sac City Dallas Center Marshalltown CLEAR LAKE Denver |
| LONG JUMP 13-14 - F | 1 JODI PURDY 2 MAGGIE WEBER 3 MADISON WYNES | Winterset COUNCIL BLUFFS Marshalltown |
| TRIPLE JUMP 13-14 - F | 1 MAGGIE WEBER | COUNCIL BLUFFS |
| HIGH JUMP 13-14 - F | 1 CASEY O'BRIEN 2 JESSICA WALLACE 3 LAUREN BONETT | CLEAR LAKE KNOXVILLE Ames |
| SHOT PUT 13-14 - F | 1 LATASHA PORTE 2 BRIANNE LOUGHREN 3 CASEY STULL 4 KADASHIA MADISON 5 KELSEY VANCLEAVE 6 BARBARA LAUDERDALE | DES MOINES Ames Randall DES MOINES DES MOINES SIOUX CITY |

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| DISCUS 13-14 - F | 1 AMY JOENS 2 CASEY STULL 3 BRIANNE LOUGHREN 4 KALYN HALFERTY 5 LATASHA PORTE 6 LAUREN ECKERT 7 BARBARA LAUDERDALE | WALFORD Randall Ames Colfax DES MOINES Sioux City SIOUX CITY |
| 100 M DASH 15-16 - F | 1 VALERIE FERGUSON 2 LAUREL MURPHY 3 JESSICA HALE 4 BECCA FAGERLIND 5 TARAJAE SHORTER | DES MOINES DES MOINES Mason City Denver Waterloo |
| 200 M DASH 15-16 - F | 1 VALERIE FERGUSON 2 AMAURA COPE 3 CANNADAY LINDSAY 4 ROBIN CORNELIUS 5 KELLI MASSENGALE 6 BECCA FAGERLIND 7 TARAJAE SHORTER | DES MOINES WEST DES MOINES Des Moines BOONE TAMA Denver Waterloo |
| 800 M RUN 15-16 - F | 1 DENA FLOOD 2 BECCA FAGERLIND 3 JESSICA CLARK 4 MEAGHAN NELSON | Janesville Denver Mondamin CEDAR RAPIDS |
| 1500 M RUN 15-16 - F | 1 DENA FLOOD 2 JESSICA CLARK | Janesville Mondamin |
| 100/110 HURDLES 15-16 - F | 1 LAUREL MURPHY 2 JESSICA HALE 3 KELLI MASSENGALE 4 EMILY FREDRICKSON | DES MOINES Mason City TAMA YALE |
| LONG JUMP 15-16 - F | 1 KRISTIN TURK 2 AMAURA COPE 3 JESSICA HALE 4 ROBIN CORNELIUS 5 EMILY FREDRICKSON | Des Moines WEST DES MOINES Mason City BOONE YALE |
| TRIPLE JUMP 15-16 - F | 1 JESSICA HALE | Mason City |
| HIGH JUMP 15-16 - F | 1 ALEXA KRULL 2 KELLI MASSENGALE 3 LINDSEY GATES | REINBECK TAMA Sioux City |
| SHOT PUT 15-16 - F | 1 KAYLA SMITH 2 ASHLEY PETERSEN 3 KRISTIN TURK 4 ASHLEY KOONS | Janesville Denison Des Moines NEWTON |

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| | 5 KATIE NEAL 6 MELINDA JOHNSON | jefferson Council Bluffs |
| DISCUS 15-16 - F | 1 ASHLEY PETERSEN 2 KATIE NEAL 3 MELINDA JOHNSON 4 ASHLEY KOONS | Denison jefferson Council Bluffs NEWTON |
| 100 M DASH 17-18 - F | 1 CHANTELLE MACVEY 2 LACEY JOHNSON | Newton NEVADA |
| 200 M DASH 17-18 - F | 1 RACHELLE TIPTON 2 DOMINIQUE JENKINS | NEWTON DES MOINES |
| 400 M DASH 17-18 - F | 1 RACHELLE TIPTON 2 CASSI SOKOL 3 CHANTELLE MACVEY 4 DOMINIQUE JENKINS | NEWTON URBANDALE Newton DES MOINES |
| 1500 M RUN 17-18 - F | 1 CASSI SOKOL 2 BECKY ECKERMAN 3 LISA FITZPATRICK | URBANDALE FORT DODGE DES MOINES |
| 100/110 HURDLES 17-18 - F | 1 CHANTELLE MACVEY 2 LACEY JOHNSON | Newton NEVADA |
| LONG JUMP 17-18 - F | 1 RACHELLE TIPTON | NEWTON |
| SHOT PUT 17-18 - F | 1 SARAH BISHOP 2 LASHA BROWN | Hudson DES MOINES |
| DISCUS 17-18 - F | 1 SARAH BISHOP 2 BRITTANY ELLIOTT 3 LASHA BROWN | Hudson WATERLOO DES MOINES |
| 100 M DASH 19-24 - F | 1 JASMINA PANDUR 1 MEGAN NIELSEN 3 JUSTICE WEAVER 4 STEPHANIE MEIMANN | des moines ALTOONA MOULTON NEVADA |
| 200 M DASH 19-24 - F | 1 SARA LYNCH 2 JUSTICE WEAVER 3 JASMINA PANDUR 4 STEPHANIE MEIMANN 5 BERHANE TRAYLOR 6 ZLATA PANDUR | Fort Dodge MOULTON des moines NEVADA Johnston des moines |
| 400 M DASH 19-24 - F | 1 HEIDI BUMANN 2 STEPHANIE MEIMANN 3 BERHANE TRAYLOR | Castana NEVADA Johnston |
| 800 M RUN 19-24 - F | 1 HEIDI BUMANN | Castana |

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| | 2 STEPHANIE MEIMANN | NEVADA |
| 100/110 HURDLES 19-24 - F | 1 MEGAN NIELSEN | ALTOONA |
| LONG JUMP 19-24 - F | 1 MIRANDA BOEKHOUT 2 JUSTICE WEAVER | Marcus MOULTON |
| TRIPLE JUMP 19-24 - F | 1 MIRANDA BOEKHOUT 2 JUSTICE WEAVER | Marcus MOULTON |
| HIGH JUMP 19-24 - F | 1 MIRANDA BOEKHOUT 2 HALLEY CARLSON | Marcus Osceola |
| DISCUS 19-24 - F | 1 LAURA HUPP | Scranton |
| 100 M DASH 25-29 - F | 1 NICOLE SALTSGAVER | Iowa City |
| 200 M DASH 25-29 - F | 1 NICOLE SALTSGAVER | Iowa City |
| 400 M DASH 25-29 - F | 1 NICOLE SALTSGAVER | Iowa City |
| 800 M RUN 25-29 - F | 1 NICOLE SALTSGAVER | Iowa City |
| 100 M DASH 6 AND UNDER - M | 1 JOSHUA HAWKINS 2 LEXINGTON GOODWIN 3 JOHN MAHONEY 4 CHASE THURNESS 5 CAMERON CRAMER 6 DANIEL HENNIGAR | DES MOINES AMES West Des Moines urbandale DES MOINES HANLONTOWN |
| 200 M DASH 6 AND UNDER - M | 1 JOSHUA HAWKINS 2 LEXINGTON GOODWIN 3 CHASE THURNESS 4 CAMERON CRAMER 5 DANIEL HENNIGAR 6 JARTAUJUS EVANS 7 DARIQ BROWN | DES MOINES AMES urbandale DES MOINES HANLONTOWN DES MOINES DES MOINES |
| 400 M DASH 6 AND UNDER - M | 1 JOSHUA HAWKINS 2 JACOB LENKER 3 LEXINGTON GOODWIN 4 DANIEL HENNIGAR 5 JUSTICE YOUNG 6 REED ECKERT 7 DARIQ BROWN | DES MOINES WILTON AMES HANLONTOWN DES MOINES Sioux City DES MOINES |
| 800 M RUN 6 AND UNDER - M | 1 DARIQ BROWN 2 DANIEL HENNIGAR 3 REED ECKERT | DES MOINES HANLONTOWN Sioux City |
| LONG JUMP 6 AND UNDER - M | 1 LEXINGTON GOODWIN 2 CHASE THURNESS | AMES urbandale |

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| | 3 REED ECKERT | Sioux City |
| | 4 ANDY STERNER | OSKALOOSA |
| | 5 ZANE JOHNSON | Le Grand |
| | 6 DALLAS BELL | Mount Pleasant |
| DISCUS 6 AND UNDER - M | 1 REED ECKERT | Sioux City |
| 100 M DASH 7-8 - M | 1 MATTHEW GOODWIN | AMES |
| | 2 ORLANDO CRAMER | DES MOINES |
| | 3 TREVOR BELL | WINTERSET |
| | 4 LANCE WILLIAMSON | Fort Dodge |
| | 5 FAMIEK COOK | Waterloo |
| | 6 MALIK OBIE | DES MOINES |
| | 7 AJ JACKSON | KNOXVILLE |
| | 8 NOLAN CROSSETT | KNOXVILLE |
| 200 M DASH 7-8 - M | 1 TREVOR BELL | WINTERSET |
| | 2 ORLANDO CRAMER | DES MOINES |
| | 3 LANCE WILLIAMSON | Fort Dodge |
| | 4 JOHN HAWKINS | DES MOINES |
| | 5 NEHEMIAH CHANDLER | DES MOINES |
| | 6 TYLER CARUTHERS | DES MOINES |
| | 7 LUKE SMITH | Ames |
| | 8 CARLO MARBLE | DES MOINES |
| | 8 NOAH HAVERDINK | Gilbert |
| | 10 TREVOR YUSKA | TOLEDO |
| | 11 DANIEL LUCKETT | PLEASANT HILL |
| | 12 TYLER MCDONALD | Boone |
| | 13 MASON MAYFIELD | DES MOINES |
| | 14 DENISON HARRINGTON | Cedar Falls |
| | 15 COLE THURNESS | urbandale |
| 400 M DASH 7-8 - M | 1 ERICKSON PORTE | DES MOINES |
| | 2 MATTHEW GOODWIN | AMES |
| | 3 LANCE WILLIAMSON | Fort Dodge |
| | 4 AJ JACKSON | KNOXVILLE |
| | 5 CHARLIE JOHNSON | Fort Dodge |
| | 6 ORLANDO CRAMER | DES MOINES |
| | 7 PEYTON TWEDT | ROCKWELL |
| | 8 JOHN HAWKINS | DES MOINES |
| | 9 NOLAN CROSSETT | KNOXVILLE |
| | 10 CARLO MARBLE | DES MOINES |
| | 11 DANIEL LUCKETT | PLEASANT HILL |
| | 12 DEREK WEBBER | Carroll |
| | 13 WILL KARRER | Sioux City |
| | 14 KEENAN JACKSON | JOHNSTON |
| | 15 TYLER MCDONALD | Boone |
| | 16 NOAH HAVERDINK | Gilbert |
| | 17 JOEY STERNER | OSKALOOSA |
| | 18 COLE THURNESS | urbandale |
| 800 M RUN 7-8 - M | 1 ERICKSON PORTE | DES MOINES |

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| | 2 FAMIEK COOK 3 DEREK WEBBER | Waterloo Carroll |
| LONG JUMP 7-8 - M | 1 MATTHEW GOODWIN 2 TREVOR BELL 3 PEYTON TWEDT 4 NOLAN CROSSETT 5 AJ JACKSON 6 COLE THURNESS 7 WILL KARRER 8 LUKE SMITH 9 NOAH HAVERDINK 11 DALLAS SMITH 12 DEREK WEBBER 13 KEEGAN HEATON 14 ALEC HELMKAMP | AMES WINTERSET ROCKWELL KNOXVILLE KNOXVILLE urbandale Sioux City Ames Gilbert Ankeny Carroll SIOUX CITY Ankeny |
| HIGH JUMP 7-8 - M | 1 PEYTON TWEDT 2 WILL KARRER 3 TREVOR YUSKA 4 JORDAN WHITE | ROCKWELL Sioux City TOLEDO Ames |
| SHOT PUT 7-8 - M | 1 DANIEL NEAL 2 JORDAN WHITE 4 ERIC ANDERSON | jefferson Ames Palmer |
| DISCUS 7-8 - M | 1 DANIEL NEAL 3 ERIC ANDERSON 4 JORDAN WHITE | jefferson Palmer Ames |
| 100 M DASH 9-10 - M | 1 TAD STEFFENSEN 2 AARON CROSSETT 3 JAQUAN PATTON 4 DEMETRIUS WATSON 5 AVERY JACKSON 6 ANTWAIN ROBERTSON 7 MARRICO GAFFORD JR 8 DERRICK SMITH 9 ANTHONY PEARSON | Marshalltown KNOXVILLE DES MOINES DES MOINES JOHNSTON DES MOINES CLIVE DES MOINES SIOUX CITY |
| 200 M DASH 9-10 - M | 1 TAD STEFFENSEN 2 MARRICO GAFFORD JR 3 DEMETRIUS WATSON 4 DERRICK SMITH 5 MICHAEL WULFEKUMLE 6 ANTWAIN ROBERTSON 7 JAMONTE POLLION 8 KALEB DAVENPORT 9 DARRIUS PROFIT | Marshalltown CLIVE DES MOINES DES MOINES KELLEY DES MOINES DES MOINES TAMA DES MOINES |
| 400 M DASH 9-10 - M | 1 JORDAN ANDERSON 2 TAD STEFFENSEN | BUFFALO CENTER Marshalltown |

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| | 3 JOSHUA PROHASKA | Grimes |
| | 4 GRANT JOHNSON | Fort Dodge |
| | 5 MARRICO GAFFORD JR | CLIVE |
| | 6 TRENT ROGERS | MUSCATINE |
| | 7 JAQUAN PATTON | DES MOINES |
| | 8 ANTHONY PEARSON | SIOUX CITY |
| | 9 ADAM JOHANSON | Johnston |
| | 10 JAMONTE POLLION | DES MOINES |
| | 11 AVERY JACKSON | JOHNSTON |
| | 12 CHRISTOPHER WELCH | Albia |
| | 13 JAMAAL DUDLEY | DES MOINES |
| | 14 ZANE SATRE | Dayton |
| | 15 DARRIUS PROFIT | DES MOINES |
| | 16 ETHAN MARTIN | Alta |
| | 17 TIM SAUNDERS | PETERSON |
| 800 M RUN 9-10 - M | 1 JORDAN ANDERSON | BUFFALO CENTER |
| | 2 GRANT JOHNSON | Fort Dodge |
| | 3 ADAM JOHANSON | Johnston |
| | 4 KYLE CAVEY | Ames |
| | 5 CHRISTOPHER WELCH | Albia |
| | 6 KALEB DAVENPORT | TAMA |
| | 7 PATRICK WHETSTONE | Runnells |
| | 8 TRENT ROGERS | MUSCATINE |
| | 9 BEN ECKERT | Sioux City |
| | 10 COLLIN BRO | Waterloo |
| | 11 ETHAN MARTIN | Alta |
| 1500 M RUN 9-10 - M | 1 KYLE CAVEY | Ames |
| | 2 CHRISTOPHER WELCH | Albia |
| | 3 PATRICK WHETSTONE | Runnells |
| | 4 BEN ECKERT | Sioux City |
| | 5 EVAN ROSS | Epworth |
| LONG JUMP 9-10 - M | 1 AARON CROSSETT | KNOXVILLE |
| | 2 TAD STEFFENSEN | Marshalltown |
| | 3 TYLER HUNKE | Shenandoah |
| | 4 ADAM PURDY | Winterset |
| | 5 COLLIN BRO | Waterloo |
| | 6 ANTHONY PEARSON | SIOUX CITY |
| | 6 DERRICK SMITH | DES MOINES |
| | 8 ZACH MERFELD | Clear Lake |
| | 9 TIM SAUNDERS | PETERSON |
| | 10 BEN ECKERT | Sioux City |
| HIGH JUMP 9-10 - M | 1 COLIN LEE | Johnston |
| | 2 TYLER HUNKE | Shenandoah |
| | 3 JON ANTOLIK | URBANDALE |
| | 4 KYLE CAVEY | Ames |
| | 5 ETHAN MARTIN | Alta |
| SHOT PUT 9-10 - M | 1 COLIN LEE | Johnston |

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| | 2 SHAQUILLE WELLS | DES MOINES |
| | 3 JOSH HENAMAN | WEST DES MOINES |
| | 4 MICHAEL LAMPAREK | FAIRFAX |
| | 5 ADAM JOHANSON | Johnston |
| | 6 NATHANIEL HARDGROVEO | SIOUX CITY |
| | 7 EVAN ROSS | Epworth |
| DISCUS 9-10 - M | 1 COLIN LEE | Johnston |
| | 2 ETHAN MARTIN | Alta |
| | 3 MICHAEL LAMPAREK | FAIRFAX |
| | 4 ADAM JOHANSON | Johnston |
| | 5 NATHANIEL HARDGROVEO | SIOUX CITY |
| | 6 EVAN ROSS | Epworth |
| | 7 GABE SCARBOROUGH | Red Oak |
| | 8 BEN ECKERT | Sioux City |
| 100 M DASH 11-12 - M | 1 JAMES HARRINGTON | DES MOINES |
| | 2 MARK REEVES | Lone Tree |
| | 3 TREY LEWIS | DES MOINES |
| | 4 JOE KOGER | DES MOINES |
| | 5 TAYLOR HUSEMAN | MANSON |
| | 6 IRA MITCHELL | Newton |
| | 7 JACOB MOORE | DES MOINES |
| 200 M DASH 11-12 - M | 1 JAMES HARRINGTON | Cedar Falls |
| | 2 TREY LEWIS | DES MOINES |
| | 3 IRA MITCHELL | Newton |
| | 4 JOE KOGER | DES MOINES |
| | 5 KALEB VANCLEAVE | DES MOINES |
| | 6 TY STEFFENSEN JR. | Marshalltown |
| | 7 MARK REEVES | Lone Tree |
| | 8 TREVOR SPENCER | Iowa City |
| | 9 AUSTIN DALL | Solon |
| | 10 KELLY MADISON | DES MOINES |
| | 11 KENNY LINKENMEYER | Riceville |
| | 12 JACOB MUEHSAM | Marion |
| | 13 RYAN ANDERSON | Newton |
| | 14 PAUL GEORGE | DES MOINES |
| | 15 ISAIAH MINIKUS | denver |
| 400 M DASH 11-12 - M | 1 MARK REEVES | Lone Tree |
| | 2 TAYLOR HUSEMAN | MANSON |
| | 3 IRA MITCHELL | Newton |
| | 4 TJ OVERLIN | DES MOINES |
| | 5 TY STEFFENSEN JR. | Marshalltown |
| | 6 KENNY LINKENMEYER | Riceville |
| | 7 DARIUS PEARSON | SIOUX CITY |
| | 8 TYLER CHRISTIANS | Urbandale |
| | 9 ISSA FORD | SIOUX CITY |
| | 10 PAUL GEORGE | DES MOINES |
| | 11 ISAIAH MINIKUS | denver |

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| 800 M RUN 11-12 - M | 1 TYLER CHRISTIANS 2 LUKE BROWN 3 DJ INSKEEP 4 JOHN TOPHAM 5 ZACK HENAMAN 6 ANDREW JACKSON | Urbandale WEST DES MOINES ANKENY griswold WEST DES MOINES Johnston |
| 1500 M RUN 11-12 - M | 1 ANDREW JACKSON 2 JOHN TOPHAM 3 JACOB BELL 4 TYLER CHRISTIANS 5 ZACK HENAMAN 6 TRAISHONDUS BUNCH-O'CONNELL | Johnston griswold WINTERSET Urbandale WEST DES MOINES Waterloo |
| 100/110 HURDLES 11-12 - M | 1 TREVOR SPENCER 2 TY STEFFENSEN JR. 3 DEREK FRANZEN 4 ANDREW MARTIN 5 BEN SCHUELER | Iowa City Marshalltown Denver Alta HIAWATHA |
| LONG JUMP 11-12 - M | 1 TREVOR SPENCER 2 DARIUS PEARSON 3 AUSTIN DALL 4 DONTE BROWN 5 JACOB MOORE 6 SAM JOENS 7 CALEB SEDLACEK 8 KENNY LINKENMEYER 9 JACOB BELL 10 JONATHAN PITTS 11 JORDAN OFFICER 12 TY STEFFENSEN JR. 13 DAIZHOM TURNER 14 RYAN ANDERSON 15 BEN SCHUELER 16 ISSA FORD 17 DEREK FRANZEN 18 TRAISHONDUS BUNCH-O'CONNELL | Iowa City SIOUX CITY Solon DES MOINES DES MOINES WALFORD Tiffin Riceville WINTERSET SIOUX CITY WEST DES MOINES Marshalltown DES MOINES Newton HIAWATHA SIOUX CITY Denver Waterloo |
| TRIPLE JUMP 11-12 - M | 1 JOHN TOPHAM | griswold |
| HIGH JUMP 11-12 - M | 1 SAM JOENS 2 BEN SCHUELER 3 ALEC SCARBOROUGH 4 ANDREW MARTIN | WALFORD HIAWATHA Red Oak Alta |
| SHOT PUT 11-12 - M | 1 TREVOR SPENCER 2 ATHONY JOLLY 3 KELLY MADISON 4 BRETT HALL 5 ANDREW MARTIN 5 DJ INSKEEP | Iowa City DES MOINES DES MOINES grinnell Alta ANKENY |

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| | 7 ISAIAH MINIKUS | denver |
| | 8 JACOB HALFERTY | Colfax |
| DISCUS 11-12 - M | 1 ATHONY JOLLY | DES MOINES |
| | 2 SAM JOENS | WALFORD |
| | 3 ALEC SCARBOROUGH | Red Oak |
| | 4 DJ INSKEEP | ANKENY |
| | 5 BRETT HALL | grinnell |
| | 6 ANDREW MARTIN | Alta |
| | 7 ISSA FORD | SIOUX CITY |
| 100 M DASH 13-14 - M | 1 ANDREW LEMRICK | Sidney |
| | 2 WILLIE ALEXANDER | URBANDALE |
| | 3 PAT NEPP | Waukee |
| | 4 TAYLOR WILLIAMS | GLENWOOD |
| | 5 MEKO AUSTIN | DES MOINES |
| | 6 BRAD FRANZEN | Denver |
| 200 M DASH 13-14 - M | 1 WILLIE ALEXANDER | URBANDALE |
| | 2 ANDREW LEMRICK | Sidney |
| | 3 TAYLOR WILLIAMS | GLENWOOD |
| | 4 MEKO AUSTIN | DES MOINES |
| | 5 XAVIER MORROW | Des Moines |
| | 6 NOAH MINIKUS | denver |
| | 7 BRAD FRANZEN | Denver |
| | 8 DEVANTE CLARK | SIOUX CITY |
| | 9 SEAN MEESTER | HOLLAND |
| | 10 MARK BELTRAN | SIOUX CITY |
| | 11 JOE DOOLAN | ogden |
| 400 M DASH 13-14 - M | 1 WILLIE ALEXANDER | URBANDALE |
| | 2 ANDREW LEMRICK | Sidney |
| | 3 TRAVIS MARSH | ANKENY |
| | 4 TAYLOR WILLIAMS | GLENWOOD |
| | 5 XAVIER MORROW | Des Moines |
| | 6 ALEX RASMUSSEN | West Des Moines |
| | 7 MARK BELTRAN | SIOUX CITY |
| | 8 NOAH MINIKUS | denver |
| | 9 JOE DOOLAN | ogden |
| | 10 ZACHARIAH MOULDS | Panora |
| | 11 DEVANTE CLARK | SIOUX CITY |
| 800 M RUN 13-14 - M | 1 RJ HARRIS | DES MOINES |
| | 2 LEO BIRD | Gilbert |
| | 3 TRAVIS MARSH | ANKENY |
| | 4 CHRIS WALHORD | ADAIR |
| | 5 BRAD FRANZEN | Denver |
| 1500 M RUN 13-14 - M | 1 ANDREW SORGE | West Des Moines |
| | 2 RJ HARRIS | DES MOINES |
| | 3 LEO BIRD | Gilbert |
| | 4 CHRIS WALHORD | ADAIR |

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| | 5 ALEX RASMUSSEN | West Des Moines |
| 100/110 HURDLES 13-14 - M | 1 DANIEL DAVIS 2 BRADEN ROBERTSON 3 DEMETRIUS PATTERSON 4 SAM GREENE 5 NOAH MINIKUS 6 ZACHARIAH MOULDS | North Liberty Hudson DES MOINES Cumming denver Panora |
| LONG JUMP 13-14 - M | 1 TAYLOR WILLIAMS 2 MEKO AUSTIN 3 DEVANTE CLARK 4 MARK BELTRAN 5 MATTHEW RICHMOND 6 TRAVIS NELSON | GLENWOOD DES MOINES SIOUX CITY SIOUX CITY SIOUX CITY SIOUX CITY |
| HIGH JUMP 13-14 - M | 1 TRAVIS MARSH 2 DEMETRIUS PATTERSON | ANKENY DES MOINES |
| SHOT PUT 13-14 - M | 1 SAM ROSS 2 HENRY KELLEY 3 MATT JEFFERSON 4 ROYAN JOHNSON | Epworth WAUKEE DES MOINES DES MOINES |
| DISCUS 13-14 - M | 1 ZACH WALLER 2 HENRY KELLEY 3 NOAH CUTLER 4 SAM GREENE 5 SAM ROSS 6 MATT JEFFERSON 7 SEAN MEESTER | URBANDALE WAUKEE FORT MADISON Cumming Epworth DES MOINES HOLLAND |
| 100 M DASH 15-16 - M | 1 WARREN BATISTE 2 ALONZO MARKHAN 3 GRANT MAYFIELD 4 DEREK MAJOR 5 JEREMY BATISTE 6 JASON MULLIN 7 DREW MEYERS | DES MOINES DES MOINES DES MOINES CARROLL DES MOINES Des Moines Waterloo |
| 200 M DASH 15-16 - M | 1 WARREN BATISTE 2 ALONZO MARKHAN 3 JEREMY BATISTE 4 GRANT MAYFIELD 5 KASEY KUNZMANN 6 BRANDON RICHARDSON 7 CEDRICK LOVEJOY | DES MOINES DES MOINES DES MOINES DES MOINES Everly DES MOINES DES MOINES |
| 400 M DASH 15-16 - M | 1 ALONZO MARKHAN 2 MICAH REEVES 3 LEVI ROBSON 4 KASEY KUNZMANN | DES MOINES Lone Tree ANKENY Everly |

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| | 5 BRANDON RICHARDSON | DES MOINES |
| 800 M RUN 15-16 - M | 1 ANTHONY AYALA 2 SCOT SPERFSLAGE 3 TIM WAITS | DES MOINES DYERSVILLE Centerville |
| 1500 M RUN 15-16 - M | 1 ANTHONY AYALA 2 SCOT SPERFSLAGE 3 ALDEN WIGNALL 4 MICHAEL DONAHUE | DES MOINES DYERSVILLE Glenwood DES MOINES |
| 100/110 HURDLES 15-16 - M | 1 ERIC HALL 2 ANDREW HOPPER 3 TONY MOSHER | DES MOINES WAUKEE Colfax |
| LONG JUMP 15-16 - M | 1 TONY MOSHER 2 KASEY KUNZMANN | Colfax Everly |
| TRIPLE JUMP 15-16 - M | 1 ERIC HALL 2 TONY MOSHER 3 MICAH REEVES | DES MOINES Colfax Lone Tree |
| HIGH JUMP 15-16 - M | 1 JON FRANK 2 TONY MOSHER | BOONE Colfax |
| SHOT PUT 15-16 - M | 1 TYLER ROSBURG 2 COLIN WATERS 3 TREY WEBER 4 JOHN SAWHILL 5 ALEX WEEPIE 6 BRYAN PURDY 7 MATT RAINEY 8 CHRIS ANDERSON | COLO Marshalltown Marshalltown JEFFERSON Hazleton Winterset DALLAS CENTER Palmer |
| DISCUS 15-16 - M | 1 TANNER HURT 2 ADAM NICHOLSON 3 TYLER ROSBURG 4 COLIN WATERS 5 TREY WEBER 6 ERIC HALL 7 BRYAN PURDY 8 MATT RAINEY 9 ALEX WEEPIE 10 CHRIS ANDERSON | NEWTON IOWA CITY COLO Marshalltown Marshalltown DES MOINES Winterset DALLAS CENTER Hazleton Palmer |
| 100 M DASH 17-18 - M | 1 MARQUIS STEPHENS 2 BART STOCKARD JR 3 LANDON MOSS 4 CRAIG PAVELEC 1 BART STOCKARD JR 2 MARQUIS STEPHENS 3 LANDON MOSS | Lisbon DES MOINES Boone Readlyn DES MOINES Lisbon Boone |

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| | 4 BARRET SCHLOERKE 1 BART STOCKARD JR 2 ALEX ROSS 1 BEAU WOOSLEY 2 JERIMI MARR 3 KELLY SCHROEDER 4 ANDREW DAU | Ames DES MOINES Epworth MARSHALLTOWN BOONE Paullina PRIMGHAR |
| 100/110 HURDLES 17-18 - M | 1 NICK BATTERSON 2 LUKE HAWKINS 3 ANDREW VEYSEY 4 CRAIG PAVELEC 5 MARCUS MOSHER | Ottumwa Dallas Center AMES Readlyn Colfax |
| LONG JUMP 17-18 - M | 1 EHI OAMEN 2 MARCUS MOSHER 3 JERIMI MARR | Hinton Colfax BOONE |
| TRIPLE JUMP 17-18 - M | 1 MARCUS MOSHER 2 EHI OAMEN 3 ANDREW DAU | Colfax Hinton PRIMGHAR |
| HIGH JUMP 17-18 - M | 1 EHI OAMEN 2 SCOTT DROESSLER 3 MARCUS MOSHER 4 ANDREW DAU | Hinton DUBUQUE Colfax PRIMGHAR |
| SHOT PUT 17-18 - M | 1 JESSE SMITH 2 SCOTT DANIELSON 3 MATT GRABER 4 TONY RAVELING | West Union Dayton NEWTON STORM LAKE |
| DISCUS 17-18 - M | 1 JESSE SMITH 2 DEREK JACOBSEN 3 BARRET SCHLOERKE 4 COLT FAIRCHILD | West Union Atlantic Ames DUBUQUE |
| 100 M DASH 19-24 - M | 1 DEREK STEPHENS 2 PETER SALTSGAVER 3 AARON JOHNSON 4 MATT NELSON 4 WADE DE VRIES 6 KENNEDY DOUGLAS 7 PHILIP SCRUGGS 8 MONTEL BUTTS | Lisbon REDFIELD DES MOINES Britt Orange City DES MOINES Fort Madison DES MOINES |
| 200 M DASH 19-24 - M | 1 DAVID PIERRE 2 DEREK STEPHENS 3 KYLE RIDDLE 4 PETER SALTSGAVER 5 ISI OAMEN 6 MICHAEL JENNINGS | iowa city Lisbon Fort Dodge REDFIELD Fort Dodge WEST BRANCH |

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| 400 M DASH 19-24 - M | 1 DAVID PIERRE 2 PERIS CHAMBERLAIN | iowa city Fort Madison |
| 800 M RUN 19-24 - M | 1 JEFF RITCHIE 2 DANIEL PEOPLES 3 AADAM ROSS | Bedford Bouton Epworth |
| 1500 M RUN 19-24 - M | 1 AADAM ROSS 2 PATRICK CORNELIUS | Epworth Des Moines |
| 100/110 HURDLES 19-24 - M | 1 MICAH RURODEN 2 NICK CASILLAS | Fort Dodge Independence |
| LONG JUMP 19-24 - M | 1 ISI OAMEN 2 ASHTON WINCHEL 3 WADE DE VRIES | Fort Dodge Iowa City Orange City |
| TRIPLE JUMP 19-24 - M | 1 WADE DE VRIES | Orange City |
| HIGH JUMP 19-24 - M | 1 KYLE RIDDLE 2 ANDY SCHUELER | Fort Dodge HIAWATHA |
| SHOT PUT 19-24 - M | 1 CHASE MADISON 2 TYLER THOMAS 3 MARK WEISBERG | NEWTON Davenport BLAIRSBURG |
| DISCUS 19-24 - M | 1 CHASE MADISON 2 TYLER THOMAS | NEWTON Davenport |
| 100 M DASH 25-29 - M | 1 BILL MARTIN 2 MARC VANDER VELDEN 2 TYRONE BRINSON 4 JEROD SKYBERG 5 MIKE ORLANDO | Des Moines Grimes Mason City Ames SIOUX CITY |
| 200 M DASH 25-29 - M | 1 MARC VANDER VELDEN | Grimes |
| 400 M DASH 25-29 - M | 1 ERIC LUDWIG | Des Moines |
| 100/110 HURDLES 25-29 - M | 1 KELLY CHRISTOPHER | Des Moines |
| LONG JUMP 25-29 - M | 1 BILL MARTIN 2 KELLY CHRISTOPHER 3 MARC VANDER VELDEN | Des Moines Des Moines Grimes |
| TRIPLE JUMP 25-29 - M | 1 CHASE ANDERSEN 2 KELLY CHRISTOPHER | Ames Des Moines |
| HIGH JUMP 25-29 - M | 1 KELLY CHRISTOPHER | Des Moines |
| SHOT PUT 30-34 - F | 1 ANGELA LARSON | GRINNELL |

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| DISCUS 30-34 - F | 1 ERIN BEST 2 ANGELA LARSON | WEST DES MOINES GRINNELL |
| 100 M DASH 35-39 - F | 1 CIONE MAACK 2 JAKE VERNON | Vail KNOXVILLE |
| 200 M DASH 35-39 - F | 1 JAKE VERNON 2 CIONE MAACK | KNOXVILLE Vail |
| 400 M DASH 35-39 - F | 1 JAKE VERNON | KNOXVILLE |
| SHOT PUT 35-39 - F | 1 CIONE MAACK | Vail |
| 1500 M RUN 40-44 - F | 1 TRACY CODEL | West Des Moines |
| LONG JUMP 40-44 - F | 1 JAYNE LARSON | Ames |
| SHOT PUT 40-44 - F | 1 JAYNE LARSON | Ames |
| DISCUS 40-44 - F | 1 JAYNE LARSON | Ames |
| 100 M DASH 45-49 - F | 1 PAULA SANDMEIER | KNOXVILLE |
| 200 M DASH 45-49 - F | 1 PAULA SANDMEIER | KNOXVILLE |
| 400 M DASH 45-49 - F | 1 PAULA SANDMEIER | KNOXVILLE |
| 800 M RUN 45-49 - F | 1 PAULA SANDMEIER | KNOXVILLE |
| 100 M DASH 30-34 - M | 1 NATE SICKERSON 2 TREVALLIS SWAYZE 3 KEVIN VALENTINE 4 CHAD SWOPE 5 LARRY YOUNG 6 JOSH GOSLIN 7 DAN BELL 8 TOM GREEN | Ankeny CEDAR RAPIDS Iowa City Iowa City Des Moines cedar rapids Mount Pleasant Sioux City |
| 200 M DASH 30-34 - M | 1 NATE SICKERSON 2 LARRY YOUNG | Ankeny Des Moines |
| 400 M DASH 30-34 - M | 1 CHAD SWOPE 2 DAN BELL | Iowa City Mount Pleasant |
| 800 M RUN 30-34 - M | 1 LARRY YOUNG | Des Moines |
| 1500 M RUN 30-34 - M | 1 FRED MOODY | Ames |
| LONG JUMP 30-34 - M | 1 KEVIN VALENTINE 2 CHAD SWOPE 3 DAN BELL | Iowa City Iowa City Mount Pleasant |

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| SHOT PUT 30-34 - M | 1 JASON GOEDKEN 2 TOM GREEN | cedar rapids Sioux City |
| DISCUS - M | 1 ALEX EBERT | GRINNELL |
| 100 M DASH 35-39 - M | 1 BOB DUEKER 2 JOHN FULLER 3 DANA GRANNES 4 BILL RUDE | North Liberty Marshalltown Des Moines GRIMES |
| 200 M DASH 35-39 - M | 1 BILL RUDE 2 BRETT FAULKNER | GRIMES DAYTON |
| 400 M DASH 35-39 - M | 1 DAVID NASH 2 JEFF BURRIS 3 BRETT FAULKNER | Sioux City CEDAR FALLS DAYTON |
| 800 M RUN 35-39 - M | 1 DAVID NASH 2 JEFF BURRIS 3 DAVID SAUNDERS 4 BRETT FAULKNER | Sioux City CEDAR FALLS Des Moines DAYTON |
| 1500 M RUN 35-39 - M | 1 BRETT FAULKNER 2 DAVID SAUNDERS | DAYTON Des Moines |
| LONG JUMP 35-39 - M | 1 BILL RUDE 2 DANA GRANNES | GRIMES Des Moines |
| SHOT PUT 35-39 - M | 1 RANDY TOMKINS 2 JOEL SCHUTTE | Dubuque Pleasant Hill |
| DISCUS 35-39 - M | 1 JOEL SCHUTTE | Pleasant Hill |
| 100 M DASH 40-44 - M | 1 JEFFERY STONE 2 JEFFREY ALAIMO 3 TOM MONTGOMERY 4 DAVID REPP 5 JOHN FEEHAN SR | LE MARS Urbandale Forest City des moines MOUNT PLEASANT |
| 200 M DASH 40-44 - M | 1 JEFFERY STONE 2 JEFFREY ALAIMO 3 PATRICK RICHARDSON 4 DAVID REPP 5 JOHN FEEHAN SR 6 TOM MONTGOMERY | LE MARS Urbandale Newton des moines MOUNT PLEASANT Forest City |
| 400 M DASH 40-44 - M | 1 PATRICK RICHARDSON 2 TODD HOAGLAND 3 JOHN FEEHAN SR | Newton Coralville MOUNT PLEASANT |
| 100/110 HURDLES 40-44 - M | 1 MARK TWEDT | ROCKWELL |

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| | 2 STEVEN HOFF | Jewell |
| LONG JUMP 40-44 - M | 1 BRAD CLEVELAND 2 DAVID REPP 3 MARK TWEDT | Oakland des moines ROCKWELL |
| HIGH JUMP 40-44 - M | 1 BRAD CLEVELAND 2 MARK TWEDT 3 ERIK LUCS | Oakland ROCKWELL West Des Moines |
| SHOT PUT 40-44 - M | 1 DOUG JOHANSON | Johnston |
| DISCUS 40-44 - M | 1 DOUG JOHANSON | Johnston |
| 100 M DASH 45-49 - M | 1 WAYNE SHAFER 2 EDWARD MUEHSAM 3 TRACY CLARK 4 RANDY DAVIS | WINTERSET Marion Fairfield ALTOONA |
| 200 M DASH 45-49 - M | 1 WAYNE SHAFER 2 EDWARD MUEHSAM 3 RANDY DAVIS | WINTERSET Marion ALTOONA |
| 400 M DASH 45-49 - M | 1 WAYNE SHAFER 2 RANDY DAVIS 3 JAMES MCCALLEY 4 NATHAN SPENCER | WINTERSET ALTOONA Ames Iowa City |
| 1500 M RUN 45-49 - M | 1 DOUG WINTERS | INDIANOLA |
| 100/110 HURDLES 45-49 - M | 1 NATHAN SPENCER | Iowa City |
| LONG JUMP 45-49 - M | 1 TIM DITSWORTH 2 GRAEME ARMSTRONG 3 NATHAN SPENCER | ROCKWELL WEST DES MOINES Iowa City |
| TRIPLE JUMP 45-49 - M | 1 GRAEME ARMSTRONG | WEST DES MOINES |
| HIGH JUMP 45-49 - M | 1 TIM DITSWORTH | ROCKWELL |
| SHOT PUT 45-49 - M | 1 JEFF MENARY 2 JAMES FRANZEN 3 BRAD BONIN | MONTEZUMA Denver Clear Lake |
| DISCUS 45-49 - M | 1 JAMES FRANZEN 2 BRAD BONIN 3 JEFF MENARY | Denver Clear Lake MONTEZUMA |
| 100 M DASH 50-54 - F | 1 KAY GLYNN 2 LIZ MEIMANN 3 KATHLEEN ORCUTT | Hastings NEVADA NEVADA |

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| 200 M DASH 50-54 - F | 1 LIZ MEIMANN 2 KATHLEEN ORCUTT | NEVADA NEVADA |
| 400 M DASH 50-54 - F | 1 LIZ MEIMANN | NEVADA |
| 800 M RUN 50-54 - F | 1 LIZ MEIMANN 2 KATHLEEN ORCUTT | NEVADA NEVADA |
| 100/110 HURDLES 50-54 - F | 1 KAY GLYNN | Hastings |
| LONG JUMP 50-54 - F | 1 KAY GLYNN 2 DENISE MILLER 3 DEB ANDERSON | Hastings VAIL GILBERT |
| HIGH JUMP 50-54 - F | 1 KAY GLYNN | Hastings |
| SHOT PUT 50-54 - F | 1 MARTHA GREEN 2 DEB ANDERSON 3 DENISE MILLER | Des Moines GILBERT VAIL |
| DISCUS 50-54 - F | 1 MARTHA GREEN 2 DEB ANDERSON | Des Moines GILBERT |
| 100 M DASH 55-59 - F | 1 PAULINE GEIST 2 CAROL SEEHUSEN | Gilbert ALLISON |
| 200 M DASH 55-59 - F | 1 CAROL SEEHUSEN | ALLISON |
| LONG JUMP 55-59 - F | 1 CAROL SEEHUSEN | ALLISON |
| SHOT PUT 60-64 - F | 1 LOIS KOLBE | SAC CITY |
| 100 M DASH 50-54 - M | 1 PAUL MATZEN 2 DAVID WILSON | Iowa City Fairfield |
| 200 M DASH 50-54 - M | 1 PAUL MATZEN 2 JOHN BARRON 3 ANDY MACK 4 DAVID MILLER 5 RICK GUSTAFSON | Iowa City GUTTENBERG DES MOINES URBANDALE OGDEN |
| 400 M DASH 50-54 - M | 1 JOHN BARRON 2 ANDY MACK 3 DAVID MILLER 4 PAUL MATZEN 5 RICK GUSTAFSON | GUTTENBERG DES MOINES URBANDALE Iowa City OGDEN |
| 800 M RUN 50-54 - M | 1 DAVID MILLER 2 ANDY MACK 3 RICK GUSTAFSON 4 PAUL HANSON | URBANDALE DES MOINES OGDEN HUDSON |

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| 1500 M RUN 50-54 - M | 1 DAVID MILLER | URBANDALE |
| 100/110 HURDLES 50-54 - M | 1 RICK SCHULTES 2 TIM WYNES | Templeton Marshalltown |
| LONG JUMP 50-54 - M | 1 RICK SCHULTES 2 JIM SCHWIEBERT 3 TIM WYNES | Templeton BROOKLYN Marshalltown |
| HIGH JUMP 50-54 - M | 1 RICK SCHULTES 2 JIM SCHWIEBERT | Templeton BROOKLYN |
| SHOT PUT 50-54 - M | 1 VIC WEISBERG 2 MATT BYRNES 3 GERALD ROSS | BLAIRSBURG Johnston Eowirht |
| DISCUS 50-54 - M | 1 MARK SMITH 2 GERALD ROSS | West Union Eowirht |
| 100 M DASH 55-59 - M | 1 ALAN RUSSELL 2 STEVE DAKIN 3 MICHAEL KITCHELL 4 JACK BREON 5 ART BARTON 6 JEFF SEEHUSEN | Ames BOONE Ames OTTUMWA AMES ALLISON |
| 200 M DASH 55-59 - M | 1 ALAN RUSSELL 2 MICHAEL KITCHELL 3 JACK BREON 4 JEFF SEEHUSEN | Ames Ames OTTUMWA ALLISON |
| 400 M DASH 55-59 - M | 1 MICHAEL KITCHELL 2 STEVE DAKIN 3 ART BARTON | Ames BOONE AMES |
| 100/110 HURDLES 55-59 - M | 1 MICHAEL KITCHELL | Ames |
| LONG JUMP 55-59 - M | 1 ALAN RUSSELL 2 JIM KELLY 3 GREG EASTMAN | Ames DES MOINES DES MOINES |
| TRIPLE JUMP 55-59 - M | 1 ALAN SCHENCK | Clarinda |
| SHOT PUT 55-59 - M | 1 JIM KELLY 2 DENNIS DAVIS 3 GREG EASTMAN 4 JACK BREON | DES MOINES MARSHALLTOWN DES MOINES OTTUMWA |
| DISCUS 55-59 - M | 1 ALAN RUSSELL 2 JIM KELLY 3 GREG EASTMAN 4 JACK BREON | Ames DES MOINES DES MOINES OTTUMWA |

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| | 5 ALAN SCHENCK | Clarinda |
| 100 M DASH 60-64 - M | 1 LES LANE 2 RICH HOIDAHL | Carlisle JOHNSTON |
| 200 M DASH 60-64 - M | 1 LES LANE 2 RON WHEELER 3 RICH HOIDAHL | Carlisle Cedar Falls JOHNSTON |
| 400 M DASH 60-64 - M | 1 JAMES HAWTHORNE | IOWA CITY |
| 100/110 HURDLES 60-64 - M | 1 DAVIS EIDAHL 2 RICH HOIDAHL | RICHLAND JOHNSTON |
| LONG JUMP 60-64 - M | 1 LES LANE 2 DAVIS EIDAHL 3 RICH HOIDAHL | Carlisle RICHLAND JOHNSTON |
| TRIPLE JUMP 60-64 - M | 1 RON PETERSON | WAUKEE |
| HIGH JUMP 60-64 - M | 1 LES LANE 2 RON PETERSON 3 RON WHEELER | Carlisle WAUKEE Cedar Falls |
| SHOT PUT 60-64 - M | 1 JACK STRONG 2 RON WHEELER 3 RON PETERSON | SIOUX CITY Cedar Falls WAUKEE |
| DISCUS 60-64 - M | 1 JACK STRONG 2 RON WHEELER 3 RON PETERSON | SIOUX CITY Cedar Falls WAUKEE |
| 100 M DASH 65-69 - M | 1 MIKE MURPHY 2 BILL JOSLYN 3 KEN CLARK | BLUE GRASS CEDAR FALLS CLIVE |
| 200 M DASH 65-69 - M | 1 BILL JOSLYN | CEDAR FALLS |
| 400 M DASH 65-69 - M | 1 DICK DOYLE 2 BILL JOSLYN 3 BILL PORTER | TOLEDO CEDAR FALLS Mount Pleasant |
| 800 M RUN 65-69 - M | 1 BILL PORTER | Mount Pleasant |
| 1500 M RUN 65-69 - M | 1 BILL PORTER | Mount Pleasant |
| 100/110 HURDLES 65-69 - M | 1 DICK DOYLE 2 KEN CLARK | TOLEDO CLIVE |
| LONG JUMP 65-69 - M | 1 KEN CLARK 2 DICK DOYLE | CLIVE TOLEDO |

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| TRIPLE JUMP 65-69 - M | 1 DICK DOYLE 2 RICHARD ANGOVE | TOLEDO AMES |
| HIGH JUMP 65-69 - M | 1 RICHARD ANGOVE 2 KEN CLARK | AMES CLIVE |
| SHOT PUT 65-69 - M | 1 RICHARD ANGOVE 2 STANLEY WHELCHER | AMES CEDAR FALLS |
| DISCUS 65-69 - M | 1 RICHARD ANGOVE 2 STANLEY WHELCHER | AMES CEDAR FALLS |
| 100 M DASH 70-74 - M | 1 PHIL SNYDER | Sanborn |
| 200 M DASH 70-74 - M | 1 PHIL SNYDER 2 RONALD KOLBE | Sanborn SAC CITY |
| 400 M DASH 70-74 - M | 1 ALVIN RAVENSCROFT 2 RONALD KOLBE | AMES SAC CITY |
| 800 M RUN 70-74 - M | 1 ALVIN RAVENSCROFT | AMES |
| LONG JUMP 70-74 - M | 1 PHIL SNYDER 2 DANIEL TERAN | Sanborn WEST DES MOINES |
| TRIPLE JUMP 70-74 - M | 1 RONALD KOLBE | SAC CITY |
| SHOT PUT 70-74 - M | 1 DANIEL TERAN 2 RICHARD ANDERSEN 3 RONALD KOLBE | WEST DES MOINES Underwood SAC CITY |
| DISCUS 70-74 - M | 1 RICHARD ANDERSEN 2 DANIEL TERAN | Underwood WEST DES MOINES |
| 400 M DASH 75-79 - M | 1 DARRELL MITCHELL | MARSHALLTOWN |
| 200 M DASH 80+ M | 1 MELVIN LARSEN | AMES |
| LONG JUMP 80+ M | 1 CHARLES OBYE | SPIRIT LAKE |
| TRIPLE JUMP 80+ M | 1 CHARLES OBYE | SPIRIT LAKE |