

2004 SUMMER GAMES
 TRIATHLON

Event	Place	Athlete	City	Time
15 & UNDER - F	1	KATIE STOUT	ANKENY	1:34:16.00
16-19 - F	1	COLLEEN ARMSTRONG	AMES	1:18:30.00
	2	LINDSAY LEE	URBANDALE	1:19:39.00
	3	SHAWNA PACA	ANKENY	1:20:39.00
20-24 - F	1	NICOLE GANDY	MONROE	1:15:13.00
	2	KACEY JOHNSON	DES MOINES	1:17:27.00
	3	BRIDGET WOLDEBOER	IOWA CITY	1:28:25.00
25-29 - F	1	AMY SPENCE	LAMONI	1:08:17.00
	2	JANE RIESSEN	DES MOINES	1:15:46.00
	3	MISSY MATTINGLY	BOONE	1:17:47.00
30-34 - F	1	DAWN KELLER	SHELL ROCK	1:13:45.00
	2	JODY BENNETT	AMES	1:15:35.00
	3	TINA MCDONALD	WAUKEE	1:15:41.00
35-39 - F	1	JULIE ZIERKE-CLARK	CLIVE	1:10:54.00
	2	MARTA BURNHAM	PLEASANT VALLEY	1:15:04.00
	3	LISA SPRINGER	FORT DODGE	1:16:22.00
40-44 - F	1	MICK LUNDQUIST	ANKENY	1:09:28.00
	2	MICHELLE STOUT	ANKENY	1:16:15.00
45-49 - F	1	JOYCE BRICKER	STRATFORD	1:42:03.00
	2	PATRICIA BURKE	DUBUQUE	2:05:21.00
50-54 - F	1	MARILYN WHEELOCK	SIOUX CITY	1:47:50.00
55 & OVER - F	1	LYNN JOHNSON	SIOUX CITY	1:36:27.00
CLYDESDALE OPEN - F	1	KRISZTINA ELEKI	AMES	1:23:15.00
	2	KATHERINE BURGESS	BLOOMFIELD	1:29:43.00
	3	ALLISON LARSON	DES MOINES	1:32:47.00
15 & UNDER - M	1	LUKE HENSON	MARION	1:05:50.00
	2	JOHN VENNER	BOONE	1:18:22.00
	3	CHRISTIAN JOHNSON	BURLINGTON	1:21:34.00
16-19 - M	1	PAUL VENABLE	ANKENY	1:04:11.00
	2	TOM CUNNINGHAM	AMES	1:10:50.00
	3	JUSTIN HERRICK	CHARLES CITY	1:16:04.00
20-24 - M	1	LARS BRUDVIG	AMES	59:42.00
	2	GAVIN WHITE	AMES	1:08:14.00
	3	CHRIS THEISEN	CEDAR FALLS	1:09:29.00
25-29 - M	1	DAN GILLIATT	WINTERSET	1:05:26.00

	2 CONRAD HANSON	URBANDALE	1:05:56.00
	3 JOHN DARDA	IOWA CITY	1:13:34.00
30-34 - M	1 CRAIG SPENCE	LAMONI	1:04:06.00
	2 REED RINDERKNECHT	CLIVE	1:06:03.00
	3 JEFF BROCK	CLIVE	1:07:12.00
35-39 - M	1 DAN MATTINGLY	BOONE	1:02:47.00
	2 HERB HOLLWAGER	DES MOINES	1:16:37.00
	3 DAVID PETERSON	AMES	1:17:00.00
40-44 - M	1 RODNEY WEBER	AMES	1:05:45.00
	2 DON ROMIG	BOONE	1:07:09.00
	3 GREG WELK	AMES	1:07:56.00
45-49 - M	1 GREG MADISON	ANKENY	1:09:32.00
	2 TOM HENSON	MARION	1:10:21.00
	3 DON PIPER	DES MOINES	1:10:57.00
50-54 - M	1 GARY DEBNES	KEOSAUQUA	1:18:15.00
	2 RICHARD HERRICK	CHARLES CITY	1:20:59.00
	3 BILL HULS	NEVADA	1:26:48.00
55 & OVER - M	1 BILL PATTINSON	AMES	1:28:25.00
	2 PETER WOLTZ	INDIANOLA	1:28:47.00
	3 DICK BROWN	COUNCIL BLUFFS	1:31:41.00
CLYDESDALE OPEN - M	1 DAVID DVORAK	POLK CITY	1:13:09.00
	2 MICHAEL PORTER	ANKENY	1:16:33.00
	3 CHRIS MARTIN	RIVERSIDE	1:17:58.00
TEAM OPEN-M	1 DUSTY NESHEIM	DES MOINES	59:36.00
	1 NATHAN WHITE	DES MOINES	59:36.00
	1 SKYLER NESHEIM	DES MOINES	00:00.00
	2 JOHN GILARSKI	AMES	1:03:58.00
	2 MATT CLARK	AMES	1:03:58.00
	2 ROB ACKER	AMES	1:03:58.00
	3 BRYCE GRAIL	AMES	1:13:05.00
	3 MARK SMITH	MARION	1:13:05.00
	3 NICHOLAS IRVING	DES MOINES	1:13:05.00
TEAM OPEN-COED	1 JOCELYN MOTRET	OTTUMWA	65:28.00
	1 LISA O'BRIEN	OTTUMWA	65:28.00
	1 TASIA GUIETER	OTTUMWA	65:28.00
	2 BRAD THOMAS	NEWTON	1:16:33.00
	2 KATHERINE MILLER	NEWTON	1:16:33.00
	2 LISA PATTY	NEWTON	1:16:33.00
	3 GARY KRABER	EDDYVILLE	1:16:37.00
	3 JEFF JENNINGS	EDDYVILLE	1:16:37.00
	3 MAUREEN SHAY	EDDYVILLE	1:16:37.00