

2004 SUMMER GAMES  
TRACK AND FIELD-YOUTH  
Event

Event	Place	Athlete	City
100 METER 6 AND UNDER-F	1	ALICIA HARRINGTON	CEDAR FALLS
	2	KRISTINA CAVEY	AMES
	3	TABITHA STEFFENSEN	MARSHALLTOWN
200 METER 6 AND UNDER-F	1	ALICIA HARRINGTON	CEDAR FALLS
	2	KRISTINA CAVEY	AMES
	3	TABITHA STEFFENSEN	MARSHALLTOWN
400 METER 6 AND UNDER-F	1	TABITHA STEFFENSEN	MARSHALLTOWN
	2	NADINE DHANFIL	DES MOINES
	3	MYAH GUERRERO	SPENCER
LONG JUMP 6 AND UNDER-F	1	SYDNEY JENKINS	NEWTON
	2	KRISTINA CAVEY	AMES
	3	TABITHA STEFFENSEN	MARSHALLTOWN
HIGH JUMP 6 AND UNDER-F	1	SYDNEY JENKINS	NEWTON
SHOT PUT 6 AND UNDER-F	1	JULIA WHITE	AMES
DISCUS 6 AND UNDER-F	1	PAIGE WILLMAN	GRANVILLE
	2	JULIA WHITE	AMES
100 METER 7-8-F	1	JALYNN LEWIS	WEST DES MOINES
	2	TORRRIE HOOK	ADEL
	3	MALINDA VAN DORN	POLK CITY
200 METER 7-8 - F	1	JALYNN LEWIS	WEST DES MOINES
	2	TORRRIE HOOK	ADEL
	3	MALINDA VAN DORN	POLK CITY
400 METER 7-8 - F	1	ROJCHELLE MARBLE	DES MOINES
	2	MACKENZIE GUSTAFSON	PELLA
1500 M RUN 7-8 - F	1	BLAKE BERGREN	RED OAK
LONG JUMP 7-8 - F	1	JALYNN LEWIS	WEST DES MOINES
	2	TORRRIE HOOK	ADEL
	3	TEANNA LEWIS	DES MOINES
HIGH JUMP 7-8 - F	1	HALEY SCHEPERS	ADEL
100 M DASH 9-10 - F	1	MORGAN GRANGER	WATERLOO
	2	COURTNEY KINTZEL	MOUNT VERNON
	3	CHANEL REDDIX	DES MOINES
200 M DASH 9-10 - F	1	COURTNEY KINTZEL	MOUNT VERNON
	2	MORGAN GRANGER	WATERLOO
	3	ALEXANDRA ARMITAGE	WEST DES MOINES

400 M DASH 9-10 - F	1 ALEXIS CROSS 2 ALEXANDRA ARMITAGE 3 SHELBY JACOBSEN	DES MOINES WEST DES MOINES HARLAN
800 M RUN 9-10 - F	1 HALEY STEVENS 2 NICOLE INSKEEP 3 KATIE AHRENHOLTZ	DENVER ANKENY OAKLAND
1500 M RUN 9-10 - F	1 HALEY STEVENS 2 NICOLE INSKEEP 3 MATTEA DETRICK	DENVER ANKENY RADCLIFFE
LONG JUMP 9-10 - F	1 TAYLOR TWEDT 2 CASSIDY BREON 3 SHELBY JACOBSEN	ROCKWELL SERGEANT BLUFF HARLAN
HIGH JUMP 9-10 - F	1 TAYLOR TWEDT 2 COURTNEY KINTZEL 3 MARIAH WELTER	ROCKWELL MOUNT VERNON GOWRIE
SHOT PUT 9-10 - F	1 TAKIZYAH WELLS 2 MORGAN GRANGER 3 REANNA LEWIS	DES MOINES WATERLOO DES MOINES
DISCUS 9-10 - F	1 JESSICA FARRELL 2 LAUREN SMITH 3 ALEXANDRA WILLMEN	HARLAN WEST UNION GRANVILLE
100 M DASH 11-12 - F	1 JESSICA GEHRKE 2 MELISSA VAN DORN 3 TAYJA CASON	CORALVILLE POLK CITY ALGONA
200 M DASH 11-12 - F	1 MELISSA VAN DORN 2 TAYJA CASON 3 JESSICA GEHRKE	POLK CITY ALGONA CORALVILLE
400 M DASH 11-12 - F	1 TAYJA CASON 2 JILLIAN JONES 3 HOLLY KAYSER	ALGONA WATERLOO DES MOINES
800 M RUN 11-12 - F	1 DAWN GILDERSLEEVE 2 JOSEE JANSEN 3 ELLEN HANSEN	BONDURANT SIOUX CITY AMES
1500 M RUN 11-12 - F	1 DAWN GILDERSLEEVE 2 JOSEE JANSEN 3 HOLLY BRO	BONDURANT SIOUX CITY WATERLOO
100/110 HURDLES 11-12 - F	1 VANESSA BROWN 2 SHELBY KINTZEL 3 ALLISON BREES	DES MOINES MOUNT VERNON URBANDALE
LONG JUMP 11-12 - F	1 CANDESS MCCAMEY	DES MOINES

	2 MAGGIE WEBER 3 NAILAH EDWARDS	SHENANDOAH DES MOINES
HIGH JUMP 11-12 - F	1 SHELBY KINTZEL 2 JESSICA GEHRKE 3 LAUREN BONETT	MOUNT VERNON CORALVILLE AMES
SHOT PUT 11-12 - F	1 CHRISTIANA FAIRFIELD 2 BRIANNA WILLIAMS 3 BAXTYR JOHNSON	CORALVILLE DES MOINES DES MOINES
DISCUS 11-12 - F	1 BRIANNE LOUGHREN 2 LATASHA PORTE 3 ERIN JONES	AMES DES MOINES DES MOINES
100 M DASH 13-14 - F	1 JAZMINE DUPEE 2 VALERIE FERGUSON 3 AMAURA COPE	DES MOINES DES MOINES WEST DES MOINES
200 M DASH 13-14 - F	1 KAAYDAH NANGLE 2 JAZMINE DUPEE 3 VALERIE FERGUSON	DES MOINES DES MOINES DES MOINES
400 M DASH 13-14 - F	1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 CHERESHA CLARK	TRAER TRAER DES MOINES
800 M RUN 13-14 - F	1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 STEPHANIE MUNDT	TRAER TRAER URBANDALE
1500 M RUN 13-14 - F	1 BROOKE DINSDALE 2 BLAIRE DINSDALE 3 STEPHANIE MUNDT	TRAER TRAER URBANDALE
100/110 HURDLES 13-14 - F	1 LINDSAY LETTOW 2 KELLI MASSENGALE 3 BRIDGET RYAN	URBANDALE TAMA SIOUX CENTER
LONG JUMP 13-14 - F	1 JAZMINE DUPEE 2 AMAURA COPE 3 BLAIRE DINSDALE	DES MOINES WEST DES MOINES TRAER
HIGH JUMP 13-14 - F	1 KELLI MASSENGALE 2 LINDSAY LETTOW 3 BECCA FAGERLIND	TAMA URBANDALE DENVER
SHOT PUT 13-14 - F	1 LINDSAY LETTOW 2 NATASH YOUNG 3 LINDSEY FARRELL	URBANDALE DES MOINES HARLAN
DISCUS 13-14 - F	1 LINDSEY FARRELL	HARLAN

100 M DASH 15-16 - F	1 KAADAH NANGLE 2 ASHLEY ZIMMER 3 REIKO CUNNINGHAM	DES MOINES PRIMGHAR WEST DES MOINES
200 M DASH 15-16 - F	1 RACHELLE TIPTON 2 BRIA DITSWORTH 3 ALEXA KRULL	NEWTON ROCKWELL REINBECK
400 M DASH 15-16 - F	1 RACHELLE TIPTON 2 ALEXA KRULL 3 JANA E WILLIAMS	NEWTON REINBECK HARLAN
100/110 HURDLES 15-16 - F	1 REIKO CUNNINGHAM 2 SARAH FAGERLIND 3 CARA MOODY	WEST DES MOINES DENVER NEVADA
LONG JUMP 15-16 - F	1 BRIA DITSWORTH 2 RACHELLE TIPTON 3 CARA MOODY	ROCKWELL NEWTON NEVADA
HIGH JUMP 15-16 - F	1 ALEXA KRULL	REINBECK
SHOT PUT 15-16 - F	1 MEGAN HIGGINS 2 MELINDA JOHNSON 3 LASHA BROWN	COUNCIL BLUFFS COUNCIL BLUFFS DES MOINES
DISCUS 15-16 - F	1 EMILY VERSTEEG 2 MEGAN HIGGINS 3 MELINDA JOHNSON	SIBLEY COUNCIL BLUFFS COUNCIL BLUFFS
100 M DASH 17-18 - F	1 CASEY BALVANZ 2 MEGAN NELSON 3 ELIZABETH LANGE	HUBBARD ALTOONA MONTICELLO
200 M DASH 17-18 - F	1 JESSICA VANKAMEN 1 CHANTELLE MACVEY 2 JESSICA VANKAMEN	DENVER NEWTON DENVER
100/110 HURDLES 17-18 - F	1 MEGAN NELSON 2 WHITNEY ALSAGER 3 CHANTELLE MACVEY	ALTOONA RADCLIFFE NEWTON
LONG JUMP 17-18 - F	1 CHANTELLE MACVEY	NEWTON
SHOT PUT 17-18 - F	1 MANDY CHANDLER 2 CRYSTAL MOODY 3 ADDIE RASMUSSEN	CHARITON NEVADA STORY CITY
DISCUS 17-18 - F	1 LAURA HUPP 2 KARMA WEEDEN 3 ADDIE RASMUSSEN	SCRANTON ESTHERVILLE STORY CITY
100 M DASH 19-24 - F	1 STEPHANIE MEIMANN	NEVADA

	1 STEPHANIE MEIMANN 2 CANDICE WHITNEY	NEVADA HINTON
400 M DASH 19-24 - F	1 CARISSA MILLER 2 STEPHANIE MEIMANN 3 AMANDA JEPSON	MT. PLEASANT NEVADA WAYLAND
800 M RUN 19-24 - F	1 STEPHANIE MEIMANN	NEVADA
1500 M RUN 19-24 - F	1 CANDICE WHITNEY	HINTON
TRIPLE JUMP 19-24 - F	1 JESSICA AMMANN	AMES
SHOT PUT 19-24 - F	1 MAGGIE MATIJEVICH	POLK CITY
DISCUS 19-24 - F	1 JENNIFER DUFFY 2 BRIDGITTE DUFFY 3 MOLLY BANSE	ANAMOSA LAWLER STRAWBERRY POINT
100 M DASH 25-29 - F	1 NICOLE SALTSGAVER 1 NICOLE SALTSGAVER	IOWA CITY IOWA CITY
400 M DASH 25-29 - F	1 NICOLE SALTSGAVER	IOWA CITY
SHOT PUT 25-29 - F	1 MOLLY WINGERT	CARROLL
DISCUS 25-29 - F	1 MOLLY WINGERT	CARROLL
100 M DASH 6 AND UNDER - M	1 NATHANIEL BOLDEN 2 KEENAN JACKSON 3 JOEY STERNER	DES MOINES JOHNSTON OSKALOOSA
200 M DASH 6 AND UNDER - M	1 NATHANIEL BOLDEN 2 CARLO MARBLE 3 REESE BARRACKS	DES MOINES DES MOINES CLEAR LAKE
400 M DASH 6 AND UNDER - M	1 REESE BARRACKS 2 JOSHUA HAWKINS 3 CARLO MARBLE	CLEAR LAKE DES MOINES DES MOINES
800 M RUN 6 AND UNDER - M	1 COLE MILLS	DES MOINES
LONG JUMP 6 AND UNDER - M	1 JOEY STERNER 2 COLTON SLEISTER 3 CHASE NETUSIL	OSKALOOSA ANKENY CARROLL
SHOT PUT 6 AND UNDER - M	1 JORDAN WHITE 2 ERIC ANDERSON	AMES PALMER
DISCUS 6 AND UNDER - M	1 ERIC ANDERSON 2 JORDAN WHITE	PALMER AMES
100 M DASH 7-8 - M	1 MARCUS FOSTER	CLIVE

	2 TREVOR BELL 3 ELIJAH WILLIAMS	WINTERSET HARLAN
200 M DASH 7-8 - M	1 RASHAUD JACKSON 2 MARCUS FOSTER 3 ORLANDO CRAMER	DES MOINES CLIVE DES MOINES
400 M DASH 7-8 - M	1 ADAM JOHANSON 2 ELIJAH WILLIAMS 3 ETHAN MARTIN	JOHNSTON HARLAN ALTA
800 M RUN 7-8 - M	1 KYLE CAVEY 2 COLLIN BRO 3 ERNEST MISZEWSKI	AMES WATERLOO CLEAR LAKE
1500 M RUN 7-8 - M	1 KYLE CAVEY 2 COLLIN BRO 3 BEN ECKERT	AMES WATERLOO SIOUX CITY
LONG JUMP 7-8 - M	1 KEENAN NUNEZ 2 ADAM JOHANSON 3 COLLIN BRO	MONDAMIN JOHNSTON WATERLOO
HIGH JUMP 7-8 - M	1 PEYTON TWEDT 2 NOAH AJRAM 3 SEAN RICHARDSON	ROCKWELL CEDAR RAPIDS NEWTON
SHOT PUT 7-8 - M	1 WYATT DAVIS 2 ADAM JOHANSON 3 ETHAN MARTIN	COON RAPIDS JOHNSTON ALTA
DISCUS 7-8 - M	1 WYATT DAVIS 2 ADAM JOHANSON 3 ETHAN MARTIN	COON RAPIDS JOHNSTON ALTA
100 M DASH 9-10 - M	1 TREY LEWIS 2 ROMAN HELLEMS 3 JOE KOGER	DES MOINES DES MOINES DES MOINES
200 M DASH 9-10 - M	1 TREY LEWIS 2 JOE KOGER 3 ROMAN HELLEMS	DES MOINES DES MOINES DES MOINES
400 M DASH 9-10 - M	1 CAMERON BAILEY 2 JORDAN ANDERSON 3 KENNETH LINKENMEYER	DES MOINES BUFFALO CENTER RICEVILLE
800 M RUN 9-10 - M	1 JORDAN ANDERSON 2 WICK CUNNINGHAM 3 COLE BAMRICK	BUFFALO CENTER VENTURA MASON CITY
1500 M RUN 9-10 - M	1 WICK CUNNINGHAM 2 JOSH PIETAN	VENTURA JOHNSTON

LONG JUMP 9-10 - M	1 TREY LEWIS 2 CHANCE VANDENBERG	DES MOINES ANKENY
HIGH JUMP 9-10 - M	1 JORDAN ANDERSON 2 COLIN LEE 3 RICKY ELLIS	BUFFALO CENTER JOHNSTON DES MOINES
SHOT PUT 9-10 - M	1 BRETT HALL 2 MATTHEW JESSEN 3 COLIN LEE	GRINNELL ALTOONA JOHNSTON
DISCUS 9-10 - M	1 BRETT HALL 2 MATTHEW JESSEN 3 JACOB IHNEN	GRINNELL ALTOONA SHELDON
100 M DASH 11-12 - M	1 DESHAUN WILLIS 2 JEVONURY WEDDERBUR 3 TAYLOR HUSEMAN	DES MOINES DES MOINES MANSON
200 M DASH 11-12 - M	1 SAHNE CROSS 2 KALEB VANCLEAVE 3 JEVONURY WEDDERBUR	DES MOINES DES MOINES DES MOINES
400 M DASH 11-12 - M	1 TAYLOR HUSEMAN 2 BRIAN JOHNSON 3 MARK REEVES	MANSON DES MOINES LONE TREE
800 M RUN 11-12 - M	1 TAYLOR HUSEMAN 2 TRAVIS MARSH 3 LEARIE JONES	MANSON ANKENY DES MOINES
1500 M RUN 11-12 - M	1 MICHAEL MCMAHON 2 RYAN MCMAHON 3 ANDREW JACKSON	ALGONA ALGONA JOHNSTON
100/110 HURDLES 11-12 - M	1 JERRAE LINDSEY 2 RON HORTON 3 BLAKE CROSS	DES MOINES KEOKUK DES MOINES
LONG JUMP 11-12 - M	1 TRAVIS MARSH 2 KALEB VANCLEAVE 3 TERRY MASSENGALE	ANKENY DES MOINES TAMA
TRIPLE JUMP 11-12 - M	1 MARK REEVES 2 WICK CUNNINGHAM 3 SKYLAR CUNNINGHAM	LONE TREE VENTURA VENTURA
HIGH JUMP 11-12 - M	1 DARIUS STOKES 2 JERRAE LINDSEY 2 TRAVIS MARSH	MARION DES MOINES ANKENY
SHOT PUT 11-12 - M	1 ANDY THOMAS	WHAT CHEER

	2 ANDREW NODTVEDT 3 ANTHONY JOLLY	MANLY DES MOINES
DISCUS 11-12 - M	1 ANDY THOMAS 2 ANTHONY JOLLY 3 JOSH MCCOY	WHAT CHEER DES MOINES ANKENY
100 M DASH 13-14 - M	1 JEREMY BATISTE 2 ADAM TAKES 3 GRANT MAYFIELD	DES MOINES CEDAR FALLS DES MOINES
200 M DASH 13-14 - M	1 JEREMY BATISTE 2 ADAM TAKES 3 MICHAEL RAMAEKER	DES MOINES CEDAR FALLS KNOXVILLE
400 M DASH 13-14 - M	1 BALEY JOHNSON 2 DANIEL MCCOY 3 ANDREW SORGE	DES MOINES ANKENY WDM
800 M RUN 13-14 - M	1 JOSHUA MELLMAN 2 ANDREW SORGE 3 DANIEL MCCOY	ROCKWELL WDM ANKENY
1500 M RUN 13-14 - M	1 JOSHUA MELLMAN 2 DANIEL MCCOY 3 TANNER WIKE	ROCKWELL ANKENY ALTOONA
100/110 HURDLES 13-14 - M	1 TYLER CLARK 2 MICHAEL RAMAEKER 3 DANIEL DAVIS	AMES KNOXVILLE NORTH LIBERTY
LONG JUMP 13-14 - M	1 ADAM TAKES 2 A.J. NUNEZ JR. 3 KODY LUEDERS	CEDAR FALLS MONDAMIN WESTSIDE
TRIPLE JUMP 13-14 - M	1 TONY MOSHER	COLFAX
HIGH JUMP 13-14 - M	1 TYLER CLARK 2 JAKE BLACKBURN 3 TONY MOSHER	AMES EDDYVILLE COLFAX
SHOT PUT 13-14 - M	1 TYLER ROSBURY 2 ZACHARIAH WALLER 3 CHRIS ANDERSON	COLO URBANDALE PALMER
DISCUS 13-14 - M	1 TYLER ROSBURY 2 CHASE JOHNSON 3 CHRIS ANDERSON	COLO WEST UNION PALMER
100 M DASH 15-16 - M	1 DEANGELO SCOGGINS 2 KEVIN BERG 3 DANNY MONROE	DES MOINES AMES NEWTON



200 M DASH 15-16 - M	1 DEANGELO SCOGGINS 2 TYLER ANDERSON 3 KEVIN BERG	DES MOINES BUFFALO CENTER AMES
400 M DASH 15-16 - M	1 TYLER ANDERSON 2 SAM CREWS 3 MARCUS SMITH	BUFFALO CENTER MUSCATINE DES MOINES
800 M RUN 15-16 - M	1 TYLER ANDERSON 2 TABER JAMISON 3 MARCUS MOSHER	BUFFALO CENTER AMES COLFAX
1500 M RUN 15-16 - M	1 TABER JAMISON 2 ANDREW DAY 3 TYLER JANSEN	AMES PRIMGHAR SULLY
100/110 HURDLES 15-16 - M	1 ADAM GOLDSMITH 2 ALEX CURRENT 3 MATTHEW KERR	GRIMES PELLA SIGOURNEY
LONG JUMP 15-16 - M	1 KEVIN BERG 2 JERRY STIMMEL 3 ANDREW HOPPER	AMES OXFORD WAUKEE
TRIPLE JUMP 15-16 - M	1 MARCUS MOSHER	COLFAX
HIGH JUMP 15-16 - M	1 ADAM GOLDSMITH 2 MARCUS MOSHER 3 TABER JAMISON	GRIMES COLFAX AMES
SHOT PUT 15-16 - M	1 SCOTT DANIELSON 2 TONY RAVELING 3 MATTHEW BANSE	DAYTON STORM LAKE STRAWBERRY POINT
DISCUS 15-16 - M	1 BARRET SCHLOERKE 2 TONY RAVELING 3 MATTHEW BANSE	AMES STORM LAKE STRAWBERRY POINT
100 M DASH 17-18 - M	1 ROBERT THOMPSON 2 RONNIE CHEATEM 3 JUSTIN BAUER	DES MOINES DES MOINES CARROLL
200 M DASH 17-18 - M	1 ROBERT THOMPSON 2 RONNIE CHEATEM 3 BART STOCKARD	DES MOINES DES MOINES DES MOINES
400 M DASH 17-18 - M	1 AJ JOHNSON 2 MICHAEL HADEN 3 JUSTIN BAUER	DES MOINES PRIMGHAR CARROLL
800 M RUN 17-18 - M	1 REX REED 2 ADAM ROSS 3 MICHAEL HADEN	WATERLOO EPWORTH PRIMGHAR

1500 M RUN 17-18 - M	1 ADAM ROSS 2 MICHAEL HADEN 3 REX REED	EPWORTH PRIMGHAR WATERLOO
100/110 HURDLES 17-18 - M	1 MATT MCKIBBEN 2 DREW VEYSEY 3 ADAM SPORRER	REMBRANDT AMES TEMPLETON
LONG JUMP 17-18 - M	1 JUSTIN BAUER	CARROLL
HIGH JUMP 17-18 - M	1 JON STEINKAMP 2 MATT MCKIBBEN	BREDA REMBRANDT
SHOT PUT 17-18 - M	1 CHASE MADISON 2 MATTHEW STUBBE	NEWTON CHEROKEE
DISCUS 17-18 - M	1 CHASE MADISON 2 JESSE SMITH 3 MATTHEW STUBBE	NEWTON WEST UNION CHEROKEE
100 M DASH 19-24 - M	1 PAUL SCOTT 2 CHAD PEARSON 3 PETER SALTSGAVER	DES MOINES POLK CITY REDFIELD
200 M DASH 19-24 - M	1 PETER SALTSGAVER 2 PAUL SCOTT	REDFIELD DES MOINES
400 M DASH 19-24 - M	1 CHAD PEARSON 2 PAUL SCOTT 3 PETER SALTSGAVER	POLK CITY DES MOINES REDFIELD
800 M RUN 19-24 - M	1 TYLER FONSECA 2 JAMA FARAH 3 JEREMIAH JOHNSON	LAMONI SIOUX CITY THOMPSON
1500 M RUN 19-24 - M	1 TYLER FONSECA 2 RON BAY	LAMONI SIOUX CITY
100/110 HURDLES 19-24 - M	1 NICK CASILLAS	INDEPENDENCE
LONG JUMP 19-24 - M	1 ISI OAMEN 2 TONY BROWNLEE 3 JASON DAYTON 4 NICK CASILLAS	HINTON ANKENY GRINNELL INDEPENDENCE
HIGH JUMP 19-24 - M	1 TYLER MAYER 2 ISI OAMEN	MARION HINTON
SHOT PUT 19-24 - M	1 SHANE MAIER 2 ANDREW BANSE 3 DANIEL MCCAIN	STORM LAKE IOWA CITY DES MOINES

DISCUS 19-24 - M	1 DANIEL MCCAIN 2 ANDREW BANSE 3 SHANE MAIER	DES MOINES IOWA CITY STORM LAKE
100 M DASH 25-29 - M	1 MARC VANDER VELDEN 2 JEROD SKYBERG 3 GREG SCHLICHTE	NEWTON AMES WEST DES MOINES
200 M DASH 25-29 - M	1 MARC VANDER VELDEN 2 DOUG BROWN 3 GREG SCHLICHTE	NEWTON CUMMING WEST DES MOINES
400 M DASH 25-29 - M	1 DOUG BROWN 2 GREG SCHLICHTE 3 BENJAMIN FOUST	CUMMING WEST DES MOINES ALDEN
800 M RUN 25-29 - M	1 RYAN SCHECKEL 2 BENJAMIN FOUST 3 TRAVIS NUSS	WALFORD ALDEN DAYTON
1500 M RUN 25-29 - M	1 RYAN SCHECKEL 2 BENJAMIN FOUST 3 TRAVIS NUSS	WALFORD ALDEN DAYTON
LONG JUMP 25-29 - M	1 MARC VANDER VELDEN 2 GREG SCHLICHTE 3 VOUTH VARANGKOUNH 4 ANDREW SEVERIN	NEWTON WEST DES MOINES HUMBOLDT AMES
TRIPLE JUMP 25-29 - M	1 ANDREW SEVERIN	AMES
SHOT PUT 25-29 - M	1 TONY BUHR	MASON CITY
DISCUS 25-29 - M	1 TONY BUHR	MASON CITY
100 M DASH 30-34 - F	1 RAE LYNN LAMPAREK	SWISHER
200 M DASH 30-34 - F	1 KELLI WENSEL 2 RAE LYNN LAMPAREK 3 MARSHA SIMMONS	STORM LAKE SWISHER AMANA
400 M DASH 30-34 - F	1 KELLI WENSEL 2 RAE LYNN LAMPAREK 3 MARSHA SIMMONS	STORM LAKE SWISHER AMANA
800 M RUN 30-34 - F	1 CHRIS CUNNINGHAM 2 RAE LYNN LAMPAREK 3 MARSHA SIMMONS	VENTURA SWISHER AMANA
1500 M RUN 30-34 - F	1 CHRIS CUNNINGHAM 2 MARSHA SIMMONS	VENTURA AMANA
LONG JUMP 30-34 - F	1 CHRIS CUNNINGHAM	VENTURA

DISCUS 30-34 - F	1 ANGELA LARSON	GRINNELL
1500 M RUN 40-44 - F	1 TRACY CODEL	WEST DES MOINES
100 M DASH 45-49 - F	1 PAULA SANDMEIER	KNOXVILLE
200 M DASH 45-49 - F	1 PAULA SANDMEIER	KNOXVILLE
SHOT PUT 45-49 - F	1 CONNI WYATT	EXIRA
DISCUS 45-49 - F	1 CONNI WYATT	EXIRA
100 M DASH 30-34 - M	1 NATE SICKERSON 2 DAN BELL 3 REGGIE DRAKE	ALTOONA MOUNT PLEASANT WILTON
200 M DASH 30-34 - M	1 NATE SICKERSON 2 DAN BELL 3 REGGIE DRAKE	ALTOONA MOUNT PLEASANT WILTON
400 M DASH 30-34 - M	1 DAN BELL 2 REGGIE DRAKE 3 SCOTT MILLS	MOUNT PLEASANT WILTON DES MOINES
800 M RUN 30-34 - M	1 REGGIE DRAKE 2 SCOTT MILLS	WILTON DES MOINES
1500 M RUN 30-34 - M	1 SCOTT MILLS	DES MOINES
LONG JUMP 30-34 - M	1 JOE CUNNINGHAM 2 PETER CARLSON 3 TOM GREEN	VENTURA ASHTON SIOUX CITY
SHOT PUT 30-34 - M	1 JASON GOENKEN 2 DOUG DEROOS 3 TOM GREEN	CEDAR RAPIDS SIOUX CITY SIOUX CITY
DISCUS - M	1 DOUG DEROOS 2 TOM GREEN	SIOUX CITY SIOUX CITY
100 M DASH 35-39 - M	1 JOHN FULLER 2 CHRIS GINGERY 3 BILL RUDE	MARSHALLTOWN ANKENY GRIMES
200 M DASH 35-39 - M	1 MAREK WENSEL 2 PATRICK RICHARDSON 3 BILL RUDE	STORM LAKE NEWTON GRIMES
400 M DASH 35-39 - M	1 MAREK WENSEL 2 JEFF BURRIS 3 PATRICK RICHARDSON	STORM LAKE CEDAR FALLS NEWTON

800 M RUN 35-39 - M	1 JEFF BURRIS 2 BILL GRAY	CEDAR FALLS OTTUMWA
LONG JUMP 35-39 - M	1 BILL RUDE 2 MICHAEL TRIPLETT 3 BILL GRAY	GRIMES DES MOINES OTTUMWA
HIGH JUMP 35-39 - M	1 MICHAEL FAIRCHILD	RUNNELLS
SHOT PUT 35-39 - M	1 TODD CATHERS 2 MAREK WENSEL	WASHINGTON STORM LAKE
DISCUS 35-39 - M	1 TODD CATHERS 2 MAREK WENSEL	WASHINGTON STORM LAKE
100 M DASH 40-44 - M	1 JORDAN JORDAN 2 DAN DALL 3 JEFFERY STONE	IOWA CITY SOLON LE MARS
200 M DASH 40-44 - M	1 JEFFERY STONE 2 JORDAN JORDAN 3 TOM MONTGOMERY	LE MARS IOWA CITY FOREST CITY
400 M DASH 40-44 - M	1 JOHN FEEHAN SR 2 PAUL ECKERT 3 TIM MCNAMARA	MOUNT PLEASANT SIOUX CITY KNOXVILLE
800 M RUN 40-44 - M	1 KEVIN VANDERLINDEN 2 DAVID COOK 3 DOUG WINTERS	SIOUX CITY MOSCOW INDIANOLA
1500 M RUN 40-44 - M	1 KEVIN VANDERLINDEN 2 DAVID COOK 3 TIM MCNAMARA 4 DOUG WINTERS	SIOUX CITY MOSCOW KNOXVILLE INDIANOLA
LONG JUMP 40-44 - M	1 JEFF ALAIMO 2 MARK TWEDT 3 DAN DALL	URBANDALE ROCKWELL SOLON
HIGH JUMP 40-44 - M	1 MARK TWEDT 2 BRAD CLEVELAND	ROCKWELL OAKLAND
SHOT PUT 40-44 - M	1 DOUG JOHANSON	JOHNSTON
DISCUS 40-44 - M	1 JOSEPH BEADLE 2 DOUG JOHANSON	CEDAR RAPIDS JOHNSTON
100 M DASH 45-49 - M	1 EDWARD MUEHSAM 2 WAYNE SHAFER 3 RANDALL DAVIS	MARION WINTERSET ALTOONA
200 M DASH 45-49 - M	1 WAYNE SHAFER	WINTERSET

	2 EDWARD MUEHSAM 3 RANDALL DAVIS	MARION ALTOONA
400 M DASH 45-49 - M	1 WAYNE SHAFER 2 JEFF DOTSETH 3 RANDALL DAVIS	WINTERSET CORALVILLE ALTOONA
800 M RUN 45-49 - M	1 TOM NOVAK 2 JOHN ANDERSON	IOWA CITY HUXLEY
1500 M RUN 45-49 - M	1 TOM NOVAK 2 JOHN ANDERSON	IOWA CITY HUXLEY
LONG JUMP 45-49 - M	1 GRAEME ARMSTRONG 2 JAMES FRANZEN 3 DAN STIPE	WEST DES MOINES DENVER TEMPLETON
TRIPLE JUMP 45-49 - M	1 GRAEME ARMSTRONG 2 JAMES FRANZEN	WEST DES MOINES DENVER
HIGH JUMP 45-49 - M	1 TIM DITSWORTH 2 TERRY BEIMERS	ROCKWELL SIOUX CENTER
SHOT PUT 45-49 - M	1 JAMES FRANZEN 2 BRAD BONIN	DENVER CLEAR LAKE
DISCUS 45-49 - M	1 JAMES FRANZEN 2 LYLE VERSTEEG	DENVER SIBLEY
100 M DASH 50-54 - F	1 KAY GLYNN 2 MARY MADSEN 3 LIZ MEIMANN	HASTINGS MELBOURNE NEVADA
200 M DASH 50-54 - F	1 KAY GLYNN 2 LIZ MEIMANN 3 KATHLEEN ORCUTT	HASTINGS NEVADA NEVADA
400 M DASH 50-54 - F	1 LIZ MEIMANN 2 KATHLEEN ORCUTT	NEVADA NEVADA
800 M RUN 50-54 - F	1 LIZ MEIMANN	NEVADA
100/110 HURDLES 50-54 - F	1 KAY GLYNN 2 MARY MADSEN	HASTINGS MELBOURNE
LONG JUMP 50-54 - F	1 KAY GLYNN 2 MARY MADSEN 3 KATHLEEN ORCUTT	HASTINGS MELBOURNE NEVADA
SHOT PUT 50-54 - F	1 LINDA ROWE 2 MARTHA GREEN 3 DEB ANDERSON	BLOOMFIELD DES MOINES GILBERT

DISCUS 50-54 - F	1 LINDA ROWE 2 MARTHA GREEN 3 DEB ANDERSON	BLOOMFIELD DES MOINES GILBERT
SHOT PUT 60-64 - F	1 LOIS KOLBE	SAC CITY
100 M DASH 65-69 - F	1 MARGOT ENEES 1 PAUL MATZEN 2 ALAN RUSSELL 3 JON BASS	DAYTON IOWA CITY AMES COUNCIL BLUFFS
200 M DASH 50-54 - M	1 PAUL MATZEN 2 ALAN RUSSELL 3 ANDY MACK	IOWA CITY AMES DES MOINES
400 M DASH 50-54 - M	1 JOHN BARRON 2 ANDY MACK	GUTTENBERG DES MOINES
800 M RUN 50-54 - M	1 DAVID MILLER 2 ANDY MACK 3 PAUL HANSON	URBAN DALE DES MOINES HUDSON
1500 M RUN 50-54 - M	1 DAVID MILLER 2 ANDY MACK	URBAN DALE DES MOINES
100/110 HURDLES 50-54 - M	1 RICK SCHULTES	TEMPLETON
LONG JUMP 50-54 - M	1 RICK SCHULTES 2 JIM SCHWIEBERT	TEMPLETON BROOKLYN
HIGH JUMP 50-54 - M	1 ALAN RUSSELL 2 JIM SCHWIEBERT	AMES BROOKLYN
SHOT PUT 50-54 - M	1 MATTHEW BYRNES 2 MARK SMITH 3 GERALD ROSS	BOONE WEST UNION EPWORTH
DISCUS 50-54 - M	1 MARK SMITH 2 ALAN RUSSELL 3 GERALD ROSS	WEST UNION AMES EPWORTH
100 M DASH 55-59 - M	1 MICHAEL KITCHELL 2 DONALD SACHS 3 ED DIELEMAN	AMES COUNCIL BLUFFS OSKALOOSA
200 M DASH 55-59 - M	1 MICHAEL KITCHELL 2 JACK BREON 3 ED DIELEMAN	AMES OTTUMWA OSKALOOSA
400 M DASH 55-59 - M	1 MICHAEL KITCHELL 2 JACK BREON	AMES OTTUMWA
LONG JUMP 55-59 - M	1 ED DIELEMAN	OSKALOOSA

	2 ALAN SCHENCK	CLARINDA
TRIPLE JUMP 55-59 - M	1 ALAN SCHENCK	CLARINDA
HIGH JUMP 55-59 - M	1 ED DIELEMAN	OSKALOOSA
SHOT PUT 55-59 - M	1 JIM KELLY 2 ALAN SCHENCK	DES MOINES CLARINDA
DISCUS 55-59 - M	1 ALAN SCHENCK 2 JACK BREON	CLARINDA OTTUMWA
100 M DASH 60-64 - M	1 LES LANE 2 RICH HOLDAHL	CARLISLE JOHNSTON
200 M DASH 60-64 - M	1 RONALD MCKAY	CHARITON
400 M DASH 60-64 - M	1 RONALD MCKAY	CHARITON
800 M RUN 60-64 - M	1 RONALD MCKAY	CHARITON
1500 M RUN 60-64 - M	1 RONALD MCKAY	CHARITON
100/110 HURDLES 60-64 - M	1 RICH HOLDAHL	JOHNSTON
LONG JUMP 60-64 - M	1 LES LANE 2 RICH HOLDAHL	CARLISLE JOHNSTON
HIGH JUMP 60-64 - M	1 LES LANE 2 RICH HOLDAHL 3 RON WHEELER	CARLISLE JOHNSTON CEDAR FALLS
SHOT PUT 60-64 - M	1 RON WHEELER	CEDAR FALLS
DISCUS 60-64 - M	1 RON WHEELER	CEDAR FALLS
100 M DASH 65-69 - M	1 PHIL SNYDER 2 MIKE MURPHY	SANBORN BLUE GRASS
200 M DASH 65-69 - M	1 PHIL SNYDER	SANBORN
400 M DASH 65-69 - M	1 DICK DOYLE 2 BILL PORTER 3 RONALD KOLBE	TOLEDO MT PLEASANT SAC CITY
800 M RUN 65-69 - M	1 BILL PORTER 2 RONALD KOLBE	MT PLEASANT SAC CITY
100/110 HURDLES 65-69 - M	1 DICK DOYLE 2 KEN CLARK	TOLEDO CLIVE
LONG JUMP 65-69 - M	1 DICK DOYLE 2 KEN CLARK	TOLEDO CLIVE



TRIPLE JUMP 65-69 - M	1 DICK DOYLE 2 KEN CLARK	TOLEDO CLIVE
HIGH JUMP 65-69 - M	1 MIKE MURPHY 2 RICHARD ANGOVE	BLUE GRASS AMES
SHOT PUT 65-69 - M	1 RICHARD ANGOVE 2 STANLEY WHELCHER 3 RONALD KOLBE	AMES CEDAR FALLS SAC CITY
DISCUS 65-69 - M	1 STANLEY WHELCHER 2 RICHARD ANGOVE	CEDAR FALLS AMES
100 M DASH 70-74 - M	1 DANIEL TERAN	WEST DES MOINES
400 M DASH 70-74 - M	1 ALVIN RAVENSCROFT	AMES
1500 M RUN 70-74 - M	1 ALVIN RAVENSCROFT	AMES
LONG JUMP 70-74 - M	1 DANIEL TERAN	WEST DES MOINES
SHOT PUT 70-74 - M	1 OTTO WELFRING 2 DANIEL TERAN	MARSHALLTOWN WEST DES MOINES
DISCUS 70-74 - M	1 OTTO WELFRING 2 RICHARD ANDERSEN 3 DANIEL TERAN	MARSHALLTOWN UNDERWOOD WEST DES MOINES
100 M DASH 75-79 - M	1 RICHARD FISHBAUGH	SHENANDOAH
800 M RUN 75-79 - M	1 RICHARD FISHBAUGH	SHENANDOAH
HIGH JUMP 75-79 - M	1 EDWARD FAILOR	MUSCATINE
SHOT PUT 75-79 - M	1 EDWARD FAILOR	MUSCATINE
DISCUS 75-79 - M	1 EDWARD FAILOR	MUSCATINE
100 M DASH 80+ M	1 MELVIN LARSEN	AMES
LONG JUMP 80+ M	1 CHARLES OBYE	SPIRIT LAKE
TRIPLE JUMP 80+ M	1 CHARLES OBYE	SPIRIT LAKE
HIGH JUMP 80+ M	1 CHARLES OBYE	SPIRIT LAKE