



Winter Iowa Senior Games Protocols & Guidelines

Due to COVID-19, below are protocols and guidelines to be followed for the Winter Iowa Senior Games events being held December 10-13. It is expected that all athletes, spectators, and volunteers follow these guidelines in order to have safe, successful events. Please keep in mind that event facilities may still be open to the public so not everyone there will be following these guidelines. We appreciate your cooperation!

- Limit spectators to 1-2 per participant.
- Please continue to social distance by staying at least 6 feet away when possible.
- Participants, spectators, and volunteers are asked to wear a mask. Participants may remove their mask during competition.
- Temperatures will be taken at select events. If you have a temperature higher than 100.4 degrees Fahrenheit, you will be asked to leave.
- Participants and spectators are asked to not linger around before and after competing. Once a participant is done competing and has received their medal, they are asked to leave the event.
- Prior to coming to the event, please review the following pre-screening questions. If the answer is “yes” to any of these questions, athletes and spectators are asked to stay home.
 - o Have you or anyone in your household had any of the following symptoms in the last 14 days: sore throat, chills, body aches for unknown reasons, shortness of breath for unknown reasons, loss of smell, loss of taste, fever at or greater than 100 degrees Fahrenheit?
 - o Have you been in contact with anyone that has tested positive for COVID-19 in the last 2 weeks?
 - o Have you or anyone in your household tested positive for COVID-19?
 - o Are you or anyone in your household waiting for COVID-19 test results?
 - o Do you have any reason to believe you or anyone in your household has been exposed to anyone with COVID-19 or anyone exhibiting the symptoms in the last 2 weeks?