

2019 Iowa Senior Games Swim Meet Results
Valley High School Pool, West Des Moines, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 500 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	6:28.80	1	Gold
Swimming - 500 Freestyle	50-54 Female	Sue	Shivers	Bondurant	IA	F	50	11:32.53	2	Silver
Swimming - 500 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	10:55.73	3	Bronze
Swimming - 500 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	9:36.64	2	Silver
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	6:29.91	1	Gold
Swimming - 500 Freestyle	60-64 Female	Nancy	Fox	Marion	IA	F	61	9:07.44	1	Gold
Swimming - 500 Freestyle	60-64 Male	David	Luers	Bondurant	IA	M	61	10:44.97	2	Silver
Swimming - 500 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	6:35.96	1	Gold
Swimming - 500 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	7:43.44	1	Gold
Swimming - 500 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	8:03.75	1	Gold
Swimming - 500 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	6:50.73	1	Gold
Swimming - 500 Freestyle	70-74 Male	Richard	Rounds	Boone	IA	M	71	19:11.43	2	Silver
Swimming - 500 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	76	10:20.15	1	Gold
Swimming - 500 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	16:45.31	2	Silver
Swimming - 500 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	18:17.11	3	Bronze
Swimming - 500 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	13:15.84	1	Gold
Swimming - 500 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F	83	16:27.34	2	Silver
Swimming - 200 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	2:49.90	1	Gold
Swimming - 200 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	3:41.99	2	Silver
Swimming - 200 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	2:53.60	1	Gold
Swimming - 200 I.M.	55-59 Male	David	Ross	Des Moines	IA	M	57	2:20.33	1	Gold

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Swimming - 200 Freestyle	80-84 Female	Shirley	Henderson	Cedar Rapids	IA	F	83	6:38.09	1	Gold
Swimming - 200 Freestyle	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	4:30.38	1	Gold
Swimming - 100 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	1:44.37	2	Silver
Swimming - 100 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:07.40	3	Bronze
Swimming - 100 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	1:17.13	1	Gold
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:21.99	1	Gold
Swimming - 100 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	1:13.27	1	Gold
Swimming - 100 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1	Gold
Swimming - 100 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	65	1:35.10	1	Gold
Swimming - 100 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	3:18.30	2	Silver
Swimming - 100 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	2:03.21	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	2:49.03	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	3:19.65	2	Silver
Swimming - 100 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:31.96	1	Gold
Swimming - 100 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	2:49.06	1	Gold
Swimming - 100 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	4:16.96	1	Gold
Swimming - 100 Butterfly	60-64 Female	Ann	Kealy	Marion	IA	F	60	1:46.62	1	Gold
Swimming - 100 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:16.59	1	Gold
Swimming - 100 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	70	2:09.67	3	Bronze
Swimming - 100 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	2:02.08	2	Silver

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Swimming - 100 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:24.20	1	Gold
Swimming - 50 Breaststroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	40.94	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Dennis	Bennett	Norwalk	IA	M	53	31.17	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	33.00	2	Silver
Swimming - 50 Breaststroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	55.30	2	Silver
Swimming - 50 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:22.44	3	Bronze
Swimming - 50 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	44.90	1	Gold
Swimming - 50 Breaststroke	55-59 Male	David	Ross	Des Moines	IA	M	57	31.21	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:00.08	2	Silver
Swimming - 50 Breaststroke	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	1:09.38	3	Bronze
Swimming - 50 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	45.57	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	M	60	DQ		
Swimming - 50 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	39.52	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:12.76	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	51.94	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:08.13	3	Bronze
Swimming - 50 Breaststroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	56.78	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	56.92	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:32.49	2	Silver
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	1:24.49	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	1:55.63	3	Bronze
Swimming - 50 Breaststroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:23.67	2	Silver
Swimming - 50 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:12.59	1	Gold

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Swimming - 50 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	2:29.98	1	Gold
Swimming - 50 Butterfly	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	34.60	1	Gold
Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	29.83	1	Gold
Swimming - 50 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	50.79	1	Gold
Swimming - 50 Butterfly	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:06.60	2	Silver
Swimming - 50 Butterfly	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	37.05	1	Gold
Swimming - 50 Butterfly	60-64 Male	Dave	Wells	Omaha	NE	M	60	29.56	1	Gold
Swimming - 50 Butterfly	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	31.16	2	Silver
Swimming - 50 Butterfly	65-69 Female	Cindy	Hauber	Ames	IA	F	65	40.51	1	Gold
Swimming - 50 Butterfly	65-69 Male	Norman	Bower	Davenport	IA	M	65	45.22	2	Silver
Swimming - 50 Butterfly	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	37.29	1	Gold
Swimming - 50 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	53.43	1	Gold
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	70	50.62	1	Gold
Swimming - 50 Butterfly	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	50.67	2	Silver
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	5:59.37	1	Gold
Swimming - 400 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	6:18.67	1	Gold
Swimming - 100 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:06.37	1	Gold
Swimming - 100 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:48.38	2	Silver
Swimming - 100 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:43.81	1	Gold

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Swimming - 100 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:17.52	1	Gold
Swimming - 100 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:37.40	2	Silver
Swimming - 100 Freestyle	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	2:00.97	3	Bronze
Swimming - 100 Freestyle	60-64 Male	Brad	Staley	Hampton	IA	M	60	1:41.30	3	Bronze
Swimming - 100 Freestyle	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:03.35	2	Silver
Swimming - 100 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	1:01.14	1	Gold
Swimming - 100 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69	2:14.65	2	Silver
Swimming - 100 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:19.94	1	Gold
Swimming - 100 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	1:15.15	1	Gold
Swimming - 100 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	1:29.51	1	Gold
Swimming - 100 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:55.87	2	Silver
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	1:43.08	1	Gold
Swimming - 100 Freestyle	75-79 Male	Dharmvir	Bhatnagar	West Des Moines	IA	M	75	1:41.24	1	Gold
Swimming - 100 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	3:02.82	2	Silver
Swimming - 100 Freestyle	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	3:32.15	3	Bronze
Swimming - 100 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	4:11.96	2	Silver
Swimming - 100 Freestyle	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	2:23.01	1	Gold
Swimming - 100 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	2:10.52	1	Gold
Swimming - 100 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	3:36.00	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	1:15.64	1	Gold
Swimming - 100 Breaststroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	3:38.79	1	Gold
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	2:17.55	2	Silver

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Swimming - 100 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	1:39.31	1	Gold
Swimming - 100 Breaststroke	60-64 Male	Brad	Staley	Hampton	IA	M	60	2:04.25	2	Silver
Swimming - 100 Breaststroke	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:27.76	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:36.21	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	2:38.60	2	Silver
Swimming - 100 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	4:46.91	1	Gold
Swimming - 100 Breaststroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	5:50.15	2	Silver
Swimming - 50 Backstroke	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	38.18	1	Gold
Swimming - 50 Backstroke	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	1:10.00	3	Bronze
Swimming - 50 Backstroke	55-59 Female	Jean	Dingeman	Pella	IA	F	55	1:03.85	2	Silver
Swimming - 50 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	35.74	1	Gold
Swimming - 50 Backstroke	55-59 Male	David	ross	Des Moines	IA	M	57	28.34	1	Gold
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	1:04.93	3	Bronze
Swimming - 50 Backstroke	60-64 Female	DANA	REEDY	DES MOINES	IA	F	64	58.14	2	Silver
Swimming - 50 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	59	41.77	1	Gold
Swimming - 50 Backstroke	60-64 Male	Kenneth	Hopper	Waukee	IA	M	63	1:11.57	2	Silver
Swimming - 50 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	32.33	1	Gold
Swimming - 50 Backstroke	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:06.28	2	Silver
Swimming - 50 Backstroke	65-69 Female	Cindy	Hauber	Ames	IA	F	65	43.03	1	Gold
Swimming - 50 Backstroke	65-69 Male	Norman	Bower	Davenport	IA	M	65	40.89	1	Gold
Swimming - 50 Backstroke	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	47.01	2	Silver
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	M	70	1:11.40	4	

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Swimming - 50 Backstroke	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	52.69	2	Silver
Swimming - 50 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	1:25.93	5	
Swimming - 50 Backstroke	70-74 Male	Robert	Kranz	Apple Valley	MN	M	72	1:06.28	3	Bronze
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	49.21	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:38.38	2	Silver
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	1:29.69	1	Gold
Swimming - 50 Backstroke	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:01.94	2	Silver
Swimming - 50 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	1:22.10	1	Gold
Swimming - 50 Backstroke	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	1:20.77	1	Gold
Swimming - 50 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	1:07.82	1	Gold
Swimming - 50 Backstroke	90-94 Male	Robert	Severance	Beloit	KS	M	92	1:58.98	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Dave	Wells	Omaha	NE	M	60	3:01.69	1	Gold
Swimming - 200 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	5:31.94	1	Gold
Swimming - 200 Breaststroke	75-79 Male	David	Leslie	West Des Moines	IA	M	76	4:34.86	1	Gold
Swimming - 200 Breaststroke	75-79 Male	Ruben	Rullan	Urbandale	IA	M	77	5:59.47	2	Silver
Swimming - 200 Breaststroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	3:21.59	1	Gold
Swimming - 200 Butterfly	50-54 Male	Dennis	Bennett	Norwalk	IA	M	53	2:21.77	1	Gold
Swimming - 200 Butterfly	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	4:19.07	2	Silver
Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	3:06.59	1	Gold
Swimming - 200 Butterfly	60-64 Female	Ann	Kealy	Marion	IA	F	60	4:00.22	1	Gold
Swimming - 200 Butterfly	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	3:08.92	1	Gold

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Swimming - 200 Butterfly	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	4:40.88	1	Gold
Swimming - 200 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	3:20.91	1	Gold
Swimming - 100 I.M.	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	1:18.76	1	Gold
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	1:08.83	1	Gold
Swimming - 100 I.M.	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	1:51.17	1	Gold
Swimming - 100 I.M.	55-59 Female	Jean	Dingeman	Pella	IA	F	55	2:05.20	2	Silver
Swimming - 100 I.M.	55-59 Male	David	ross	Des Moines	IA	M	57	1:09.41	1	Gold
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	1:27.25	1	Gold
Swimming - 100 I.M.	60-64 Male	Tom	Kealy	Council Bluffs	IA	M	62	1:15.95	1	Gold
Swimming - 100 I.M.	65-69 Female	Cindy	Hauber	Ames	IA	F	65	1:31.97	1	Gold
Swimming - 100 I.M.	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	1:50.04	1	Gold
Swimming - 100 I.M.	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	2:05.70	1	Gold
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	M	70	2:12.11	3	Bronze
Swimming - 100 I.M.	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	1:52.10	2	Silver
Swimming - 100 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	71	1:18.49	1	Gold
Swimming - 50 Freestyle	50-54 Female	Heather	Huettner	Overland Park	KS	F	53	30.11	1	Gold
Swimming - 50 Freestyle	50-54 Male	Steven	Mouw	Sioux Center	IA	M	50	26.88	2	Silver
Swimming - 50 Freestyle	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	39.31	1	Gold
Swimming - 50 Freestyle	55-59 Female	Sonya	Reynolds	Council Bluffs	IA	F	56	49.37	3	Bronze

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Swimming - 50 Freestyle	55-59 Female	Jean	Dingeman	Pella	IA	F	55	45.39	2	Silver
Swimming - 50 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	61	33.80	1	Gold
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	62	48.43	2	Silver
Swimming - 50 Freestyle	60-64 Male	Brad	Staley	Hampton	IA	M	60	43.03	2	Silver
Swimming - 50 Freestyle	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	27.69	1	Gold
Swimming - 50 Freestyle	65-69 Female	Jan	Sedivy	Valley	NE	F	69	1:05.90	2	Silver
Swimming - 50 Freestyle	65-69 Female	Cindy	Hauber	Ames	IA	F	65	35.56	1	Gold
Swimming - 50 Freestyle	65-69 Male	Marco	Recalde	Overland Park	KS	M	65	35.24	1	Gold
Swimming - 50 Freestyle	70-74 Female	Patricia	Smith	Cedar Rapids	IA	F	71	46.36	1	Gold
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	M	70	47.54	3	Bronze
Swimming - 50 Freestyle	70-74 Male	Alan	Schenck	Clarinda	IA	M	72	38.40	2	Silver
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	37.89	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	1:05.74	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	1:10.46	2	Silver
Swimming - 50 Freestyle	80-84 Female	Carol	Armstrong	Spirit Lake	IA	F	80	2:04.93	1	Gold
Swimming - 50 Freestyle	80-84 Male	Ray	Miller	Spirit Lake	IA	M	83	1:08.92	1	Gold
Swimming - 50 Freestyle	90-94 Male	Robert	Severance	Beloit	KS	M	92	1:39.14	1	Gold
Swimming - 200 Backstroke	55-59 Female	Diane	Happel	Fort Dodge	IA	F	55	3:53.12	2	Silver
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	55	2:43.19	1	Gold
Swimming - 200 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	60	3:17.76	1	Gold
Swimming - 200 Backstroke	60-64 Male	Daniel	Kealy	Des Moines	IA	M	60	2:36.82	1	Gold

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Swimming - 200 Backstroke	70-74 Male	Richard	Rounds	Boone	IA	M	71	7:18.76	2	Silver
Swimming - 200 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	72	4:43.56	1	Gold
Swimming - 200 Backstroke	75-79 Male	Ivan	Maggert	Lincoln	NE	M	78	8:16.69	2	Silver
Swimming - 200 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	75	7:38.59	1	Gold
Swimming - 200 Backstroke	80-84 Female	Florence	Dietz	West Des Moines	IA	F	83	5:20.71	1	Gold
Swimming - 200 Backstroke	85-89 Female	Ruth B	Johnson	Davenport	IA	F	85	5:10.08	1	Gold