

2019 Iowa Senior Games - 6/8/2019

Valley High School

Results

Women 50-54 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Blasberg, Mindy	54	DES MOINES	8.88
2 McConnell, Carole	53	ANKENY	10.10

Women 55-59 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Bergstrom, Vilma	55	URBANDALE	10.37
2 Snodgrass, Bobbi	57	INDIANOLA	10.52
3 Franzen, Roxane	56	DENVER	11.60

Women 60-64 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Hulvey, Jean	60	ILLINOIS	10.09	2
2 Budweg, Greta	61	ANKENY	10.69	2
3 Whittaker, Marlene	62	MINNESOTA	11.20	2
4 Marolf, Micki	63	DUBUQUE	11.52	2

Women 65-69 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Long, Jennifer	66	IOWA CITY	18.38

Women 70-74 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Weisskopf, Neva	71	FLORIDA	11.77
2 McClure, Linda	70	ANKENY	15.19

Women 85-89 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Beatty, Marjorie	85	ATKINS	16.45

Women 50-54 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Blasberg, Mindy	54	DES MOINES	17.62
2 Switzer, Terri	51	ILLINOIS	19.28
3 McConnell, Carole	53	ANKENY	19.48

Women 55-59 100 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Bergstrom, Vilma	55	URBANDALE	20.79	1
2 Snodgrass, Bobbi	57	INDIANOLA	21.18	2
3 Dingeman, Jean	55	PELLA	22.98	1

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Women 60-64 100 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Hegstrom, Ann	63	DE SOTO	18.20	3
2 Hulvey, Jean	60	ILLINOIS	19.66	3
3 Budweg, Greta	61	ANKENY	22.51	3

Women 65-69 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Schultz, Paula	66	INDIANOLA	22.05

Women 70-74 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Weisskopf, Neva	71	FLORIDA	23.86
2 McClure, Linda	70	ANKENY	31.81

Women 50-54 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Blasberg, Mindy	54	DES MOINES	38.38
2 Blake, Cinda	51	WAYLAND	39.51
3 Switzer, Terri	51	ILLINOIS	42.42

Women 55-59 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Snodgrass, Bobbi	57	INDIANOLA	44.39
2 Franzen, Roxane	56	DENVER	48.15

Women 60-64 200 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Budweg, Greta	61	ANKENY	52.66	2

Women 65-69 200 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Long, Jennifer	66	IOWA CITY	1:33.40	2

Women 50-54 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Blake, Cinda	51	WAYLAND	1:25.91
2 Blasberg, Mindy	54	DES MOINES	1:27.31

Women 55-59 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Snodgrass, Bobbi	57	INDIANOLA	1:34.93
2 Dingeman, Jean	55	PELLA	1:39.81
3 Franzen, Roxane	56	DENVER	1:40.06

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Women 60-64 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Hegstrom, Ann	63	DE SOTO	1:24.28	2

Women 65-69 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Long, Jennifer	66	IOWA CITY	3:18.25	2

Women 70-74 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 McClure, Linda	70	ANKENY	2:38.59	2

Women 50-54 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Blake, Cinda	51	WAYLAND	3:23.50

Women 55-59 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Snodgrass, Bobbi	57	INDIANOLA	3:41.76
2 Franzen, Roxane	56	DENVER	3:57.95

Women 50-54 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Blake, Cinda	51	WAYLAND	6:40.25
2 Shivers, Sue	50	BONDURANT	8:12.59

Women 55-59 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Snodgrass, Bobbi	57	INDIANOLA	7:02.94
2 Dingeman, Jean	55	PELLA	7:19.29
3 Franzen, Roxane	56	DENVER	7:37.33

Women 50-54 High Jump

Name	Age	Team	Finals
Finals			
1 Switzer, Terri	51	ILLINOIS	3-10.00 1.16m

Women 55-59 High Jump

Name	Age	Team	Finals
Finals			
1 Snodgrass, Bobbi	57	INDIANOLA	3-00.00 0.91m

Women 60-64 High Jump

Name	Age	Team	Finals
Finals			
--- Budweg, Greta	61	ANKENY	NH

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Women 65-69 High Jump

Name	Age	Team	Finals	
Finals				
1 Beuter, Margaret	65	IOWA CITY	3-08.00	1.11m
--- Schultz, Paula	66	INDIANOLA	NH	

Women 50-54 Long Jump

Name	Age	Team	Finals	
Finals				
1 Blasberg, Mindy	54	DES MOINES	10-08.00	3.25m
2 Switzer, Terri	51	ILLINOIS	7-06.00	2.28m
3 Riekkena, Jacqueline	54	WEST DES MOINES	3-05.00	1.04m

Women 50-54 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Blasberg, Mindy	54	DES MOINES	6-03.00	1.90m
2 Riekkena, Jacqueline	54	WEST DES MOINES	4-08.00	1.42m

Women 55-59 Long Jump

Name	Age	Team	Finals	
Finals				
1 Snodgrass, Bobbi	57	INDIANOLA	6-01.00	1.85m

Women 55-59 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Snodgrass, Bobbi	57	INDIANOLA	5-06.00	1.67m
2 Bergstrom, Vilma	55	URBANDALE	5-00.00	1.52m

Women 60-64 Long Jump

Name	Age	Team	Finals	
Finals				
1 Budweg, Greta	61	ANKENY	7-01.00	2.15m
2 Marolf, Micki	63	DUBUQUE	6-09.00	2.05m

Women 60-64 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Hulvey, Jean	60	ILLINOIS	5-10.00	1.77m
2 Hegstrom, Ann	63	DE SOTO	5-06.00	1.67m
3 Budweg, Greta	61	ANKENY	5-00.00	1.52m
4 Block, Judy	60	WDM	4-06.00	1.37m

Women 65-69 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Schultz, Paula	66	INDIANOLA	5-10.00	1.77m
2 Beuter, Margaret	65	IOWA CITY	5-08.00	1.72m

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Women 70-74 Long Jump STANDING LJ

Name	Age	Team	Finals
Finals			
1 McClure, Linda	70	ANKENY	3-09.00 1.14m

Women 85-89 Long Jump STANDING LJ

Name	Age	Team	Finals
Finals			
1 Beatty, Marjorie	85	ATKINS	3-09.00 1.14m

Women 50-54 Triple Jump

Name	Age	Team	Finals
Finals			
1 Riekema, Jacqueline	54	WEST DES MOINES	10-00.00 3.04m

Women 60-64 Triple Jump

Name	Age	Team	Finals
Finals			
1 Hegstrom, Ann	63	DE SOTO	20-01.00 6.12m

Women 50-54 Shot Put

Name	Age	Team	Finals
Finals			
1 Riekema, Jacqueline	54	WEST DES MOINES	27-00.50 8.24m

Women 55-59 Shot Put

Name	Age	Team	Finals
Finals			
1 bintz, melanie	56	DAYTON	21-01.50 6.43m
2 Snodgrass, Bobbi	57	INDIANOLA	16-00.75 4.89m
2 Bergstrom, Vilma	55	URBANDALE	14-03.50 4.35m

Women 60-64 Shot Put

Name	Age	Team	Finals
Finals			
1 Budweg, Greta	61	ANKENY	21-11.50 6.69m

Women 65-69 Shot Put

Name	Age	Team	Finals
Finals			
1 Beuter, Margaret	65	IOWA CITY	25-08.50 7.83m

Women 70-74 Shot Put

Name	Age	Team	Finals
Finals			
1 Weisskopf, Neva	71	FLORIDA	20-05.75 6.24m
2 French, Suzan	74	ANKENY	12-04.00 3.75m

Women 75-79 Shot Put

Name	Age	Team	Finals
Finals			
1 Bellrichard, Leona	79	MINNESOTA	13-08.25 4.17m

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Women 80-84 Shot Put

Name	Age	Team	Finals
Finals			
1 Gardner, Wylene	82	DES MOINES	9-00.25 2.74m

Women 85-89 Shot Put

Name	Age	Team	Finals
Finals			
1 Beatty, Marjorie	85	ATKINS	18-08.00 5.68m

Women 50-54 Discus Throw

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	WEST DES MOINES	43-05 13.23m

Women 55-59 Discus Throw

Name	Age	Team	Finals
Finals			
1 bintz, melanie	56	DAYTON	47-07 14.50m
2 Bergstrom, Vilma	55	URBANDALE	46-03 14.09m

Women 60-64 Discus Throw

Name	Age	Team	Finals
Finals			
1 Budweg, Greta	61	ANKENY	57-02 17.42m

Women 65-69 Discus Throw

Name	Age	Team	Finals
Finals			
1 Beuter, Margaret	65	IOWA CITY	59-03 18.05m

Women 70-74 Discus Throw

Name	Age	Team	Finals
Finals			
1 Weisskopf, Neva	71	FLORIDA	52-09 16.07m
2 French, Suzan	74	ANKENY	25-07.50 7.81m

Women 75-79 Discus Throw

Name	Age	Team	Finals
Finals			
1 Bellrichard, Leona	79	MINNESOTA	28-05 8.66m

Women 80-84 Discus Throw

Name	Age	Team	Finals
Finals			
1 Gardner, Wylene	82	DES MOINES	13-08 4.16m

Women 85-89 Discus Throw

Name	Age	Team	Finals
Finals			
1 Beatty, Marjorie	85	ATKINS	31-01 9.47m

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Women 50-54 Javelin Throw

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	WEST DES MOINES	45-10 13.97m

Women 55-59 Javelin Throw

Name	Age	Team	Finals
Finals			
1 bintz, melanie	56	DAYTON	55-01 16.78m
2 Bergstrom, Vilma	55	URBANDALE	24-07 7.49m

Women 60-64 Javelin Throw

Name	Age	Team	Finals
Finals			
1 Budweg, Greta	61	ANKENY	51-05 15.67m

Women 70-74 Javelin Throw

Name	Age	Team	Finals
Finals			
1 Weisskopf, Neva	71	FLORIDA	55-06 16.91m
2 Schlemmer, Jean	73	MINNESOTA	42-05 12.92m
3 French, Suzan	74	ANKENY	29-00 8.83m

Women 80+ Javelin Throw

Name	Age	Team	Finals
Finals			
1 Gardner, Wylene	82	DES MOINES	12-04 3.75m

Women 50-54 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Riekena, Jacqueline	54	WEST DES MOINES	16:28.96

Women 55-59 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Beatty, Cynthia	57	ATKINS	13:02.64
2 Bergstrom, Vilma	55	URBANDALE	13:08.00

Women 60-64 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Hegstrom, Ann	63	DE SOTO	9:57.25
2 Cooper, Debbi	62	ANKENY	12:15.69
3 Block, Judy	60	WDM	12:22.18

Women 65-69 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Dunlap, Candace	66	BONDURANT	11:51.32

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Women 85-89 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Beatty, Marjorie	85	ATKINS	14:14.09

Women 50-54 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Shivers, Sue	50	BONDURANT	40:16.99

Women 60-64 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Hegstrom, Ann	63	DE SOTO	34:45.28
2 Block, Judy	60	WDM	43:23.51

Men 50-54 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Wittig, Marvin	52	WISCONSIN	7.00	2
2 Trussell, Tom	54	TRAER	7.03	2
3 Davis, Stacey	52	CLIVE	7.17	1
4 Andrae, Brian	52	ILLINOIS	7.44	1
5 Lilly, Troy	51	BONDURANT	7.69	1
6 Mahaney, James	53	MASON CITY	8.22	2

Men 55-59 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fitzgerald, Michael	59	MASON CITY	6.82
2 Olsgaard, David	60	INDIANOLA	7.65
3 Harpole, Jim	60	NEWHALL	7.70
4 Sales, Ron	55	WINTERSET	7.72
5 Klampe, Jim	57	DES MOINES	8.79

Men 60-64 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Cahalan, Tom	62	NORWAY	7.31	1
2 Roberts, David	62	BOONE	7.39	1
3 Allbee, Ralph	61	ELDORA	7.76	1
4 Wilson, David	62	GARRISON	7.97	1
5 Cosgrave, Joe	62	ILLINOIS	8.03	2
6 Franzen, Jim	62	DENVER	8.20	2
7 Swieter, Dennis	64	HAMPTON	9.80	2

Men 65-69 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Rainey, David	65	WATERLOO	8.12	1
2 Laird, Tony	67	NEBRASKA	8.35	2
3 Potter, Billy	68	ILLINOIS	8.56	2
4 Price, Larry	65	TEXAS	8.80	1

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Finals ... (Men 65-69 50 Meter Dash)

Name	Age	Team	Finals	H#
5 Ward, Chuck	67	URBANDALE	9.22	2

Men 70-74 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Schuh, Randy	71	DES MOINES	9.30
2 Steinfeldt, Andy	71	MINNESOTA	9.42
3 Ripp, Marvin	70	WISCONSIN	9.53
4 Odonnell, James	71	ANKENY	10.53
5 Adair, Denny	71	OSCEOLA	11.43
6 Schenck, Alan	73	CLARINDA	12.73
7 Brown, David	73	DES MOINES	17.09

Men 75-79 50 Meter Dash

Name	Age	Team	Finals
Finals			
1 Peterson, Ron	75	WAUKEE	9.35
2 Perez, Frank	77	WEST DES MOINES	9.56
3 Hoidahl, Rich	78	JOHNSTON	10.03
4 Meyer, Alex	78	NEBRASKA	11.53
5 Bhatnagar, Dharmvir	76	WEST DES MOINES	15.32

Men 80-84 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Anderson, Richard	84	WEST DES MOINES	11.43	2
2 Killin, Ed	83	DES MOINES	17.02	2

Men 85-89 50 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Zimmer, Don	85	WEST DES MOINES	10.02	2
2 Sassatelli, Joe	85	URBANDALE	11.92	2

Men 50-54 100 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wittig, Marvin	52	WISCONSIN	12.90
2 Trussell, Tom	54	TRAER	13.00
3 Andrae, Brian	52	ILLINOIS	14.09
4 Lilly, Troy	51	BONDURANT	14.29
5 kruse, terry	52	CLIVE	14.99
6 Mahaney, James	53	MASON CITY	15.11
7 Willis, Michael	52	SIGOURNEY	15.18

Men 55-59 100 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Fitzgerald, Michael	59	MASON CITY	12.65	2
2 Saunders, Ed	59	CORALVILLE	14.30	2
3 Klampe, Jim	57	DES MOINES	16.30	2

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Men 60-64 100 Meter Dash

	Name	Age	Team	Finals	H#
Finals					
1	Roberts, David	62	BOONE	13.77	1
2	Wilson, David	62	GARRISON	13.78	2
3	Cahalan, Tom	62	NORWAY	14.04	1
4	Sowell, Lei	61	KANSAS	14.21	1
5	Olsgaard, David	60	INDIANOLA	14.38	1
6	Cosgrave, Joe	62	ILLINOIS	14.67	1
7	Harpole, Jim	60	NEWHALL	14.73	1
8	Dahlstrom, Keith	64	CEDAR FALLS	15.41	2
9	Bean, andrew	61	WAUKEE	17.52	1
10	Swieter, Dennis	64	HAMPTON	18.27	2

Men 65-69 100 Meter Dash

	Name	Age	Team	Finals	H#
Finals					
1	Potter, Billy	68	ILLINOIS	16.29	3
2	Laird, Tony	67	NEBRASKA	16.57	3
3	Price, Larry	65	TEXAS	16.98	2
4	Ward, Chuck	67	URBANDALE	17.48	3
5	LaValle, Michael	66	DES MOINES	19.34	3

Men 70-74 100 Meter Dash

	Name	Age	Team	Finals
Finals				
1	Schuh, Randy	71	DES MOINES	18.28
2	Steinfeldt, Andy	71	MINNESOTA	18.51
3	Ripp, Marvin	70	WISCONSIN	19.03
4	Odonnell, James	71	ANKENY	20.54
5	Adair, Denny	71	OSCEOLA	22.22
6	Schenck, Alan	73	CLARINDA	25.03
7	Brown, David	73	DES MOINES	37.78

Men 75-79 100 Meter Dash

	Name	Age	Team	Finals
Finals				
1	Peterson, Ron	75	WAUKEE	17.68
2	Perez, Frank	77	WEST DES MOINES	18.29
3	Hoidahl, Rich	78	JOHNSTON	20.22
4	Meyer, Alex	78	NEBRASKA	20.88
5	Bhatnagar, Dharmvir	76	WEST DES MOINES	31.84

Men 80-84 100 Meter Dash

	Name	Age	Team	Finals	H#
Finals					
1	Anderson, Richard	84	WEST DES MOINES	23.29	2

Men 85-89 100 Meter Dash

	Name	Age	Team	Finals	H#
Finals					
1	Zimmer, Don	85	WEST DES MOINES	19.78	2

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Finals ... (Men 85-89 100 Meter Dash)

Name	Age	Team	Finals	H#
2 Sassatelli, Joe	85	URBANDALE	27.89	2

Men 50-54 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wensel, Marek	51	MARION	24.68
2 Wittig, Marvin	52	WISCONSIN	26.29
3 Mahaney, James	53	MASON CITY	34.14

Men 55-59 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fitzgerald, Michael	59	MASON CITY	25.75
2 Saunders, Ed	59	CORALVILLE	29.01
3 Harpole, Jim	60	NEWHALL	29.69
4 Stephens, Jeff	59	MORTON	29.84
5 Olsgaard, David	60	INDIANOLA	30.13
6 McKibben, Roadog	58	CLIVE	37.62

Men 60-64 200 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Roberts, David	62	BOONE	28.61	2
2 Cahalan, Tom	62	NORWAY	29.43	2
3 Dahlstrom, Keith	64	CEDAR FALLS	30.90	2
4 Cosgrave, Joe	62	ILLINOIS	31.49	2
5 Swieter, Dennis	64	HAMPTON	44.43	2

Men 65-69 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Price, Larry	65	TEXAS	35.69
2 Laird, Tony	67	NEBRASKA	37.08
3 Ward, Chuck	67	URBANDALE	38.58
4 Ewest, Brad	66	ANKENY	42.46

Men 70-74 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Schuh, Randy	71	DES MOINES	39.06
2 Steinfeldt, Andy	71	MINNESOTA	42.51

Men 75-79 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Peterson, Ron	75	WAUKEE	40.85
2 Hoidahl, Rich	78	JOHNSTON	45.40
3 Meyer, Alex	78	NEBRASKA	52.02
4 Rullan, Ruben	78	URBANDALE	1:03.43

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Men 80-84 200 Meter Dash

Name	Age	Team	Finals
Finals			
1 Greathouse, Ross	81	NEBRASKA	41.07

Men 50-54 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Wensel, Marek	51	MARION	53.65
2 Mahaney, James	53	MASON CITY	1:09.27
3 kruse, terry	52	CLIVE	1:11.66

Men 55-59 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Fitzgerald, Michael	59	MASON CITY	58.95

Men 60-64 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Roberts, David	62	BOONE	1:03.81	2
2 Wilson, David	62	GARRISON	1:05.19	2
3 Cahalan, Tom	62	NORWAY	1:07.85	2
4 Olsgaard, David	60	INDIANOLA	1:09.64	2
5 Dahlstrom, Keith	64	CEDAR FALLS	1:11.22	2
6 Cosgrave, Joe	62	ILLINOIS	1:13.45	2

Men 65-69 400 Meter Dash

Name	Age	Team	Finals
Finals			
1 Murphy, Tim	67	IOWA CITY	1:14.00
2 Ewest, Brad	66	ANKENY	1:31.42

Men 70-74 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Hamm, Larry	71	DES MOINES	1:32.14	2
2 Schuh, Randy	71	DES MOINES	1:37.20	2
3 Adair, Denny	71	OSCEOLA	2:13.79	2
4 Wells, Sam	73	WEST DES MOINES	2:42.24	2
5 Brown, David	73	DES MOINES	3:26.90	2

Men 75-79 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Meyer, Alex	78	NEBRASKA	2:03.87	3
2 Rullan, Ruben	78	URBANDALE	2:04.10	3

Men 80-84 400 Meter Dash

Name	Age	Team	Finals	H#
Finals				
1 Greathouse, Ross	81	NEBRASKA	1:41.27	3

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Men 50-54 800 Meter Run

Name	Age	Team	Finals
Finals			
1 kruse, terry	52	CLIVE	2:35.54
2 Mahaney, James	53	MASON CITY	2:56.99

Men 55-59 800 Meter Run

Name	Age	Team	Finals
Finals			
1 McKibben, Roadog	58	CLIVE	3:19.04

Men 60-64 800 Meter Run

Name	Age	Team	Finals
Finals			
1 Otte, Kevin	60	CLIVE	2:46.65
2 Dahlstrom, Keith	64	CEDAR FALLS	3:02.81
3 Samson, Chris	64	URBANDALE	3:07.59
4 Hanish, Robert	62	BADGER	3:15.38
5 Davis, Randy	63	ALTOONA	3:50.79

Men 65-69 800 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 James, Paul	66	STANLEY	3:15.52	2
2 Ewest, Brad	66	ANKENY	3:45.59	2

Men 70-74 800 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 Schuh, Randy	71	DES MOINES	3:51.57	2

Men 75-79 800 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 Rullan, Ruben	78	URBANDALE	5:34.93	2

Men 80-84 800 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 Greathouse, Ross	81	NEBRASKA	4:27.92	2

Men 50-54 1500 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 kruse, terry	52	CLIVE	5:13.18	2

Men 55-59 1500 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 McKibben, Roadog	58	CLIVE	6:27.85	2

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Men 60-64 1500 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 Samson, Chris	64	URBANDALE	6:30.25	2
2 Hanish, Robert	62	BADGER	6:45.12	2
3 Luers, David	61	BONDURANT	7:35.99	2
4 Staley, Brad	60	HAMPTON	8:05.66	2

Men 65-69 1500 Meter Run

Name	Age	Team	Finals	H#
Finals				
1 Murphy, Tim	67	IOWA CITY	5:51.88	2
2 James, Paul	66	STANLEY	6:34.99	2
3 Ewest, Brad	66	ANKENY	7:11.20	2
4 Ward, Chuck	67	URBANDALE	8:06.39	2

Men 70-74 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Hamm, Larry	71	DES MOINES	7:08.02
2 Wells, Sam	73	WEST DES MOINES	10:19.00
3 Brown, David	73	DES MOINES	15:01.47

Men 75-79 1500 Meter Run

Name	Age	Team	Finals
Finals			
1 Rullan, Ruben	78	URBANDALE	11:23.52

Men 50-54 High Jump

Name	Age	Team	Finals
Finals			
1 Trussell, Tom	54	TRAER	4-00.00 1.21m

Men 55-59 High Jump

Name	Age	Team	Finals
Finals			
1 Krapfl, Mike	56	AMES	5-00.00 1.52m
2 Stephens, Jeff	59	MORTON	4-10.00 1.47m
3 Pfundheller, Jeff	58	URBANDALE	4-04.00 1.32m

Men 60-64 High Jump

Name	Age	Team	Finals
Finals			
1 Roberts, Mark	60	CEDAR FALLS	5-00.00 1.52m
2 Schuette, Steve	63	IOWA CITY	4-04.00 1.32m
3 Davis, Randy	63	ALTOONA	3-06.00 1.06m

Men 65-69 High Jump

Name	Age	Team	Finals
Finals			
1 Brandt, David	65	NEBRASKA	4-09.00 1.44m
2 Rainey, David	65	WATERLOO	4-04.00 1.32m
3 Potter, Billy	68	ILLINOIS	4-02.00 1.27m

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Finals ... (Men 65-69 High Jump)

Name	Age	Team	Finals	
4 Ewest, Brad	66	ANKENY	3-08.00	1.11m

Men 70-74 High Jump

Name	Age	Team	Finals	
Finals				
1 Phillips, Tim	70	HIAWATHA	3-08.00	1.11m
2 Schenck, Alan	73	CLARINDA	3-02.00	0.96m
--- Steinfeldt, Andy	71	MINNESOTA	NH	

Men 75-79 High Jump

Name	Age	Team	Finals	
Finals				
1 Peterson, Ron	75	WAUKEE	3-10.00	1.16m
2 Zanger, Martin	78	MINNESOTA	3-08.00	1.11m
3 Meyer, Alex	78	NEBRASKA	J3-08.00	1.11m
4 Hoidahl, Rich	78	JOHNSTON	3-02.00	0.96m
5 Perez, Frank	77	WEST DES MOINES	J3-02.00	0.96m

Men 50-54 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Wensel, Marek	51	MARION	9-06.00	2.89m
2 Bellrichard, Troy	53	MINNESOTA	8-03.00	2.51m
3 Lilly, Troy	51	BONDURANT	7-11.00	2.41m
4 Andrae, Brian	52	ILLINOIS	7-06.00	2.28m

Men 50-54 Long Jump

Name	Age	Team	Finals	
Finals				
1 Wittig, Marvin	52	WISCONSIN	15-03.00	4.64m
2 Andrae, Brian	52	ILLINOIS	14-05.00	4.39m

Men 55-59 Long Jump STANDING LJ

Name	Age	Team	Finals	
Finals				
1 Pfundheller, Jeff	58	URBANDALE	7-07.00	2.31m
2 Davis, Julius	57	MINNESOTA	7-02.00	2.18m

Men 55-59 Long Jump

Name	Age	Team	Finals	
Finals				
1 Pfundheller, Jeff	58	URBANDALE	11-11.00	3.63m
2 Lehr, Dennis	59	ILLINOIS	J11-11.00	3.63m

Men 60-64 Long Jump

Name	Age	Team	Finals	
Finals				
1 Olsgaard, David	60	INDIANOLA	14-06.00	4.41m
2 Roberts, David	62	BOONE	13-09.00	4.19m
3 Dahlstrom, Keith	64	CEDAR FALLS	13-01.00	3.98m
4 Schuette, Steve	63	IOWA CITY	11-10.00	3.60m
5 Franzen, Jim	62	DENVER	11-07.00	3.53m

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Men 60-64 Long Jump STANDING LJ

	Name	Age	Team	Finals	
Finals					
1	Roberts, David	62	BOONE	8-03.00	2.51m
2	Strege, David	61	WINTERSET	8-00.00	2.43m
3	Franzen, Jim	62	DENVER	7-10.00	2.38m
4	Schuette, Steve	63	IOWA CITY	7-08.00	2.33m
5	Harpole, Jim	60	NEWHALL	6-11.00	2.10m
6	Staley, Brad	60	HAMPTON	6-05.00	1.95m
7	Hopper, Kenneth	63	WAUKEE	6-01.00	1.85m

Men 65-69 Long Jump STANDING LJ

	Name	Age	Team	Finals	
Finals					
1	Rainey, David	65	WATERLOO	7-11.00	2.41m
2	Brandt, David	65	NEBRASKA	7-09.00	2.36m
3	Potter, Billy	68	ILLINOIS	7-01.00	2.15m
4	Ward, Chuck	67	URBANDALE	5-09.00	1.75m
5	Ewest, Brad	66	ANKENY	5-06.00	1.67m

Men 65-69 Long Jump

	Name	Age	Team	Finals	
Finals					
1	Rainey, David	65	WATERLOO	12-08.00	3.86m
2	Brandt, David	65	NEBRASKA	12-06.00	3.81m
3	Potter, Billy	68	ILLINOIS	11-08.00	3.55m
4	Price, Larry	65	TEXAS	9-07.00	2.92m

Men 70-74 Long Jump STANDING LJ

	Name	Age	Team	Finals	
Finals					
1	Schenck, Alan	73	CLARINDA	5-09.00	1.75m
2	Ripp, Marvin	70	WISCONSIN	5-08.00	1.72m
3	Steinfeldt, Andy	71	MINNESOTA	5-07.00	1.70m

Men 70-74 Long Jump

	Name	Age	Team	Finals	
Finals					
1	Steinfeldt, Andy	71	MINNESOTA	9-03.00	2.81m
2	Ripp, Marvin	70	WISCONSIN	8-08.00	2.64m
3	Schenck, Alan	73	CLARINDA	7-04.00	2.23m

Men 75-79 Long Jump

	Name	Age	Team	Finals	
Finals					
1	Peterson, Ron	75	WAUKEE	9-01.00	2.76m
2	Meyer, Alex	78	NEBRASKA	9-00.00	2.74m
3	Hoidahl, Rich	78	JOHNSTON	7-01.00	2.15m
4	Zanger, Martin	78	MINNESOTA	6-08.00	2.03m

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Men 75-79 Long Jump STANDING LJ

	Name	Age	Team	Finals	
Finals					
1	Peterson, Ron	75	WAUKEE	6-04.00	1.93m
2	Meyer, Alex	78	NEBRASKA	6-01.00	1.85m
3	Perez, Frank	77	WEST DES MOINES	5-07.00	1.70m
4	Hoidahl, Rich	78	JOHNSTON	4-11.00	1.49m

Men 85-89 Long Jump STANDING LJ

	Name	Age	Team	Finals	
Finals					
1	Zimmer, Don	85	WEST DES MOINES	5-00.00	1.52m

Men 80+ Long Jump

	Name	Age	Team	Finals	
Finals					
1	Zimmer, Don	85	WEST DES MOINES	7-05.00	2.26m
2	Killin, Ed	83	DES MOINES	5-04.00	1.62m

Men 50-54 Triple Jump

	Name	Age	Team	Finals	
Finals					
1	Wittig, Marvin	52	WISCONSIN	32-09.00	9.98m
2	Andrae, Brian	52	ILLINOIS	31-03.00	9.52m

Men 55-59 Triple Jump

	Name	Age	Team	Finals	
Finals					
1	Pfundheller, Jeff	58	URBANDALE	28-09.00	8.76m
2	Lehr, Dennis	59	ILLINOIS	28-05.00	8.66m

Men 60-64 Triple Jump

	Name	Age	Team	Finals	
Finals					
1	Roberts, David	62	BOONE	28-05.00	8.66m
2	Dahlstrom, Keith	64	CEDAR FALLS	27-08.00	8.43m
3	Schuette, Steve	63	IOWA CITY	24-08.00	7.51m

Men 65-69 Triple Jump

	Name	Age	Team	Finals	
Finals					
1	Brandt, David	65	NEBRASKA	25-11.00	7.89m
2	Potter, Billy	68	ILLINOIS	25-09.00	7.84m
3	Price, Larry	65	TEXAS	22-04.00	6.80m

Men 70-74 Triple Jump

	Name	Age	Team	Finals	
Finals					
1	Steinfeldt, Andy	71	MINNESOTA	16-05.00	5.00m
2	Schenck, Alan	73	CLARINDA	15-11.00	4.85m

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Men 75-79 Triple Jump

Name	Age	Team	Finals	
Finals				
1 Peterson, Ron	75	WAUKEE	19-10.00	6.04m
2 Meyer, Alex	78	NEBRASKA	18-05.00	5.61m
3 Hoidahl, Rich	78	JOHNSTON	17-01.00	5.20m
4 Perez, Frank	77	WEST DES MOINES	14-09.00	4.49m

Men 80-84 Triple Jump

Name	Age	Team	Finals	
Finals				
1 Clark, Ken	83	URBANDALE	9-05.00	2.87m

Men 50-54 Shot Put

Name	Age	Team	Finals	
Finals				
1 Bellrichard, Troy	53	MINNESOTA	41-07.25	12.68m

Men 55-59 Shot Put

Name	Age	Team	Finals	
Finals				
1 Cook, Bruce	57	NEBRASKA	47-04.00	14.42m
2 Hawley, Kim	55	NEBRASKA	42-11.50	13.09m
3 Johanson, Doug	56	JOHNSTON	35-03.50	10.75m

Men 60-64 Shot Put

Name	Age	Team	Finals	
Finals				
1 Anderson, Rick	60	KANSAS	47-04.75	14.44m
2 Carl, Kent	61	ILLINOIS	31-07.50	9.63m
3 Franzen, Jim	62	DENVER	31-03.75	9.54m
4 Schuette, Steve	63	IOWA CITY	29-01.50	8.87m
5 Olsgaard, David	60	INDIANOLA	28-07.50	8.72m
6 Harpole, Jim	60	NEWHALL	28-07.25	8.71m

Men 65-69 Shot Put

Name	Age	Team	Finals	
Finals				
1 Brandt, David	65	NEBRASKA	38-05.50	11.72m
2 Carl, Jeffrey	65	ILLINOIS	33-09.00	10.28m
3 Potter, Billy	68	ILLINOIS	30-06.00	9.29m
4 Argotsinger, Steven	68	COUNCIL BLUFFS	29-10.75	9.11m
5 Ewest, Brad	66	ANKENY	24-03.00	7.39m

Men 70-74 Shot Put

Name	Age	Team	Finals	
Finals				
1 Cory, Tarry	71	CLIVE	33-11.50	10.35m
2 Ripp, Marvin	70	WISCONSIN	27-04.75	8.35m
3 Schenck, Alan	73	CLARINDA	25-05.75	7.76m

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Men 75-79 Shot Put

	Name	Age	Team	Finals	
Finals					
1	Zanger, Martin	78	MINNESOTA	29-09.50	9.08m
2	Meyer, Alex	78	NEBRASKA	27-05.00	8.35m
3	Peterson, Ron	75	WAUKEE	27-03.00	8.30m
4	Hoidahl, Rich	78	JOHNSTON	20-10.75	6.36m
5	Pantoga, Ralph	79	WDM	16-10.50	5.14m
6	Bhatnagar, Dharmvir	76	WEST DES MOINES	16-10.00	5.13m

Men 80-84 Shot Put

	Name	Age	Team	Finals	
Finals					
1	Manning, John	84	CEDAR FALLS	34-06.25	10.52m
2	Anderson, Richard	84	WEST DES MOINES	22-10.50	6.97m

Men 85-89 Shot Put

	Name	Age	Team	Finals	
Finals					
1	Welfring, Otto	86	MARSHALLTOWN	28-00.00	8.53m
2	Young, Bart	88	INDIANOLA	15-01.50	4.61m

Men 50-54 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Bellrichard, Troy	53	MINNESOTA	158-04	48.26m
2	Wensel, Marek	51	MARION	105-08	32.20m

Men 55-59 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Cook, Bruce	57	NEBRASKA	150-00	45.72m
2	Hawley, Kim	55	NEBRASKA	125-04	38.20m
3	Johanson, Doug	56	JOHNSTON	115-01	35.07m
4	Lehr, Dennis	59	ILLINOIS	87-04	26.61m
5	Pfundheller, Jeff	58	URBANDALE	80-09.50	24.62m
6	Pew, Timothy	58	DES MOINES	68-09	20.95m

Men 60-64 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Anderson, Rick	60	KANSAS	168-06	51.35m
2	Melendez, Hiram	63	DUBUQUE	122-02	37.23m
2	Franzen, Jim	62	DENVER	122-02	37.23m
4	Carl, Kent	61	ILLINOIS	112-10.50	34.40m
5	Harpole, Jim	60	NEWHALL	98-03	29.94m
6	Schuette, Steve	63	IOWA CITY	75-09.50	23.10m

Men 65-69 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Brandt, David	65	NEBRASKA	134-06	40.99m
2	Carl, Jeffrey	65	ILLINOIS	121-00	36.88m

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Finals ... (Men 65-69 Discus Throw)

	Name	Age	Team	Finals	
3	Argotsinger, Steven	68	COUNCIL BLUFFS	90-00.50	27.44m
4	Potter, Billy	68	ILLINOIS	81-09.50	24.93m

Men 70-74 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Cory, Tarry	71	CLIVE	99-00	30.17m
2	Ripp, Marvin	70	WISCONSIN	97-04	29.66m
3	Schenck, Alan	73	CLARINDA	52-04.50	15.96m

Men 75-79 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Peterson, Ron	75	WAUKEE	77-03.50	23.55m
2	Meyer, Alex	78	NEBRASKA	77-02	23.52m
3	Hoidahl, Rich	78	JOHNSTON	40-00	12.19m
4	Pantoga, Ralph	79	WDM	37-03.50	11.36m
5	Bhatnagar, Dharmvir	76	WEST DES MOINES	35-09.50	10.90m

Men 80-84 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Killin, Ed	83	DES MOINES	44-08.50	13.62m
2	Anderson, Richard	84	WEST DES MOINES	33-03	10.13m

Men 85-89 Discus Throw

	Name	Age	Team	Finals	
Finals					
1	Welfring, Otto	86	MARSHALLTOWN	76-02.50	23.22m
2	Young, Bart	88	INDIANOLA	34-09.50	10.60m

Men 50-54 Javelin Throw

	Name	Age	Team	Finals	
Finals					
1	Wensel, Marek	51	MARION	133-09	40.76m
2	Bellrichard, Troy	53	MINNESOTA	124-05	37.92m

Men 55-59 Javelin Throw

	Name	Age	Team	Finals	
Finals					
1	Lehr, Dennis	59	ILLINOIS	90-11	27.71m
2	Pfundheller, Jeff	58	URBANDALE	85-09	26.13m
3	Pew, Timothy	58	DES MOINES	75-01	22.88m

Men 60-64 Javelin Throw

	Name	Age	Team	Finals	
Finals					
1	Carl, Kent	61	ILLINOIS	79-03	24.15m
2	Davis, Randy	63	ALTOONA	65-04	19.91m
3	Franzen, Jim	62	DENVER	64-09	19.73m

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Men 65-69 Javelin Throw

Name	Age	Team	Finals	
Finals				
1 Brandt, David	65	NEBRASKA	86-11	26.49m
2 Potter, Billy	68	ILLINOIS	73-00	22.25m
3 Ward, Chuck	67	URBANDALE	68-08	20.92m
4 Cardwell, Bruce	69	NEBRASKA	55-04	16.86m
5 Ewest, Brad	66	ANKENY	50-04	15.34m

Men 70-74 Javelin Throw

Name	Age	Team	Finals	
Finals				
1 Cory, Tarry	71	CLIVE	112-01	34.16m
2 Ripp, Marvin	70	WISCONSIN	90-04	27.53m
3 Steinfeldt, Andy	71	MINNESOTA	64-11	19.78m
4 Adair, Denny	71	OSCEOLA	61-00	18.59m
5 Schenck, Alan	73	CLARINDA	57-04	17.47m
6 Czarnecki, Eugene	71	ANKENY	52-11	16.12m

Men 75-79 Javelin Throw

Name	Age	Team	Finals	
Finals				
1 Meyer, Alex	78	NEBRASKA	74-04	22.65m
2 Peterson, Ron	75	WAUKEE	72-05	22.07m
3 Connor, Franc P.	77	CROSSVILLE	66-08	20.32m
4 Hoidahl, Rich	78	JOHNSTON	60-05	18.41m
5 Perez, Frank	77	WEST DES MOINES	54-00	16.45m
6 Pantoga, Ralph	79	WDM	40-08	12.39m
7 Bhatnagar, Dharmvir	76	WEST DES MOINES	39-00	11.88m

Men 80-84 Javelin Throw

Name	Age	Team	Finals	
Finals				
1 Anderson, Richard	84	WEST DES MOINES	24-09	7.54m

Men 85-89 Javelin Throw

Name	Age	Team	Finals	
Finals				
1 Young, Bart	88	INDIANOLA	35-06	10.82m

Men 55-59 1500 Meter Race Walk

Name	Age	Team	Finals	
Finals				
1 Beatty, Brian	59	ATKINS	9:23.81	
2 Klampe, Jim	57	DES MOINES	11:34.57	

Men 60-64 1500 Meter Race Walk

Name	Age	Team	Finals	
Finals				
1 Davis, Randy	63	ALTOONA	10:20.23	

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Men 65-69 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Ewest, Brad	66	ANKENY	12:16.61

Men 70-74 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Phillips, Tim	70	HIAWATHA	9:40.80
2 Schuh, Randy	71	DES MOINES	9:42.96
3 Steinfeldt, Andy	71	MINNESOTA	11:17.59
4 Adair, Denny	71	OSCEOLA	14:13.70
5 Schenck, Alan	73	CLARINDA	16:28.94
6 Brown, David	73	DES MOINES	18:16.30

Men 75-79 1500 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Meyer, Alex	78	NEBRASKA	9:42.96
2 Bhatnagar, Dharmvir	76	WEST DES MOINES	13:15.15

Men 55-59 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Pew, Timothy	58	DES MOINES	41:51.77

Men 60-64 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Davis, Randy	63	ALTOONA	34:51.52
2 Luers, David	61	BONDURANT	45:38.34

Men 65-69 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Ewest, Brad	66	ANKENY	41:18.82

Men 70-74 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Phillips, Tim	70	HIAWATHA	33:19.49
2 Schuh, Randy	71	DES MOINES	34:40.19
3 Adair, Denny	71	OSCEOLA	46:10.88
4 Brown, David	73	DES MOINES	52:05.13

Men 75-79 5000 Meter Race Walk

Name	Age	Team	Finals
Finals			
1 Bhatnagar, Dharmvir	76	WEST DES MOINES	44:27.26