

2019 IOWA SENIOR GAMES SCHEDULE OF EVENTS

IOWA senior games



DAY	TIME	EVENT	LOCATION
FRIDAY, MAY 31, 2019			
Friday	5:00 PM	Softball Tournament	Raccoon River Park, West Des Moines
WEDNESDAY, JUNE 5, 2019			
Wednesday	8:00 AM	Pickleball (50-64): Mxd Dbls, Dbls/Sgls to follow	Valley High School
Wednesday	1:00 PM	Disc Golf Tournament	Pete Crivaro Park, Des Moines
THURSDAY, JUNE 6, 2019			
Thursday	8:00 AM	Golf Tournament	Willow Creek Golf Course
Thursday	8:00 AM	Shuffleboard: Singles/Doubles	Indian Hills JH, Clive
Thursday	8:00 AM	Pickleball (65+): Mxd Dbls, Dbls/Sgls to follow	Valley High School
Thursday	2:00-5:00 PM	Horseshoes	Holiday Park
FRIDAY, JUNE 7, 2019			
Friday	8:30 AM	Tennis: Singles	Valley Southwoods Tennis Courts
Friday	8:30-10:00 AM	Basketball Shooting: Free Throws	Valley High School
Friday	9:00 AM	Table Tennis: Singles	Four Mile Community Center, DSM
Friday	10:00-11:30 AM	Basketball Shooting: Around the World	Valley High School
Friday	11:00 AM-12:30 PM	Football Throws: Distance and Accuracy	Valley High School Track
Friday	11:00 AM-12:30 PM	Softball Throws: Distance and Accuracy	Valley High School Track
Friday	NOON	Table Tennis: Doubles/Mixed	Four Mile Community Center, DSM
Friday	1:00 PM	Racquetball: Singles	Wellmark YMCA, Des Moines
Friday	1:00 PM	Bowling: Mixed Doubles	Val Lanes
Friday	1:00 PM	3-on-3 Basketball	Valley High School
Friday	1:00-2:00 PM	Frisbee Throw: Distance and Accuracy	Valley High School Track
Friday	2:30-4:00 PM	Field Goal Kick	Valley High School Track
Friday	2:30-4:00 PM	Soccer Kick	Valley High School Track
SATURDAY, JUNE 8, 2019			
Saturday	8:30 AM	Granny Basketball	Valley High School
Saturday	8:30 AM	Tennis: Doubles/Mixed	Valley Southwoods Tennis Courts
Saturday	9:00 AM	Badminton: Singles	Valley Southwoods Gym
Saturday	11:00 AM	Badminton: Doubles/Mixed	Valley Southwoods Gym
Saturday	NOON	Bowling: Singles	Val Lanes
Saturday	NOON	Hall of Fame Induction Ceremony	Valley High School Track
Saturday	1:00 PM	Racquetball: Doubles/Mixed	Wellmark YMCA, Des Moines

ALL FACILITIES LOCATED IN WEST DES MOINES, UNLESS NOTED OTHERWISE

IOWA SENIOR GAMES SCHEDULE CONTINUES ON PAGE 2

2019 IOWA SENIOR GAMES SCHEDULE OF EVENTS

IOWA senior games



SATURDAY, JUNE 8, 2019			
STEVE LYNN MEMORIAL TRACK & FIELD			
FIELD EVENTS			
Saturday	8:00-9:30 AM	Track & Field: Triple Jump	Valley High School Track
Saturday	8:00-10:00 AM	Track & Field: Javelin Throw	Valley High School Track
Saturday	10:00-11:30 AM	Track & Field: Standing Long Jump	Valley High School Track
Saturday	10:00-11:30 AM	Track & Field: High Jump (65+)	Valley High School Track
Saturday	12:30-2:00 PM	Track & Field: Running Long Jump	Valley High School Track
Saturday	12:30-2:00 PM	Track & Field: High Jump (50-64)	Valley High School Track
Saturday	1:00-1:30 PM	Track & Field: Shot Put (80+)	Valley High School Track
Saturday	1:00-1:30 PM	Track & Field: Discus (70-79)	Valley High School Track
Saturday	1:30-2:00 PM	Track & Field: Shot Put (70-79)	Valley High School Track
Saturday	1:30-2:00 PM	Track & Field: Discus (80+)	Valley High School Track
Saturday	2:00-2:30 PM	Track & Field: Shot Put (65-69)	Valley High School Track
Saturday	2:00-2:30 PM	Track & Field: Discus (60-64)	Valley High School Track
Saturday	2:30-3:00 PM	Track & Field: Shot Put (60-64)	Valley High School Track
Saturday	2:30-3:00 PM	Track & Field: Discus (50-59)	Valley High School Track
Saturday	3:00-3:30 PM	Track & Field: Shot Put (50-59)	Valley High School Track
Saturday	3:00-3:30 PM	Track & Field: Discus (65-69)	Valley High School Track
RUNNING EVENTS			
Saturday	8:15 AM	Track & Field: 5,000 M Race Walk	Valley High School Track
Saturday	9:15 AM	Track & Field: 100 M Dash	Valley High School Track
Saturday	10:15 AM	Track & Field: 1,500 M Run	Valley High School Track
Saturday	10:45 AM	Track & Field: 400 M Run	Valley High School Track
Saturday	11:15 AM	Track & Field: 1,500 M Power Walk	Valley High School Track
Saturday	12:30 PM	Track & Field: 50 M Dash	Valley High School Track
Saturday	1:15 PM	Track & Field: 800 M Run	Valley High School Track
Saturday	1:45 PM	Track & Field: 200 M Dash	Valley High School Track
SUNDAY, JUNE 9, 2019			
Sunday	8:30 AM	Granny Basketball	Valley High School
Sunday	10:00 AM	Swim Meet (Warm-up begins at 9:00 AM)	Valley High School Pool
Sunday	NOON	Bowling: Doubles	Val Lanes
SATURDAY, JULY 13, 2019			
Saturday	9:00 AM	Cycling Time Trial	Ballard East Elementary, Cambridge
SUNDAY, JULY 14, 2019			
Sunday	8:30 AM	Cycling Road Race	Boone (Boone Scenic Valley Railroad)
Sunday	8:00 AM	Triathlon	Big Creek State Park, Polk City
SATURDAY, JULY 20, 2019			
Saturday	8:00 AM	Road Race: 5K & 10K	Clive Aquatic Center, Clive
Saturday	9:00 AM	Archery	Lied Recreation Center, Ames
SUNDAY, JULY 21, 2019			
Sunday	9:00 AM	Archery	Lied Recreation Center, Ames
ALL FACILITIES LOCATED IN WEST DES MOINES, UNLESS NOTED OTHERWISE			
FOR MORE INFORMATION, VISIT WWW.IOWASENIORGAMES.ORG			