

2021 Summer Iowa Senior Games Swim Meet Results
Valley High School Pool | June 13, 2021

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Swimming - 50 Backstroke	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	41.58	1	Gold
Swimming - 50 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:12.34	2	Silver
Swimming - 50 Backstroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	55.56	1	Gold
Swimming - 50 Backstroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:02.56	1	Gold
Swimming - 50 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	44.01	1	Gold
Swimming - 50 Backstroke	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:12.12	2	Silver
Swimming - 50 Backstroke	65-69 Female	Lola	Green	Palm Desert	CA	F	68	1:12.24	3	Bronze
Swimming - 50 Backstroke	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	38.42	1	Gold
Swimming - 50 Backstroke	65-69 Male	Randy	Massow	West Chicago	IL	M	65	44.18	2	Silver
Swimming - 50 Backstroke	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	46.36	3	Bronze
Swimming - 50 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	51.64	4	
Swimming - 50 Backstroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	1:00.93	1	Gold
Swimming - 50 Backstroke	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	47.21	1	Gold
Swimming - 50 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	56.24	1	Gold
Swimming - 50 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	48.98	1	Gold
Swimming - 50 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	M	73	1:03.94	2	Silver
Swimming - 50 Backstroke	75-79 Female	madeline	rabb	Chicago	IL	F	76	1:09.08	1	Gold
Swimming - 50 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:00.73	1	Gold
Swimming - 50 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	1:27.46	2	Silver
Swimming - 50 Backstroke	80-84 Female	Ann	Smith	Chicago	IL	F	82	1:36.33	1	Gold
Swimming - 50 Backstroke	80-84 Male	myron	Recob	Broomfield	CO	M	80	47.33	1	Gold
Swimming - 50 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	M	81	1:17.53	2	Silver
Swimming - 50 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:42.93	3	Bronze
Swimming - 50 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	86	58.62	1	Gold
Swimming - 50 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:25.53	1	Gold
Swimming - 50 Breaststroke	50-54 Female	sarah	seamands	Wright	WY	F	53	43.60	1	Gold
Swimming - 50 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	52	33.76	1	Gold
Swimming - 50 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	46.78	1	Gold
Swimming - 50 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:05.95	1	Gold
Swimming - 50 Breaststroke	60-64 Male	James	Kochendorfer	Northfield	MN	M	61	29.45	1	Gold
Swimming - 50 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	53.10	2	Silver
Swimming - 50 Breaststroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:21.40	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	44.83	1	Gold
Swimming - 50 Breaststroke	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:21.86	2	Silver
Swimming - 50 Breaststroke	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	39.63	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	49.78	1	Gold
Swimming - 50 Breaststroke	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	50.91	2	Silver
Swimming - 50 Breaststroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	57.50	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	39.00	1	Gold
Swimming - 50 Breaststroke	70-74 Male	Gordon	Freeman	Robins	IA	M	70	1:02.03	2	Silver
Swimming - 50 Breaststroke	70-74 Male	Doug	Chew	urbandale	IA	M	73	1:10.28	3	Bronze
Swimming - 50 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	1:01.74	1	Gold
Swimming - 50 Breaststroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	1:26.68	2	Silver

Record performances are highlighted in yellow

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Swimming - 50 Breaststroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:35.43	1	Gold
Swimming - 50 Breaststroke	80-84 Male	Ken	Stewart	Batavia	OH	M	81	1:37.41	2	Silver
Swimming - 50 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:53.81	1	Gold
Swimming - 50 Butterfly	50-54 Female	sarah	seamands	Wright	WY	F	53	37.10	1	Gold
Swimming - 50 Butterfly	50-54 Male	Steven	Mouw	Sioux Center	IA	M	52	29.76	1	Gold
Swimming - 50 Butterfly	55-59 Male	Wayne	Huebener	Iowa City	IA	M	59	33.23	1	Gold
Swimming - 50 Butterfly	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	37.41	1	Gold
Swimming - 50 Butterfly	65-69 Male	John	Barron	Guttenberg	IA	M	67	37.21	1	Gold
Swimming - 50 Butterfly	65-69 Male	Leon	Ryan	Birmingham	AL	M	65	33.85	1	Gold
Swimming - 50 Butterfly	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	34.29	2	Silver
Swimming - 50 Butterfly	65-69 Male	Randy	Massow	West Chicago	IL	M	65	38.35	3	Bronze
Swimming - 50 Butterfly	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	38.50	4	
Swimming - 50 Butterfly	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	1:00.84	1	Gold
Swimming - 50 Butterfly	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	47.09	1	Gold
Swimming - 50 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	36.31	1	Gold
Swimming - 50 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	73	50.80	2	Silver
Swimming - 50 Butterfly	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	49.97	1	Gold
Swimming - 50 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	31.81	1	Gold
Swimming - 50 Freestyle	55-59 Female	Jennifer Amy	Shide	Urbandale	IA	F	55	DQ		
Swimming - 50 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	55	23.95	1	Gold
Swimming - 50 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	M	57	27.37	2	Silver
Swimming - 50 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	33.64	1	Gold
Swimming - 50 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	50.43	2	Silver
Swimming - 50 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	M	62	26.09	1	Gold
Swimming - 50 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	52.78	1	Gold
Swimming - 50 Freestyle	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	1:03.21	1	Gold
Swimming - 50 Freestyle	65-69 Female	Dianna	Carda	Omaha	NE	F	65	1:08.34	2	Silver
Swimming - 50 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	M	67	31.21	1	Gold
Swimming - 50 Freestyle	65-69 Male	Leon	Ryan	Birmingham	AL	M	65	29.89	1	Gold
Swimming - 50 Freestyle	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	30.80	2	Silver
Swimming - 50 Freestyle	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	34.41	2	Silver
Swimming - 50 Freestyle	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	30.94	3	Bronze
Swimming - 50 Freestyle	65-69 Male	Randy	Massow	West Chicago	IL	M	65	33.52	4	
Swimming - 50 Freestyle	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	58.08	1	Gold
Swimming - 50 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:41.63	2	Silver
Swimming - 50 Freestyle	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	31.48	1	Gold
Swimming - 50 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	38.85	1	Gold
Swimming - 50 Freestyle	70-74 Male	Doug	Chew	urbandale	IA	M	73	48.78	2	Silver
Swimming - 50 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	52.11	3	Bronze
Swimming - 50 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	1:03.21	1	Gold
Swimming - 50 Freestyle	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	41.20	1	Gold
Swimming - 50 Freestyle	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	1:06.62	2	Silver
Swimming - 50 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	1:21.84	1	Gold

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Swimming - 50 Freestyle	80-84 Male	myron	Recob	Broomfield	CO	M	80	38.11	1	Gold
Swimming - 50 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	1:06.75	2	Silver
Swimming - 50 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	M	81	1:11.03	3	Bronze
Swimming - 50 Freestyle	95-99 Male	Robert	Severance	Beloit	KS	M	95	2:16.08	1	Gold
Swimming - 100 Backstroke	55-59 Male	Joe	Barger	cedar rapids	IA	M	55	DQ		
Swimming - 100 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	1:31.17	1	Gold
Swimming - 100 Backstroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	2:29.88	1	Gold
Swimming - 100 Backstroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	2:05.83	1	Gold
Swimming - 100 Backstroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:33.57	1	Gold
Swimming - 100 Backstroke	65-69 Female	Lola	Green	Palm Desert	CA	F	68	2:29.83	2	Silver
Swimming - 100 Backstroke	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	1:26.77	1	Gold
Swimming - 100 Backstroke	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	1:47.82	2	Silver
Swimming - 100 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	2:09.16	3	Bronze
Swimming - 100 Backstroke	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	DQ		
Swimming - 100 Backstroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:11.18	1	Gold
Swimming - 100 Backstroke	70-74 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	1:39.80	1	Gold
Swimming - 100 Backstroke	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:40.00	2	Silver
Swimming - 100 Backstroke	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	1:46.74	1	Gold
Swimming - 100 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	1:59.30	2	Silver
Swimming - 100 Backstroke	70-74 Male	Doug	Chew	urbandale	IA	M	73	2:35.45	2	Silver
Swimming - 100 Backstroke	70-74 Male	Gordon	Freeman	Robins	IA	M	70	DQ		
Swimming - 100 Backstroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:26.01	1	Gold
Swimming - 100 Backstroke	75-79 Male	Ronald	Smith	West Des Moines	IA	M	77	3:05.69	2	Silver
Swimming - 100 Backstroke	80-84 Female	Ann	Smith	Chicago	IL	F	82	3:28.35	1	Gold
Swimming - 100 Backstroke	80-84 Male	myron	Recob	Broomfield	CO	M	80	1:48.81	1	Gold
Swimming - 100 Backstroke	80-84 Male	Ken	Stewart	Batavia	OH	M	81	3:04.88	2	Silver
Swimming - 100 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	3:45.35	3	Bronze
Swimming - 100 Backstroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:20.45	1	Gold
Swimming - 100 Breaststroke	50-54 Male	Steven	Mouw	Sioux Center	IA	M	52	1:16.24	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Wayne	Huebener	Iowa City	IA	M	59	1:21.54	1	Gold
Swimming - 100 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	1:44.95	1	Gold
Swimming - 100 Breaststroke	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	2:32.45	1	Gold
Swimming - 100 Breaststroke	60-64 Male	James	Kochendorfer	Northfield	MN	M	61	1:06.71	1	Gold
Swimming - 100 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	2:00.81	2	Silver
Swimming - 100 Breaststroke	65-69 Female	Janalee	Kosowski	Cedar Rapids	IA	F	67	3:08.11	1	Gold
Swimming - 100 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:40.12	1	Gold
Swimming - 100 Breaststroke	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	1:32.74	1	Gold
Swimming - 100 Breaststroke	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	1:49.53	1	Gold
Swimming - 100 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	2:00.18	2	Silver
Swimming - 100 Breaststroke	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:05.53	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	1:29.55	1	Gold
Swimming - 100 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:27.30	1	Gold
Swimming - 100 Breaststroke	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:43.54	1	Gold

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Swimming - 100 Breaststroke	80-84 Male	Ken	Stewart	Batavia	OH	M	81	3:52.92	1	Gold
Swimming - 100 Breaststroke	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:59.22	1	Gold
Swimming - 100 Butterfly	65-69 Male	John	Barron	Guttenberg	IA	M	67	1:34.38	1	Gold
Swimming - 100 Butterfly	70-74 Male	Michael (Mick)	Barry	Ankeny	IA	M	71	1:21.91	1	Gold
Swimming - 100 Butterfly	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	1:24.89	1	Gold
Swimming - 100 Butterfly	70-74 Male	Doug	Chew	urbandale	IA	M	73	2:06.83	2	Silver
Swimming - 100 Butterfly	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	1:54.05	1	Gold
Swimming - 100 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	1:10.18	1	Gold
Swimming - 100 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	55	52.76	1	Gold
Swimming - 100 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	M	57	1:01.04	2	Silver
Swimming - 100 Freestyle	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	1:15.24	1	Gold
Swimming - 100 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	1:56.27	2	Silver
Swimming - 100 Freestyle	60-64 Male	Al	Hodgeman	New Sharon	IA	M	64	1:09.32	1	Gold
Swimming - 100 Freestyle	60-64 Male	Dave	Wells	Omaha	NE	M	62	58.82	1	Gold
Swimming - 100 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	1:56.60	1	Gold
Swimming - 100 Freestyle	65-69 Female	Joyce	Burch	Pella	IA	F	66	DQ		
Swimming - 100 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	M	67	1:20.28	1	Gold
Swimming - 100 Freestyle	65-69 Male	Leon	Ryan	Birmingham	AL	M	65	1:08.29	1	Gold
Swimming - 100 Freestyle	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	1:11.26	2	Silver
Swimming - 100 Freestyle	65-69 Male	Randy	Massow	West Chicago	IL	M	65	1:19.87	3	Bronze
Swimming - 100 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	1:20.25	4	
Swimming - 100 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:25.86	1	Gold
Swimming - 100 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	1:39.76	1	Gold
Swimming - 100 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	1:45.86	2	Silver
Swimming - 100 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	2:16.51	1	Gold
Swimming - 100 Freestyle	75-79 Male	BRUCE	COONAN	Urbandale	IA	M	75	1:25.43	1	Gold
Swimming - 100 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	2:59.81	1	Gold
Swimming - 100 Freestyle	80-84 Male	myron	Recob	Broomfield	CO	M	80	1:32.60	1	Gold
Swimming - 100 Freestyle	80-84 Male	Ken	Stewart	Batavia	OH	M	81	2:58.93	2	Silver
Swimming - 100 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	3:02.25	3	Bronze
Swimming - 100 Freestyle	95-99 Male	Robert	Severance	Beloit	KS	M	95	5:22.35	1	Gold
Swimming - 100 I.M.	50-54 Female	sarah	seamands	Wright	WY	F	53	1:22.21	1	Gold
Swimming - 100 I.M.	50-54 Male	Steven	Mouw	Sioux Center	IA	M	52	1:12.95	1	Gold
Swimming - 100 I.M.	55-59 Male	Wayne	Huebener	Iowa City	IA	M	59	1:14.31	1	Gold
Swimming - 100 I.M.	60-64 Female	Debbie	Fisk	The Villages	FL	F	64	1:26.83	1	Gold
Swimming - 100 I.M.	60-64 Male	Al	Hodgeman	New Sharon	IA	M	64	1:26.05	1	Gold
Swimming - 100 I.M.	60-64 Male	James	Kochendorfer	Northfield	MN	M	61	1:03.86	1	Gold
Swimming - 100 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	1:31.10	1	Gold
Swimming - 100 I.M.	65-69 Male	John	Barron	Guttenberg	IA	M	67	1:29.76	1	Gold
Swimming - 100 I.M.	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	1:20.49	1	Gold

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Swimming - 100 I.M.	65-69 Male	Randy	Massow	West Chicago	IL	M	65	1:39.31	2	Silver
Swimming - 100 I.M.	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	1:39.76	3	Bronze
Swimming - 100 I.M.	65-69 Male	Mike	Weeks	Batesville	AR	M	65	DQ		
Swimming - 100 I.M.	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	2:13.53	1	Gold
Swimming - 100 I.M.	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	1:41.84	1	Gold
Swimming - 100 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	1:20.85	1	Gold
Swimming - 100 I.M.	70-74 Male	Doug	Chew	urbandale	IA	M	73	2:10.19	2	Silver
Swimming - 100 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	1:43.31	1	Gold
Swimming - 100 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	2:03.14	1	Gold
Swimming - 200 Backstroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	2:40.15	1	Gold
Swimming - 200 Backstroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	4:08.76	1	Gold
Swimming - 200 Backstroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	3:47.64	1	Gold
Swimming - 200 Backstroke	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	3:08.12	1	Gold
Swimming - 200 Backstroke	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	3:08.18	2	Silver
Swimming - 200 Backstroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	5:02.21	3	Bronze
Swimming - 200 Backstroke	70-74 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	3:38.67	1	Gold
Swimming - 200 Backstroke	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	4:33.85	1	Gold
Swimming - 200 Backstroke	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	4:12.45	1	Gold
Swimming - 200 Backstroke	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	8:38.34	1	Gold
Swimming - 200 Backstroke	85-89 Female	Dorothy	Whitehead	Indianola	IA	F	86	4:39.61	1	Gold
Swimming - 200 Breaststroke	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	3:16.79	1	Gold
Swimming - 200 Breaststroke	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	3:41.05	1	Gold
Swimming - 200 Breaststroke	60-64 Female	Ann	Kealy	Marion	IA	F	62	3:54.73	1	Gold
Swimming - 200 Breaststroke	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	4:33.60	1	Gold
Swimming - 200 Breaststroke	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	3:37.27	1	Gold
Swimming - 200 Breaststroke	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	3:18.51	1	Gold
Swimming - 200 Breaststroke	65-69 Male	Mike	Weeks	Batesville	AR	M	65	4:30.35	2	Silver
Swimming - 200 Breaststroke	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	3:22.10	1	Gold
Swimming - 200 Butterfly	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	3:08.08	1	Gold
Swimming - 200 Butterfly	65-69 Female	Dianna	Carda	Omaha	NE	F	65	6:53.32	1	Gold
Swimming - 200 Butterfly	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	3:50.88	1	Gold
Swimming - 200 Butterfly	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	3:22.03	1	Gold
Swimming - 200 Butterfly	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	4:10.34	1	Gold
Swimming - 200 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	2:33.72	1	Gold
Swimming - 200 Freestyle	55-59 Male	Dennis	Bennett	Norwalk	IA	M	55	2:15.67	1	Gold
Swimming - 200 Freestyle	55-59 Male	Brandon	Elvidge	Anamosa	IA	M	57	2:17.79	2	Silver
Swimming - 200 Freestyle	60-64 Female	Ann	Kealy	Marion	IA	F	62	2:41.02	1	Gold
Swimming - 200 Freestyle	60-64 Female	Diane	Kealy-Lincoln	Hartford	WI	F	64	4:09.08	1	Gold

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2021 Summer Iowa Senior Games Swim Meet Results
Valley High School Pool | June 13, 2021

Swimming - 200 Freestyle	60-64 Male	Al	Hodgeman	New Sharon	IA	M	64	2:42.77	1	Gold
Swimming - 200 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	4:00.03	1	Gold
Swimming - 200 Freestyle	65-69 Male	John	Barron	Guttenberg	IA	M	67	2:45.56	1	Gold
Swimming - 200 Freestyle	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	2:30.07	1	Gold
Swimming - 200 Freestyle	65-69 Male	Bill	Klahn	Cedar Rapids	IA	M	68	3:16.57	2	Silver
Swimming - 200 Freestyle	65-69 Male	Mark	Steenrod	Aurora	CO	M	65	2:41.92	2	Silver
Swimming - 200 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	2:57.72	3	Bronze
Swimming - 200 Freestyle	70-74 Female	Karen	Loring	SUN CITY WEST	AZ	F	71	3:13.04	1	Gold
Swimming - 200 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	2:36.37	1	Gold
Swimming - 200 Freestyle	70-74 Male	Don	Utsinger	Urbandale	IA	M	74	3:41.19	2	Silver
Swimming - 200 Freestyle	70-74 Male	Paul	Brown	Schaumburg	IL	M	70	3:42.00	3	Bronze
Swimming - 200 Freestyle	75-79 Female	madeline	rabb	Chicago	IL	F	76	5:01.20	1	Gold
Swimming - 200 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	79	3:43.57	1	Gold
Swimming - 200 Freestyle	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	3:19.00	1	Gold
Swimming - 200 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	6:28.28	1	Gold
Swimming - 200 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	6:16.21	1	Gold
Swimming - 200 I.M.	55-59 Male	Wayne	Huebener	Iowa City	IA	M	59	2:37.90	1	Gold
Swimming - 200 I.M.	55-59 Male	Bruce	Woerner	Elgin	IL	M	59	3:37.87	1	Gold
Swimming - 200 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	3:22.59	1	Gold
Swimming - 200 I.M.	65-69 Female	Dianna	Carda	Omaha	NE	F	65	5:26.47	2	Silver
Swimming - 200 I.M.	65-69 Male	Mike	Hillemonds	Crystal Lake	IL	M	65	3:03.11	1	Gold
Swimming - 200 I.M.	65-69 Male	Mike	Weeks	Batesville	AR	M	65	4:27.90	2	Silver
Swimming - 200 I.M.	70-74 Female	Lynn	Johnson	Sioux City	IA	F	73	4:35.39	1	Gold
Swimming - 200 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	2:58.72	1	Gold
Swimming - 200 I.M.	70-74 Male	Gary	Fine	Minneapolis	MN	M	71	3:05.36	2	Silver
Swimming - 200 I.M.	70-74 Male	Doug	Chew	urbandale	IA	M	73	DQ		
Swimming - 200 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	3:50.24	1	Gold
Swimming - 200 I.M.	75-79 Male	Alan	Schenck	Clarinda	IA	M	75	4:28.68	1	Gold
Swimming - 400 I.M.	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	5:54.50	1	Gold
Swimming - 400 I.M.	60-64 Female	Ann	Kealy	Marion	IA	F	62	7:21.86	1	Gold
Swimming - 400 I.M.	65-69 Female	Paula	Pendergast	ROCHESTER	MN	F	67	7:13.42	1	Gold
Swimming - 400 I.M.	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	7:33.13	1	Gold
Swimming - 400 I.M.	70-74 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	8:17.59	1	Gold
Swimming - 400 I.M.	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	6:11.81	1	Gold
Swimming - 400 I.M.	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	8:17.78	1	Gold
Swimming - 500 Freestyle	50-54 Female	sarah	seamands	Wright	WY	F	53	6:52.00	1	Gold
Swimming - 500 Freestyle	55-59 Female	Sharill	Prey-Luedtke	Martell	NE	F	57	6:22.22	1	Gold
Swimming - 500 Freestyle	60-64 Female	Ann	Kealy	Marion	IA	F	62	7:22.11	1	Gold
Swimming - 500 Freestyle	60-64 Male	Steve	Gordon	Algonquin	IL	M	63	9:54.97	1	Gold

Record performances are highlighted in yellow

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Swimming - 500 Freestyle	65-69 Female	Lola	Green	Palm Desert	CA	F	68	10:19.15	1	Gold
Swimming - 500 Freestyle	65-69 Male	Brian	Mouch	Williamsburg	OH	M	65	6:54.22	1	Gold
Swimming - 500 Freestyle	65-69 Male	Mike	Hillegonds	Crystal Lake	IL	M	65	6:59.48	2	Silver
Swimming - 500 Freestyle	65-69 Male	Marco	Recalde	Kansas City	MO	M	67	7:45.38	3	Bronze
Swimming - 500 Freestyle	70-74 Female	Barbara (Babs) H	Larsen	Rochester	MN	F	74	9:30.05	1	Gold
Swimming - 500 Freestyle	70-74 Male	Stan	LeMaster	Council Bluffs	IA	M	74	6:51.47	1	Gold
Swimming - 500 Freestyle	75-79 Male	David	Leslie	West Des Moines	IA	M	79	9:56.26	1	Gold
Swimming - 500 Freestyle	75-79 Male	OZ	Osborne	Hampshire	IL	M	75	8:51.27	1	Gold
Swimming - 500 Freestyle	80-84 Female	Ann	Smith	Chicago	IL	F	82	17:28.31	1	Gold
Swimming - 500 Freestyle	80-84 Male	Ivan	Maggert	Lincoln	NE	M	81	16:50.66	1	Gold

Record performances are highlighted in yellow