

2012 Track and Field 50m

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Glynis	Worthington	Brooklyn	IA	51	9:12	1	GOLD
Julie	Thrasher	Cumming	IA	54	9:36	2	SILVER
Paula	Sandmeier	Knoxville	IA	56	9:41	1	GOLD
Linda	Siver	Estherville	IA	56	9:59	2	SILVER
PAULA	SCHOLTZ		IA	59	10:46	3	BRONZE
Neva	Weisskopf	Lehigh Acres	FL	64	9:25	1	GOLD
Christine	Carroll	West Des Moines	IA	63	13:79	2	GOLD
Phyllis	Weeda	Des Moines	IA	68	11:00	1	GOLD
Maggie	Friede	Mobile	AL	69	13:28	2	SILVER
Sharon	Powell	West Des Moines	IA	72	21:44	1	GOLD
Carol	Linderman	Clive	IA	75	10:13	1	GOLD
Carolyn	Dodd	Des Moines	IA	80	13:12	1	GOLD

Men

Jim	Harpole	Newhall	IA	53	7:18	1	GOLD
George	Antolik	Johnston	IA	52	7:20	2	SILVER
Eric	Klose	Levering	MI	52	7:75	3	BRONZE
Patrick	Weepie	Altoona	IA	51	7:81	4	BRONZE
Roadog	McKibben	Clive	IA	51	8:97	5	
Mike	Gebhardt	Carol Stream	IL	59	6.91	1	GOLD
James	Franzen	Denver	IA	55	7.03	2	GOLD
Larry	Williams	Des Moines	IA	55	7:40	3	SILVER
Keith	Dahlstrom	Cedar Falls	IA	57	7.56	4	BRONZE
Steve	Schuette	Iowa City	IA	56	8.54	5	
WAYNE	CALLAHAN	Estherville	IA	58	10.82	6	
Mark	Leamen	Boone	IA	60	7.19	1	GOLD
Rod	Speidel	Bettendorf	IA	63	7.20	2	SILVER
Steve	Milder	Maynard	IA	61	7.21	3	BRONZE
Tim	Rock	West Des Moines	IA	62	7.28	4	
David	Lee	Omaha	NE	64	8.09	5	
Dennis	Hinckley	Sioux Falls	SD	61	8.31	6	
Randall	Olson	Carroll	NE	65	6.34	1	GOLD
James	Zohrer	West Des Moines	IA	67	7.88	2	GOLD
Ronald	Beasley	Des Moines	IA	67	7.91	3	SILVER
Greg	Eastman	Des Moines	IA	65	8.16	4	BRONZE
Ed	Dieleman	Oskaloosa	IA	67	9.85	5	
Richard	Friede	Mobile	AL	66	11.02	6	
Sherwood	Sagedahl	Fairmont	MN	73	7.66	1	GOLD

Frank	Perez	West Des Moines	IA	70	8.22	2	GOLD
James	Snook	Overland Park	KS	70	8.37	3	BRONZE
Rich	Hoidahl	Johnston	IA	71	8.39	4	SILVER
Lorris	Long	Mason City	IA	70	8.40	5	BRONZE
Eugene	Brown	Des Moines	IA	73	9.12	6	
Wilbur	Veenstra	Pella	IA	74	10.69	7	
Jack	Wortman	North Liberty	IA	73	11.15	8	
Don	Zimmer	West Des Moines	IA	78	9.03	1	GOLD
Richard	Anderson	West Des Moines	IA	77	10.32	2	SILVER
Ken	Clark	Urbandale	IA	76	13.43	3	BRONZE
Tom	Little	Knoxville	IA	80	10.31	1	GOLD
Darrell	Mitchell	Marshalltown	IA	84	10.63	2	SILVER
Daniel	Teran	West Des Moines	IA	81	13.44	3	BRONZE
William	Melville	Platteville	WI	85	9.41	1	GOLD
Lewis	McLaughlin	Cumming	IA	86	9.78	2	GOLD
LEONARD	BEARY		IA	91	24.00	1	GOLD

2012 Track and Field 100m

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Glynis	Worthington	Brooklyn	IA	51	14:62	1	GOLD
Julie	Thrasher	Cumming	IA	54	16:78	2	SILVER
Paula	Sandmeier	Knoxville	IA	56	18:81	1	GOLD
Jill	Ryan	De Witt	IA	56	20:25	2	SILVER
Linda	Siver	Estherville	IA	56	20:47	3	BRONZE
Neva	Weisskopf	Lehigh Acres	FL	64	17:84	1	GOLD
Christine	Carroll	West Des Moines	IA	63	22:85	1	GOLD
Phyllis	Weeda	Des Moines	IA	68	23:06	1	GOLD
Maggie	Friede	Mobile	AL	69	25:44	2	SILVER
Carol	Linderman	Clive	IA	75	20:34	1	GOLD
Carolyn	Dodd	Des Moines	IA	80	25:03	1	GOLD
Ernestine	Davis	Des Moines	IA	85	34:97	1	GOLD

Men

First Name	Last Name	City	State	Age	Time	Place	Medal
Jim	Harpole	Newhall	IA	53	12:72	1	GOLD
Eric	Klose	Levering	MI	52	13:81	2	SILVER
James	Franzen	Denver	IA	55	13:25	1	GOLD
Mike	Gebhardt	Carol Stream	IL	59	13:19	2	SILVER
Steve	Schuette	Iowa City	IA	56	14:69	2	SILVER
Randy	Davis	Altoona	IA	56	15:91	3	BRONZE

Mark	Leamen	Boone	IA	60	13:62	1	GOLD
C	Hudson	Ames	IA	62	14:34	2	SILVER
Steve	Milder	Maynard	IA	61	14:64	3	BRONZE
Rod	Speidel	Bettendorf	IA	63	14:75	4	
Randall	Olson	Carroll	NE	65	13:45	1	GOLD
Henry	Jungling	Aplington	IA	65	15:22	2	GOLD
Ronald	Beasley	Des Moines	IA	67	15:37	3	SILVER
Ed	Dieleman	Oskaloosa	IA	67	18:50	4	BRONZE
Richard	Friede	Mobile	AL	66	22:97	5	
Sherwood	Sagedahl	Fairmont	MN	73	14:10	1	GOLD
Howard	Weisser	Lincoln	NE	73	15:35	2	SILVER
James	Snook	Overland Park	KS	70	15:41	3	BRONZE
Frank	Perez	West Des Moines	IA	70	15:47	4	GOLD
Rich	Hoidahl	Johnston	IA	71	16:84	5	SILVER
Lorris	Long	Mason City	IA	70	17:24	6	BRONZE
Mark	Germann	Lawson	MO	71	18:28	7	
Eugene	Brown	Des Moines	IA	73	19:34	8	
Wilbur	Veenstra	Pella	IA	74	21:28	9	
Don	Zimmer	West Des Moines	IA	78	17:95	1	GOLD
Richard	Anderson	West Des Moines	IA	77	21:67	2	SILVER
Ken	Clark	Urbandale	IA	76	27:94	3	BRONZE
Tom	Little	Knoxville	IA	80	18:00	1	GOLD
Darrell	Mitchell	Marshalltown	IA	84	18:84	2	SILVER
Daniel	Teran	West Des Moines	IA	81	24:69	3	BRONZE
William	Melville	Platteville	WI	85	17:81	1	GOLD
Lewis	McLaughlin	Cumming	IA	86	19:94	2	GOLD
2012 Track and Field 200m							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Glynis	Worthington	Brooklyn	IA	51	32.69	1	GOLD
Ellen	Eakin	Ankeny	IA	54	39.03	2	SILVER
Neva	Weisskopf	Lehigh Acres	FL	64	42.0	1	GOLD
Carole	Rowland	Pleasantville	IA	60	1.18.00	1	GOLD
Karen	Hess	Lemars	IA	66	62.0	1	GOLD
Carol	Linderman	Clive	IA	75	49.0	1	GOLD
Carolyn	Dodd	Des Moines	IA	80	65.5	1	GOLD
Men							
Eric	Klose	Levering	MI	52	30.0	1	GOLD
Patrick	Weepie	Altoona	IA	51	32.0	2	GOLD
Roadog	McKibben	Clive	IA	51	46.0	3	SILVER

Keith	Dahlstrom	Cedar Falls	IA	57	29.75	1	GOLD
Steve	Schuette	Iowa City	IA	56	30.9	2	SILVER
Randy	Davis	Altoona	IA	56	31.0	3	BRONZE
Mark	Leamen	Boone	IA	60	28.35	1	GOLD
Tim	Murphy	Iowa City	IA	60	29.88	2	SILVER
Rod	Speidel	Bettendorf	IA	63	31.72	3	BRONZE
Steve	Milder	Maynard	IA	61	38.1	4	
Randall	Olson	Carroll	NE	65	31.47	1	GOLD
J.	Abels	Papillion	NE	69	32.16	2	SILVER
Tom	Kirkwood		IA		36.53	3	GOLD
Ed	Dieleman	Oskaloosa	IA	67	40.66	4	SILVER
Gerald	McDaniel	Nevada	IA	66	41.32	5	BRONZE
Sherwood	Sagedahl	Fairmont	MN	73	30.46	1	GOLD
Howard	Weisser	Lincoln	NE	73	32.50	2	SILVER
James	Snook	Overland Park	KS	70	33.57	3	BRONZE
Alex	Meyer	Scribner	NE	71	35.62	4	
Rich	Hoidahl	Johnston	IA	71	37.78	5	GOLD
Ralph	Pantoga	WDM	IA	72	45.18	6	SILVER
Wilbur	Veenstra	Pella	IA	74	50.81	7	BRONZE
Don	Zimmer	West Des Moines	IA	78	40.19	1	GOLD
Darrell	Mitchell	Marshalltown	IA	84	43.62	1	GOLD
William	Melville	Platteville	WI	85	41.20	1	GOLD
Lewis	McLaughlin	Cumming	IA	86	46.94	1	GOLD
2012 Track and Field 400m							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Paula	Sandmeier	Knoxville	IA	56	1:41	1	GOLD
Jill	Ryan	De Witt	IA	56	1:51	2	SILVER
Neva	Weisskopf	Lehigh Acres	FL	64	1:53	1	GOLD
Shari	Hintermeister	North Liberty	IA	63	2:07	2	GOLD
Helen	James	Decorah	IA	69	2:00	1	GOLD
Karen	Hess	Lemars	IA	66	2:16	2	SILVER
Betty	Hoff	Decorah	IA	74	1:55	1	GOLD
Men							
Daniel	Bonthius	Iowa City	IA	52	1:03	1	GOLD
Eric	Klose	Levering	MI	52	1:07	2	SILVER
Patrick	Weepie	Altoona	IA	51	1:12	3	SILVER
Roadog	McKibben	Clive	IA	51	1:15	4	BRONZE
John	Barron	Guttenberg	IA	58	1:02	1	GOLD

Mike	Gebhardt	Carol Stream	IL	59	1:04	2	SILVER
Keith	Dahlstrom	Cedar Falls	IA	57	1:07	3	SILVER
Steve	Schuette	Iowa City	IA	56	1:11	4	BRONZE
Randy	Davis	Altoona	IA	56	1:12	5	
Thomas	Loch	Cedar Rapids	IA	55	1:14	6	
Paul	Ryan	Dewitt	IA	58	1:17	7	
Tim	Murphy	Iowa City	IA	60	1:10	1	GOLD
Rod	Speidel	Bettendorf	IA	63	1:15	2	SILVER
D.L.	Diltz	Arden Hills	MN	64	1:22	3	BRONZE
Larry	Hamm	Des Moines	IA	64	1:26	4	BRONZE
Roy	Ney	Des Moines	IA	64	1:44	5	
J.	Abels	Papillion	NE	69	1:13	1	GOLD
Randall	Olson	Carroll	NE	65	1:16	2	SILVER
TOM	KIRKWOOD		IA	69	1:21	3	GOLD
Ed	Dieleman	Oskaloosa	IA	67	1:23	4	SILVER
Jim	Hess	Lemars	IA	69	1:24	5	BRONZE
Howard	Weisser	Lincoln	NE	73	1:14	1	GOLD
Jim	Matthews	Baxter	IA	72	1:23	2	GOLD
Alex	Meyer	Scribner	NE	71	1:24	3	BRONZE
Rich	Hoidahl	Johnston	IA	71	1:28	4	SILVER
Ruben	Rullan	Urbandale	IA	71	1:42	5	BRONZE
Wilbur	Veenstra	Pella	IA	74	2:07	6	
Jerry	Triplett	Winterset	IA	78	1:57	1	GOLD
Darrell	Mitchell	Marshalltown	IA	84	1:46	1	GOLD
2012 Track and Field 800m							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Ellen	Eakin	Ankeny	IA	54	3:23	1	GOLD
Paula	Sandmeier	Knoxville	IA	56	4:10	1	GOLD
Shari	Hintermeister	North Liberty	IA	63	4:53	1	GOLD
Helen	James	Decorah	IA	69	4:39	1	GOLD
Betty	Hoff	Decorah	IA	74	4:39	1	GOLD
Men							
Daniel	Bonthius	Iowa City	IA	52	2:23	1	GOLD
Eric	Klose	Levering	MI	52	2:44	2	SILVER
Patrick	Weepie	Altoona	IA	51	3:08	3	SILVER
Stephen	HARRISON	Fulton	IL	56	2:27	1	GOLD
Thomas	Loch	Cedar Rapids	IA	55	2:54	2	GOLD
Randy	Davis	Altoona	IA	56	3:01	3	SILVER
Brad	Ewest	Ankeny	IA	59	3:03	4	BRONZE

Robert	Hanish	Badger	IA	55	3:06	5	
Mike	Gebhardt	Carol Stream	IL	59	3:15	6	
Larry	Hamm	Des Moines	IA	64	3:26	1	GOLD
D.L.	Diltz	Arden Hills	MN	64	3:30	2	SILVER
Roy	Ney	Des Moines	IA	64	3:39	3	SILVER
Denny	Adair	Osceola	IA	64	4:11	4	BRONZE
Gary	Patton	Rock Rapids	IA	67	2:34	1	GOLD
TOM	KIRKWOOD		IA	69	3:20	2	SILVER
Jim	Hess	Lemars	IA	69	3:21	3	BRONZE
Jim	Matthews	Baxter	IA	72	3:29	1	GOLD
Alex	Meyer	Scribner	NE	71	3:43	2	SILVER
Wilbur	Veenstra	Pella	IA	74	4:59	3	SILVER
Eugene	Brown	Des Moines	IA	73	6:32	4	BRONZE
Jerry	Triplett	Winterset	IA	78	4:16	1	GOLD
Alvin	Ravenscroft	Ames	IA	79	4:18	2	SILVER
2012 Track and Field 1500m							
Women							
First Name	Last Name	City	State	Age	Time	Place	Medal
Ellen	Eakin	Ankeny	IA	54	7:42.0	1	GOLD
Paula	Sandmeier	Knoxville	IA	56	8:04.0	1	GOLD
Shari	Hintermeister	North Liberty	IA	63	9:07.0	1	GOLD
Maggie	Friede	Mobile	AL	69	9:11.0	1	GOLD
Helen	James	Decorah	IA	69	9:25.0	2	GOLD
Karen	Hess	Lemars	IA	66	9:55.0	3	SILVER
Betty	Hoff	Decorah	IA	74	9:25.0	1	GOLD
Men							
Daniel	Bonthius	Iowa City	IA	52	4:51.0	1	GOLD
Roadog	McKibben	Clive	IA	51	6:02.0	2	SILVER
Stephen	HARRISON	Fulton	IL	56	5:04.0	1	GOLD
Thomas	Loch	Cedar Rapids	IA	55	5:39.0	2	GOLD
Paul	Ryan	Dewitt	IA	58	5:39.2	3	SILVER
Larry	Williams	Des Moines	IA	55	5:55.0	4	BRONZE
Rick	Vanscoy	Martensdale	IA	56	5:59.0	5	
Randy	Davis	Altoona	IA	56	6:00.0	6	
Robert	Hanish	Badger	IA	55	6:04.0	7	
Larry	Hamm	Des Moines	IA	64	6:40.0	1	GOLD
Roy	Ney	Des Moines	IA	64	6:48.0	2	SILVER
Denny	Adair	Osceola	IA	64	8:12.0	3	BRONZE
Gary	Patton	Rock Rapids	IA	67	5:15.0	1	GOLD

Tom	Kirkwood	Dyersville	IA	69	31:37	1	Gold
Dharmvir	Bhatnagar	West Des Moines	IA	69	39:01	2	Silver
David	Brown	Des Moines	IA	66	45:32	3	Bronze
Gary	O'Daniels	Creston	IA	70	34:31	1	Gold
Alex	Meyer		NE	70	40:19	2	Silver
Dick	Payne	Polk City	IA	74	41:47	3	Silver
Jerry	Triplett	Winterset	IA	78	41:00	1	Gold
2012 Track and Field Discus							
Women							
First Name	Last Name	City	State	Age	Distance	Place	Medal
Kay	Glynn	Hastings	IA	59	65'6.5"	1	GOLD
Cheryl	Sander	Altoona	IA	58	50'7"	2	SILVER
Neva	Weisskopf	Lehigh Acres	FL	64	70'10"	1	GOLD
Martha	Green	Des Moines	IA	61	45'10.5"	2	GOLD
Carole	Rowland	Pleasantville	IA	60	45'1.5"	3	SILVER
Darlene	Greeley	Ames	IA	67	48'11.5"	1	GOLD
Genie	Mintken	Eagle River	MI	67	45'5.25"	2	SILVER
Jean	Gruver	Adel	IA	65	41'7.5"	3	SILVER
Sharon	Powell	West Des Moines	IA	72	27'8"	1	GOLD
Carol	Linderman	Clive	IA	75	28'10"	1	GOLD
Wylene	Gardner	Des Moines	IA	75	14'11"	2	SILVER
Nancy	Baker	Clive	IA	81	34'8"	1	GOLD
Carolyn	Dodd	Des Moines	IA	80	28'9"	2	SILVER
Men							
Rick	Anderson	Lawrence	KS	53	152'6.5"	1	GOLD
David	LaMar	Ames	IA	51	152'0.5"	2	GOLD
Kenneth	Tietz	Colorado Springs	CO	54	134'5"	3	BRONZE
CURTIS	LAMBSON	Blockton	IA	51	128'11"	4	SILVER
Doug	Roby	Sioux Falls	SD	52	115'	5	
Jim	Harpole	Newhall	IA	53	90'8"	6	BRONZE
Timothy	Pew	Des Moines	IA	51	85'5"	7	
Jim	Squires	Fairfield	NE	57	115'8"	1	GOLD
Greg	Malan	Salem	IL	59	115'7"	2	SILVER
Ted	Goudge	Maryville	MO	56	113'11.5"	3	BRONZE
Joseph	Bohlke	Des Moines	IA	57	84'	4	GOLD
JAMES	FRANZON	DENVER	IA	55	82'2.5"	5	SILVER
Steve	Schuette	Iowa City	IA	56	81'2.5"	6	BRONZE
Kenneth	Hopper	Waukee	IA	56	68'7"	7	
WAYNE	CALLAHAN	Estherville	IA	58	56'3"	8	
Bob	Peters	Independence	MO	64	102'10.5"	1	GOLD
Dave	DiPasquale	Overland Park	KS	61	100'4.5"	2	SILVER

Rod	Speidel	Bettendorf	IA	63	98'10.5"	3	GOLD
Don	Jessen	Colfax	IA	60	54'6"	4	SILVER
Randall	Olson	Carroll	NE	65	115'11"	1	GOLD
Richard	Mintken	Eagle River	MI	68	111'2.5"	2	SILVER
Ron	Peterson	Waukee	IA	68	98'1.5"	3	GOLD
Greg	Eastman	Des Moines	IA	65	85'7"	4	SILVER
Gerald	McDaniel	Nevada	IA	66	81'3"	5	BRONZE
Alan	Schenck	Clarinda	IA	66	66'1"	6	
Al	Salmon	Liberty	MO	74	98'9"	1	GOLD
Sherwood	Sagedahl	Fairmont	MN	73	94'8"	2	SILVER
Alex	Meyer	Scribner	NE	71	88'11"	3	BRONZE
Mark	Germann	Lawson	MO	71	70'3"	4	
Rich	Hoidahl	Johnston	IA	71	62'5"	5	GOLD
Ralph	Pantoga	West Des Moines	IA	72	53'5"	6	SILVER
Ron	Anderson	McPherson	KS	76	116'9"	1	GOLD
Otto	Welfring	Marshalltown	IA	79	94'9"	2	GOLD
Carroll	Marty	Ames	IA	78	84'7"	3	SILVER
Don	Hutchinson	West Des Moines	IA	76	79'2"	4	BRONZE
Richard	Angove	AMES	IA	76	69'5"	5	
Stanley	Whelchel	Cedar Falls	IA	77	63'	6	
Bill	Park	Muscatine	IA	79	57'4"	7	
Richard	Anderson	West Des Moines	IA	77	44'3"	8	
Lyle	Pfaff	Leonardville	KS	80	67'3"	1	GOLD
Vic	Durchholz	Peoria	IL	83	63'6"	2	SILVER
Dick	Mulkern	Sheffield	IA	87	60'5"	1	GOLD
Edward	Failor	West Des Moines	IA	85	56'1"	2	SILVER
Keith	Baker	Clive	IA	86	42'1.5"	3	BRONZE
Dick	Pertzborn	Ankeny	IA	85	17'5.5"	4	
2012 Track and Field Shot Put							
Women							
First Name	Last Name	City	State	Age	Distance	Place	Medal
Julie	Thrasher	Cumming	IA	54	22-1.5	1	GOLD
Kay	Glynn	Hastings	IA	59	27-3	1	GOLD
Cheryl	Sander	Altoona	IA	58	22-10	2	SILVER
Debbi	Cooper	Mitchellville	IA	55	18-0	3	BRONZE
Neva	Weisskopf	Lehigh Acres	FL	64	24-8	1	GOLD
Martha	Green	Des Moines	IA	61	21-5	2	GOLD
Carole	Rowland	Pleasantville	IA	60	19-8	3	SILVER
Christine	Carroll	West Des Moines	IA	63	17-11	4	BRONZE
Jean	Gruver	Adel	IA	65	19-4.5	1	GOLD
Sharon	Powell	West Des Moines	IA	72	15-4	1	GOLD

Lois	Kolbe	Sac City	IA	71	7-3	2	SILVER
Carol	Linderman	Clive	IA	75	15-6	1	GOLD
Wylene	Gardner	Des Moines	IA	75	9-1	2	SILVER
Carolyn	Dodd	Des Moines	IA	80	14-5.5	1	GOLD
Nancy	Baker	Clive	IA	81	13-10	2	SILVER
Ernestine	Davis	Des Moines	IA	85	14-2	1	GOLD
Men							
Rick	Anderson	Lawrence	KS	53	47-4	1	GOLD
David	LaMar	Ames	IA	51	42-1.5	2	GOLD
CURTIS	LAMBSON	Blockton	IA	51	39-4	3	SILVER
Kenneth	Tietz	Colorado Springs	CO	54	38-10	4	
Doug	Roby	Sioux Falls	SD	52	35-7.5	5	
Jeff	McLain	St. Charles	IA	54	33-2	6	BRONZE
Timothy	Pew	Des Moines	IA	51	29-7	7	
Jim	Harpole	Newhall	IA	53	25-7.5	8	
John	Richardson	Gilbert	AZ	52	24-10	9	
Jim	Squires	Fairfield	NE	57	38-7	1	GOLD
Greg	Malan	Salem	IL	59	38-6	2	SILVER
Ted	Goudge	Maryville	MO	56	33-7.5	3	BRONZE
Jim	Franzen	Denver	IA	55	31-9.5	4	GOLD
Joseph	Bohlke	Des Moines	IA	57	27-9.5	5	SILVER
Steve	Schuette	Iowa City	IA	56	27-4	6	BRONZE
WAYNE	CALLAHAN	Estherville	IA	58	24-4.5	7	
Bob	Peters	Independence	MO	64	37-0	1	GOLD
Don	Jessen	Colfax	IA	60	30-0	2	GOLD
Tim	Rock	West Des Moines	IA	62	28-11	3	SILVER
Roger	Bockes	Grundy	IA	60	25-7.5	4	BRONZE
D.L.	Diltz	Arden Hills	MN	64	25-7	5	
Richard	Mintken	Eagle River	MI	68	35-7.5	1	GOLD
Greg	Eastman	Des Moines	IA	65	30-1	2	GOLD
Randall	Olson	Carroll	NE	65	29-10	3	SILVER
Ron	Peterson	Waukee	IA	68	27-8	4	SILVER
Gerald	McDaniel	Nevada	IA	66	25-5	5	BRONZE
Al	Salmon	Liberty	MO	74	35-8	1	GOLD
Alex	Meyer	Scribner	NE	71	35-4	2	SILVER
Rich	Hoidahl	Johnston	IA	71	25-1	3	GOLD
Ralph	Pantoga	West Des Moines	IA	72	23-2	4	SILVER
Dale	Dewey	Des Moines	IA	73	22-10	5	BRONZE
Mark	Germann	Lawson	MO	71	22	6	
Ron	Anderson	McPherson	KS	76	30-1	1	GOLD
Otto	Welfring	Marshalltown	IA	79	29-2	2	GOLD
Jerry	Anderson	Ellsworth	WI	76	28-1	3	BRONZE
Carroll	Marty	Ames	IA	78	27-8	4	SILVER

Don	Hutchinson	West Des Moines	IA	76	27-7	5	BRONZE
Richard	Angove	AMES	IA	76	24-8	6	
Stanley	Whelchel	Cedar Falls	IA	77	23-0	7	
Richard	Anderson	West Des Moines	IA	77	21-4	8	
Lyle	Pfaff	Leonardville	KS	80	26-9.5	1	GOLD
Vic	Durchholz	Peoria	IL	83	26-2	2	SILVER
Dick	Mulkern	Sheffield	IA	87	24-3	1	GOLD
Dick	Pertzborn	Ankeny	IA	85	11-10	2	SILVER

2012 Track and Field Javelin

Women

First Name	Last Name	City	State	Age	Distance	Place	Medal
Kay	Glynn	Hastings	IA	59	80'2"	1	GOLD
Cheryl	Sander	Altoona	IA	58	32'	2	SILVER
Debbi	Cooper	Mitchellville	IA	55	30'5"	3	BRONZE
Neva	Weisskopf	Lehigh Acres	FL	64	62'9"	1	GOLD
Martha	Green	Des Moines	IA	61	45'11"	2	GOLD
Carole	Rowland	Pleasantville	IA	60	44'11"	3	SILVER
Christine	Carroll	West Des Moines	IA	63	35'9"	4	BRONZE
Sharon	Powell	West Des Moines	IA	72	29'4"	1	GOLD
Carol	Linderman	Clive	IA	75	29'3"	1	GOLD
Wylene	Gardner	Des Moines	IA	75	18'	2	SILVER
Ernestine	Davis	Des Moines	IA	85	12'6"	1	GOLD

Men

Doug	Roby	Sioux Falls	SD	52	146'7"	1	GOLD
Kenneth	Tietz	Colorado Springs	CO	54	119'6"	2	SILVER
TIM	PEW	DES MOINES	IA	51	100'5"	3	GOLD
John	Richardson	Gilbert	AZ	52	72'5"	4	
George	Antolik	Johnston	IA	52	65'0"	5	SILVER
Ted	Goudge	Maryville	MO	56	91'10"	1	GOLD
Joseph	Bohlke	Des Moines	IA	57	87'7"	2	GOLD
JAMES	FRANZON	DENVER	IA	55	77'4"	3	SILVER
Randy	Davis	Altoona	IA	56	69'4"	4	BRONZE
WAYNE	CALLAHAN	Estherville	IA	58	58'9"	5	
David	Hood	St. Louis	MO	69	115'8"	1	GOLD
Randall	Olson	Carroll	NE	65	114'7"	2	SILVER
Ron	Peterson	Waukee	IA	68	88'5"	3	GOLD
Alan	Schenck	Clarinda	IA	66	67'2"	4	SILVER
Alex	Meyer	Scribner	NE	71	93'4"	1	GOLD
Rich	Hoidahl	Johnston	IA	71	79'5"	2	GOLD
WILBUR	VEENSTRA	PELLA	IA	74	44'4"	3	SILVER

Bill	Park	Muscatine	IA	79	77'7"	1	GOLD
Lyle	Pfaff	Leonardville	KS	80	48'10"	1	GOLD
2012 Track and Field High Jump							
Women							
First Name	Last Name	City	State	Age	Height	Place	Medal
Kay	Glynn	Hastings	IA	59	4-0	1	GOLD
Paula	Schultz	Indianola	IA	59	2-10	2	SILVER
Men							
Wade	Sorenson	Kirkville	MO	50	5-6	1	GOLD
John	Barron	Guttenberg	IA	58	5-0	1	GOLD
Joseph	Bohlke	Des Moines	IA	57	4-6	2	SILVER
Steve	Schuette	Iowa City	IA	56	4-4	3	BRONZE
Mike	Gebhardt	Carol Stream	IL	59	4-4	4	
KEITH	DAHLSTROM			57	4-0	5	
WAYNE	CALLAHAN	Estherville	IA	58	3-8	6	
Tim	Rock	West Des Moines	IA	62	4-2	TIE 1ST	GOLD
Rod	Speidel	Bettendorf	IA	63	4-2	TIE 1ST	GOLD
Marty	Feeney	Pella	IA	64	3-10	3	BRONZE
Steve	Milder	Maynard	IA	61	3-10	4	
Frank	Tilton	Springfield	MO	66	4-8	1	GOLD
J.	Abels	Papillion	NE	69	4-2	2	SILVER
Randall	Olson	Carroll	NE	65	4-0	3	BRONZE
Ron	Peterson	Waukee	IA	68	4-0	4	GOLD
David	Hood	St. Louis	MO	69	4-0	5	
Ed	Dieleman	Oskaloosa	IA	67	3-10	6	SILVER
Alex	Meyer	Scribner	NE	71	4-0	1	GOLD
Dale	Dewey	Des Moines	IA	73	3-8	2	GOLD
Rich	Hoidahl	Johnston	IA	71	3-6	3	SILVER
Jack	Wortman	North Liberty	IA	73	3-6	4	BRONZE
Mark	Germann	Lawson	MO	71	3-2	5	
Bill	Park	Muscatine	IA	79	3-4	1	GOLD
Richard	Angove	AMES	IA	76	3-0	2	SILVER
Ken	Clark	Urbandale	IA	76	3-0	3	BRONZE
Lyle	Pfaff	Leonardville	KS	80	3-2	1	GOLD
2012 Track and Field Long Jump							
Women							
First Name	Last Name	City	State	Age	Distance	Place	Medal
Glynis	Worthington	Brooklyn	IA	51	10-6	1	GOLD
Ellen	Eakin	Ankeny	IA	54	9-7	2	SILVER
Neva	Weisskopf	Lehigh Acres	FL	64	8-10	1	GOLD
Carole	Rowland	Pleasantville	IA	60	3-2	2	GOLD

Rita	Ashmead	Ottumwa	IA	77	7-2	1	GOLD
Carol	Linderman	Clive	IA	75	6-6	2	SILVER
Carolyn	Dodd	Des Moines	IA	80	3-3	1	GOLD
Men							
JAMES	FRANZEN	DENVER	IA	55	13-8	1	GOLD
George	Antolik	Johnston	IA	52	12-9	2	SILVER
Mike	Gebhardt	Carol Stream	IL	59	13-9	1	GOLD
Keith	Dahlstrom		IA	57	13-5	2	GOLD
Rick	Vanscoy	Martensdale	IA	56	12-10	3	SILVER
Larry	Williams	Des Moines	IA	55	12-4	4	BRONZE
Steve	Schuette	Iowa City	IA	56	12-3	5	
Joseph	Bohlke	Des Moines	IA	57	10-0	6	
Randy	Davis	Altoona	IA	56	9-6	7	
WAYNE	CALLAHAN	Estherville	IA	58	6-9	8	
Rod	Speidel	Bettendorf	IA	63	11-10	1	GOLD
Steve	Milder	Maynard	IA	61	11-6	2	SILVER
Tim	Rock	West Des Moines	IA	62	11-4	3	BRONZE
Marty	Feeney	Pella	IA	64	9-0		
Frank	Tilton	Springfield	MO	66	15-0	1	GOLD
Randall	Olson	Carroll	NE	65	13-8	2	SILVER
J.	Abels	Papillion	NE	69	12-2	3	BRONZE
Greg	Eastman	Des Moines	IA	65	11-4	4	GOLD
David	Hood	St. Louis	MO	69	11-1	5	
Ron	Peterson	Waukee	IA	68	10-10	6	SILVER
JIM	Zohrer		IA	66	10-7	7	BRONZE
Ed	Dieleman	Oskaloosa	IA	67	9-3	8	
Sherwood	Sagedahl	Fairmont	MN	73	12-11	1	GOLD
Alex	Meyer	Scribner	NE	71	11-3	2	SILVER
Rich	Hoidahl	Johnston	IA	71	9-9	3	GOLD
Lorris	Long	Mason City	IA	70	9-7	4	SILVER
Mark	Germann	Lawson	MO	71	8-3	5	
Dick	Payne	Polk City	IA	74	7-10	6	BRONZE
Jack	Wortman	North Liberty	IA	73	6-7	7	
Wilbur	Veenstra	Pella	IA	74	6-2	8	
Jerry	Anderson	Ellsworth	WI	76	9-11	1	GOLD
Carroll	Marty	Ames	IA	78	9-2	2	GOLD
Bill	Park	Muscatine	IA	79	8-4	3	SILVER
KEN	CLARK	CLIVE	IA	75	5-3	4	BRONZE
Lyle	Pfaff	Leonardville	KS	80	6-0	1	GOLD
Ralph	Scott	West Des Moines	IA	83	5-11	2	SILVER
2012 Track and Field Standing Long Jump							
Women							
First Name	Last Name	City	State	Age	Distance	Place	Medal

Glynis	Worthington	Brooklyn	IA	51	7-2	1	GOLD
Ellen	Eakin	Des Moines	IA	54	6-2.5	2	SILVER
Paula	Schultz	Indianola	IA	59	5-6.5	1	GOLD
Debbi	Cooper	Mitchellville	IA	55	4-4	2	SILVER
Neva	Weisskopf	Lehigh Acres	FL	64	5-7	1	GOLD
Christine	Carroll	West Des Moines	IA	63	4-0.5	2	GOLD
Carole	Rowland	Pleasant	IA	60	2-7	3	SILVER
Carolyn	Dodd	Des Moines	IA	80	3-1.5	1	GOLD
Ernestine	Davis	Des Moines	IA	84	2-2	2	SILVER
Men							
George	Antolik	Johnston	IA	52	8-3.5	1	GOLD
Kenneth	Tietz	Colorado Springs	CO	54	8-1	2	SILVER
Wade	Sorenson	Kirksville	MO	50	8	3	BRONZE
Jeff	McLain	St. Charles	IA	54	6-3	4	SILVER
James	Franzen	Denver	IA	55	7-11.5	1	GOLD
Mike	Gebhardt	Carol Stream	IL	59	7-10	2	SILVER
Rick	Vanscoy	Martensdale	IA	56	7-3	3	SILVER
Keith	Dahlstrom	Cedar Falls	IA	57	7-2.5	4	BRONZE
Randy	Davis	Altoona	IA	56	6-2.5	5	
Rod	Speidel	Bettendorf	IA	63	7-7	1	GOLD
Marty	Feeney	Pella	IA	64	6-11.5	2	SILVER
Steve	Milder	Maynard	IA	61	6-10	3	BRONZE
Randall	Olson	Carroll	NE	65	7-8.5	1	GOLD
Frank	Tilton	Springfield	MO	66	7-6	2	SILVER
Ronald	Beasley	Des Moines	IA	67	7-5.5	3	GOLD
James	Zohrer	West Des Moines	IA	67	7-2	4	SILVER
David	Hood	St. Louis	MO	69	6-11.5	5	
Ron	Peterson	Waukee	IA	68	6-9	6	BRONZE
J.	Abels	Papillion	NE	69	6-5.5	7	
Greg	Eastman	Des Moines	IA	65	6-1	8	
Ed	Dieleman	Oskaloosa	IA	67	6	9	
Alex	Meyer	Scribner	NE	71	7-6.5	1	GOLD
Rich	Hoidahl	Johnston	IA	71	6-7	2	GOLD
Lorris	Long	Mason City	IA	70	6-5	3	SILVER
Dick	Payne	Polk City	IA	74	5-11.5	4	BRONZE
Jack	Wortman	North Liberty	IA	73	5-11	5	
Mark	Germann	Lawson	MO	71	5-10	6	
Wilbur	Veenstra	Pella	IA	74	5	7	
Jerry	Anderson	Ellsworth	WI	76	6-7.5	1	GOLD
Bill	Park	Muscatine	IA	79	5-11	2	GOLD
Lyle	Pfaff	Leonardville	KS	80	5-2	1	GOLD
Ralph	Scott	West Des Moines	IA	83	3-11	2	GOLD

Ken	Clark	Clive	IA	75	3-4.5	3	SILVER
Dick	Pertzborn	Des Moines	IA	85	1-5	1	GOLD
2012 Track and Field Triple Jump							
Women							
First Name	Last Name	City	State	Age	Distance	Place	Medal
Carole	Rowland	Pleasantville	IA	60	9'7"	1	GOLD
Men							
Joseph	Bohlke	Des Moines	IA	57	23'5"	1	GOLD
Randy	Davis	Altoona	IA	56	20'10"	2	SILVER
WAYNE	CALLAHAN	Estherville	IA	58	17'2"	3	BRONZE
Ron	Peterson	Waukee	IA	68	23' 0'	1	GOLD
Alan	Schenck	Clarinda	IA	66	19'3"	2	SILVER
Alex	Meyer	Scribner	NE	71	22'1"	1	GOLD
Rich	Hoidahl	Johnston	IA	71	20'2"	2	GOLD