

1993 Iowa Senior Olympics

First Name	Last Name	City	State	Division	Sport/Event	Performance/Team	Place	Medal	Year
Ken	Miller	West Des Moines	Iowa	M/50-54	Golf (Scratch)	80	1	Gold	1993
Richard	Schuster	West Des Moines	Iowa	M/55-59	Golf (Scratch)	77	1	Gold	1993
James	Bowman	Des Moines	Iowa	M/55-59	Golf (Scratch)	83	2	Silver	1993
Paul	Harrison	Des Moines	Iowa	M/55-59	Golf (Scratch)	85	3	Bronze	1993
Don	Roseberry	Albia	Iowa	M/60-64	Golf (Scratch)	74	1	Gold	1993
Burton	Esbeck	Elk Horn	Iowa	M/60-64	Golf (Scratch)	84	2	Silver	1993
Robert	Hoak	Des Moines	Iowa	M/60-64	Golf (Scratch)	86	3	Bronze	1993
Phil	Covington	Des Moines	Iowa	M/65-69	Golf (Scratch)	80	1	Gold	1993
Phil	McKee	Urbandale	Iowa	M/65-69	Golf (Scratch)	82	2	Silver	1993
Walter	Bishop	Urbandale	Iowa	M/65-69	Golf (Scratch)	87	3	Bronze	1993
Leroy	Larsen	Audubon	Iowa	M/70-74	Golf (Scratch)	80	1	Gold	1993
Thomas	Wright	Des Moines	Iowa	M/70-74	Golf (Scratch)	91	2	Silver	1993
John	Peterson	Des Moines	Iowa	M/70-74	Golf (Scratch)	94	3	Bronze	1993
Carroll	Crouse	Adel	Iowa	M/75-79	Golf (Scratch)	87	1	Gold	1993
Roy	Gunson	Des Moines	Iowa	M/75-79	Golf (Scratch)	88	2	Silver	1993
Dale	Pearson	West Des Moines	Iowa	M/75-79	Golf (Scratch)	94	3	Bronze	1993
Betty	Roseberry	Albia	Iowa	W/55-59	Golf (Scratch)	99	1	Gold	1993
Betsy	John	West Des Moines	Iowa	W/60-64	Golf (Scratch)	99	1	Gold	1993
Darlene	Eikenberry	West Des Moines	Iowa	W/65-69	Golf (Scratch)	94	1	Gold	1993
Pat	Darby	West Des Moines	Iowa	W/65-69	Golf (Scratch)	101	2	Silver	1993
Lois	Peterson	Des Moines	Iowa	W/65-69	Golf (Scratch)	108	3	Bronze	1993
Irene	McCollum	Des Moines	Iowa	W/70-74	Golf (Scratch)	145	1	Gold	1993
Bob	Kreamer	Johnston	Iowa	M/50-54	Racquetball Singles		1	Gold	1993
Dale	Dewey	Des Moines	Iowa	M/50-54	Racquetball Singles		2	Silver	1993
Paul	Juber	Urbandale	Iowa	M/55-59	Racquetball Singles		1	Gold	1993
Richard	Lang	Ankeny	Iowa	M/55-59	Racquetball Singles		2	Silver	1993
Ed	Killian	Des Moines	Iowa	M/55-59	Racquetball Singles		3	Bronze	1993
John	Campana	Des Moines	Iowa	M/60-64	Racquetball Singles		1	Gold	1993
Gene	Riley	Waterloo	Iowa	M/60-64	Racquetball Singles		2	Silver	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Racquetball Singles		1	Gold	1993
Carl	Balvanz	Cedar Rapids	Iowa	M/65-69	Racquetball Singles		2	Silver	1993
L.B.	Eaton	Iowa City	Iowa	M/70-74	Racquetball Singles		1	Gold	1993
Virgil	Woodford	Cedar Rapids	Iowa	M/70-74	Racquetball Singles		2	Silver	1993
Bob	Kreamer	Johnston	Iowa	M/55-59	Racquetball Doubles		1	Gold	1993
Robert	Riley	Des Moines	Iowa	M/55-59	Racquetball Doubles		2	Silver	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Racquetball Doubles		1	Gold	1993
Dave	Sisam	Cumming	Iowa	M/60-64	Badminton Singles		1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	Badminton Singles		2	Silver	1993
Bob	Vanderlinden	Ankeny	Iowa	M/65-69	Badminton Singles		1	Gold	1993
Don	Taylor	Stuart	Iowa	M/65-69	Badminton Singles		2	Silver	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Badminton Singles		1	Gold	1993
Carroll	Crouse	Adel	Iowa	M/75-79	Badminton Singles		1	Gold	1993
Joyce	Hick	Stuart	Iowa	W/55-59	Badminton Singles		1	Gold	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Badminton Singles		1	Gold	1993
Beverly	Howe	West Des Moines	Iowa	W/60-64	Badminton Singles		2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Badminton Singles		1	Gold	1993
Lois	Peterson	Des Moines	Iowa	W/65-69	Badminton Singles		2	Silver	1993
Mary Helen	Muell	Des Moines	Iowa	W/70-74	Badminton Singles		1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	Badminton Doubles		1	Gold	1993
Bob	Vander Linden	Ankeny	Iowa	M/60-64	Badminton Doubles		1	Gold	1993
Carroll	Crouse	Adel	Iowa	M/60-64	Badminton Doubles		2	Silver	1993
Arnie	Brandt	Sioux City	Iowa	M/60-64	Badminton Doubles		2	Silver	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Badminton Doubles		1	Gold	1993
Irene	Kerwin	Peoria	Iowa	W/60-64	Badminton Doubles		1	Gold	1993
Dot	Rupich	Bel Nor	Missouri	Coed/60-64	Badminton Mixed Doubles		1	Gold	1993
Arnie	Brandt	Sioux City	Iowa	Coed/60-64	Badminton Mixed Doubles		1	Gold	1993
Beverly	Howe	West Des Moines	Iowa	Coed/60-64	Badminton Mixed Doubles		2	Silver	1993
Tom	Cady	Des Moines	Iowa	Coed/60-64	Badminton Mixed Doubles		2	Silver	1993
Joyce	Hick	Stuart	Iowa	Coed/60-64	Badminton Mixed Doubles		3	Bronze	1993
Don	Taylor	Stuart	Iowa	Coed/60-64	Badminton Mixed Doubles		3	Bronze	1993
Lois	Peterson	Des Moines	Iowa	Coed/65-69	Badminton Mixed Doubles		1	Gold	1993

Bob	Vanderlinden	Ankeny	Iowa	Coed/65-69	Badminton Mixed Doubles		1	Gold	1993
Marty	Offergeld	Moline	Illinois	M/50-59	Table Tennis Singles		1	Gold	1993
Albert	Baetz	Ankeny	Iowa	M/50-59	Table Tennis Singles		2	Silver	1993
Bob	Kreamer	Johnston	Iowa	M/50-59	Table Tennis Singles		3	Bronze	1993
Blaine	Goff	Des Moines	Iowa	M/60-64	Table Tennis Singles		1	Gold	1993
Paul	Williams	Spencer	Iowa	M/60-64	Table Tennis Singles		2	Silver	1993
Robert	Voetberg	Ames	Iowa	M/60-64	Table Tennis Singles		3	Bronze	1993
Jack	Sargent	Des Moines	Iowa	M/60-64	Table Tennis Singles		3	Bronze	1993
Sol	Davidson	Des Moines	Iowa	M/65-69	Table Tennis Singles		1	Gold	1993
Wayne	DeVine	Des Moines	Iowa	M/65-69	Table Tennis Singles		2	Silver	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Table Tennis Singles		3	Bronze	1993
Herb	Smith	Des Moines	Iowa	M/75-79	Table Tennis Singles		1	Gold	1993
Harold	McCollum	Des Moines	Iowa	M/75-79	Table Tennis Singles		2	Silver	1993
Carroll	Crouse	Adel	Iowa	M/75-79	Table Tennis Singles		3	Bronze	1993
Harold	McCollum	Des Moines	Iowa	M/65-69	Tennis Singles		1	Gold	1993
Gerry	VanGinkel	West Des Moines	Iowa	M/65-69	Tennis Singles		1	Gold	1993
Fred	Lorber	Des Moines	Iowa	M/65-69	Tennis Singles		2	Silver	1993
Gilbert	Cranberg	Des Moines	Iowa	M/65-69	Tennis Singles		2	Silver	1993
Jack	Sapp	Hendrick	Iowa	M/65-69	Tennis Singles		3	Bronze	1993
Richard	Hart	Delta	Iowa	M/65-69	Tennis Singles		3	Bronze	1993
Joyce	Hick	Stuart	Iowa	W/55-59	Tennis Doubles		1	Gold	1993
Jean	Murray	Clive	Iowa	W/55-59	Tennis Doubles		1	Gold	1993
Teresa	Bishop	Des Moines	Iowa	W/60-64	Tennis Doubles		1	Gold	1993
Betty	Dahm	Ames	Iowa	W/60-64	Tennis Doubles		1	Gold	1993
Norma	Cranberg	Des Moines	Iowa	W/65-69	Tennis Doubles		1	Gold	1993
Janice	Burns	Des Moines	Iowa	W/65-69	Tennis Doubles		1	Gold	1993
Margaret	McCollum	Des Moines	Iowa	W/70-74	Tennis Doubles		1	Gold	1993
Mary Helen	Muell	Des Moines	Iowa	W/70-74	Tennis Doubles		1	Gold	1993
Joyce	Hick	Stuart	Iowa	Coed/55-59	Tennis Mixed Doubles		1	Gold	1993
Don	Taylor	Stuart	Iowa	Coed/55-59	Tennis Mixed Doubles		1	Gold	1993
Howard	Shelton	Johnston	Iowa	Coed/60-64	Tennis Mixed Doubles		1	Gold	1993
Beverly	Shelton	Johnston	Iowa	Coed/60-64	Tennis Mixed Doubles		1	Gold	1993
Harold	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Mixed Doubles		1	Gold	1993
Margaret	McCollum	Des Moines	Iowa	Coed/75-79	Tennis Mixed Doubles		1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	Coed/50-54	Bridge		1	Gold	1993
Fred	Bankus	West Des Moines	Iowa	Coed/55-59	Bridge		1	Gold	1993
Robert	Voetberg	Ames	Iowa	Coed/60-64	Bridge		1	Gold	1993
Paul	Williams	Spencer	Iowa	Coed/60-64	Bridge		2	Silver	1993
Connie	Williams	Spencer	Iowa	Coed/60-64	Bridge		3	Bronze	1993
Joan	Tasler	Jefferson	Iowa	Coed/65-69	Bridge		1	Gold	1993
William	Boller	Urbandale	Iowa	Coed/65-69	Bridge		2	Silver	1993
Francis	Tasler	Jefferson	Iowa	Coed/65-69	Bridge		3	Bronze	1993
Merle	Van Cleve	Des Moines	Iowa	Coed/70-74	Bridge		1	Gold	1993
Viola	Baker	Des Moines	Iowa	Coed/70-74	Bridge		2	Silver	1993
Jean	Winegar	West Des Moines	Iowa	Coed/70-74	Bridge		3	Bronze	1993
Maurene	Montgomery	Des Moines	Iowa	Coed/75-79	Bridge		1	Gold	1993
Harold	McCollum	Des Moines	Iowa	Coed/75-79	Bridge		2	Silver	1993
Virginia	Davis	Des Moines	Iowa	Coed/75-79	Bridge		3	Bronze	1993
Pancretia	Eddy	Anita	Iowa	Coed/80-84	Bridge		1	Gold	1993
Agnes	Vogl	West Des Moines	Iowa	Coed/80-84	Bridge		2	Silver	1993
Joseph	Montgomery	Des Moines	Iowa	Coed/85-89	Bridge		1	Gold	1993
Darrell	Morse	Des Moines	Iowa	Coed/85-89	Bridge		2	Silver	1993
Sil	Vogl	West Des Moines	Iowa	Coed/85-89	Bridge		3	Bronze	1993
Margery	Ferin	West Des Moines	Iowa	Coed/60-64	Cribbage		1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	Coed/60-64	Cribbage		2	Silver	1993
Teresa	Bishop	Des Moines	Iowa	Coed/60-64	Cribbage		3	Bronze	1993
Ettore	Ferin	West Des Moines	Iowa	Coed/65-69	Cribbage		1	Gold	1993
Julila	Brophy	Des Moines	Iowa	Coed/65-69	Cribbage		2	Silver	1993
Darold	Brophy	Des Moines	Iowa	Coed/65-69	Cribbage		3	Bronze	1993
Marvin	Stanek	Ft. Dodge	Iowa	Coed/70-74	Cribbage		1	Gold	1993
Evelyn	Appell	Des Moines	Iowa	Coed/70-74	Cribbage		2	Silver	1993
Bess	Van Cleve	Des Moines	Iowa	Coed/70-74	Cribbage		3	Bronze	1993

Jack	Roush	West Des Moines	Iowa	Coed/75-79	Cribbage		1	Gold	1993
Carl	Appell	Des Moines	Iowa	Coed/75-79	Cribbage		2	Silver	1993
Hugh	Allan	Des Moines	Iowa	Coed/75-79	Cribbage		3	Bronze	1993
Joseph	Montgomery	Des Moines	Iowa	Coed/80-84	Cribbage		1	Gold	1993
Agnes	Vogl	West Des Moines	Iowa	Coed/80-84	Cribbage		2	Silver	1993
Darrell	Morse	Des Moines	Iowa	Coed/85+	Cribbage		1	Gold	1993
Sil	Vogl	West Des Moines	Iowa	Coed/85+	Cribbage		2	Silver	1993
Marvin	Stanek	Ft. Dodge	Iowa		Five Hundred		1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa		Five Hundred		2	Silver	1993
Bess	Van Cleve	Des Moines	Iowa		Five Hundred		1	Gold	1993
Helen	Cain	Des Moines	Iowa		Five Hundred		2	Silver	1993
Lorraine	Stanek	Ft. Dodge	Iowa		Five Hundred		3	Bronze	1993
Marvin	Stanek	Ft. Dodge	Iowa		Pinochle		1	Gold	1993
Willis	Myrtue	Harlan	Iowa		Pinochle		2	Silver	1993
Pankratya	Eddy	Anita	Iowa		Pinochle		1	Gold	1993
Helen	Cain	Des Moines	Iowa		Pinochle		2	Silver	1993
Agnes	Vogl	West Des Moines	Iowa		Pinochle		3	Bronze	1993
Ken	Clark	Des Moines	Iowa	M/55-59	Shuffleboard		1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	Shuffleboard		1	Gold	1993
Ralph	Scott	West Des Moines	Iowa	M/60-64	Shuffleboard		2	Silver	1993
Slim	Allen	West Des Moines	Iowa	M/65-69	Shuffleboard		1	Gold	1993
Paul	Gritton	Ft. Dodge	Iowa	M/65-69	Shuffleboard		2	Silver	1993
Keith	Baker	Clive	Iowa	M/65-69	Shuffleboard		3	Bronze	1993
Marvin	Stranek	Ft. Dodge	Iowa	M/70-74	Shuffleboard		1	Gold	1993
Leonard	Madsen	Audubon	Iowa	M/75-79	Shuffleboard		1	Gold	1993
Carl	Appell	Des Moines	Iowa	M/75-79	Shuffleboard		2	Silver	1993
Sil	Vogl	West Des Moines	Iowa	M/80-84	Shuffleboard		1	Gold	1993
Ted	Joplin	Des Moines	Iowa	M/80-84	Shuffleboard		2	Silver	1993
Darrell	Morse	Des Moines	Iowa	M/80-84	Shuffleboard		3	Bronze	1993
Jo	Schumann	Hull	Illinois	W/55-59	Shuffleboard		1	Gold	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Shuffleboard		2	Silver	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Shuffleboard		1	Gold	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Shuffleboard		1	Gold	1993
Lorraine	Stanek	Ft. Dodge	Iowa	W/65-69	Shuffleboard		2	Silver	1993
Dorothy	McClelland	Des Moines	Iowa	W/65-69	Shuffleboard		3	Bronze	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Shuffleboard		1	Gold	1993
Evelyn	Appell	Des Moines	Iowa	W/70-74	Shuffleboard		2	Silver	1993
Marge	Morse	Des Moines	Iowa	W/75-79	Shuffleboard		1	Gold	1993
Lenora	Madsen	Audubon	Iowa	W/75-79	Shuffleboard		2	Silver	1993
Maurene	Montgomery	Des Moines	Iowa	W/75-79	Shuffleboard		3	Bronze	1993
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Shuffleboard		1	Gold	1993
Mary	Larsen	West Des Moines	Iowa	W/80-84	Shuffleboard		2	Silver	1993
Natalie	Murphy	Des Moines	Iowa	W/80-84	Shuffleboard		3	Bronze	1993
Gary	Cloud	Ankeny	Iowa	M/50-54	Basketball Around the World		1	Gold	1993
Lee	Kane	Urbandale	Iowa	M/55-59	Basketball Around the World		1	Gold	1993
Otto	Wilfring	Marshalltown	Iowa	M/55-59	Basketball Around the World		2	Silver	1993
Fred	Bankus	West Des Moines	Iowa	M/55-59	Basketball Around the World		3	Bronze	1993
Bob	Thompson	Des Moines	Iowa	M/60-64	Basketball Around the World		1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	Basketball Around the World		2	Silver	1993
Richard	Willock	Des Moines	Iowa	M/60-64	Basketball Around the World		3	Bronze	1993
Raymond	Schumann	Hull	Iowa	M/65-69	Basketball Around the World		1	Gold	1993
Ed	Failor	Muscatine	Iowa	M/65-69	Basketball Around the World		2	Silver	1993
Gerald	Schafer	Panama	Iowa	M/65-69	Basketball Around the World		3	Bronze	1993
Mick	Donahue	West Des Moines	Iowa	M/70-74	Basketball Around the World		1	Gold	1993
Donald	Hamann	Des Moines	Iowa	M/70-74	Basketball Around the World		2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/70-74	Basketball Around the World		3	Bronze	1993
Thomas	Gunson	Des Moines	Iowa	M/75-79	Basketball Around the World		1	Gold	1993
Carl	Appell	Des Moines	Iowa	M/75-79	Basketball Around the World		2	Silver	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	Basketball Around the World		1	Gold	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	Basketball Around the World		1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Basketball Around the World		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Basketball Around the World		1	Gold	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Basketball Around the World		2	Silver	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Basketball Around the World		3	Bronze	1993

Dot	Rupich	Bel Nor	Missouri	W/60-64	Basketball Around the World		1	Gold	1993
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Basketball Around the World		2	Silver	1993
Beverly	Howe	West Des Moines	Iowa	W/60-64	Basketball Around the World		3	Bronze	1993
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Around the World		1	Gold	1993
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Basketball Around the World		2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Basketball Around the World		3	Bronze	1993
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Around the World		3	Bronze	1993
Viola	Baker	Des Moines	Iowa	W/70-74	Basketball Around the World		1	Gold	1993
Margaret	Jimenez	West Des Moines	Iowa	W/70-74	Basketball Around the World		2	Silver	1993
Evelyn	Appell	Des Moines	Iowa	W/70-74	Basketball Around the World		3	Bronze	1993
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Basketball Around the World		1	Gold	1993
Pancratya	Eddy	Anita	Iowa	W/80-84	Basketball Around the World		2	Silver	1993
Chuck	Wolle	Des Moines	Iowa	M/55-59	Basketball Free Throw		1	Gold	1993
Lee	Kane	Urbandale	Iowa	M/55-59	Basketball Free Throw		2	Silver	1993
Ken	Clark	Des Moines	Iowa	M/55-59	Basketball Free Throw		3	Bronze	1993
Bob	Thompson	Des Moines	Iowa	M/60-64	Basketball Free Throw		1	Gold	1993
Paul	Jones	Des Moines	Iowa	M/60-64	Basketball Free Throw		2	Silver	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Basketball Free Throw		3	Bronze	1993
Raymond	Schumann	Hull	Illinois	M/65-69	Basketball Free Throw		1	Gold	1993
Ed	Failor	Muscatine	Iowa	M/65-69	Basketball Free Throw		2	Silver	1993
Bob	VanderLinden	Ankeny	Iowa	M/65-69	Basketball Free Throw		2	Silver	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Basketball Free Throw		3	Bronze	1993
Donald	Dewell	Quincy	Illinois	M/70-74	Basketball Free Throw		1	Gold	1993
Don	Hamann	Des Moines	Iowa	M/70-74	Basketball Free Throw		2	Silver	1993
Gunson	Thomas	Des Moines	Iowa	M/75-79	Basketball Free Throw		1	Gold	1993
Carl	Appell	Des Moines	Iowa	M/75-79	Basketball Free Throw		2	Silver	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	Basketball Free Throw		1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	Basketball Free Throw		2	Silver	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	Basketball Free Throw		1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Basketball Free Throw		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Basketball Free Throw		1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	Basketball Free Throw		2	Silver	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Basketball Free Throw		3	Bronze	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Basketball Free Throw		1	Gold	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Basketball Free Throw		2	Silver	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Basketball Free Throw		2	Silver	1993
Beverly	Howe	West Des Moines	Iowa	W/60-64	Basketball Free Throw		3	Bronze	1993
Joan	Tasler	Jefferson	Iowa	W/65-69	Basketball Free Throw		1	Gold	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Basketball Free Throw		2	Silver	1993
Frances	Young	Des Moines	Iowa	W/65-69	Basketball Free Throw		2	Silver	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	Basketball Free Throw		3	Bronze	1993
Viola	Baker	Des Moines	Iowa	W/70-74	Basketball Free Throw		1	Gold	1993
Agnes	Vogl	West Des Moines	Iowa	W/80-84	Basketball Free Throw		1	Gold	1993
Bud	Skaggs	Newton	Iowa	M/55-59	Bowling Doubles		1	Gold	1993
Dwight	Burch	Newton	Iowa	M/55-59	Bowling Doubles		1	Gold	1993
Keith	Wee	Huxley	Iowa	M/55-59	Bowling Doubles		2	Silver	1993
Raymond	Longnecker	Ankeny	Iowa	M/55-59	Bowling Doubles		2	Silver	1993
Ronald	Short	West Des Moines	Iowa	M/60-64	Bowling Doubles		1	Gold	1993
Merle	Haselhuhn	Adel	Iowa	M/60-64	Bowling Doubles		1	Gold	1993
William	Owens	West Des Moines	Iowa	M/65-69	Bowling Doubles		1	Gold	1993
Louis	Krick	Des Moines	Iowa	M/65-69	Bowling Doubles		1	Gold	1993
Lloyd	Stuber	West Des Moines	Iowa	M/70-74	Bowling Doubles		1	Gold	1993
Fred	Erickson	Des Moines	Iowa	M/70-74	Bowling Doubles		1	Gold	1993
Don	Mallory	Des Moines	Iowa	M/75-79	Bowling Doubles		1	Gold	1993
Don	Gordon	Des Moines	Iowa	M/75-79	Bowling Doubles		1	Gold	1993
Betty	Skaggs	Newton	Iowa	W/55-59	Bowling Doubles (Handicap)		1	Gold	1993
Bonnie	Hardenbrook	Newton	Iowa	W/55-59	Bowling Doubles (Handicap)		1	Gold	1993
Dolores	Fitzgibbon	Webster City	Iowa	W/55-59	Bowling Doubles (Handicap)		2	Silver	1993
Marian	Morton	Webster City	Iowa	W/55-59	Bowling Doubles (Handicap)		2	Silver	1993
Kathryn	Gifford	Cumming	Iowa	W/60-64	Bowling Doubles (Handicap)		1	Gold	1993
Mary Anne	McManus	Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		1	Gold	1993
Mary	Booton	Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		2	Silver	1993
Ruth	Snyder	West Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		2	Silver	1993
Laura	Tucker	Ankeny	Iowa	W/60-64	Bowling Doubles (Handicap)		3	Bronze	1993
Jean	Winegar	West Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		3	Bronze	1993

Nancy	Evans	Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		4		1993
Gracie	VanDam	Des Moines	Iowa	W/60-64	Bowling Doubles (Handicap)		4		1993
Dorothy	Erickson	Des Moines	Iowa	W/65-69	Bowling Doubles (Handicap)		1	Gold	1993
Audrey	Clark	Carlisle	Iowa	W/65-69	Bowling Doubles (Handicap)		1	Gold	1993
Helen	Mallory	Des Moines	Iowa	W/70-74	Bowling Doubles (Handicap)		1	Gold	1993
	Davis	Des Moines	Iowa	W/70-74	Bowling Doubles (Handicap)		1	Gold	1993
Margaret	Loeffler	Urbandale	Iowa	W/70-74	Bowling Doubles (Handicap)		2	Silver	1993
Ellen	Graybeal	Des Moines	Iowa	W/70-74	Bowling Doubles (Handicap)		2	Silver	1993
John	Campbell	Oskaloosa	Iowa	M/55-59	Bowling Singles		1	Gold	1993
Robert	Anderson	Marion	Iowa	M/55-59	Bowling Singles		2	Silver	1993
Fred	Brown	Newton	Iowa	M/55-59	Bowling Singles		3	Bronze	1993
Bud	Skaggs	Newton	Iowa	M/60-64	Bowling Singles		1	Gold	1993
Harold	Ethell	Knoxville	Iowa	M/60-64	Bowling Singles		2	Silver	1993
Keith	Wee	Huxley	Iowa	M/60-64	Bowling Singles		3	Bronze	1993
William	Owens	West Des Moines	Iowa	M/65-69	Bowling Singles		1	Gold	1993
Wayne	Thompson	West Des Moines	Iowa	M/65-69	Bowling Singles		2	Silver	1993
Mike	Vioglavich	West Des Moines	Iowa	M/70-74	Bowling Singles		1	Gold	1993
Ray	Longnecker	Ankeny	Iowa	M/70-74	Bowling Singles		2	Silver	1993
Louis	Krick	Des Moines	Iowa	M/70-74	Bowling Singles		3	Bronze	1993
Willis	Myrtue	Harlan	Iowa	M/75-79	Bowling Singles		1	Gold	1993
Don	Slocum	Knoxville	Iowa	M/75-79	Bowling Singles		2	Silver	1993
Don	Mallory	Des Moines	Iowa	M/75-79	Bowling Singles		3	Bronze	1993
Frank	Zenor	Humboldt	Iowa	M/85-89	Bowling Singles		1	Gold	1993
Dolores	Fitzgibbons	Webster City	Iowa	W/55-59	Bowling Singles		1	Gold	1993
Betty	Skaggs	Newton	Iowa	W/55-59	Bowling Singles		2	Silver	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Bowling Singles		3	Bronze	1993
Nancy	Evans	Des Moines	Iowa	W/60-64	Bowling Singles		1	Gold	1993
Kathy	Gifford	Cumming	Iowa	W/60-64	Bowling Singles		2	Silver	1993
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Bowling Singles		3	Bronze	1993
Marjorie	Clark	Knoxville	Iowa	W/65-69	Bowling Singles		1	Gold	1993
Shirely	Zenor	Humboldt	Iowa	W/65-69	Bowling Singles		2	Silver	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	Bowling Singles		3	Bronze	1993
Margaret	Slocum	Knoxville	Iowa	W/70-74	Bowling Singles		1	Gold	1993
Margaret	Loeffler	Des Moines	Iowa	W/70-74	Bowling Singles		2	Silver	1993
Lorraine	Stanek	Ft. Dodge	Iowa	W/70-74	Bowling Singles		3	Bronze	1993
Marian	Morton	Webster City	Iowa	W/75-79	Bowling Singles		1	Gold	1993
Vivian	Gavin	West Des Moines	Iowa	W/75-79	Bowling Singles		2	Silver	1993
Gracie	Van Dam	Des Moines	Iowa	W/75-79	Bowling Singles		3	Bronze	1993
John	Campbell	Oskaloosa	Iowa	M/55-59	Bowling Singles (Handicap)		1	Gold	1993
Robert	Anderson	Marion	Iowa	M/55-59	Bowling Singles (Handicap)		2	Silver	1993
Fred	Brown	Newton	Iowa	M/55-59	Bowling Singles (Handicap)		3	Bronze	1993
Bud	Skaggs	Newton	Iowa	M/60-64	Bowling Singles (Handicap)		1	Gold	1993
Harold	Ethell	Knoxville	Iowa	M/60-64	Bowling Singles (Handicap)		2	Silver	1993
Keith	Wee	Huxley	Iowa	M/60-64	Bowling Singles (Handicap)		3	Bronze	1993
Wayne	Thompson	West Des Moines	Iowa	M/65-69	Bowling Singles (Handicap)		1	Gold	1993
Ron	Short	West Des Moines	Iowa	M/65-69	Bowling Singles (Handicap)		2	Silver	1993
Merle	Haselhuhn	Adel	Iowa	M/65-69	Bowling Singles (Handicap)		2	Silver	1993
Bill	Owens	West Des Moines	Iowa	M/65-69	Bowling Singles (Handicap)		3	Bronze	1993
Mike	Vioglavich	West Des Moines	Iowa	M/70-74	Bowling Singles (Handicap)		1	Gold	1993
Louis	Krick	Des Moin	Iowa	M/70-74	Bowling Singles (Handicap)		2	Silver	1993
Marvin	Stanek	Ft. Dodge	Iowa	M/70-74	Bowling Singles (Handicap)		3	Bronze	1993
Willis	Myrtue	Harlan	Iowa	M/75-79	Bowling Singles (Handicap)		1	Gold	1993
Don	Slocum	Knoxville	Iowa	M/75-79	Bowling Singles (Handicap)		2	Silver	1993
Robert	Bex	Marion	Iowa	M/75-79	Bowling Singles (Handicap)		3	Bronze	1993
Frank	Zenor	Humboldt	Iowa	M/85-89	Bowling Singles (Handicap)		1	Gold	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Bowling Singles (Handicap)		1	Gold	1993
Delores	Fitzgibbon	Webster City	Iowa	W/55-59	Bowling Singles (Handicap)		2	Silver	1993
Betty	Skaggs	Newton	Iowa	W/55-59	Bowling Singles (Handicap)		3	Bronze	1993
Kathy	Gifford	Cumming	Iowa	W/60-64	Bowling Singles (Handicap)		1	Gold	1993
Nancy	Evans	Des Moines	Iowa	W/60-64	Bowling Singles (Handicap)		2	Silver	1993
Mary Anne	McManus	Des Moines	Iowa	W/60-64	Bowling Singles (Handicap)		3	Bronze	1993
Marjorie	Clark	Knoxville	Iowa	W/65-69	Bowling Singles (Handicap)		1	Gold	1993
Dorothy	Erickson	Des Moines	Iowa	W/65-69	Bowling Singles (Handicap)		2	Silver	1993
Shirley	Zenor	Humboldt	Iowa	W/65-69	Bowling Singles (Handicap)		3	Bronze	1993
Lorraine	Stanek	Ft. Dodge	Iowa	W/70-74	Bowling Singles (Handicap)		1	Gold	1993
Margaret	Slocum	Knoxville	Iowa	W/70-74	Bowling Singles (Handicap)		2	Silver	1993

Margaret	Loeffler	Des Moines	Iowa	W/70-74	Bowling Singles (Handicap)		3	Bronze	1993
Marian	Morton	Webster City	Iowa	W/75-79	Bowling Singles (Handicap)		1	Gold	1993
Vivian	Gavin	West Des Moines	Iowa	W/75-79	Bowling Singles (Handicap)		2	Silver	1993
Gracie	Van Dam	Des Moines	Iowa	W/75-79	Bowling Singles (Handicap)		3	Bronze	1993
Albert	Baetz	Ankeny	Iowa	M/55-59	Croquet		1	Gold	1993
Bob	Kreamer	Johnston	Iowa	M/55-59	Croquet		2	Silver	1993
Joe	Jimenez	West Des Moines	Iowa	M/65-69	Croquet		1	Gold	1993
Arnold	Latare	West Des Moines	Iowa	M/70-74	Croquet		1	Gold	1993
Harold	McCollum	Des Moines	Iowa	M/75-79	Croquet		1	Gold	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Croquet		1	Gold	1993
Beverly	Howe	West Des Moines	Iowa	W/60-64	Croquet		1	Gold	1993
Frances	Young	Des Moines	Iowa	W/60-64	Croquet		2	Silver	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Croquet		3	Bronze	1993
Helen	Cain	Des Moines	Iowa	W/65-69	Croquet		1	Gold	1993
Lydia	Larsen	Ames	Iowa	W/65-69	Croquet		2	Silver	1993
Nadine	Willey	West Des Moines	Iowa	W/65-69	Croquet		3	Bronze	1993
Margaret	McCollum	Des Moines	Iowa	W/75-79	Croquet		1	Gold	1993
Mary	Larsen	West Des Moines	Iowa	W/80-84	Croquet		1	Gold	1993
Ken	Clark	Des Moines	Iowa	M/55-59	Football Throw-Accuracy		1	Gold	1993
Arnold	Brandt	Sioux City	Iowa	M/55-59	Football Throw-Accuracy		2	Silver	1993
Fred	Bankus	West Des Moines	Iowa	M/55-59	Football Throw-Accuracy		3	Bronze	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Football Throw-Accuracy		1	Gold	1993
Norman	Robinson	Knoxville	Iowa	M/60-64	Football Throw-Accuracy		2	Silver	1993
Ralph	Chapman	East Dubuque	Iowa	M/60-64	Football Throw-Accuracy		3	Bronze	1993
Ralph	Scott	West Des Moines	Iowa	M/60-64	Football Throw-Accuracy		3	Bronze	1993
Herbert	Hansen	Prairie City	Iowa	M/60-64	Football Throw-Accuracy		3	Bronze	1993
Raymond	Schumann	Hull	Illinois	M/65-69	Football Throw-Accuracy		1	Gold	1993
Jerry	Gardner	Ames	Iowa	M/65-69	Football Throw-Accuracy		1	Gold	1993
Keith	Baker	Clive	Iowa	M/65-69	Football Throw-Accuracy		1	Gold	1993
Cletus	Weis	Harlan	Iowa	M/65-69	Football Throw-Accuracy		1	Gold	1993
Gerald	Schafer	Panama	Iowa	M/65-69	Football Throw-Accuracy		2	Silver	1993
Sol	Davidson	Des Moines	Iowa	M/65-69	Football Throw-Accuracy		3	Bronze	1993
Howard	Dewell	Quincy	Illinois	M/70-74	Football Throw-Accuracy		1	Gold	1993
Melvin	Book	Portsmouth	Iowa	M/70-74	Football Throw-Accuracy		1	Gold	1993
Arnold	Latare	West Des Moines	Iowa	M/70-74	Football Throw-Accuracy		2	Silver	1993
Marvin	Stanek	Ft. Dodge	Iowa	M/70-74	Football Throw-Accuracy		3	Bronze	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	Football Throw-Accuracy		1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	Football Throw-Accuracy		2	Silver	1993
Adolph	Peschke	West Des Moines	Iowa	M/75-79	Football Throw-Accuracy		3	Bronze	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	Football Throw-Accuracy		1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	Football Throw-Accuracy		2	Silver	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Football Throw-Accuracy		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Football Throw-Accuracy		1	Gold	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Football Throw-Accuracy		2	Silver	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Football Throw-Accuracy		1	Gold	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Football Throw-Accuracy		2	Silver	1993
Barb	Marston	Des Moines	Iowa	W/60-64	Football Throw-Accuracy		2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Football Throw-Accuracy		1	Gold	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	Football Throw-Accuracy		1	Gold	1993
Viola	Baker	Des Moines	Iowa	W/70-74	Football Throw-Accuracy		1	Gold	1993
Midge	Lewis	West Des Moines	Iowa	W/70-74	Football Throw-Accuracy		2	Silver	1993
James	Bowman	Des Moines	Iowa	W/55-59	Football Throw- Distance		1	Gold	1993
Don	Amery	Erie	Iowa	W/55-59	Football Throw- Distance		2	Silver	1993
Arnold	Brandt	Sioux City	Iowa	W/55-59	Football Throw- Distance		2	Silver	1993
Richard	Lang	Ankeny	Iowa	W/55-59	Football Throw- Distance		3	Bronze	1993
Norman	Robinson	Knoxville	Iowa	W/60-64	Football Throw- Distance		1	Gold	1993
Bob	Bell	Marshalltown	Iowa	W/60-64	Football Throw- Distance		2	Silver	1993
Darrell	Mitchell	Marshalltown	Iowa	W/60-64	Football Throw- Distance		3	Bronze	1993
Raymond	Schumann	Hull	Iowa	W/65-69	Football Throw- Distance		1	Gold	1993
Ed	Failor	Muscatine	Iowa	W/65-69	Football Throw- Distance		2	Silver	1993
Dick	Pertzborn	Ankeny	Iowa	W/65-69	Football Throw- Distance		2	Silver	1993
Tom	Novak	Cedar Rapids	Iowa	W/65-69	Football Throw- Distance		3	Bronze	1993
Mick	Donahue	West Des Moines	Iowa	W/70-74	Football Throw- Distance		1	Gold	1993
Howard	Dewell	Quincy	Illinois	W/70-74	Football Throw- Distance		1	Gold	1993
Arnold	Latare	West Des Moines	Iowa	W/70-74	Football Throw- Distance		2	Silver	1993

Adolph	Peschke	West Des Moines	Iowa	W/75-79	Football Throw- Distance		1	Gold	1993
Tom	Walsh	Hannibal	Missouri	W/75-79	Football Throw- Distance		1	Gold	1993
Donald	Schultz	Des Moines	Iowa	W/75-79	Football Throw- Distance		2	Silver	1993
E. Lee	Todd	Grant	Nebraska	W/75-79	Football Throw- Distance		2	Silver	1993
Robert	Bex	Marion	Iowa	W/75-79	Football Throw- Distance		3	Bronze	1993
Wayne	Steward	Knoxville	Iowa	W/80-84	Football Throw- Distance		1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa	W/80-84	Football Throw- Distance		2	Silver	1993
Ted	Joplin	Des Moines	Iowa	W/85-89	Football Throw- Distance		1	Gold	1993
John	Glawe	Cherokee Village	Arizona	W/85-89	Football Throw- Distance		1	Gold	1993
Joyce	Hick	Stuart	Iowa	W/55-59	Football Throw- Distance		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Football Throw- Distance		2	Silver	1993
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Football Throw- Distance		2	Silver	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Football Throw- Distance		3	Bronze	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Football Throw- Distance		1	Gold	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Football Throw- Distance		2	Silver	1993
Ruth	Allen	Newton	Iowa	W/60-64	Football Throw- Distance		3	Bronze	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Football Throw- Distance		1	Gold	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	Football Throw- Distance		1	Gold	1993
Winifred	Canady	Marion	Iowa	W/65-69	Football Throw- Distance		2	Silver	1993
Nathalie	Murphy	Des Moines	Iowa	W/80-84	Football Throw- Distance		1	Gold	1993
John	Bankus	West Des Moines	Iowa	M/50-54	Softball Throw- Accuracy		1	Gold	1993
Tom	Logan	Johnston	Iowa	M/55-59	Softball Throw- Accuracy		1	Gold	1993
Ken	Clark	Des Moines	Iowa	M/55-59	Softball Throw- Accuracy		2	Silver	1993
Don	Amery	Erie	Iowa	M/55-59	Softball Throw- Accuracy		3	Bronze	1993
Arnold	Brandt	Sioux City	Iowa	M/55-59	Softball Throw- Accuracy		3	Bronze	1993
Bob	Thompson	Des Moines	Iowa	M/60-64	Softball Throw- Accuracy		1	Gold	1993
Paul	Williams	Spencer	Iowa	M/60-64	Softball Throw- Accuracy		2	Silver	1993
Galen	Murtle	Des Moines	Iowa	M/60-64	Softball Throw- Accuracy		3	Bronze	1993
Cletus	Weis	Harlan	Iowa	M/65-69	Softball Throw- Accuracy		1	Gold	1993
Ray	Schumann	Hull	Illinois	M/65-69	Softball Throw- Accuracy		2	Silver	1993
Frances	Tasler	Jefferson	Iowa	M/65-69	Softball Throw- Accuracy		3	Bronze	1993
Gerald	Schafer	Panama	Iowa	M/65-69	Softball Throw- Accuracy		3	Bronze	1993
Mel	Book	Portsmouth	Iowa	M/70-74	Softball Throw- Accuracy		1	Gold	1993
Arnold	Latare	West Des Moines	Iowa	M/70-74	Softball Throw- Accuracy		2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/70-74	Softball Throw- Accuracy		3	Bronze	1993
Marvin	Stanek	Ft. Dodge	Iowa	M/70-74	Softball Throw- Accuracy		3	Bronze	1993
Carroll	Crouse	Adel	Iowa	M/75-79	Softball Throw- Accuracy		1	Gold	1993
E. Lee	Todd	Grant	Iowa	M/75-79	Softball Throw- Accuracy		2	Silver	1993
Willis	Myrtue	Harlan	Iowa	M/75-79	Softball Throw- Accuracy		2	Silver	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	Softball Throw- Accuracy		3	Bronze	1993
Wayne	Stewart	Knoxville	Iowa	M/80-84	Softball Throw- Accuracy		1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Softball Throw- Accuracy		1	Gold	1993
Dee	Robinson	Knoxville	Iowa	W/55-59	Softball Throw- Accuracy		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Softball Throw- Accuracy		2	Silver	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	Softball Throw- Accuracy		2	Silver	1993
Wylie	Gardner	Des Moines	Iowa	W/55-59	Softball Throw- Accuracy		3	Bronze	1993
Carolyn	Dodd	Des Moines	Iowa	W/60-64	Softball Throw- Accuracy		1	Gold	1993
Barb	Marston	Des Moines	Iowa	W/60-64	Softball Throw- Accuracy		2	Silver	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Softball Throw- Accuracy		3	Bronze	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	Softball Throw- Accuracy		1	Gold	1993
Dorothy	McClelland	Des Moines	Iowa	W/65-69	Softball Throw- Accuracy		2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Softball Throw- Accuracy		2	Silver	1993
Winifred	Canady	Marion	Iowa	W/65-69	Softball Throw- Accuracy		3	Bronze	1993
David	Thomason	Des Moines	Iowa	M/50-54	Softball Throw- Distance		1	Gold	1993
Albert	Baetz	Ankeny	Iowa	M/50-54	Softball Throw- Distance		2	Silver	1993
Richard	Lang	Ankeny	Iowa	M/55-59	Softball Throw- Distance		1	Gold	1993
Don	Amery	Erie	Iowa	M/55-59	Softball Throw- Distance		2	Silver	1993
Frank	Brown	Des Moines	Iowa	M/55-59	Softball Throw- Distance		2	Silver	1993
Fred	Bankus	West Des Moines	Iowa	M/55-59	Softball Throw- Distance		3	Bronze	1993
Norman	Robinson	Knoxville	Iowa	M/60-64	Softball Throw- Distance		1	Gold	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	Softball Throw- Distance		2	Silver	1993
Paul	Williams	Spencer	Iowa	M/60-64	Softball Throw- Distance		3	Bronze	1993
Ray	Schumann	Hull	Illinois	M/65-69	Softball Throw- Distance		1	Gold	1993
Ed	Failor	Muscatine	Iowa	M/65-69	Softball Throw- Distance		1	Gold	1993
Dick	Pertzborn	Ankeny	Iowa	M/65-69	Softball Throw- Distance		2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/70-74	Softball Throw- Distance		1	Gold	1993

Mick	Donahue	West Des Moines	Iowa	M/70-74	Softball Throw- Distance		1	Gold	1993
Tom	Walsh	Hannibal	Missouri	M/75-79	Softball Throw- Distance		1	Gold	1993
Adolphe	Peschke	West Des Moines	Iowa	M/75-79	Softball Throw- Distance		1	Gold	1993
E. Lee	Todd	Grant	Nebraska	M/75-79	Softball Throw- Distance		2	Silver	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	Softball Throw- Distance		1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	Softball Throw- Distance		2	Silver	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	Softball Throw- Distance		1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Softball Throw- Distance		1	Gold	1993
Laura	Baetz	Ankeny	Iowa	W/50-54	Softball Throw- Distance		2	Silver	1993
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Softball Throw- Distance		1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	Softball Throw- Distance		2	Silver	1993
Wyline	Gardner	Des Moines	Iowa	W/55-59	Softball Throw- Distance		3	Bronze	1993
Twila	Rankin	Knoxville	Iowa	W/60-64	Softball Throw- Distance		1	Gold	1993
Dot	Rupich	Bel Nor	Iowa	W/60-64	Softball Throw- Distance		2	Silver	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Softball Throw- Distance		2	Silver	1993
Nancy	Baker	Clive	Iowa	W/60-64	Softball Throw- Distance		3	Bronze	1993
Irene	Kerwin	Peoria	Iowa	W/65-69	Softball Throw- Distance		1	Gold	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	Softball Throw- Distance		1	Gold	1993
Dorothy	McClelland	Des Moines	Iowa	W/65-69	Softball Throw- Distance		2	Silver	1993
Frances	Young	Des Moines	Iowa	W/65-69	Softball Throw- Distance		3	Bronze	1993
Viola	Baker	Des Moines	Iowa	W/70-74	Softball Throw- Distance		1	Gold	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Softball Throw- Distance		2	Silver	1993
Pancratya	Eddy	Anita	Iowa	W/80-84	Softball Throw- Distance		1	Gold	1993
Tom	Little	Knoxville	Iowa		Checkers		1	Gold	1993
Duane	Troester	Des Moines	Iowa		Checkers		2	Silver	1993
Bob	Gallagher	Des Moines	Iowa		Checkers		3	Bronze	1993
Arnie	Brandt	Sioux City	Iowa	M/55-59	Horseshoe Pitching		1	Gold	1993
Don	Muff	Ames	Iowa	M/55-59	Horseshoe Pitching		2	Silver	1993
Ken	Clark	Des Moines	Iowa	M/55-59	Horseshoe Pitching		3	Bronze	1993
Herb	Hansen	Prairie City	Iowa	M/60-64	Horseshoe Pitching		1	Gold	1993
Keith	Baker	Clive	Iowa	M/65-69	Horseshoe Pitching		1	Gold	1993
Slim	Allen	West Des Moines	Iowa	M/65-69	Horseshoe Pitching		2	Silver	1993
Joesph	Comito	Des Moines	Iowa	M/65-69	Horseshoe Pitching		3	Bronze	1993
Marvin	Stanek	Ft. Dodge	Iowa	M/70-74	Horseshoe Pitching		1	Gold	1993
Larry	Anderson	Carlisle	Iowa	M/70-74	Horseshoe Pitching		1	Gold	1993
Jack	Rousch	West Des Moines	Iowa	M/70-74	Horseshoe Pitching		2	Silver	1993
Howard	Dewell	Quincy	Iowa	M/70-74	Horseshoe Pitching		3	Bronze	1993
Hugh	Allan	Des Moines	Iowa	M/80-84	Horseshoe Pitching		1	Gold	1993
Sil	Vogl	West Des Moines	Iowa	M/85-89	Horseshoe Pitching		1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	Horseshoe Pitching		1	Gold	1993
Dee	Townsend	West Des Moines	Iowa	W/55-59	Horseshoe Pitching		2	Silver	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Horseshoe Pitching		1	Gold	1993
Beverly	Howe	West Des Moines	Iowa	W/60-64	Horseshoe Pitching		2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Horseshoe Pitching		1	Gold	1993
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Horseshoe Pitching		2	Silver	1993
Lorraine	Stanek	Ft. Dodge	Iowa	W/65-69	Horseshoe Pitching		3	Bronze	1993
Viola	Baker	Des Moines	Iowa	W/70-74	Horseshoe Pitching		1	Gold	1993
Midge	Lewis	West Des Moines	Iowa	W/70-74	Horseshoe Pitching		2	Silver	1993
Margaret	Jimenez	West Des Moines	Iowa	W/70-74	Horseshoe Pitching		3	Bronze	1993
Agnes	Vogl	West Des Moines	Iowa	W/75-79	Horseshoe Pitching		1	Gold	1993
Irma	Myers	West Des Moines	Iowa	W/75-79	Horseshoe Pitching		2	Silver	1993
Rita	Weinberg	Des Moines	Iowa	55+	Scrabble		1	Gold	1993
Thelma	Voetberg	Ames	Iowa	55+	Scrabble		2	Silver	1993
Marge	Morse	Des Moines	Iowa	55+	Scrabble		3	Bronze	1993
Jay	Donaldson	Cedar Rapids	Iowa	55+	3X3 Basketball		1	Gold	1993
Pat	O'Malley	Cedar Rapids	Iowa	55+	3X3 Basketball		1	Gold	1993
Eugene	Novak	Cedar Rapids	Iowa	55+	3X3 Basketball		1	Gold	1993
Ken	Clark	Des Moines	Iowa	55+	3X3 Basketball		2	Silver	1993
Tom	Cady	Des Moines	Iowa	55+	3X3 Basketball		2	Silver	1993
Charles	Wolle	Des Moines	Iowa	55+	3X3 Basketball		2	Silver	1993
Ed	Killin	Des Moines	Iowa	55+	3X3 Basketball		3	Bronze	1993
Frank	Brown	Des Moines	Iowa	55+	3X3 Basketball		3	Bronze	1993
Dennis	Hurley	Perry	Iowa	55+	3X3 Basketball		3	Bronze	1993
Norman	Robinson	Knoxville	Iowa	60+	3X3 Basketball		1	Gold	1993

Ed	Failor	Muscatine	Iowa	60+	3X3 Basketball		1	Gold	1993
Ray	Schumann	Hull	Illinois	60+	3X3 Basketball		1	Gold	1993
Lee	Kane	Urbandale	Iowa	60+	3X3 Basketball		1	Gold	1993
Bob	Bell	Marshalltown	Iowa	60+	3X3 Basketball		1	Gold	1993
Paul	Jones	Des Moines	Iowa	60+	3X3 Basketball		2	Silver	1993
Bob	Thompson	Des Moines	Iowa	60+	3X3 Basketball		2	Silver	1993
Sol	Davidson	Des Moines	Iowa	60+	3X3 Basketball		2	Silver	1993
Terry	Doane	Altoona	Iowa	50+	Volleyball		3	Bronze	1993
Joe	Comito	Des Moines	Iowa	50+	Volleyball		3	Bronze	1993
Fred	Hoffman	Des Moines	Iowa	50+	Volleyball		3	Bronze	1993
Joe	Shepard	Des Moines	Iowa	50+	Volleyball		3	Bronze	1993
John	Cordaro	Des Moines	Iowa	50+	Volleyball		3	Bronze	1993
Tom	Good	New Virginia	Iowa	50+	Volleyball		3	Bronze	1993
Ed	Failor	Muscatine	Iowa	55+	Volleyball		1	Gold	1993
Ray	Schumann	Hull	Illinois	55+	Volleyball		1	Gold	1993
Rich	Willock	Des Moines	Iowa	55+	Volleyball		1	Gold	1993
E. Lee	Todd	Grant	Iowa	55+	Volleyball		1	Gold	1993
Ken	Clark	Des Moines	Iowa	55+	Volleyball		1	Gold	1993
Charles	Lathrum	Altoona	Iowa	55+	Volleyball		1	Gold	1993
Harold	Kroeker	Grant	Iowa	55+	Volleyball		1	Gold	1993
Norman	Robinson	Knoxville	Iowa	55+	Volleyball		1	Gold	1993
Wayne	Begg	Ankeny	Iowa	55+	Volleyball		2	Silver	1993
Bob	Buntz	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Harland	Hayek	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Don	Steffensen	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Dewey	Christian	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Bill	Maurer	Clive	Iowa	55+	Volleyball		2	Silver	1993
Ed	Hans	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Roland	Jensen	Des Moines	Iowa	55+	Volleyball		2	Silver	1993
Dale	Dewey	Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Dean	Johnson	Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Charles	Radcliff	West Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Lou	Amodeo	Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Bob	Romans	West Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Merlyn	Hammond	Des Moines	Iowa	55+	Volleyball		3	Bronze	1993
Dave	Thomason	Des Moines	Iowa	M/50-54	50 Meter Dash	9.79	1	Gold	1993
Tom	Logan	Johnston	Iowa	M/55-59	50 Meter Dash	7.06	1	Gold	1993
Mike	Murphy	Blue Grass	Iowa	M/55-59	50 Meter Dash	7.16	2	Silver	1993
Dave	Ortega	Des Moines	Iowa	M/55-59	50 Meter Dash	7.36	3	Bronze	1993
Norman	Robinson	Knoxville	Iowa	M/60-64	50 Meter Dash	7.11	1	Gold	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	50 Meter Dash	7.84	2	Silver	1993
Ralph	Chapman	East Dubuque	Iowa	M/60-64	50 Meter Dash	7.88	3	Bronze	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	50 Meter Dash	8.11	3	Bronze	1993
Francis	Tasler	Jefferson	Iowa	M/65-69	50 Meter Dash	8.79	1	Gold	1993
Jerry	Gardner	Ames	Iowa	M/65-69	50 Meter Dash	8.97	2	Silver	1993
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	50 Meter Dash	9.9	3	Bronze	1993
Mick	Donahue	West Des Moines	Iowa	M/70-74	50 Meter Dash	8.5	1	Gold	1993
Howard	Dewell	Quincy	Illinois	M/70-74	50 Meter Dash	10.31	2	Silver	1993
Tom	Walsh	Hannibal	Missouri	M/75-79	50 Meter Dash	8.34	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	50 Meter Dash	8.82	1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	50 Meter Dash	8.93	2	Silver	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	50 Meter Dash	10.54	3	Bronze	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	50 Meter Dash	11.19	1	Gold	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	50 Meter Dash	11.5	2	Silver	1993
Leonard	Booth	Fairfield	Iowa	M/85-89	50 Meter Dash	14.56	1	Gold	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	50 Meter Dash	15.87	1	Gold	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	50 Meter Dash	17.38	2	Silver	1993
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	50 Meter Dash	9.59	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	50 Meter Dash	12.38	1	Gold	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	50 Meter Dash	16.4	2	Silver	1993
Nancy	Baker	Clive	Iowa	W/60-64	50 Meter Dash	11.95	1	Gold	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	50 Meter Dash	11.99	2	Silver	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	50 Meter Dash	13.09	3	Bronze	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	50 Meter Dash	9.29	1	Gold	1993
Frances	Young	Des Moines	Iowa	W/65-69	50 Meter Dash	11.9	2	Silver	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	50 Meter Dash	13.82	1	Gold	1993

Ruth	Spaulding	Des Moines	Iowa	W/75-79	50 Meter Dash		12.25	1	Gold	1993
Pancratya	Eddy	Anita	Iowa	W/80-84	50 Meter Dash		22.45	1	Gold	1993
Rich	Hoidahl	Johnston	Iowa	M/50-54	100 Meter Dash		14.2	1	Gold	1993
Will	Keller	Des Moines	Iowa	M/50-54	100 Meter Dash		16.5	2	Silver	1993
Mike	Murphy	Blue Grass	Iowa	M/55-59	100 Meter Dash		13.31	1	Gold	1993
Don	Amery	Erie	Illinois	M/55-59	100 Meter Dash		13.41	2	Silver	1993
Tom	Logan	Johnston	Iowa	M/55-59	100 Meter Dash		13.97	2	Silver	1993
Dave	Ortega	Des Moines	Iowa	M/55-59	100 Meter Dash		13.9	3	Bronze	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	100 Meter Dash		14.66	1	Gold	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	100 Meter Dash		14.91	2	Silver	1993
Ralph	Chapman	East Dubuque	Iowa	M/60-64	100 Meter Dash		14.92	2	Silver	1993
John	Laux	Fairfield	Iowa	M/60-64	100 Meter Dash		14.93	3	Bronze	1993
Jerry	Gardner	Ames	Iowa	M/65-69	100 Meter Dash		15.9	1	Gold	1993
Henry	Kubitz	Dubuque	Iowa	M/65-69	100 Meter Dash		16.57	2	Silver	1993
Mick	Donahue	West Des Moines	Iowa	M/70-74	100 Meter Dash		16.05	1	Gold	1993
Tom	Walsh	Hannibal	Missouri	M/75-79	100 Meter Dash		15.83	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	100 Meter Dash		17.15	1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	100 Meter Dash		17.28	2	Silver	1993
Adolph	Peschke	West Des Moines	Iowa	M/75-79	100 Meter Dash		20.81	3	Bronze	1993
Emmett	Bennett	Rapid City	South Dakota	M/80-84	100 Meter Dash		18.8	1	Gold	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	100 Meter Dash		22.38	1	Gold	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	100 Meter Dash		23.45	2	Silver	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	100 Meter Dash		22.08	1	Gold	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	100 Meter Dash		21.77	1	Gold	1993
Mary	Lathrum	Altoona	Iowa	W/55-59	100 Meter Dash		17.56	1	Gold	1993
Marge	Nielsen	Spencer	Iowa	W/55-59	100 Meter Dash		18.25	2	Silver	1993
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	100 Meter Dash		18.83	3	Bronze	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	100 Meter Dash		25.78	3	Bronze	1993
Lois	Ribbens	Hull	Iowa	W/60-64	100 Meter Dash		18.32	1	Gold	1993
Ruth	Allen	Newton	Iowa	W/60-64	100 Meter Dash		22.45	2	Silver	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	100 Meter Dash		18.86	1	Gold	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	100 Meter Dash		21.52	2	Silver	1993
Ruth	Spaulding	Des Moines	Iowa	W/75-79	100 Meter Dash			1	Gold	1993
Rich	Hoidahl	Johnston	Iowa	M/50-54	200 Meter Dash		29.7	1	Gold	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	200 Meter Dash		31.98	2	Silver	1993
Don	Amery	Erie	Iowa	M/55-59	200 Meter Dash		28.43	1	Gold	1993
Bill	Joslyn	Cedar Falls	Iowa	M/55-59	200 Meter Dash		29.43	1	Gold	1993
Frank	Brown	Des Moines	Iowa	M/55-59	200 Meter Dash		29.83	2	Silver	1993
Norman	Robinson	Knoxville	Iowa	M/60-64	200 Meter Dash		28.98	1	Gold	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	200 Meter Dash		31.5	2	Silver	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	200 Meter Dash		32.5	3	Bronze	1993
Henry	Kubitz	Dubuque	Iowa	M/65-69	200 Meter Dash		37.3	1	Gold	1993
Francis	Tasler	Jefferson	Iowa	M/65-69	200 Meter Dash		43.2	2	Silver	1993
Mick	Donohue	West Des Moines	Iowa	M/70-74	200 Meter Dash		35.84	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	200 Meter Dash		37.71	1	Gold	1993
JC	Byers	McAllen	Texas	M/75-79	200 Meter Dash		38.9	1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	200 Meter Dash		43.92	2	Silver	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	200 Meter Dash		49.67	3	Bronze	1993
Wayne	Steward	Knoxville	Iowa	M/80-84	200 Meter Dash		60.95	1	Gold	1993
Emmett	Bennett	Rapid City	South Dakota	M/80-84	200 Meter Dash			1	Gold	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	200 Meter Dash		49.63	1	Gold	1993
Mary	Lathrum	Altoona	Iowa	M/55-59	200 Meter Dash		38.37	1	Gold	1993
Dorothy	Chapman	East Dubuque	Illinois	M/55-59	200 Meter Dash		41.87	2	Silver	1993
Della	Novak	Cedar Rapids	Iowa	M/55-59	200 Meter Dash		50.97	3	Bronze	1993
Lois	Ribbens	Hull	Iowa	M/60-64	200 Meter Dash		39.51	1	Gold	1993
Ernestine	Davis	Des Moines	Iowa	M/65-69	200 Meter Dash		42.9	1	Gold	1993
Clara	Kubitz	Dubuque	Iowa	M/65-69	200 Meter Dash		54.5	2	Silver	1993
Pancratya	Eddy	Anita	Iowa	M/80-84	200 Meter Dash		01:53.1	1	Gold	1993
Rich	Hoidahl	Johnston	Iowa	M/50-54	400 Meter Run		65.94	1	Gold	1993
Gary	Cloud	Ankeny	Iowa	M/50-54	400 Meter Run		67.58	2	Silver	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	400 Meter Run		78.42	3	Bronze	1993
Bill	Joslyn	Cedar Falls	Iowa	M/55-59	400 Meter Run		69.77	1	Gold	1993
Dave	Ortega	Des Moines	Iowa	M/55-59	400 Meter Run		73.13	2	Silver	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	400 Meter Run		75.25	3	Bronze	1993
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	400 Meter Run		68.6	1	Gold	1993

Tom	Williams	Milford	Iowa	M/60-64	400 Meter Run	72.16	2	Silver	1993
Gene	Harding	Des Moines	Iowa	M/60-64	400 Meter Run	76.59	3	Bronze	1993
Jerry	Gardner	Ames	Iowa	M/65-69	400 Meter Run	74.16	1	Gold	1993
Mick	Donahue	West Des Moines	Iowa	M/70-74	400 Meter Run	0:01	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	400 Meter Run	01:32.7	1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	400 Meter Run	01:37.1	2	Silver	1993
J.C.	Byers	McAllen	Texas	M/75-79	400 Meter Run	01:46.5	3	Bronze	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	400 Meter Run	02:22.5	3	Bronze	1993
Emmett	Bennett	Rapid City	South Dakota	M/80-84	400 Meter Run	01:37.9	1	Gold	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	400 Meter Run	02:16.0	2	Silver	1993
Mary	Lathrum	Altoona	Iowa	W/55-59	400 Meter Run	97.38	1	Gold	1993
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	400 Meter Run	98.51	2	Silver	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	400 Meter Run	0.00	3	Bronze	1993
Lois	Ribbens	Hull	Iowa	W/60-64	400 Meter Run	96.60	1	Gold	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	400 Meter Run	01:43.0	1	Gold	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	400 Meter Run	02:18.3	2	Silver	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	800 Meter Race Walk	04:15.6	1	Gold	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	800 Meter Race Walk	04:15.7	1	Gold	1993
Bob	Gallagher	Des Moines	Iowa	M/55-59	800 Meter Race Walk	05:12.9	2	Silver	1993
Ralph	Chapman	East Dubuque	Illinois	M/60-64	800 Meter Race Walk	04:49.6	1	Gold	1993
Don	Bersinger	Newton	Iowa	M/60-64	800 Meter Race Walk	04:50.1	2	Silver	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	800 Meter Race Walk	05:54.1	3	Bronze	1993
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	800 Meter Race Walk	05:22.2	1	Gold	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	800 Meter Race Walk	06:55.4	1	Gold	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	800 Meter Race Walk	06:44.4	1	Gold	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	800 Meter Race Walk	07:03.5	1	Gold	1993
Carol	Brittain	Des Moines	Iowa	W/50-54	800 Meter Race Walk	05:24.1	1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	800 Meter Race Walk	05:50.9	2	Silver	1993
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	800 Meter Race Walk	05:52.1	1	Gold	1993
Jo	Schumann	Hull	Illinois	W/55-59	800 Meter Race Walk	06:16.2	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	800 Meter Race Walk	06:21.0	1	Gold	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	800 Meter Race Walk	09:01.5	2	Silver	1993
Winifred	Canady	Marion	Iowa	W/65-69	800 Meter Race Walk	06:58.0	1	Gold	1993
Charlotte	Dawson	Des Moines	Iowa	W/70-74	800 Meter Race Walk	06:52.1	1	Gold	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	800 Meter Race Walk	07:01.8	2	Silver	1993
Ruth	Spaulding	Des Moines	Iowa	W/75-79	800 Meter Race Walk	05:58.0	1	Gold	1993
Anna	Benton	Des Moines	Iowa	W/75-79	800 Meter Race Walk	07:12.3	2	Silver	1993
Pancratya	Eddy	Anita	Iowa	W/80-84	800 Meter Race Walk		1	Gold	1993
Gary	Cloud	Ankeny	Iowa	M/50-54	800 Meter Run	02:35.3	1	Gold	1993
Rich	Hoidahl	Johnston	Iowa	M/50-54	800 Meter Run	02:48.6	2	Silver	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	800 Meter Run	02:54.7	3	Bronze	1993
Frank	Brown	Des Moines	Iowa	M/55-59	800 Meter Run	02:36.9	1	Gold	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	800 Meter Run	02:50.5	2	Silver	1993
Don	Muff	Ames	Iowa	M/55-59	800 Meter Run	02:51.6	3	Bronze	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	800 Meter Run	02:40.8	1	Gold	1993
Jim	Smedema	Des Moines	Iowa	M/60-64	800 Meter Run	02:42.5	2	Silver	1993
Tom	Williams	Milford	Iowa	M/60-64	800 Meter Run	02:56.7	3	Bronze	1993
Madeleo	Blake	Letts	Iowa	M/75-79	800 Meter Run	04:34.6	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	800 Meter Run	04:44.4	2	Silver	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	800 Meter Run	05:12.5	3	Bronze	1993
Emmett	Bennett	Rapid City	South Dakota	M/80-84	800 Meter Run	04:10.9	1	Gold	1993
Mary	Lathrum	Altoona	Iowa	W/55-59	800 Meter Run	03:48.8	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	800 Meter Run	04:02.2	2	Silver	1993
Lois	Ribbens	Hull	Iowa	W/60-64	800 Meter Run	03:46.2	1	Gold	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	1488 Meter Race Walk	08:23.6	1	Gold	1993
Frank	Brown	Des Moines	Iowa	M/55-59	1489 Meter Race Walk	08:13.8	1	Gold	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	1490 Meter Race Walk	08:50.8	2	Silver	1993
Ralph	Chapman	East Dubuque	Illinois	M/60-64	1491 Meter Race Walk	09:21.1	1	Gold	1993
Richard	Willock	Des Moines	Iowa	M/60-64	1492 Meter Race Walk	09:23.5	2	Silver	1993
Tom	Novak	Cedar Rapids	Iowa	M/60-64	1493 Meter Race Walk	10:22.1	3	Bronze	1993
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	1494 Meter Race Walk	10:08.9	1	Gold	1993
Henry	Kubitz	Dubuque	Iowa	M/65-69	1495 Meter Race Walk	10:22.8	2	Silver	1993
Dick	Pertzborn	Ankeny	Iowa	M/65-69	1496 Meter Race Walk	11:25.4	3	Bronze	1993
Madeleo	Blake	Letts	Iowa	M/70-74	1497 Meter Race Walk	11:04.5	1	Gold	1993
Donald	Schultz	Des Moines	Iowa	M/70-74	1498 Meter Race Walk	13:08.6	2	Silver	1993

Leonard	Madsen	Audubon	Iowa	M/70-74	1499 Meter Race Walk	13:48.0	3	Bronze	1993
Ted	Joplin	Des Moines	Iowa	M/80-84	1500 Meter Race Walk	13:53.8	1	Gold	1993
Carol	Brittain	Des Moines	Iowa	W/50-54	1500 Meter Race Walk	10:23.6	1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	1500 Meter Race Walk	11:08.9	2	Silver	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	1500 Meter Race Walk	11:37.4	1	Gold	1993
Jo	Schumann	Hull	Iowa	W/55-59	1500 Meter Race Walk	11:57.0	1	Gold	1993
Donna	Toombs	Des Moines	Iowa	W/55-59	1500 Meter Race Walk	12:15.4	2	Silver	1993
Lois	Ribbens	Hull	Iowa	W/60-64	1500 Meter Race Walk	10:14.9	1	Gold	1993
Carol	Edwards	Des Moines	Iowa	W/60-64	1500 Meter Race Walk	12:33.5	2	Silver	1993
Clara	Kubitz	Dubuque	Iowa	W/65-69	1500 Meter Race Walk	11:26.3	1	Gold	1993
Winifred	Canady	Marion	Iowa	W/65-69	1500 Meter Race Walk	13:14.3	2	Silver	1993
Midge	Lewis	West Des Moines	Iowa	W/70-74	1500 Meter Race Walk	13:25.2	1	Gold	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	1500 Meter Race Walk	13:27.9	2	Silver	1993
Ruth	Spaulding	Des Moines	Iowa	W/75-79	1500 Meter Race Walk	11:24.7	1	Gold	1993
Gary	Cloud	Ankeny	Iowa	M/50-54	1500 Meter Run	05:20.2	1	Gold	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	1500 Meter Run	05:55.5	2	Silver	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	1500 Meter Run	05:47.9	1	Gold	1993
Bill	Joslyn	Cedar Rapids	Iowa	M/55-59	1500 Meter Run	05:56.6	2	Silver	1993
Jim	Smedema	Windsor Heights	Iowa	M/60-64	1500 Meter Run	05:23.3	1	Gold	1993
Tom	Novak	Des Moines	Iowa	M/60-64	1500 Meter Run	05:25.0	2	Silver	1993
Gene	Harding	Des Moines	Iowa	M/60-64	1500 Meter Run	05:35.9	3	Bronze	1993
Jerry	Gardner	Ames	Iowa	M/65-69	1500 Meter Run	06:16.8	1	Gold	1993
Merle	Van Cleve	Des Moines	Iowa	M/70-74	1500 Meter Run	08:45.0	1	Gold	1993
Don	Schultz	Des Moines	Iowa	M/75-79	1500 Meter Run	10:06.5	1	Gold	1993
Emmett	Bennett	Rapid City	South Dakota	M/80-84	1500 Meter Run	08:12.6	1	Gold	1993
Marge	Nielsen	Spencer	Iowa	W/55-59	1500 Meter Run	07:00.9	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	1500 Meter Run	09:51.1	2	Silver	1993
Lois	Ribbens	Hull	Iowa	W/60-64	1500 Meter Run	07:29.4	1	Gold	1993
Frank	Weibel	Ankeny	Iowa	M/50-54	5000 Meter Race Walk	30:30.4	1	Gold	1993
Frank	Brown	Des Moines	Iowa	M/55-59	5000 Meter Race Walk	28:09.0	1	Gold	1993
Jerry	Triplett	Winterset	Iowa	M/55-59	5000 Meter Race Walk	33:27.9	2	Silver	1993
Bob	Gallagher	Des Moines	Iowa	M/55-59	5000 Meter Race Walk	37:02.6	3	Bronze	1993
Ralph	Chapman	East Dubuque	Illinois	M/60-64	5000 Meter Race Walk	34:00.5	1	Gold	1993
Don	Lovell	Carter Lake	Iowa	M/60-64	5000 Meter Race Walk	35:01.5	2	Silver	1993
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	5000 Meter Race Walk	35:15.3	1	Gold	1993
Henry	Kubitz	Dubuque	Iowa	M/65-69	5000 Meter Race Walk	37:25.9	2	Silver	1993
Dick	Pertzborn	Ankeny	Iowa	M/65-69	5000 Meter Race Walk	41:09.4	3	Bronze	1993
Merle	Van Cleve	Des Moines	Iowa	M/70-74	5000 Meter Race Walk	41:54.8	1	Gold	1993
Madeleo	Blake	Letts	Iowa	M/75-79	5000 Meter Race Walk	38:57.4	1	Gold	1993
Don	Schultz	Des Moines	Iowa	M/75-79	5000 Meter Race Walk	50:22.1	2	Silver	1993
Carol	Brittain	Des Moines	Iowa	W/50-54	5000 Meter Race Walk	36:49.2	1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	5000 Meter Race Walk	38:57.0	2	Silver	1993
Lois	Ribbens	Hull	Iowa	W/60-64	5000 Meter Race Walk	37:16.6	1	Gold	1993
Ruth	Allen	Newton	Iowa	W/60-64	5000 Meter Race Walk	42:30.5	2	Silver	1993
Winifred	Canady	Marion	Iowa	W/65-69	5000 Meter Race Walk	46:04.2	1	Gold	1993
Ruth	Spaulding	Des Moines	Iowa	W/75-79	5000 Meter Race Walk	40:21.0	1	Gold	1993
Otto	Welfring	Marshalltown	Iowa	M/55-59	Discus	120' 9"	1	Gold	1993
Bob	Warren	Ottumwa	Iowa	M/55-59	Discus	111' 4"	2	Silver	1993
Don	Amery	Erie	Iowa	M/55-59	Discus	105' 2"	3	Bronze	1993
Fred	Bankus	West Des Moines	Iowa	M/55-59	Discus	86' 9"	3	Bronze	1993
Arnold	Brandt	Sioux City	Iowa	M/55-59	Discus	86' 9"	3	Bronze	1993
Bob	Bell	Marshalltown	Iowa	M/60-64	Discus	100' 9"	1	Gold	1993
John	Laux	Fairfield	Iowa	M/60-64	Discus	88' 2"	2	Silver	1993
Charles	Lathrum	Altoona	Iowa	M/60-64	Discus	80' 1"	3	Bronze	1993
Harold	Kroeker	Grant	Nebraska	M/65-69	Discus	127' 6.5"	1	Gold	1993
Raymond	Schumann	Hull	Illinois	M/65-69	Discus		2	Silver	1993
Ed	Failor	Muscatine	Iowa	M/65-69	Discus	105' 10"	3	Bronze	1993
Wayne	Devine	Des Moines	Iowa	M/65-69	Discus	73' 3"	3	Bronze	1993
Mick	Donahue	West Des Moines	Iowa	M/70-74	Discus	86' 5"	1	Gold	1993
Howard	Dewell	Quincy	Illinois	M/70-74	Discus	83' 5"	2	Silver	1993
Craig	Downing	Sigourney	Iowa	M/70-74	Discus	81' 5"	2	Silver	1993
E. Lee	Todd	Grant	Nebraska	M/75-79	Discus	100' 10"	1	Gold	1993
Adolph	Peschke	West Des Moines	Iowa	M/75-79	Discus	80' 2"	1	Gold	1993
Donald	Schultz	Des Moines	Iowa	M/75-79	Discus	45' 4"	3	Bronze	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	Discus	53' 3"	1	Gold	1993

Ted	Joplin	Des Moines	Iowa	M/85-89	Discus	35' 7"	1	Gold	1993
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Discus	58' 10"	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	Discus	58'	2	Silver	1993
Jo	Schumann	Hull	Iowa	W/55-59	Discus	52' 10"	3	Bronze	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Discus		3	Bronze	1993
Twila	Rankin	Knoxville	Iowa	W/60-64	Discus	41' 7"	1	Gold	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Discus	37' 11"	2	Silver	1993
Dot	Rupich	Bel Nor	Missouri	W/60-64	Discus	37' 7"	3	Bronze	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Discus	36' 9"	3	Bronze	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Discus	65' 3"	1	Gold	1993
Winifred	Canady	Marion	Iowa	W/65-69	Discus	41' 4"	2	Silver	1993
Ernestin e	Davis	Des Moines	Iowa	W/65-69	Discus	40' 9"	3	Bronze	1993
Alberta	Heckman-Lees	Anita	Iowa	W/70-74	Discus	23' 10"	1	Gold	1993
Pancratya	Eddy	Anita	Iowa	W/80-84	Discus	21' 7"	1	Gold	1993
David	Thomason	Des Moines	Iowa	W/50-54	Long Jump	15' 10.5"	1	Gold	1993
Frank	Brown	Des Moines	Iowa	W/55-59	Long Jump	14' 1.75"	1	Gold	1993
Bill	Joslyn	Cedar Rapids	Iowa	W/55-59	Long Jump	12' 3.5"	2	Silver	1993
Charles	Wolle	Des Moines	Iowa	W/55-59	Long Jump	12' 11.25"	3	Bronze	1993
Norman	Robinson	Knoxville	Iowa	W/60-64	Long Jump	15' 11.25"	1	Gold	1993
Ralph	Scott	West Des Moines	Iowa	W/60-64	Long Jump	9' 10.75"	2	Silver	1993
Ed	Failor	Muscatine	Iowa	W/65-69	Long Jump	12' 6"	1	Gold	1993
francis	Tasler	Jefferson	Iowa	W/65-69	Long Jump		2	Silver	1993
Darrell	Paul	Des Moines	Iowa	W/65-69	Long Jump	9' 5"	3	Bronze	1993
Howard	Dewell	Quincy	Iowa	W/70-74	Long Jump	9' 1"	1	Gold	1993
Tom	Walsh	Hannibal	Iowa	M/75-79	Long Jump	12' 6"	1	Gold	1993
Mel	Flachs	Davenport	Iowa	M/75-79	Long Jump	10' 3"	2	Silver	1993
Monnie	Stauffer	Sheldahl	Iowa	M/80-84	Long Jump	7' 5.5"	1	Gold	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Long Jump	6' 3.5"	1	Gold	1993
Della	Novak	Cedar Rapids	Iowa	W/55-59	Long Jump	6' .5"	1	Gold	1993
Wylene	Gardner	Des Moines	Iowa	W/55-59	Long Jump	4' 2.5"	1	Gold	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Long Jump	6' 4.5"	1	Gold	1993
Dot	Rupich	Bel Nor	Iowa	W/60-64	Long Jump	6' .5"	2	Silver	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Long Jump	5' 5.5"	3	Bronze	1993
Ernestine	Davis	Des Moines	Iowa	W/65-69	Long Jump	9' 5.5"	1	Gold	1993
Winifred	Canady	Marion	Iowa	W/65-69	Long Jump	6'	2	Silver	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Long Jump	6' 10"	3	Bronze	1993
Frances	Young	Des Moines	Iowa	W/65-69	Long Jump	4' 1.5"	3	Bronze	1993
Don	Amery	Long Beach	California	M/55-59	Shot Put	37' 5.2"	1	Gold	1993
Fred	Bankus	West Des Moines	Iowa	M/55-59	Shot Put	34' 10"	2	Silver	1993
Otto	Welfring	Marshalltown	Iowa	M/55-59	Shot Put	33' .5"	3	Bronze	1993
Arnold	Brandt	Des Moines	Iowa	M/55-59	Shot Put	31' 2.5"	3	Bronze	1993
Jim	Freeman	Iowa City	Iowa	M/60-64	Shot Put	36' 5"	1	Gold	1993
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Shot Put	34' 4"	2	Silver	1993
John	Laux	Fairfield	Iowa	M/60-64	Shot Put	32' 11.5"	3	Bronze	1993
Raymond	Schumann	Hull	Illinois	M/65-69	Shot Put	37' 3"	1	Gold	1993
Cletus	Weis	Harlan	Iowa	M/65-69	Shot Put	35' 10"	2	Silver	1993
Harold	Kroecker	Grant	Nebraska	M/65-69	Shot Put	34' 10"	3	Bronze	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	Shot Put	30' 1"	3	Bronze	1993
Howard	Dewell	Quincy	Illinois	M/65-69	Shot Put	29' 10"	1	Gold	1993
E. Lee	Todd	Grant	Nebraska	M/75-79	Shot Put	34' 8"	1	Gold	1993
Adolph	Peschke	West Des Moines	Iowa	M/75-79	Shot Put	25' 3"	1	Gold	1993
Don	Schultz	Des Moines	Iowa	M/75-79	Shot Put	20' 10"	2	Silver	1993
Monnie	Stauffer	Sheldahl	Iowa	M/85-89	Shot Put	21' 9"	1	Gold	1993
John	Glawe	Cherokee Village	Arkansas	M/85-89	Shot Put	16' 11.5"	2	Silver	1993
Ted	Joplin	Des Moines	Iowa	M/85-89	Shot Put	15' 2"	3	Bronze	1993
Eloise	Bankus	West Des Moines	Iowa	W/50-54	Standing Long Jump	4' 8"	1	Gold	1993
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Standing Long Jump	5"	1	Gold	1993
Joyce	Hick	Stuart	Iowa	W/55-59	Standing Long Jump	5' 5.5"	2	Silver	1993
Della	Novack	Cedar Rapids	Iowa	W/55-59	Standing Long Jump	5' 5"	3	Bronze	1993
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	Standing Long Jump	5' 5"	3	Bronze	1993
Twila	Rankin	Knoxville	Iowa	W/60-64	Standing Long Jump	5' 6.5"	1	Gold	1993
Dorothea	Rupick	Bel Nor	Missouri	W/60-64	Standing Long Jump	4' 10.5"	2	Silver	1993
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Standing Long Jump	4' 7"	2	Silver	1993
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Standing Long Jump	4' 5"	3	Bronze	1993
Irene	Kerwin	Peoria	Illinois	W/65-69	Standing Long Jump	5' 3.5"	1	Gold	1993

Ernestine	Davis	Des Moines	Iowa	W/65-69	Standing Long Jump	5' 3"	1	Gold	1993
Winifred	Canady	Marion	Iowa	W/65-69	Standing Long Jump	4' 7"	2	Silver	1993
Thomas	Filloon	Ft Dodge	Iowa	M/55-59	100 Yard Backstroke	01:51.6	1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	100 Yard Backstroke	01:35.0	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	100 Yard Backstroke	01:51.8	2	Silver	1993
Richard	Hekl	Omaha	Nebraska	M/60-64	100 Yard Backstroke	02:25.6	3	Bronze	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Backstroke	01:49.5	1	Gold	1993
Don	Huntoon	Des Moines	Iowa	M/65-69	100 Yard Backstroke	02:02.2	2	Silver	1993
Chris	Fath	Des Moines	Iowa	M/65-69	100 Yard Backstroke	02:28.6	3	Bronze	1993
George	Kenry	Cedar Rapids	Iowa	M/70-74	100 Yard Backstroke	01:43.4	1	Gold	1993
Bill	Miller	Des Moines	Iowa	M/70-74	100 Yard Backstroke	01:54.2	2	Silver	1993
Ivan	Schultz	Humboldt	Iowa	M/90-100+	100 Yard Backstroke	03:17.7	1	Gold	1993
Dorothy	Whitehead	Des Moines	Iowa	W/55-59	100 Yard Backstroke	01:35.0	1	Gold	1993
Olga	Duran	Des Moines	Iowa	W/55-59	100 Yard Backstroke	03:03.0	2	Silver	1993
Dorothy	McSherry	Des Moines	Iowa	W/70-74	100 Yard Backstroke	02:55.0	1	Gold	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Yard Backstroke	03:25.2	2	Silver	1993
Marijane	Torjeson	Des Moines	Iowa	W/75-79	100 Yard Backstroke	02:53.0	1	Gold	1993
Thomas	Filloon	Ft Dodge	Iowa	M/55-59	100 Yard Freestyle	01:14.8	1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	100 Yard Freestyle	01:18.0	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	100 Yard Freestyle		2	Silver	1993
Richard	Hekl	Omaha	Nebraska	M/60-64	100 Yard Freestyle		3	Bronze	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Freestyle	01:18.0	1	Gold	1993
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	100 Yard Freestyle	01:27.4	2	Silver	1993
Richard	Brown	Des Moines	Iowa	M/65-69	100 Yard Freestyle	01:54.9	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	100 Yard Freestyle	01:21.9	1	Gold	1993
Bill	Miller	Des Moines	Iowa	M/70-74	100 Yard Freestyle	01:35.9	2	Silver	1993
Olga	Duran	Des Moines	Iowa	W/55-59	100 Yard Freestyle	02:42.0	1	Gold	1993
Dorothy	McSherry	Des Moines	Iowa	W/70-74	100 Yard Freestyle	02:51.1	1	Gold	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	100 Yard Freestyle	03:34.5	2	Silver	1993
Marijane	Torjesen	Des Moines	Iowa	W/75-79	100 Yard Freestyle	02:51.4	1	Gold	1993
Thomas	Filloon	Ft Dodge	Iowa	M/55-59	200 Yard Freestyle	03:00.8	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	200 Yard Freestyle	03:07.2	1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	200 Yard Freestyle	04:17.6	2	Silver	1993
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	200 Yard Freestyle	03:03.9	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	200 Yard Freestyle	03:19.5	2	Silver	1993
Richard	Brown	Des Moines	Iowa	M/65-69	200 Yard Freestyle	04:41.1	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	200 Yard Freestyle	03:09.0	1	Gold	1993
Dorothy	McSherry	Des Moines	Iowa	M/70-74	200 Yard Freestyle	06:17.7	2	Silver	1993
Jackie	Isham	West Des Moines	Iowa	M/70-74	200 Yard Freestyle	07:11.0	3	Bronze	1993
Marijane	Torjesen	Des Moines	Iowa	M/75-79	200 Yard Freestyle	06:47.4	1	Gold	1993
Thomas	Filloon	Ft Dodge	Iowa	M/55-59	100 Yard Breast Stroke	01:39.4	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	100 Yard Breast Stroke	01:46.3	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Breast Stroke	01:57.8	1	Gold	1993
Richard	Brown	Des Moines	Iowa	M/65-69	100 Yard Breast Stroke	02:13.9	2	Silver	1993
Chris	Fath	Des Moines	Iowa	M/65-69	100 Yard Breast Stroke	02:38.6	3	Bronze	1993
Bill	Miller	Des Moines	Iowa	M/70-74	100 Yard Breast Stroke	01:50.6	1	Gold	1993
Wayne	Merryman	Des Moines	Iowa	M/70-74	100 Yard Breast Stroke	02:36.0	2	Silver	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Fly	01:51.7	1	Gold	1993
John	Reed	Des Moines	Iowa	M/65-69	100 Yard Fly	05:31.7	2	Silver	1993
Albert	Reynolds	Des Moines	Iowa	M/50-54	50 Yard Backstroke	:35.80	1	Gold	1993
Thomas	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Backstroke	:43.66	1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	50 Yard Backstroke	01:03.5	1	Gold	1993
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Yard Backstroke	50:24.0	2	Silver	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Backstroke	45.16	1	Gold	1993
Don	Huntoon	Des Moines	Iowa	M/65-69	50 Yard Backstroke	59.14	2	Silver	1993
Richard	Brown	Des Moines	Iowa	M/65-69	50 Yard Backstroke	01:13.8	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/75-79	50 Yard Backstroke	:15.98	1	Gold	1993
Bill	Miller	Des Moines	Iowa	M/75-79	50 Yard Backstroke	:48.78	2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/75-79	50 Yard Backstroke	01:08.4	3	Bronze	1993
Ivan	Schultz	Des Moines	Iowa	M/90-100+	50 Yard Backstroke	01:32.0	1	Gold	1993
Dorothy	Whitehead	Des Moines	Iowa	W/60-64	50 Yard Backstroke	:41.84	1	Gold	1993
Dorothy	McSherry	Des Moines	Iowa	W/70-74	50 Yard Backstroke	01:18.6	1	Gold	1993

Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Yard Backstroke	01:36.6	2	Silver	1993
Marijane	Torjesen	Des Moines	Iowa	W/75-79	50 Yard Backstroke	01:13.9	1	Gold	1993
Thomas	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Fly	41.86	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Fly	45.15	1	Gold	1993
John	Reed	Des Moines	Iowa	M/65-69	50 Yard Fly	02:34.2	2	Silver	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Yard Fly	57.54	1	Gold	1993
Albert	Reynolds	Des Moines	Iowa	M/50-54	50 Yard Breaststroke	:39.78	1	Gold	1993
Thomas	Filloon	Ft. Dodge	Iowa	M/55-59	50 Yard Breaststroke	41.61	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	50 Yard Breaststroke	:45.24	1	Gold	1993
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Yard Breaststroke	01:21.6	2	Silver	1993
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Yard Breaststroke	45.63	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Breaststroke	:49.87	2	Silver	1993
Richard	Brown	Des Moines	Iowa	M/65-69	50 Yard Breaststroke	:55.74	3	Bronze	1993
Bill	Miller	Des Moines	Iowa	M/70-74	50 Yard Breaststroke	:46.88	1	Gold	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Yard Breaststroke	58.95	2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/70-74	50 Yard Breaststroke	01:13.0	3	Bronze	1993
Wayne	Merryman	Des Moines	Iowa	M/70-74	50 Yard Breaststroke	01:14.2	3	Bronze	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Yard Breaststroke	01:39.5	1	Gold	1993
Thomas	Filloon	Ft Dodge	Iowa	M/55-59	50 Yard Freestyle	:30.70	1	Gold	1993
Clyde	Robinson	Des Moines	Iowa	M/60-64	50 Yard Freestyle	:29.79	1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	50 Yard Freestyle	:33.81	2	Silver	1993
Richard	Hekl	Omaha	Nebraska	M/60-64	50 Yard Freestyle	:49.82	3	Bronze	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Freestyle	:33.81	1	Gold	1993
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	50 Yard Freestyle	:35.97	2	Silver	1993
Bob	Vander Linden	Ankeny	Iowa	M/65-69	50 Yard Freestyle	:39.99	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	50 Yard Freestyle	:35.68	1	Gold	1993
Bill	Miller	Des Moines	Iowa	M/70-74	50 Yard Freestyle	:36.27	2	Silver	1993
Howard	Dewell	Quincy	Illinois	M/70-74	50 Yard Freestyle	:50.12	3	Bronze	1993
Wayne	Merryman	Des Moines	Iowa	M/70-74	50 Yard Freestyle	01:06.1	4		1993
Olga	Duran	Des Moines	Iowa	W/55-59	50 Yard Freestyle	01:05.7	1	Gold	1993
Dorothy	McSherry	Des Moines	Iowa	W/70-74	50 Yard Freestyle	01:16.9	1	Gold	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	50 Yard Freestyle	01:34.7	2	Silver	1993
Marijane	Torjesen	Des Moines	Iowa	W/75-79	50 Yard Freestyle	01:18.7	1	Gold	1993
Thomas	Filloon	Des Moines	Iowa	M/55-59	200 Yard Backstroke	03:36.2	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	200 Yard Backstroke	04:04.8	1	Gold	1993
Don	Huntoon	Des Moines	Iowa	M/65-69	200 Yard Backstroke	04:41.1	2	Silver	1993
John	Reed	Des Moines	Iowa	M/65-69	200 Yard Backstroke	09:23.4	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	200 Yard Backstroke	03:57.8	1	Gold	1993
Ivan	Schultz	Humboldt	Iowa	M/90+	200 Yard Backstroke	07:10.9	1	Gold	1993
Dorothy	Whitehead	Des Moines	Iowa	W/55-59	200 Yard Backstroke	03:21.1	1	Gold	1993
Olga	Duran	Des Moines	Iowa	W/55-59	200 Yard Backstroke	06:27.6	2	Silver	1993
Dorothy	McSherry	Des Moines	Iowa	W/70-74	200 Yard Backstroke	06:42.8	1	Gold	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	200 Yard Backstroke	07:04.0	2	Silver	1993
Marijane	Torjesen	Des Moines	Iowa	W/75-79	200 Yard Backstroke		1	Gold	1993
Tom	Cady	Des Moines	Iowa	M/60-64	400 Yard Freestyle	06:42.8	1	Gold	1993
Stuart	Ashmead	Ottumwa	Iowa	M/65-69	400 Yard Freestyle	06:35.7	1	Gold	1993
Jim	Kempkes	Des Moines	Iowa	M/65-69	400 Yard Freestyle	07:18.2	2	Silver	1993
Christ	Fath	Des Moines	Iowa	M/65-69	400 Yard Freestyle	09:35.3	3	Bronze	1993
George	Henry	Cedar Rapids	Iowa	M/70-74	400 Yard Freestyle	07:20.1	1	Gold	1993
Jackie	Isham	West Des Moines	Iowa	W/70-74	400 Yard Freestyle	14:52.1	1	Gold	1993
Marijane	Torjesen	Des Moines	Iowa	W/75-79	400 Yard Freestyle	13:17.5	1	Gold	1993