

## 1990 Iowa Senior Olympics

First Name	Last Name	City	State	Division	Sport/Event	Performance/Team	Place	Medal	Year
Raymond	McDermott	Omaha	Nebraska	M/60-64	Handball Singles		1	Gold	1990
Tom	Thomas	Spencer	Iowa	M/70-74	Handball Singles		1	Gold	1990
Nancy	Baker	Des Moines	Iowa	W/55-59	Handball Doubles		1	Gold	1990
Don	Wilson	Norwalk	Iowa	M/55-59	Horseshoe Pitching		1	Gold	1990
Keith	Baker	Des Moines	Iowa	M/60-64	Horseshoe Pitching		1	Gold	1990
Herb	Hansen	Prairie City	Iowa	M/60-64	Horseshoe Pitching		2	Silver	1990
Slim	Allen	West Des Moines	Iowa	M/60-64	Horseshoe Pitching		3	Bronze	1990
Larry	Anderson	Carlisle	Iowa	M/65-69	Horseshoe Pitching		1	Gold	1990
Jack	Tuffree	Green Mountain	Iowa	M/65-69	Horseshoe Pitching		2	Silver	1990
Leonard	Otterback	Des Moines	Iowa	M/65-69	Horseshoe Pitching		3	Bronze	1990
Lowell	Fox	Indianola	Iowa	M/70-74	Horseshoe Pitching		1	Gold	1990
Don	Fitzsimmons	West Des Moines	Iowa	M/70-74	Horseshoe Pitching		2	Silver	1990
Chas	Polk	Sidney	Iowa	M/70-74	Horseshoe Pitching		3	Bronze	1990
John	Brown	Des Moines	Iowa	M/75-79	Horseshoe Pitching		1	Gold	1990
Jesse	Armstrong	Indianola	Iowa	M/75-79	Horseshoe Pitching		2	Silver	1990
George	Morrison	Indianola	Iowa	M/80+	Horseshoe Pitching		1	Gold	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Horseshoe Pitching		1	Gold	1990
Dolores	Murray	Galva	Iowa	W/60-64	Horseshoe Pitching		1	Gold	1990
Margaret	Jimenez	West Des Moines	Iowa	W/60-64	Horseshoe Pitching		2	Silver	1990
Midge	Lewis	West Des Moines	Iowa	W/65-69	Horseshoe Pitching		1	Gold	1990
Ruth	Synder	West Des Moines	Iowa	W/65-69	Horseshoe Pitching		2	Silver	1990
Rosemary	Michael	Urbandale	Iowa	W/65-69	Horseshoe Pitching		3	Bronze	1990
Lucille	Sandman	Winchester	Iowa	W/70-74	Horseshoe Pitching		1	Gold	1990
Dorothy	Robinson	Urbandale	Iowa	W/75-79	Horseshoe Pitching		1	Gold	1990
Irma	Meyers	Des Moines	Iowa	W/80+	Horseshoe Pitching		1	Gold	1990
John	Carr	Hannibal	Missouri	M/55-59	Racquetball Singles		1	Gold	1990
Robert	Riley	Des Moines	Iowa	M/55-59	Racquetball Singles		2	Silver	1990
Bill	Paulding	West Des Moines	Iowa	M/60-64	Racquetball Singles		1	Gold	1990
Raymond	McDermott	Omaha	Nebraska	M/60-64	Racquetball Singles		2	Silver	1990
Carl	Balvanz	Cedar Rapids	Iowa	M/60-64	Racquetball Singles		3	Bronze	1990
Jack	Goodside	Des Moines	Iowa	M/70-74	Racquetball Singles		1	Gold	1990
Virgil	Woodford	Cedar Rapids	Iowa	M/75-79	Racquetball Singles		1	Gold	1990
Virgil	Woodford	Cedar Rapids	Iowa	M/70-80	Racquetball Singles		1	Gold	1990
Jack	Goodside	Des Moines	Iowa	M/70-80	Racquetball Singles		2	Silver	1990
Robert	Riley	Des Moines	Iowa	M/60-64	Racquetball Doubles		1	Gold	1990
Bill	Paulding	West Des Moines	Iowa	M/60-64	Racquetball Doubles		1	Gold	1990
Jack	Goodside	Des Moines	Iowa	M/70-74	Racquetball Doubles		1	Gold	1990
Ed	McIntire	Des Moines	Iowa	M/70-74	Racquetball Doubles		1	Gold	1990
Kenneth	Butler	Clarinda	Iowa	M/55-59	Table Tennis		1	Gold	1990
James	Tabor	West Des Moines	Iowa	M/55-59	Table Tennis		2	Silver	1990
John	Carr	Hannibal	Missouri	M/55-59	Table Tennis		3	Bronze	1990
Bob	Thompson	Des Moines	Iowa	M/60-64	Table Tennis		1	Gold	1990
Robert	Houghtaling	Indianola	Iowa	M/60-64	Table Tennis		2	Silver	1990
Bill	Paulding	West Des Moines	Iowa	M/60-64	Table Tennis		3	Bronze	1990
Louis	Brown	Iowa City	Iowa	M/65-69	Table Tennis		1	Gold	1990
Robert	Houghtaling	Indianola	Iowa	M/65-69	Table Tennis		2	Silver	1990
Herbert	Smith	Des Moines	Iowa	M/70-74	Table Tennis		1	Gold	1990
Max	Bailey	Ames	Iowa	M/70-74	Table Tennis		2	Silver	1990
Carroll	Crouse	Adel	Iowa	M/70-74	Table Tennis		3	Bronze	1990
Herbert	Smith	Des Moines	Iowa	M/75-79	Table Tennis		1	Gold	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Table Tennis		1	Gold	1990
Lucille	Johnson	Des Moines	Iowa	W/55-59	Table Tennis		1	Gold	1990
Helen	Buch	Fairfield	Iowa	W/55-59	Table Tennis		2	Silver	1990
Beverly	Howe	West Des Moines	Iowa	W/55-59	Table Tennis		3	Bronze	1990
Dolores	Murray	Galva	Illinois	W/60-64	Table Tennis		1	Gold	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Table Tennis		2	Silver	1990
Janice	Burns	Des Moines	Iowa	W/65-69	Table Tennis		1	Gold	1990
Margaret	McCollum	Des Moines	Iowa	W/70-74	Table Tennis		1	Gold	1990
Mary	Larsen	West Des Moines	Iowa	W/75-79	Table Tennis		1	Gold	1990

Kenneth	Butler	Clarinda	Iowa	M/55-59	Tennis Men's Singles		1	Gold	1990
James	Kissane	Grinnell	Iowa	M/55-59	Tennis Men's Singles		2	Silver	1990
Roger	Witke	Des Moines	Iowa	M/55-59	Tennis Men's Singles		3	Bronze	1990
Harvey	Condon	Fairfield	Iowa	M/60-64	Tennis Men's Singles		1	Gold	1990
Paul	Rhoades	Des Moines	Iowa	M/60-64	Tennis Men's Singles		2	Silver	1990
Bob	Thompson	Des Moines	Iowa	M/60-64	Tennis Men's Singles		3	Bronze	1990
Gerry	Van Ginkel	West Des Moines	Iowa	M/65-69	Tennis Men's Singles		1	Gold	1990
Jack	Miller	Urbandale	Iowa	M/65-69	Tennis Men's Singles		2	Silver	1990
Donald	Lanaghan	West Des Moines	Iowa	M/65-69	Tennis Men's Singles		3	Bronze	1990
Harold	McCollum	Des Moines	Iowa	M/70-74	Tennis Men's Singles		1	Gold	1990
Norm	Jensen	Des Moines	Iowa	M/70-74	Tennis Men's Singles		2	Silver	1990
Carroll	Crouse	Adel	Iowa	M/75-79	Tennis Men's Singles		1	Gold	1990
Max	Bailey	Ames	Iowa	M/75-79	Tennis Men's Singles		2	Silver	1990
Rhodes	Scherer	Nevada	Iowa	M/75-79	Tennis Men's Singles		3	Bronze	1990
Dawn	McDonald	Ames	Iowa	W/55-59	Tennis Women's Singles		1	Gold	1990
Dawn	Slyfield	McGregor	Iowa	W/55-59	Tennis Women's Singles		2	Silver	1990
Helen	Buch	Fairfield	Iowa	W/55-59	Tennis Women's Singles		3	Bronze	1990
Teresa	Paulsen	West Des Moines	Iowa	W/65-69	Tennis Women's Singles		1	Gold	1990
Janice	Burns	Des Moines	Iowa	W/65-69	Tennis Women's Singles		2	Silver	1990
Margaret	McCollum	Des Moines	Iowa	W/70-74	Tennis Women's Singles		1	Gold	1990
Betty	Dahm	Ames	Iowa	W/70-74	Tennis Women's Singles		2	Silver	1990
Rosemarie	Sigler	Des Moines	Iowa	W/70-74	Tennis Women's Singles		3	Bronze	1990
Ray	Buechler	West Des Moines	Iowa	M/55-59	Tennis Doubles		1	Gold	1990
Ken	Butler	Clarinda	Iowa	M/55-59	Tennis Doubles		1	Gold	1990
Lynn	Johnson	Des Moines	Iowa	M/55-59	Tennis Doubles		2	Silver	1990
Roger	Witke	Des Moines	Iowa	M/55-59	Tennis Doubles		2	Silver	1990
Harold	McCollum	Des Moines	Iowa	M/60-64	Tennis Doubles		1	Gold	1990
Gerry	Van Ginkel	West Des Moines	Iowa	M/60-64	Tennis Doubles		1	Gold	1990
Jack	Miller	Urbandale	Iowa	M/60-64	Tennis Doubles		2	Silver	1990
Paul	Rhoades	Des Moines	Iowa	M/60-64	Tennis Doubles		2	Silver	1990
Joanne	Metzer	Des Moines	Iowa	W/55-59	Tennis Doubles		1	Gold	1990
Lois	Smith	Urbandale	Iowa	W/55-59	Tennis Doubles		1	Gold	1990
Betty	Gerberich	West Des Moines	Iowa	W/55-59	Tennis Doubles		2	Silver	1990
Delores	Murray	Galva	Illinois	W/55-59	Tennis Doubles		2	Silver	1990
Betty	Koepsel	Des Moines	Iowa	W/60-64	Tennis Doubles		1	Gold	1990
Leona	Zaharis	Des Moines	Iowa	W/60-64	Tennis Doubles		1	Gold	1990
Margaret	McCollum	Des Moines	Iowa	W/60-64	Tennis Doubles		2	Silver	1990
Pat	Buechler	West Des Moines	Iowa	W/60-64	Tennis Doubles		2	Silver	1990
Peggy	Dunfield	Des Moines	Iowa	W/65-69	Tennis Doubles		1	Gold	1990
Virginia	Ver Ploeg	West Des Moines	Iowa	W/65-69	Tennis Doubles		1	Gold	1990
Janice	Burns	Des Moines	Iowa	W/65-69	Tennis Doubles		2	Silver	1990
Joyce	Kent	Des Moines	Iowa	W/65-69	Tennis Doubles		2	Silver	1990
Betty	Koepsel	Urbandale	Iowa	55-59	Tennis Mixed Doubles		1	Gold	1990
Jim	Tabor	West Des Moines	Iowa	55-59	Tennis Mixed Doubles		1	Gold	1990
Max	Bailey	Ames	Iowa	55-59	Tennis Mixed Doubles		2	Silver	1990
Dawn	McDonald	Ames	Iowa	55-59	Tennis Mixed Doubles		2	Silver	1990
Ray	Buechler	West Des Moines	Iowa	60-64	Tennis Mixed Doubles		1	Gold	1990
Pat	Buechler	West Des Moines	Iowa	60-64	Tennis Mixed Doubles		1	Gold	1990
William	Chadima	Cedar Rapids	Iowa	60-64	Tennis Mixed Doubles		2	Silver	1990
Judy	Chadima	Cedar Rapids	Iowa	60-64	Tennis Mixed Doubles		2	Silver	1990
Beverly	Shelton	Johnston	Iowa	60-64	Tennis Mixed Doubles		3	Bronze	1990
Howard	Shelton	Johnston	Iowa	60-64	Tennis Mixed Doubles		3	Bronze	1990
Harold	McCollum	Des Moines	Iowa	65-69	Tennis Mixed Doubles		1	Gold	1990
Margaret	McCollum	Des Moines	Iowa	65-69	Tennis Mixed Doubles		1	Gold	1990
Molly	Burns	Des Moines	Iowa	65-69	Tennis Mixed Doubles		2	Silver	1990
Jack	Miller	Des Moines	Iowa	65-69	Tennis Mixed Doubles		2	Silver	1990
Teresa	Paulsen	West Des Moines	Iowa	65-69	Tennis Mixed Doubles		3	Bronze	1990
Donald	Lanaghan	West Des Moines	Iowa	65-69	Tennis Mixed Doubles		3	Bronze	1990
Charles	Greenwood	Des Moines	Iowa	M/55-59	Basketball Around the World		1	Gold	1990
John	Carr	Hannibal	Missouri	M/55-59	Basketball Around the World		2	Silver	1990
Tom	Logan	Johnston	Iowa	M/55-59	Basketball Around the World		3	Bronze	1990

Herbert	Hansen	Praire City	Iowa	M/60-64	Basketball Around the World			1	Gold	1990
Bob	Thompson	Des Moines	Iowa	M/60-64	Basketball Around the World			2	Silver	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Basketball Around the World			3	Bronze	1990
James	Kempkes	Des Moines	Iowa	M/65-69	Basketball Around the World			1	Gold	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Basketball Around the World			2	Silver	1990
Louis	Brown	Iowa City	Iowa	M/65-69	Basketball Around the World			3	Bronze	1990
Walter	O'Connor	Des Moines	Iowa	M/70-74	Basketball Around the World			1	Gold	1990
Al	Brown	West Des Moines	Iowa	M/70-74	Basketball Around the World			2	Silver	1990
Roy	Gunson	Des Moines	Iowa	M/75-79	Basketball Around the World			1	Gold	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Basketball Around the World			2	Silver	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Basketball Around the World			1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Basketball Around the World			2	Silver	1990
Maurene	Failor	Muscatine	Iowa	W/55-59	Basketball Around the World			1	Gold	1990
Helen	Buch	Fairfield	Iowa	W/55-59	Basketball Around the World			2	Silver	1990
Nancy	Baker	Des Moines	Iowa	W/55-59	Basketball Around the World			3	Bronze	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Basketball Around the World			1	Gold	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Basketball Around the World			2	Silver	1990
Delores	Murray	Galva	Illinois	W/60-64	Basketball Around the World			3	Bronze	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Basketball Around the World			4	4	1990
Janice	Burns	Des Moines	Iowa	W/65-69	Basketball Around the World			1	Gold	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Basketball Around the World			2	Silver	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Basketball Around the World			3	Bronze	1990
Maxine	Gardiner	Des Moines	Iowa	W/65-69	Basketball Around the World			4	4	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Basketball Around the World			1	Gold	1990
Lucille	Sandman	Winchester	Illinois	W/70-74	Basketball Around the World			2	Silver	1990
Viola	Baker	Des Moines	Iowa	W/70-74	Basketball Around the World			3	Bronze	1990
Ethel	Troester	Des Moines	Iowa	W/75-79	Basketball Around the World			1	Gold	1990
Helen	Wallace	Des Moines	Iowa	W/80+	Basketball Around the World			1	Gold	1990
Pancratya	Eddy	Anita	Iowa	W/80+	Basketball Around the World			2	Silver	1990
Charles	Greenwood	Des Moines	Iowa	M/55-59	Basketball Free Throw		13	1	Gold	1990
John	Carr	Hannibal	Missouri	M/55-59	Basketball Free Throw		12	2	Silver	1990
Wally	Czarny	Buffalo Grove	Illinois	M/55-59	Basketball Free Throw		9	3	Bronze	1990
Bob	Thompson	Des Moines	Iowa	M/60-64	Basketball Free Throw		13	1	Gold	1990
Edward	Failor	Muscatine	Iowa	M/60-64	Basketball Free Throw		12	2	Silver	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Basketball Free Throw		10	3	Bronze	1990
James	Kempken	Des Moines	Iowa	M/65-69	Basketball Free Throw		10	1	Gold	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Basketball Free Throw		6	2	Silver	1990
O.D.	Hawkins	West Des Moines	Iowa	M/65-69	Basketball Free Throw		6	3	Bronze	1990
Norman	Lewis	West Des Moines	Iowa	M/70-74	Basketball Free Throw		10	1	Gold	1990
Walter	O'Connor	Des Moines	Iowa	M/70-74	Basketball Free Throw		7	2	Silver	1990
Al	Brown	West Des Moines	Iowa	M/70-74	Basketball Free Throw		6	3	Bronze	1990
Madeleo	Blake	Letts	Iowa	M/75-79	Basketball Free Throw		7	1	Gold	1990
Roy	Gunson	Des Moines	Iowa	M/75-79	Basketball Free Throw		7	2	Silver	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Basketball Free Throw		2	3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Basketball Free Throw		9	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Basketball Free Throw		1	2	Silver	1990
Maurene	Failor	Muscatine	Iowa	W/55-59	Basketball Free Throw		10	1	Gold	1990
Beverly	Howe	West Des Moines	Iowa	W/55-59	Basketball Free Throw		7	2	Silver	1990
Helen	Buch	Fairfield	Missouri	W/55-59	Basketball Free Throw		7	3	Bronze	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Basketball Free Throw		5	4	4	1990
Glendora	Casewell	Des Moines	Iowa	W/60-64	Basketball Free Throw		8	1	Gold	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Basketball Free Throw		4	2	Silver	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Basketball Free Throw		3	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Basketball Free Throw		8	1	Gold	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Basketball Free Throw		4	2	Silver	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Basketball Free Throw		7	1	Gold	1990
Viola	Baker	Des Moines	Iowa	W/70-74	Basketball Free Throw		5	2	Silver	1990
Clara	Kubitz	Dubuque	Iowa	60-64	Bowling Mixed Doubles (Scratch)			1	Gold	1990
Henry	Kubitz	Dubuque	Iowa	60-64	Bowling Mixed Doubles (Scratch)			1	Gold	1990
Lorraine	Hines	Ankeny	Iowa	60-64	Bowling Mixed Doubles (Scratch)			2	Silver	1990
Harold	Hines	Ankeny	Iowa	60-64	Bowling Mixed Doubles (Scratch)			2	Silver	1990
Vera	Manor	Des Moines	Iowa	60-64	Bowling Mixed Doubles (Scratch)			3	Bronze	1990
Lewis	Manor	Des Moines	Iowa	60-64	Bowling Mixed Doubles (Scratch)			3	Bronze	1990

Berta	Sterenborg	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		1	Gold	1990
Bob	Sterenborg	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		1	Gold	1990
Edna	Jones	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		2	Silver	1990
Bill	Guffey	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		2	Silver	1990
Cliff	Holmes	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		3	Bronze	1990
Maxine	Gardiner	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Scratch)		3	Bronze	1990
Clara	Kubitz	Dubuque	Iowa	60-64	Bowling Mixed Doubles (Handicap)		1	Gold	1990
Henry	Kubitz	Dubuque	Iowa	60-64	Bowling Mixed Doubles (Handicap)		1	Gold	1990
Lorraine	Hines	Ankeny	Iowa	60-64	Bowling Mixed Doubles (Handicap)		2	Silver	1990
Harold	Hines	Ankeny	Iowa	60-64	Bowling Mixed Doubles (Handicap)		2	Silver	1990
Marie	Reistroffer	Bellevue	Iowa	60-64	Bowling Mixed Doubles (Handicap)		3	Bronze	1990
Robert	Bex	Marion	Iowa	60-64	Bowling Mixed Doubles (Handicap)		3	Bronze	1990
Berta	Sterenborg	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		1	Gold	1990
Bob	Sterenborg	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		1	Gold	1990
Edna	Jones	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		2	Silver	1990
Bill	Guffey	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		2	Silver	1990
Cliff	Holmes	West Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		3	Bronze	1990
Maxine	Gardiner	Des Moines	Iowa	65-69	Bowling Mixed Doubles (Handicap)		3	Bronze	1990
Don	Marean	Des Moines	Iowa	M/55-59	Bowling Doubles (Scratch)	1016	1	Gold	1990
William	Owens	West Des Moines	Iowa	M/55-59	Bowling Doubles (Scratch)	1016	1	Gold	1990
Ronald	Short	Waukee	Iowa	M/60-64	Bowling Doubles (Scratch)	991	2	Silver	1990
Merle	Haselhuhn	Adel	Iowa	M/60-64	Bowling Doubles (Scratch)	991	2	Silver	1990
Bob	Thompson	Des Moines	Iowa	M/60-64	Bowling Doubles (Scratch)	946	1	Gold	1990
Frank	Calhoun	Des Moines	Iowa	M/60-64	Bowling Doubles (Scratch)	946	1	Gold	1990
William	Guffey	West Des Moines	Iowa	M/65-69	Bowling Doubles (Scratch)	1023	2	Silver	1990
Chuck	Walhbrink	Des Moines	Iowa	M/65-69	Bowling Doubles (Scratch)	1023	2	Silver	1990
Joseph	Shively	West Des Moines	Iowa	M/65-69	Bowling Doubles (Scratch)	826	1	Gold	1990
Robert	Hanson	Des Moines	Iowa	M/65-69	Bowling Doubles (Scratch)	826	1	Gold	1990
Harold	Knight	Urbandale	Iowa	M/70-74	Bowling Doubles (Scratch)	985	2	Silver	1990
Craig	Findley	Des Moines	Iowa	M/70-74	Bowling Doubles (Scratch)	985	2	Silver	1990
Don	Gordon	Des Moines	Iowa	M/70-74	Bowling Doubles (Scratch)	924	1	Gold	1990
Don	Mallory	Des Moines	Iowa	M/70-74	Bowling Doubles (Scratch)	924	1	Gold	1990
Vera	Manor	Des Moines	Iowa	W/55-59	Bowling Doubles (Scratch)	989	2	Silver	1990
Ellen	Akkerman	Des Moines	Iowa	W/55-59	Bowling Doubles (Scratch)	989	2	Silver	1990
Mary	Booten	Des Moines	Iowa	W/55-59	Bowling Doubles (Scratch)	883	1	Gold	1990
Ruth	Snyder	West Des Moines	Iowa	W/55-59	Bowling Doubles (Scratch)	883	1	Gold	1990
Marlan	Morton	Webster City	Iowa	W/60-64	Bowling Doubles (Scratch)	909	1	Gold	1990
Shirley	Zenor	Humboldt	Iowa	W/60-64	Bowling Doubles (Scratch)	909	1	Gold	1990
Alma	Stewart	Des Moines	Iowa	W/60-64	Bowling Doubles (Scratch)	904	2	Silver	1990
Lorraine	Hines	Ankeny	Iowa	W/60-64	Bowling Doubles (Scratch)	904	2	Silver	1990
Gracie	VanDorn	Des Moines	Iowa	W/60-64	Bowling Doubles (Scratch)	817	3	Bronze	1990
Nadine	Hogate	Des Moines	Iowa	W/60-64	Bowling Doubles (Scratch)	817	3	Bronze	1990
Betty	Quillotte	West Des Moines	Iowa	W/65-69	Bowling Doubles (Scratch)	850	1	Gold	1990
Grace	Wolfe	West Des Moines	Iowa	W/65-69	Bowling Doubles (Scratch)	850	1	Gold	1990
Berta	Sterenborg	Des Moines	Iowa	W/65-69	Bowling Doubles (Scratch)	813	2	Silver	1990
Rev. June	Norris	Des Moines	Iowa	W/65-69	Bowling Doubles (Scratch)	813	2	Silver	1990
Alma	Stewart	Des Moines	Iowa		Bowling Doubles (Handicap)		1	Gold	1990
Lorraine	Hines	Ankeny	Iowa		Bowling Doubles (Handicap)		1	Gold	1990
Gracie	VanDam	Des Moines	Iowa		Bowling Doubles (Handicap)		2	Silver	1990
Nadine	Hogate	Des Moines	Iowa		Bowling Doubles (Handicap)		2	Silver	1990
Lee	Lewis	Des Moines	Iowa		Bowling Doubles (Handicap)		3	Bronze	1990
Ruth	Kleinendorst	Prairie City	Iowa		Bowling Doubles (Handicap)		3	Bronze	1990
Merle	Haselhuhn	Adel	Iowa	M/60-64	Bowling Singles (Scratch)	693	1	Gold	1990
Jack	Strait	Ankeny	Iowa	M/60-64	Bowling Singles (Scratch)	611	2	Silver	1990
Don	Marean	Des Moines	Iowa	M/60-64	Bowling Singles (Scratch)	515	3	Bronze	1990
Bill	Guffey	West Des Moines	Iowa	M/65-69	Bowling Singles (Scratch)	531	1	Gold	1990
Lou	Brown	Iowa City	Iowa	M/65-69	Bowling Singles (Scratch)	514	2	Silver	1990
Wes	Eaton	Trimble	Missouri	M/65-69	Bowling Singles (Scratch)	493	3	Bronze	1990
Lloyd	Stuber	West Des Moines	Iowa	M/70-74	Bowling Singles (Scratch)	535	1	Gold	1990
Don	Mallory	Des Moines	Iowa	M/70-74	Bowling Singles (Scratch)	486	2	Silver	1990
Harold	Hines	Ankeny	Iowa	M/70-74	Bowling Singles (Scratch)	484	3	Bronze	1990

Joe	Shively	West Des Moines	Iowa	M/75-79	Bowling Singles (Scratch)	527	1	Gold	1990
Frank	Kautzky	Des Moines	Iowa	M/80+	Bowling Singles (Scratch)	505	1	Gold	1990
Frank	Zenor	Humboldt	Iowa	M/80+	Bowling Singles (Scratch)	463	2	Silver	1990
Ellen	Akerman	Des Moines	Iowa	W/55-59	Bowling Singles (Scratch)	496	1	Gold	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Bowling Singles (Scratch)	431	2	Silver	1990
Nancy	Evans	Des Moines	Iowa	W/55-59	Bowling Singles (Scratch)	429	3	Bronze	1990
Dolores	Murray	Galva	Illinois	W/60-64	Bowling Singles (Scratch)	516	1	Gold	1990
Vera	Manor	Des Moines	Iowa	W/60-64	Bowling Singles (Scratch)	497	2	Silver	1990
Shirley	Zenor	Humboldt	Iowa	W/60-64	Bowling Singles (Scratch)	474	3	Bronze	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Bowling Singles (Scratch)	410	1	Gold	1990
Grace	Wolfe	West Des Moines	Iowa	W/65-69	Bowling Singles (Scratch)	397	2	Silver	1990
Kay	Dutcher	Carlisle	Iowa	W/65-69	Bowling Singles (Scratch)	377	3	Bronze	1990
Virginia	Davis	Des Moines	Iowa	W/70-74	Bowling Singles (Scratch)	532	1	Gold	1990
Helen	Mallory	Des Moines	Iowa	W/70-74	Bowling Singles (Scratch)	508	2	Silver	1990
Alma	Stewart	Des Moines	Iowa	W/70-74	Bowling Singles (Scratch)	502	3	Bronze	1990
Pauline	Shaffer	Des Moines	Iowa	W/75-79	Bowling Singles (Scratch)	448	1	Gold	1990
Merle	Haselhuhn	Adel	Iowa	M/60-64	Bowling Singles (Handicap)	755	1	Gold	1990
Jack	Strait	Ankeny	Iowa	M/60-64	Bowling Singles (Handicap)	648	2	Silver	1990
Ron	Short	Waukee	Iowa	M/60-64	Bowling Singles (Handicap)	641	3	Bronze	1990
Bill	Guffey	West Des Moines	Iowa	M/65-69	Bowling Singles (Handicap)	630	1	Gold	1990
Lou	Brown	Iowa City	Iowa	M/65-69	Bowling Singles (Handicap)	624	2	Silver	1990
O.D.	Hawkins	West Des Moines	Iowa	M/65-69	Bowling Singles (Handicap)	622	3	Bronze	1990
Lloyd	Stuber	West Des Moines	Iowa	M/70-74	Bowling Singles (Handicap)	667	1	Gold	1990
Robert	Bex	Marion	Iowa	M/70-74	Bowling Singles (Handicap)	604	2	Silver	1990
George	Petersen	Des Moines	Iowa	M/70-74	Bowling Singles (Handicap)	598	3	Bronze	1990
Joe	Shively	West Des Moines	Iowa	M/75-79	Bowling Singles (Handicap)	632	1	Gold	1990
Frank	Kautzky	Des Moines	Iowa	M/80+	Bowling Singles (Handicap)	615	1	Gold	1990
Frank	Zenor	Humboldt	Missouri	M/80+	Bowling Singles (Handicap)	584	2	Silver	1990
Nancy	Evans	Des Moines	Iowa	W/55-59	Bowling Singles (Handicap)	661	1	Gold	1990
Ellen	Akerman	Des Moines	Iowa	W/55-59	Bowling Singles (Handicap)	595	2	Silver	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Bowling Singles (Handicap)	566	3	Bronze	1990
Dolores	Murray	Galva	Illinois	W/60-64	Bowling Singles (Handicap)	632	1	Gold	1990
Vera	Manor	Des Moines	Iowa	W/60-64	Bowling Singles (Handicap)	594	2	Silver	1990
Lorraine	Hines	Ankeny	Iowa	W/60-64	Bowling Singles (Handicap)	578	3	Bronze	1990
Kay	Dutcher	Carlisle	Iowa	W/65-69	Bowling Singles (Handicap)	593	1	Gold	1990
Grace	Wolfe	West Des Moines	Iowa	W/65-69	Bowling Singles (Handicap)	583	2	Silver	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Bowling Singles (Handicap)	563	3	Bronze	1990
Alma	Stewart	Des Moines	Iowa	W/70-74	Bowling Singles (Handicap)	680	1	Gold	1990
Helen	Mallory	Des Moines	Iowa	W/70-74	Bowling Singles (Handicap)	661	2	Silver	1990
Virginia	Davis	Des Moines	Iowa	W/70-74	Bowling Singles (Handicap)	629	3	Bronze	1990
Pauline	Shaffer	Des Moines	Iowa	W/75-79	Bowling Singles (Handicap)	615	1	Gold	1990
Phyllis	Boller	Des Moines	Iowa	55-59	Bridge	58	1	Gold	1990
Nadine	Hogate	Des Moines	Iowa	60-64	Bridge	60	1	Gold	1990
Norma	McLaughan	Urbandale	Iowa	60-64	Bridge	51	2	Silver	1990
Ellen	Van Ginkel	West Des Moines	Iowa	60-64	Bridge	46	3	Bronze	1990
Ruth	Snyder	West Des Moines	Iowa	65-69	Bridge	79	1	Gold	1990
Sylvia	Tow	Urbandale	Iowa	65-69	Bridge	63	2	Silver	1990
Gerry	Van Ginkel	West Des Moines	Iowa	65-69	Bridge	60	3	Bronze	1990
Lois	Peterson	Des Moines	Iowa	65-69	Bridge		4		1990
Harold	Laures	Des Moines	Iowa	70-74	Bridge	67	1	Gold	1990
Virginia	Davis	Des Moines	Iowa	70-74	Bridge	61	2	Silver	1990
Mary	Peebles	Des Moines	Iowa	70-74	Bridge	49	3	Bronze	1990
Harold	McCullum	Des Moines	Iowa	70-74	Bridge		4		1990
Ann	Sherman	Des Moines	Iowa	75-79	Bridge	61	1	Gold	1990
Gen	Tucker	West Des Moines	Iowa	75-79	Bridge	45	2	Silver	1990
Robert	Anderson	West Des Moines	Iowa	75-79	Bridge		3	Bronze	1990
Pancratya	Eddy	Anita	Iowa	80+	Bridge	53	1	Gold	1990
Monnie	Stauffer	Sheldahl	Iowa	80+	Bridge	34	2	Silver	1990
Raymond	Vogel	West Des Moines	Iowa		Checkers		1	Gold	1990
Viola	Baker	Des Moines	Iowa		Checkers		2	Silver	1990
Bob	Gallagher	Des Moines	Iowa		Checkers		3	Bronze	1990

Marilyn	Fechner	West Des Moines	Iowa	55-59	Cribbage			1	Gold	1990
Bess	Van Cleave	Des Moines	Iowa	65-69	Cribbage			1	Gold	1990
Marvin	Stanek	Fort Dodge	Iowa	65-69	Cribbage			2	Silver	1990
Madeline	Brough	West Des Moines	Iowa	65-69	Cribbage			3	Bronze	1990
Virginia	Davis	Des Moines	Iowa	70-74	Cribbage			1	Gold	1990
Robert	Bex	Marion	Iowa	70-74	Cribbage			2	Silver	1990
Jesse	Armstrong	Indianola	Iowa	75-79	Cribbage			1	Gold	1990
Cliff	Holmes	West Des Moines	Iowa	75-79	Cribbage			2	Silver	1990
Monnie	Stauffer	Sheldahl	Iowa	80+	Cribbage			1	Gold	1990
Robert	Waldner	Des Moines	Iowa	M/55-59	Croquet			1	Gold	1990
Ernie	Hammond	Whitehall	Illinois	M/60-64	Croquet			1	Gold	1990
Joseph	Jimenez	West Des Moines	Iowa	M/60-64	Croquet			2	Silver	1990
Jackie	Isham	West Des Moines	Iowa	W/65-69	Croquet			1	Gold	1990
Margaret	Jimenez	West Des Moines	Iowa	W/65-69	Croquet			2	Silver	1990
Rosemary	Michael	Urbandale	Iowa	W/65-69	Croquet			3	Bronze	1990
Dorothy	Robinson	Urbandale	Iowa	W/70-74	Croquet			1	Gold	1990
Harvey	Berner	Barnum	Iowa	M/55-59	Five Hundred (Card Game)			1	Gold	1990
Keith	Baker	Des Moines	Iowa	M/60-64	Five Hundred (Card Game)			1	Gold	1990
Slim	Allen	West Des Moines	Iowa	M/60-64	Five Hundred (Card Game)			2	Silver	1990
Bill	Funte	Urbandale	Iowa	M/65-69	Five Hundred (Card Game)			1	Gold	1990
Maxine	Gardiner	Des Moines	Iowa	W/65-69	Five Hundred (Card Game)			1	Gold	1990
Alberta	Lee	Anita	Iowa	W/65-69	Five Hundred (Card Game)			2	Silver	1990
Irma	Meyers	West Des Moines	Iowa	W/80+	Five Hundred (Card Game)			1	Gold	1990
Tom	Logan	Johnston	Iowa	M/55-59	Football Throw Accuracy		110	1	Gold	1990
John	Carr	Hannibal	Missouri	M/55-59	Football Throw Accuracy		80	2	Silver	1990
Chas	Greenwood	Des Moines	Iowa	M/55-59	Football Throw Accuracy			2	Silver	1990
James	Bowman	Urbandale	Iowa	M/55-59	Football Throw Accuracy		70	3	Bronze	1990
Bill	Brazelton	Ft. Smith	Arizona	M/60-64	Football Throw Accuracy		70	1	Gold	1990
Joseph	Jimenez	West Des Moines	Iowa	M/60-64	Football Throw Accuracy		50	2	Silver	1990
Ralph	Chapman	Dubuque	Illinois	M/60-64	Football Throw Accuracy		40	3	Bronze	1990
Dale	Cummings	West Des Moines	Iowa	M/60-64	Football Throw Accuracy			4	4	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Football Throw Accuracy		80	1	Gold	1990
Roy	Garcia	West Des Moines	Iowa	M/65-69	Football Throw Accuracy		50	2	Silver	1990
Jack	Tuffree	Green Mountain	Iowa	M/65-69	Football Throw Accuracy			3	Bronze	1990
George	Gable	Cedar Rapids	Iowa	M/70-74	Football Throw Accuracy		20	1	Gold	1990
Madeleo	Blake	Letts	Iowa	M/75-79	Football Throw Accuracy		70	1	Gold	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Football Throw Accuracy		10	2	Silver	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Football Throw Accuracy			3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Football Throw Accuracy		30	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Football Throw Accuracy		20	2	Silver	1990
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	Football Throw Accuracy		20	1	Gold	1990
Carmella	Czarny	Buffalo Grove	Illinois	W/55-59	Football Throw Accuracy		0	2	Silver	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Football Throw Accuracy		70	1	Gold	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Football Throw Accuracy		20	2	Silver	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	Football Throw Accuracy			2	Silver	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Football Throw Accuracy		10	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Football Throw Accuracy		40	1	Gold	1990
Margaret	Jimenez	West Des Moines	Iowa	W/65-69	Football Throw Accuracy		0	2	Silver	1990
Rosemary	Michael	Urbandale	Iowa	W/65-69	Football Throw Accuracy		0	3	Bronze	1990
Eugenia	Turner	Dubuque	Iowa	W/70-74	Football Throw Accuracy		40	1	Gold	1990
Viola	Baker	Des Moines	Iowa	W/70-74	Football Throw Accuracy		20	2	Silver	1990
Lucille	Sandman	Winchester	Iowa	W/70-74	Football Throw Accuracy			2	Silver	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Football Throw Accuracy		0	3	Bronze	1990
Mae	Green	Des Moines	Iowa	W/70-74	Football Throw Accuracy			3	Bronze	1990
Dorothy	Robinson	Urbandale	Iowa	W/75-79	Football Throw Accuracy		0	1	Gold	1990
Frank	Brown	Des Moines	Iowa	M/55-59	Football Throw Distance		184	1	Gold	1990
Wally	Czarny	Buffalo Grove	Iowa	M/55-59	Football Throw Distance		173	2	Silver	1990
Chuck	Greenwood	Des Moines	Iowa	M/55-59	Football Throw Distance		148	3	Bronze	1990
Bill	Brazelton	Ft. Smith	Arizona	M/60-64	Football Throw Distance		147	1	Gold	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Football Throw Distance		126	2	Silver	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Football Throw Distance		115	3	Bronze	1990

Jack	Taffree	Green Mountain	Iowa	M/65-69	Football Throw Distance	115.7	1	Gold	1990
Roy	Garcia	West Des Moines	Iowa	M/65-69	Football Throw Distance	106	2	Silver	1990
Mick	Donohue	West Des Moines	Iowa	M/65-69	Football Throw Distance	96	3	Bronze	1990
George	Bienson	State Center	Iowa	M/70-74	Football Throw Distance	72	1	Gold	1990
Robert	Bex	Marion	Iowa	M/70-74	Football Throw Distance	55.5	2	Silver	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Football Throw Distance	70	1	Gold	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Football Throw Distance	63	2	Silver	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Football Throw Distance	67	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Football Throw Distance	60	2	Silver	1990
Carmella	Czarny	Buffalo Grove	Illinois	W/55-59	Football Throw Distance	36	1	Gold	1990
Glendoris	Casewell	Des Moines	Iowa	W/60-64	Football Throw Distance	65.9	1	Gold	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Football Throw Distance	52.4	2	Silver	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Football Throw Distance	44	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Football Throw Distance	59	1	Gold	1990
Winifred	Canady	Marion	Iowa	W/65-69	Football Throw Distance	34.7	2	Silver	1990
Alberta	Heckman	Anita	Iowa	W/65-69	Football Throw Distance	28	3	Bronze	1990
Margaret	Lambert	Dillon	Colorado	W/70-74	Football Throw Distance	48	1	Gold	1990
Ruth	Spalding	Des Moines	Iowa	W/70-74	Football Throw Distance	36	2	Silver	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Football Throw Distance	34.5	3	Bronze	1990
Ehtel	Troester	Des Moines	Iowa	W/75-79	Football Throw Distance	18.6	1	Gold	1990
Pancratya	Eddy	Anita	Iowa	W/80+	Football Throw Distance	30	1	Gold	1990
Helen	Wallace	Des Moines	Iowa	W/80+	Football Throw Distance	24.7	2	Silver	1990
James	Bowman	Des Moines	Iowa	M/55-59	Golf	82	1	Gold	1990
Jim	Crosman	Adel	Iowa	M/55-59	Golf	90	2	Silver	1990
Robert	Hoak	Des Moines	Iowa	M/55-59	Golf	95	3	Bronze	1990
William	Chadima	Cedar Rapids	Iowa	M/60-64	Golf	78	1	Gold	1990
John	Strait	Ankeny	Iowa	M/60-64	Golf	79	2	Silver	1990
Paul	Hansen	Elkhorn	Iowa	M/60-64	Golf	83	3	Bronze	1990
Bud	Stumpf	Des Moines	Iowa	M/65-69	Golf	83	1	Gold	1990
Clayton	Johnson	Marshalltown	Iowa	M/65-69	Golf	88	2	Silver	1990
Clarence	Dickson	Urbandale	Iowa	M/65-69	Golf		3	Bronze	1990
Sarge	Fontanini	Des Moines	Iowa	M/70-74	Golf	76	1	Gold	1990
Harold	Hines	Ankeny	Iowa	M/70-74	Golf	77	2	Silver	1990
Frank	White	Des Moines	Iowa	M/70-74	Golf	86	3	Bronze	1990
Dushan	Orlich	Des Moines	Iowa	M/75-79	Golf	80	1	Gold	1990
Robert	Anderson	West Des Moines	Iowa	M/75-79	Golf	87	2	Silver	1990
Roy	Gunson	Des Moines	Iowa	M/75-79	Golf	88	3	Bronze	1990
Roberta	Rush	Des Moines	Iowa	W/55-59	Golf	135	1	Gold	1990
Darlene	Eikenberry	Des Moines	Iowa	W/60-64	Golf	99	1	Gold	1990
Wanda	Behanish	Des Moines	Iowa	W/60-64	Golf	101	2	Silver	1990
Betty	VanZee	Pleasantville	Iowa	W/65-69	Golf	89	1	Gold	1990
June	Lowry	Johnston	Iowa	W/65-69	Golf	101	2	Silver	1990
Lois	Peterson	Des Moines	Iowa	W/65-69	Golf		3	Bronze	1990
Virginia	Davis	Des Moines	Iowa	W/70-74	Golf	114	1	Gold	1990
Gracie	VanDorn	Des Moines	Iowa	W/70-74	Golf	121	2	Silver	1990
Elizabeth	McClain	Des Moines	Iowa	W/70-74	Golf	166	3	Bronze	1990
Pauline	Shaffer	Des Moines	Iowa	W/75-79	Golf	139	1	Gold	1990
James	Bowman	Des Moines	Iowa	M/55-59	Golf (Handicap)	67	1	Gold	1990
Robert	Hoak	Des Moines	Iowa	M/55-59	Golf (Handicap)	68	2	Silver	1990
Jim	Crosman	Adel	Iowa	M/55-59	Golf (Handicap)	69	3	Bronze	1990
Pete	Stefani	Des Moines	Iowa	M/60-64	Golf (Handicap)	65	1	Gold	1990
Wayne	Thompson	West Des Moines	Iowa	M/60-64	Golf (Handicap)	66	2	Silver	1990
Dino	Righi	Des Moines	Iowa	M/60-64	Golf (Handicap)		3	Bronze	1990
Bud	Lewis	Des Moines	Iowa	M/65-69	Golf (Handicap)	56	1	Gold	1990
Joe	Faino	Des Moines	Iowa	M/65-69	Golf (Handicap)	65	2	Silver	1990
Grover	LaMasters	Marshalltown	Iowa	M/65-69	Golf (Handicap)	66	3	Bronze	1990
Walter	O'Conner	Des Moines	Iowa	M/70-74	Golf (Handicap)	59	1	Gold	1990
Norman	Lewis	Des Moines	Iowa	M/70-74	Golf (Handicap)	63	2	Silver	1990
Lloyd	Stuber	West Des Moines	Iowa	M/70-74	Golf (Handicap)	69	3	Bronze	1990
Carroll	Crouse	Adel	Iowa	M/75-79	Golf (Handicap)	67	1	Gold	1990
Dushan	Orlich	Des Moines	Iowa	M/75-79	Golf (Handicap)	71	2	Silver	1990
Lloyd	Nelson	West Des Moines	Iowa	M/75-79	Golf (Handicap)	73	3	Bronze	1990
Roberta	Rush	Des Moines	Iowa	W/55-59	Golf (Handicap)	69	1	Gold	1990

Darlene	Eikenberry	West Des Moines	Iowa	W/60-64	Golf (Handicap)	66	1	Gold	1990
Wanda	Behanish	Des Moines	Iowa	W/60-64	Golf (Handicap)	71	2	Silver	1990
June	Lowry	Johnston	Iowa	W/65-69	Golf (Handicap)	62	1	Gold	1990
Mary	O'Brien	West Des Moines	Iowa	W/65-69	Golf (Handicap)	63	2	Silver	1990
Jan	Dusenberry	Des Moines	Iowa	W/65-69	Golf (Handicap)	66	3	Bronze	1990
Virginia	Davis	Des Moines	Iowa	W/70-74	Golf (Handicap)	72	1	Gold	1990
Gracie	VanDorn	Des Moines	Iowa	W/70-74	Golf (Handicap)	73	2	Silver	1990
Elizabeth	McClain	Des Moines	Iowa	W/70-74	Golf (Handicap)	82	3	Bronze	1990
Pauline	Shaffer	Des Moines	Iowa	W/75-79	Golf (Handicap)	61	1	Gold	1990
Madeline	Brough	West Des Moines	Iowa		Pinochle	635	1	Gold	1990
Maxine	Gardiner	Des Moines	Iowa		Pinochle	624	2	Silver	1990
Marvin	Stanek	Fort Dodge	Iowa		Pinochle	609	3	Bronze	1990
Elizabeth	Brough	Urbandale	Iowa		Scrabble		1	Gold	1990
Madeline	Gardiner	West Des Moines	Iowa		Scrabble		2	Silver	1990
Rev. June	Norris	Des Moines	Iowa		Scrabble		3	Bronze	1990
Slim	Allen	West Des Moines	Iowa	M/60-64	Shuffleboard		1	Gold	1990
Keith	Baker	Des Moines	Iowa	M/60-64	Shuffleboard		2	Silver	1990
Ralph	Scott	West Des Moines	Iowa	M/60-64	Shuffleboard		3	Bronze	1990
Ralph	Gordon	Des Moines	Iowa	M/70-74	Shuffleboard		1	Gold	1990
Ed	McIntire	Des Moines	Iowa	M/70-74	Shuffleboard		2	Silver	1990
Don	Fitzsimmons	West Des Moines	Iowa	M/70-74	Shuffleboard		3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Shuffleboard		1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Shuffleboard		2	Silver	1990
Angie	Anderson	Des Moines	Iowa	W/55-59	Shuffleboard		1	Gold	1990
Wanda	Behanish	Des Moines	Iowa	W/60-64	Shuffleboard		1	Gold	1990
Betty	Martin	Alleman	Iowa	W/65-69	Shuffleboard		1	Gold	1990
Jane	Blackwell	Omaha	Nebraska	W/65-69	Shuffleboard		2	Silver	1990
Lois	Peterson	Des Moines	Iowa	W/65-69	Shuffleboard		3	Bronze	1990
Dorothy	Robinson	Urbandale	Iowa	W/75-79	Shuffleboard		1	Gold	1990
Nathalie	Murphy	Des Moines	Iowa	W/75-79	Shuffleboard		2	Silver	1990
Vince	Waltz	Kellogg	Iowa	M/55-59	Softball Throw Accuracy	80	1	Gold	1990
John	Carr	Hannibal	Missouri	M/55-59	Softball Throw Accuracy	80	2	Silver	1990
James	Bowman	Des Moines	Iowa	M/55-59	Softball Throw Accuracy	40	3	Bronze	1990
Ralph	Scott	West Des Moines	Iowa	M/60-64	Softball Throw Accuracy	90	1	Gold	1990
Bill	Brazelton	Ft. Smith	Iowa	M/60-64	Softball Throw Accuracy	90	2	Silver	1990
Galen	Murtle	Des Moines	Iowa	M/60-64	Softball Throw Accuracy	90	3	Bronze	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Softball Throw Accuracy	80	1	Gold	1990
Roy	Garcia, Sr.	West Des Moines	Iowa	M/65-69	Softball Throw Accuracy	70	2	Silver	1990
Arnold	Latare	Des Moines	Iowa	M/65-69	Softball Throw Accuracy	70	3	Bronze	1990
Al	Brown	West Des Moines	Iowa	M/70-74	Softball Throw Accuracy	90	1	Gold	1990
Walter	O'Connor	Des Moines	Iowa	M/70-74	Softball Throw Accuracy	50	2	Silver	1990
Norm	Lewis	West Des Moines	Iowa	M/70-74	Softball Throw Accuracy	30	3	Bronze	1990
Maeleo	Blake	Letts	Iowa	M/75-79	Softball Throw Accuracy	60	1	Gold	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Softball Throw Accuracy	30	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Softball Throw Accuracy	10	3	Bronze	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Softball Throw Accuracy	10	1	Gold	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Softball Throw Accuracy	0	2	Silver	1990
Dorothy	Chapman	East Dubuque	Iowa	W/55-59	Softball Throw Accuracy	40	1	Gold	1990
Helen	Buch	Fairfield	Iowa	W/55-59	Softball Throw Accuracy	20	2	Silver	1990
Elaine	Sunford	Kirkville	Missouri	W/55-59	Softball Throw Accuracy	10	3	Bronze	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Softball Throw Accuracy		4	4	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Softball Throw Accuracy	60	1	Gold	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	Softball Throw Accuracy	50	2	Silver	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Softball Throw Accuracy	40	3	Bronze	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Softball Throw Accuracy	30	4	4	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Softball Throw Accuracy	70	1	Gold	1990
Ruth	Synder	West Des Moines	Iowa	W/65-69	Softball Throw Accuracy	60	2	Silver	1990
Lucille	Sandman	Winchester	Illinois	W/70-74	Softball Throw Accuracy	50	1	Gold	1990
Mae	Green	Des Moines	Iowa	W/70-74	Softball Throw Accuracy	40	2	Silver	1990
Eugena	Turner	Dubuque	Iowa	W/70-74	Softball Throw Accuracy	40	3	Bronze	1990
Ethel	Troester	Des Moines	Iowa	W/75-79	Softball Throw Accuracy	10	1	Gold	1990



Rosemarie	Sigler	Des Moines	Iowa	W/75-79	Softball Throw Accuracy	0	2	Silver	1990
Pancratya	Eddy	Anita	Iowa	W/80+	Softball Throw Accuracy	10	1	Gold	1990
Helen	Wallace	Des Moines	Iowa	W/80+	Softball Throw Accuracy	0	2	Silver	1990
Wally	Czarny	Buffalo Grove	Iowa	M/55-59	Softball Throw Distance	188	1	Gold	1990
Tom	Logan	Johnston	Iowa	M/55-59	Softball Throw Distance	175	2	Silver	1990
Charles	Lathrum	Altoona	Iowa	M/55-59	Softball Throw Distance	141	3	Bronze	1990
Bill	Brazelton	Ft. Smith	Arizona	M/60-64	Softball Throw Distance	176	1	Gold	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Softball Throw Distance	173	2	Silver	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Softball Throw Distance	154	3	Bronze	1990
Charles	Obye	Spirit Lake	Iowa	M/65-69	Softball Throw Distance	196	1	Gold	1990
Jack	Tuffree	Green Mountain	Iowa	M/65-69	Softball Throw Distance	140	2	Silver	1990
William	Funte	Urbandale	Iowa	M/65-69	Softball Throw Distance	123.8	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	Softball Throw Distance	89	1	Gold	1990
George	Biensen	State Center	Iowa	M/70-74	Softball Throw Distance	86	2	Silver	1990
Robert	Bex	Marion	Iowa	M/70-74	Softball Throw Distance	62	3	Bronze	1990
Ernest	Dennison	Sarasota	Florida	M/75-79	Softball Throw Distance	101	1	Gold	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	Softball Throw Distance	87	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Softball Throw Distance	65	3	Bronze	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Softball Throw Distance	69	1	Gold	1990
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Softball Throw Distance	79.8	1	Gold	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Softball Throw Distance	70	2	Silver	1990
Dorothy	Chapman	East Dubuque	Iowa	W/55-59	Softball Throw Distance	51	3	Bronze	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	Softball Throw Distance	76.3	1	Gold	1990
Marie	Reistroffer	Bellavue	Iowa	W/60-64	Softball Throw Distance	74.1	2	Silver	1990
Dolores	Murray	Galva	Iowa	W/60-64	Softball Throw Distance	74.7	3	Bronze	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Softball Throw Distance	78.9	1	Gold	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Softball Throw Distance	74	2	Silver	1990
Margaret	Jimenez	West Des Moines	Iowa	W/65-69	Softball Throw Distance	65	3	Bronze	1990
Margaret	Lambert	Dillon	Colorado	W/70-74	Softball Throw Distance	72	1	Gold	1990
Eugenia	Tomer	Dubuque	Iowa	W/70-74	Softball Throw Distance	69	2	Silver	1990
Mae	Green	Des Moines	Iowa	W/70-74	Softball Throw Distance	49.7	3	Bronze	1990
Ethel	Toester	Des Moines	Iowa	W/75-79	Softball Throw Distance	39.4	1	Gold	1990
Helen	Wallace	Des Moines	Iowa	W/80+	Softball Throw Distance	39.4	1	Gold	1990
Tom	Logan	Johnston	Iowa	M/55-59	50 Meter Dash	6.89	1	Gold	1990
Wally	Czarny	Buffalo Grove	Iowa	M/55-59	50 Meter Dash	6.96	2	Silver	1990
Harvey	Berner	Barnum	Iowa	M/55-59	50 Meter Dash	7.17	3	Bronze	1990
Dick	Feeney	Iowa City	Iowa	M/60-64	50 Meter Dash	7.46	1	Gold	1990
Ernie	Hammond	Whitehall	Illinois	M/60-64	50 Meter Dash	8.1	2	Silver	1990
Sherrill	Ransom	Cedar Rapids	Iowa	M/60-64	50 Meter Dash	8.5	3	Bronze	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	50 Meter Dash	7.85	1	Gold	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	50 Meter Dash	8.01	2	Silver	1990
Charles	Janssens	West Des Moines	Iowa	M/65-69	50 Meter Dash	8.83	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	50 Meter Dash	9.68	1	Gold	1990
Robert	Bex	Marion	Iowa	M/70-74	50 Meter Dash	11.08	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	50 Meter Dash	8.49	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	50 Meter Dash	8.51	2	Silver	1990
Wayne	Steward	Knoxville	Iowa	M/75-79	50 Meter Dash	11.35	3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	50 Meter Dash	10.61	1	Gold	1990
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	50 Meter Dash	9.74	1	Gold	1990
Mary	Lathrum	Altoona	Iowa	W/55-59	50 Meter Dash	10.1	2	Silver	1990
Nancy	Baker	Des Moines	Iowa	W/55-59	50 Meter Dash	11.1	3	Bronze	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	50 Meter Dash	9.61	1	Gold	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	50 Meter Dash	9.65	2	Silver	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	50 Meter Dash	9.66	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	50 Meter Dash	9.59	1	Gold	1990
Winifred	Canady	Marion	Iowa	W/65-69	50 Meter Dash	12.1	2	Silver	1990
Alberta	Lees	Anita	Iowa	W/65-69	50 Meter Dash	14.52	3	Bronze	1990
Betty	Graves	Urbandale	Iowa	W/70-74	50 Meter Dash	10.85	1	Gold	1990
Turner	Eugenia	Dubuque	Iowa	W/70-74	50 Meter Dash	11.39	2	Silver	1990
Pancratya	Eddy	Anita	Iowa	W/80+	50 Meter Dash	21.51	1	Gold	1990
Wally	Czarny	Buffalo Grove	Illinois	M/55-59	100 Meter Dash	13.68	1	Gold	1990
Franklin	Brown	Des Moines	Iowa	M/55-59	100 Meter Dash	13.74	2	Silver	1990

Harry	Berner	Barnum	Iowa	M/55-59	100 Meter Dash	13.77	3	Bronze	1990
Dick	Feeney	Iowa City	Iowa	M/60-64	100 Meter Dash	14.25	1	Gold	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	100 Meter Dash	15.29	2	Silver	1990
Sherrill	Ransom	Cedar Rapids	Iowa	M/60-64	100 Meter Dash	15.54	3	Bronze	1990
Charles	Obye	Spirit Lake	Iowa	M/65-69	100 Meter Dash	14.57	1	Gold	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	100 Meter Dash	15.44	2	Silver	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	100 Meter Dash	15.61	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	100 Meter Dash	18.49	1	Gold	1990
Garold	Parks	Ames	Iowa	M/70-74	100 Meter Dash	21.36	2	Silver	1990
George	Biensen	State Center	Iowa	M/70-74	100 Meter Dash	23.3	3	Bronze	1990
Madeleo	Blake	Letts	Iowa	M/75-79	100 Meter Dash	16.35	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	100 Meter Dash	16.46	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	100 Meter Dash	20.51	3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	100 Meter Dash	23	1	Gold	1990
Dorothy	Chapman	Dubuque	Iowa	W/55-59	100 Meter Dash	19.55	1	Gold	1990
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	100 Meter Dash	19.58	2	Silver	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	100 Meter Dash	18.91	1	Gold	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	100 Meter Dash	19.41	2	Silver	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	100 Meter Dash	19.85	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	100 Meter Dash	18.35	1	Gold	1990
Charlotte	Acton	Kirksville	Missouri	W/65-69	100 Meter Dash	22.83	2	Silver	1990
Winifred	Canady	Marion	Iowa	W/65-69	100 Meter Dash	24.5	3	Bronze	1990
Lucille	Sandman	Winchester	Illinois	W/70-74	100 Meter Dash	28.4	1	Gold	1990
Frank	Brown	Des Moines	Iowa	M/55-59	200 Meter Dash	28.79	1	Gold	1990
Chuck	Greenwood	Des Moines	Iowa	M/55-59	200 Meter Dash	30.2	2	Silver	1990
Vince	Waltz	Kellogg	Iowa	M/55-59	200 Meter Dash	31.18	3	Bronze	1990
Dick	Feeney	Iowa City	Iowa	M/60-64	200 Meter Dash	30.69	1	Gold	1990
Larry	Larson	Cambridge	Iowa	M/60-64	200 Meter Dash	31.48	2	Silver	1990
Darrell	Paul	Des Moines	Iowa	M/60-64	200 Meter Dash	33.85	3	Bronze	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	200 Meter Dash	33.47	1	Gold	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	200 Meter Dash	34.18	2	Silver	1990
Dean	Barber	Milford	Iowa	M/65-69	200 Meter Dash	36.33	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	200 Meter Dash	38.54	1	Gold	1990
George	Bensen	State Center	Iowa	M/70-74	200 Meter Dash	51.55	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	200 Meter Dash	35.61	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	200 Meter Dash	36.11	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	200 Meter Dash	47.06	3	Bronze	1990
Luman	Parrott	Independence	Iowa	M/80+	200 Meter Dash	43.51	1	Gold	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	200 Meter Dash	40.3	1	Gold	1990
Lois	Ribbens	Hull	Iowa	W/60-64	200 Meter Dash	41.67	2	Silver	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	200 Meter Dash	41.74	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	200 Meter Dash	41.21	1	Gold	1990
Charlotte	Acton	Kirksville	Missouri	W/65-69	200 Meter Dash	52.81	2	Silver	1990
Jane	Blackwell	Omaha	Nebraska	W/65-69	200 Meter Dash	54.07	3	Bronze	1990
Franklin	Brown	Des Moines	Iowa	M/55-59	400 Meter Run	01:04.8	1	Gold	1990
Charles	Greenwood	Des Moines	Iowa	M/55-59	400 Meter Run	01:14.2	2	Silver	1990
Gene	Harding	Des Moines	Iowa	M/55-59	400 Meter Run	01:14.2	3	Bronze	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	400 Meter Run	01:12.7	1	Gold	1990
Sherrill	Ransom	Cedar Rapids	Iowa	M/60-64	400 Meter Run	01:29.6	2	Silver	1990
Darrell	Paul	Des Moines	Iowa	M/60-64	400 Meter Run	01:29.7	3	Bronze	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	400 Meter Run	01:25.8	1	Gold	1990
Dean	Barb	Milford	Iowa	M/65-69	400 Meter Run	01:31.0	2	Silver	1990
Arnold	Latare	West Des Moines	Iowa	M/65-69	400 Meter Run	0:01	3	Bronze	1990
Clarence	Osborne	Lincoln	Nebraska	M/70-74	400 Meter Run	01:23.6	1	Gold	1990
Garold	Parks	Ames	Iowa	M/70-74	400 Meter Run	01:41.5	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	400 Meter Run	01:22.3	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	400 Meter Run	01:26.5	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	400 Meter Run	02:11.7	3	Bronze	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	400 Meter Run	01:37.8	1	Gold	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	400 Meter Run	01:42.3	2	Silver	1990
Lois	Ribbens	Hull	Iowa	W/60-64	400 Meter Run	01:43.5	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	400 Meter Run	01:43.5	1	Gold	1990

Frank	Brown	Des Moines	Iowa	M/55-59	800 Meter Run		02:30.0	1	Gold	1990
Gene	Harding	Des Moines	Iowa	M/55-59	800 Meter Run		02:48.6	2	Silver	1990
Jerry	Triplett	Winterset	Iowa	M/55-59	800 Meter Run		02:52.2	3	Bronze	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	800 Meter Run		02:50.1	1	Gold	1990
Larry	Larson	Cambridge	Iowa	M/60-64	800 Meter Run		02:53.1	2	Silver	1990
George	Brown	Ames	Iowa	M/65-69	800 Meter Run		03:02.3	1	Gold	1990
M.L.	Van Cleve	Des Moines	Iowa	M/65-69	800 Meter Run		04:00.1	2	Silver	1990
Chuck	Coyle	Des Moines	Iowa	M/65-69	800 Meter Run		04:10.6	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	800 Meter Run		03:08.7	1	Gold	1990
Garold	Parks	Ames	Iowa	M/70-74	800 Meter Run		03:40.0	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	800 Meter Run		03:39.7	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	800 Meter Run		04:23.6	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	800 Meter Run		05:08.5	3	Bronze	1990
Luman	Parrott	Independence	Iowa	M/80+	800 Meter Run		03:45.8	1	Gold	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	800 Meter Run		03:47.7	1	Gold	1990
Lois	Ribbens	Hull	Iowa	W/60-64	800 Meter Run		03:59.5	2	Silver	1990
Dorothy	Ransom	Cedar Rapids	Iowa	W/60-64	800 Meter Run		04:24.3	3	Bronze	1990
Bob	Gallagher	Des Moines	Iowa	M/55-59	800 Meter Race Walk		5:31	1	Gold	1990
Ralph	Chapman	East Dubuque	Illinois	M/60-64	800 Meter Race Walk		5:11	1	Gold	1990
Ernie	Hammond	Whitehall	Illinois	M/60-64	800 Meter Race Walk		5:35	2	Silver	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	800 Meter Race Walk		6:04	3	Bronze	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	800 Meter Race Walk		5:17	1	Gold	1990
Wayne	Mitchell	Des Moines	Iowa	M/65-69	800 Meter Race Walk		5:39	2	Silver	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	800 Meter Race Walk		5:12	1	Gold	1990
Joe	Zuendel	Des Moines	Iowa	M/70-74	800 Meter Race Walk		5:38	2	Silver	1990
Cliff	Holmes	West Des Moines	Iowa	M/75-79	800 Meter Race Walk		6:32	1	Gold	1990
Don	Schultz	Des Moines	Iowa	M/75-79	800 Meter Race Walk		7:15	2	Silver	1990
Ted	Joplin	Des Moines	Iowa	M/80+	800 Meter Race Walk		6:49	1	Gold	1990
Dorothy	Chapman	East Dubuque	Illinois	W/55-59	800 Meter Race Walk		6:06	1	Gold	1990
Nancy	Baker	Des Moines	Iowa	W/55-59	800 Meter Race Walk		6:45	2	Silver	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	800 Meter Race Walk		5:46	1	Gold	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	800 Meter Race Walk		6:12	2	Silver	1990
Betty	Osborn	Lincoln	Nebraska	W/65-69	800 Meter Race Walk		5:45	1	Gold	1990
Madeline	Brough	West Des Moines	Iowa	W/65-69	800 Meter Race Walk		6:40	2	Silver	1990
Bess	Cleve	Des Moines	Iowa	W/65-69	800 Meter Race Walk		6:48	3	Bronze	1990
Ann	Benton	Des Moines	Iowa	W/70-74	800 Meter Race Walk		7:25	1	Gold	1990
Ester	Troester	Des Moines	Iowa	W/75-79	800 Meter Race Walk		8:16	1	Gold	1990
Helen	Wallace	Des Moines	Iowa	W/80+	800 Meter Race Walk		9:06	1	Gold	1990
Pancratya	Eddy	Anita	Iowa	W/80+	800 Meter Race Walk		9:08	2	Silver	1990
Franklin	Brown	Des Moines	Iowa	M/55-59	1500 Meter Run		05:17.7	1	Gold	1990
Gene	Harding	Des Moines	Iowa	M/55-59	1500 Meter Run		05:35.6	2	Silver	1990
Jerry	Triplett	Winterset	Iowa	M/55-59	1500 Meter Run		06:20.0	3	Bronze	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	1500 Meter Run		06:08.9	1	Gold	1990
Joseph	Kendall	Galva	Iowa	M/60-64	1500 Meter Run		06:40.2	2	Silver	1990
Darrell	Paul	Des Moines	Iowa	M/60-64	1500 Meter Run		07:25.8	3	Bronze	1990
M.L.	Van Cleve	Des Moines	Iowa	M/65-69	1500 Meter Run		08:06.6	1	Gold	1990
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	1500 Meter Run		08:16.9	2	Silver	1990
Chuck	Coyle	Des Moines	Iowa	M/65-69	1500 Meter Run		08:28.6	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	1500 Meter Run		06:22.4	1	Gold	1990
Garold	Parks	Ames	Iowa	M/70-74	1500 Meter Run		07:31.8	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	1500 Meter Run		08:01.3	1	Gold	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	1500 Meter Run		10:30.2	2	Silver	1990
Lois	Ribbens	Hull	Iowa	W/60-64	1500 Meter Run		07:49.8	1	Gold	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	1500 Meter Run		07:58.3	2	Silver	1990
Frank	Brown	Des Moines	Iowa	M/55-59	1500 Meter Race Walk		7.37	1	Gold	1990
Bob	Gallagher	Des Moines	Iowa	M/55-59	1500 Meter Race Walk		10.16	2	Silver	1990
Harvey	Burner	Barnum	Iowa	M/55-59	1500 Meter Race Walk		10.18	3	Bronze	1990
Joseph	Kendall	Galva	Illinois	M/60-64	1500 Meter Race Walk		9.52	1	Gold	1990
Ralph	Chapman	East Dubuque	Illinois	M/60-64	1500 Meter Race Walk		10.04	2	Silver	1990
Ralph	Scott	West Des Moines	Iowa	M/60-64	1500 Meter Race Walk		10.51	3	Bronze	1990
LeRoy	Relstoffer	Bellevue	Iowa	M/65-69	1500 Meter Race Walk		9.30	1	Gold	1990
Howard	Isenberg	Des Moines	Iowa	M/65-69	1500 Meter Race Walk		10.01	2	Silver	1990

Henry	Kubitz	Dubuque	Iowa	M/65-69	1500 Meter Race Walk	10.10	3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	1500 Meter Race Walk	10.10	1	Gold	1990
Joseph	Zuendel	Des Moines	Iowa	M/70-74	1500 Meter Race Walk	10.48	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	1500 Meter Race Walk	10.41	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	1500 Meter Race Walk	12.55	1	Gold	1990
Esther	Wilson	Cedar Rapids	Iowa	W/60-64	1500 Meter Race Walk	10.57	1	Gold	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	1500 Meter Race Walk	11.12	2	Silver	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	1500 Meter Race Walk	12.34	3	Bronze	1990
Betty	Osborn	Lincoln	Nebraska	W/65-69	1500 Meter Race Walk	11.05	1	Gold	1990
Jane	Blackwell	Omaha	Nebraska	W/65-69	1500 Meter Race Walk	17.09	2	Silver	1990
Winifried	Canady	Marion	Iowa	W/65-69	1500 Meter Race Walk	12.57	3	Bronze	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	1500 Meter Race Walk	10.11.5	1	Gold	1990
Ruth	Spaulding	Des Moines	Iowa	W/70-74	1500 Meter Race Walk	10.49	2	Silver	1990
Mae	Green	Des Moines	Iowa	W/70-74	1500 Meter Race Walk	13.36	3	Bronze	1990
Pancratya	Eddy	Anita	Iowa	W/80+	1500 Meter Race Walk	16.24	1	Gold	1990
Gene	Harding	Des Moines	Iowa	M/55-59	5000 Meter Run		1	Gold	1990
Jerry	Triplett	Winterset	Iowa	M/55-59	5000 Meter Run		2	Silver	1990
Gene	Marchi	Fort Dodge	Iowa	M/55-59	5000 Meter Run		3	Bronze	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	5000 Meter Run		1	Gold	1990
Sherrill	Ransom	Cedar Rapids	Iowa	M/60-64	5000 Meter Run		2	Silver	1990
Darrell	Paul	Des Moines	Iowa	M/60-64	5000 Meter Run		3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	5000 Meter Run		1	Gold	1990
Harold	Parks	Ames	Iowa	M/70-74	5000 Meter Run		2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	5000 Meter Run		1	Gold	1990
Lois	Ribbens	Hull	Iowa	W/60-64	5000 Meter Run		1	Gold	1990
Ester	Wilson	Cedar Rapids	Iowa	W/60-64	5000 Meter Run		2	Silver	1990
Dorothy	Ransom	Cedar Rapids	Iowa	W/60-64	5000 Meter Run		3	Bronze	1990
Frank	Brown	Des Moines	Iowa	M/55-59	5000 Meter Race Walk		1	Gold	1990
Bob	Gallagher	Des Moines	Iowa	M/55-59	5000 Meter Race Walk		2	Silver	1990
Joseph	Kendall	Galva	Illinois	M/60-64	5000 Meter Race Walk		1	Gold	1990
Ralph	Scott	West Des Moines	Iowa	M/60-64	5000 Meter Race Walk		2	Silver	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	5000 Meter Race Walk		3	Bronze	1990
Leroy	Reistroffer	Bellevue	Iowa	M/65-69	5000 Meter Race Walk		1	Gold	1990
Howard	Isenberg	Des Moines	Iowa	M/65-69	5000 Meter Race Walk		2	Silver	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	5000 Meter Race Walk		3	Bronze	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	5000 Meter Race Walk		1	Gold	1990
Frank	White	Des Moines	Iowa	M/70-74	5000 Meter Race Walk		2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	5000 Meter Race Walk		1	Gold	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	5000 Meter Race Walk		1	Gold	1990
Ester	Wilson	Cedar Rapids	Iowa	W/60-64	5000 Meter Race Walk		1	Gold	1990
Betty	Osborn	Lincoln	Nebraska	W/65-69	5000 Meter Race Walk		1	Gold	1990
Winifred	Canady	Marion	Iowa	W/65-69	5000 Meter Race Walk		2	Silver	1990
Margareta	Lombert	Dillon	Colorado	W/70-74	5000 Meter Race Walk		1	Gold	1990
Ruth	Spaulding	Des Moines	Iowa	W/70-74	5000 Meter Race Walk		2	Silver	1990
Mae	Green	Des Moines	Iowa	W/70-74	5000 Meter Race Walk		3	Bronze	1990
Chas	Greenwood	Des Moines	Iowa	M/55-59	Discus	98'	1	Gold	1990
Franklin	Brown	Des Moines	Iowa	M/55-59	Discus	94'5"	2	Silver	1990
Wally	Czarny	Buffalo Grove	Illinois	M/55-59	Discus	92'	3	Bronze	1990
Bill	Brazelton	Ft. Smith	Iowa	M/60-64	Discus	109'	1	Gold	1990
Lowell	Lein	West Des Moines	Iowa	M/60-64	Discus	89'4"	2	Silver	1990
Ernie	Hammond	Whitehall	Illinois	M/60-64	Discus	74'6"	3	Bronze	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Discus		4	4	1990
Theodore	Poston	Corydon	Iowa	M/65-69	Discus	98'3"	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	Discus	74'7 1/2"	2	Silver	1990
Jack	Tuffree	Green Mountain	Iowa	M/65-69	Discus	67'4 1/2"	3	Bronze	1990
Vic	Blackwell	Omaha	Nebraska	M/70-74	Discus	91'5"	1	Gold	1990
Geo	Biensen	State Center	Iowa	M/70-74	Discus	49'9"	2	Silver	1990
Ernest	Dennison	Sarasota	Florida	M/75-79	Discus	83'2"	1	Gold	1990
Don	Schultz	Des Moines	Iowa	M/75-79	Discus	53'11"	2	Silver	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Discus	57'10"	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Discus	41'8"	2	Silver	1990
Mary	Lathrum	Altoona	Iowa	W/55-59	Discus	46'	1	Gold	1990

Elaine	Sanford	Kirksville	Missouri	W/55-59	Discus	40'1"	2	Silver	1990
Mary	Booton	Des Moines	Iowa	W/55-59	Discus	37'9"	3	Bronze	1990
Marie	Reistroffer	Bellevue	Iowa	W/60-64	Discus	40'3"	1	Gold	1990
Delores	Murray	Galva	Illinois	W/60-64	Discus	39'	2	Silver	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Discus	34'6"	3	Bronze	1990
Charlotte	Acton	Kirksville	Missouri	W/65-69	Discus	54'9"	1	Gold	1990
Ruth	Snyder	West Des Moines	Iowa	W/65-69	Discus	44'1"	2	Silver	1990
Jane	Blackwell	Omaha	Nebraska	W/65-69	Discus	29'8"	3	Bronze	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	Discus	46'4 1/2"	1	Gold	1990
Eugenia	Turner	Dubuque	Iowa	W/70-74	Discus	36'1"	2	Silver	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Discus	31'	3	Bronze	1990
Pancratya	Eddy	Anita	Iowa	W/80+	Discus	23' 1"	1	Gold	1990
Franklin	Brown	Des Moines	Iowa	M/55-59	Long Jump	16'11"	1	Gold	1990
Tom	Logan	Johnston	Iowa	M/55-59	Long Jump	14'1 1/4"	2	Silver	1990
Charles	Greenwood	Des Moines	Iowa	M/55-59	Long Jump	14'1"	3	Bronze	1990
Darrell	Paul	Des Moines	Iowa	M/60-64	Long Jump	11'10 1/2"	1	Gold	1990
Ernie	Hammond	Whitehall	Illinois	M/60-64	Long Jump	11'3"	2	Silver	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Long Jump	10'1 1/2"	3	Bronze	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Long Jump	9'10 1/2"	1	Gold	1990
Arnold	Latare	West Des Moines	Iowa	M/65-69	Long Jump	8' 10"	2	Silver	1990
Louis	Brown	Iowa City	Iowa	M/65-69	Long Jump	5'4 1/2"	3	Bronze	1990
Vick	Blackwell	Omaha	Nebraska	M/70-74	Long Jump	9'4"	1	Gold	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	Long Jump	7'4"	2	Silver	1990
Madeleo	Blake	Letts	Iowa	M/75-79	Long Jump	10' 11"	1	Gold	1990
Melvin	Flachs	Davenport	Iowa	M/75-79	Long Jump	9' 5 3/4"	2	Silver	1990
Cliff	Holmes	West Des Moines	Iowa	M/75-79	Long Jump	6'1"	3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Long Jump	8'3"	1	Gold	1990
Carmella	Czarny	Buffalo Grove	Illinois	W/55-59	Long Jump	5'10 1/4"	1	Gold	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	Long Jump	8'3 3/4"	1	Gold	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Long Jump	8' 3/4"	2	Silver	1990
Glendoris	Caswell	Des Moines	Iowa	W/60-64	Long Jump	5' 8"	3	Bronze	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Long Jump	9'9 1/2"	1	Gold	1990
Winifried	Canady	Marion	Iowa	W/65-69	Long Jump	6'2"	2	Silver	1990
Marie	Reistroffer	Bellevue	Iowa	W/65-69	Long Jump	5'9"	3	Bronze	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Long Jump	6' 9 1/2"	1	Gold	1990
Jim	Freeman	Iowa City	Iowa	M/55-59	Shot Put	37' 7 1/2"	1	Gold	1990
Wally	Czarny	Buffalo Grove	Illinois	M/55-59	Shot Put	36' 1/2"	2	Silver	1990
John	Carr	Hannibal	Missouri	M/55-59	Shot Put	26' 10"	3	Bronze	1990
William	Brazelton	Ft. Smith	Iowa	M/60-64	Shot Put	38' 4 1/2"	1	Gold	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Shot Put	34' 4"	2	Silver	1990
Lowell	Lein	West Des Moines	Iowa	M/60-64	Shot Put	28' 3"	3	Bronze	1990
Jack	Tuffree	Green Mountain	Iowa	M/65-69	Shot Put	30' 8"	1	Gold	1990
Mick	Donahue	West Des Moines	Iowa	M/65-69	Shot Put	26' 5"	2	Silver	1990
Chuck	Coyle	Des Moines	Iowa	M/65-69	Shot Put	24'	3	Bronze	1990
Vic	Blackwell	Omaha	Nebraska	M/70-74	Shot Put	30'10"	1	Gold	1990
George	Biensen	State Center	Iowa	M/70-74	Shot Put	24'1"	2	Silver	1990
Ernest	Dennison	Sarasota	Florida	M/75-79	Shot Put	31'5"	1	Gold	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Shot Put	22' 9"	2	Silver	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Shot Put	26'8"	1	Gold	1990
Ted	Joplin	Des Moines	Iowa	M/80+	Shot Put	22'	2	Silver	1990
Carmella	Czarny	Buffalo Grove	Illinois	W/55-59	Shot Put	18'2"	1	Gold	1990
Elaine	Sanford	Kirksville	Missouri	W/55-59	Shot Put	14' 6 1/4"	2	Silver	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	Shot Put	19' 1"	1	Gold	1990
Charlotte	Acton	Kirksville	Missouri	W/65-69	Shot Put	20' 9"	1	Gold	1990
Ethel	Miller	Cedar Rapids	Iowa	W/65-69	Shot Put	20' 1"	2	Silver	1990
Alberta	Heckman	Anita	Iowa	W/65-69	Shot Put	14' 3"	3	Bronze	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	Shot Put	21' 3"	1	Gold	1990
Lucille	Sandman	Winchester	Illinois	W/70-74	Shot Put	15' 6 1/2"	2	Silver	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Shot Put	14' 5"	3	Bronze	1990
Rosemarie	Sigler	Des Moines	Iowa	W/75-79	Shot Put	16' 3"	1	Gold	1990
Pancratya	Eddy	Anita	Iowa	W/80+	Shot Put	11' 3 1/2"	1	Gold	1990
Wally	Czarny	Buffalo Grove	Illinois	M/55-59	Standing Long Jump	7'9"	1	Gold	1990

Harvey	Berner	Barnum	Iowa	M/55-59	Standing Long Jump	7'3"	2	Silver	1990
Charles	Lathrum	Altoona	Iowa	M/55-59	Standing Long Jump	6'10"	3	Bronze	1990
John	Eilers	Indianola	Iowa	W/55-59	Standing Long Jump		4	4	1990
Bill	Brazelton	Fort Smith	Iowa	M/60-64	Standing Long Jump	6'11"	1	Gold	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	Standing Long Jump	6'7 1/2"	2	Silver	1990
Darrell	Mitchell	Marshalltown	Iowa	M/60-64	Standing Long Jump	6'7"	3	Bronze	1990
Charles	Obye	Spirit Lake	Iowa	M/65-69	Standing Long Jump	7'5"	1	Gold	1990
Howard	Isenberg	Des Moines	Iowa	M/65-69	Standing Long Jump	6'5"	2	Silver	1990
Henry	Kubitz	Dubuque	Iowa	M/65-69	Standing Long Jump	6'4 1/2"	3	Bronze	1990
Vic	Blackwell	Omaha	Nebraska	M/70-74	Standing Long Jump	5'8"	1	Gold	1990
Clarence	Osborn	Lincoln	Nebraska	M/70-74	Standing Long Jump	5' 1/2"	2	Silver	1990
George	Biensen	State Center	Iowa	M/70-74	Standing Long Jump	4' 9"	3	Bronze	1990
Ernest	Dennison	Sarasota	Florida	M/75-79	Standing Long Jump	6' 2"	1	Gold	1990
Madeleo	Blake	Letts	Iowa	M/75-79	Standing Long Jump	5' 9"	2	Silver	1990
Donald	Schultz	Des Moines	Iowa	M/75-79	Standing Long Jump	5'	3	Bronze	1990
Monnie	Stauffer	Sheldahl	Iowa	M/80+	Standing Long Jump	5'3"	1	Gold	1990
Mary Lou	Lathrum	Altoona	Iowa	W/55-59	Standing Long Jump	5'5"	1	Gold	1990
Dorothy	Chapman	East Dubuque	Iowa	W/55-59	Standing Long Jump	4'7 1/2"	2	Silver	1990
Nancy	Baker	Des Moines	Iowa	W/55-59	Standing Long Jump	3'10 1/2"	3	Bronze	1990
Carmella	Czarny	Buffalo Grove	Illinois	W/55-59	Standing Long Jump		4	4	1990
Twila	Rankin	Hamilton	Iowa	W/60-64	Standing Long Jump	5'2"	1	Gold	1990
Ernestine	Davis	Des Moines	Iowa	W/60-64	Standing Long Jump	5'	2	Silver	1990
Clara	Kubitz	Dubuque	Iowa	W/60-64	Standing Long Jump	4'5"	3	Bronze	1990
Ethel	Miler	Cedar Rapids	Iowa	W/65-69	Standing Long Jump	5'5"	1	Gold	1990
Winifred	Canady	Marion	Iowa	W/65-69	Standing Long Jump	4'3"	2	Silver	1990
Charlotte	Acton	Kirkville	Missouri	W/65-69	Standing Long Jump	3'4"	3	Bronze	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	Standing Long Jump	5'	1	Gold	1990
Betty	Graves	Urbandale	Iowa	W/70-74	Standing Long Jump	4'	2	Silver	1990
Rosemarie	Sigler	Des Moines	Iowa	W/75-79	Standing Long Jump	3'1"	3	Bronze	1990
Lee	Hayes	Newton	Iowa	M/60-64	50 Yard Backstoke	:48.30	1	Gold	1990
Joseph	Kendall	Galva	Illinois	M/60-64	50 Yard Backstoke	01:01.8	2	Silver	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Backstoke	:45.10	1	Gold	1990
Bill	Mekemson	Humboldt	Iowa	M/65-69	50 Yard Backstoke	:52.91	2	Silver	1990
Donald	Huntoon	Des Moines	Iowa	M/65-69	50 Yard Backstoke	:53.13	3	Bronze	1990
Robert	Bex	Marion	Iowa	M/70-74	50 Yard Backstoke	03:26.9	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	50 Yard Backstoke	01:07.4	1	Gold	1990
Russell	Goodman	Des Moines	Iowa	M/80+	50 Yard Backstoke	01:06.9	1	Gold	1990
Dorothy	Whitehead	Des Moines	Iowa	W/55-59	50 Yard Backstoke	:40.58	1	Gold	1990
Marilyn	Fechner	West Des Moines	Iowa	W/55-59	50 Yard Backstoke	01:05.1	2	Silver	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	50 Yard Backstoke	:42.85	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	50 Yard Backstoke	:50.39	2	Silver	1990
Janet	Fay	Windsor Heights	Iowa	W/60-64	50 Yard Backstoke	01:05.8	3	Bronze	1990
Jackie	Ishman	West Des Moines	Iowa	W/65-69	50 Yard Backstoke	01:37.2	1	Gold	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	50 Yard Backstoke	01:10.7	1	Gold	1990
Dorothy	McSherry	Des Moines	Iowa	W/70-74	50 Yard Backstoke	01:14.8	2	Silver	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Backstoke	01:23.6	3	Bronze	1990
Lee	Hays	Newton	Iowa	M/60-64	100 Yard Backstroke	01:49.5	1	Gold	1990
Christian	Fath	Des Moines	Iowa	M/60-64	100 Yard Backstroke	02:26.1	2	Silver	1990
James	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Backstroke	01:47.3	1	Gold	1990
Donald	Huntoon	Des Moines	Iowa	M/65-69	100 Yard Backstroke	02:03.4	2	Silver	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	100 Yard Backstroke	02:30.0	1	Gold	1990
Russell	Goodman	Des Moines	Iowa	M/80+	100 Yard Backstroke	03:18.2	1	Gold	1990
Ivan	Schultz	Humboldt	Iowa	M/80+	100 Yard Backstroke	03:20.0	2	Silver	1990
Dorothy	Whitehead	Des Moines	Iowa	W/55-59	100 Yard Backstroke	01:30.1	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	100 Yard Backstroke	01:37.3	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	100 Yard Backstroke	01:51.6	2	Silver	1990
Francis	Huntoon	Des Moines	Iowa	W/60-64	100 Yard Backstroke	03:32.3	3	Bronze	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	100 Yard Backstroke	03:03.8	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	200 Yard Backstroke	04:07.5	1	Gold	1990
Donald	Huntoon	Des Moines	Iowa	M/65-69	200 Yard Backstroke	04:42.3	2	Silver	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	200 Yard Backstroke	05:31.0	1	Gold	1990
Russell	Goodman	Des Moines	Iowa	M/80+	200 Yard Backstroke	05:30.0	1	Gold	1990
Dorothy	Whitehead	Des Moines	Iowa	W/55-59	200 Yard Backstroke	03:22.4	1	Gold	1990

Marilyn	Fechner	West Des Moines	Iowa	W/55-59	200 Yard Backstroke	05:20.9	2	Silver	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	200 Yard Backstroke	03:25.0	1	Gold	1990
Janet	Fay	Des Moines	Iowa	W/60-64	200 Yard Backstroke	05:32.9	2	Silver	1990
Frances	Huntoon	Des Moines	Iowa	W/60-64	200 Yard Backstroke	07:50.3	3	Bronze	1990
Janice	Burns	Des Moines	Iowa	W/65-69	200 Yard Backstroke	04:11.2	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	200 Yard Backstroke	06:19.5	1	Gold	1990
Dorothy	McSherry	Des Moines	Iowa	W/70-74	200 Yard Backstroke	07:02.2	2	Silver	1990
Lee	Hays	Newton	Iowa	M/60-64	50 Yard Breastroke	:41.95	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Breastroke	:53.16	1	Gold	1990
Raymond	Vogel	West Des Moines	Iowa	M/70-74	50 Yard Breastroke	01:50.5	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	50 Yard Breastroke	01:00.8	1	Gold	1990
Marilyn	Fechner	West Des Moines	Iowa	W/55-59	50 Yard Breastroke	01:09.5	1	Gold	1990
Angie	Anderson	Des Moines	Iowa	W/55-59	50 Yard Breastroke	01:55.0	2	Silver	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	50 Yard Breastroke	:52.70	1	Gold	1990
Janet	Fay	Des Moines	Iowa	W/60-64	50 Yard Breastroke	01:12.9	2	Silver	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	50 Yard Breastroke	01:03.6	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Breastroke	01:38.3	2	Silver	1990
Lee	Hays	Newton	Iowa	M/60-64	100 Yard Breastroke	01:36.6	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Breastroke	02:04.0	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	100 Yard Breastroke	02:21.4	1	Gold	1990
Janet	Fay	Des Moines	Iowa	W/60-64	100 Yard Breastroke	02:31.9	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	100 Yard Breastroke	0.00	1	Gold	1990
Lee	Hays	Newton	Iowa	M/60-64	50 Yard Butterfly	:44.32	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Butterfly	:49.86	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	50 Yard Butterfly	01:17.9	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	50 Yard Butterfly	:44.65	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	50 Yard Butterfly	47.58	2	Silver	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Butterfly	02:20.6	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Butterfly	01:59.3	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	50 Yard Butterfly	01:46.1	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Butterfly	05:03.4	1	Gold	1990
Frank	Lee	Montpellier	Iowa	M/60-64	50 Yard Freestyle	:34.10	1	Gold	1990
Joe	Kendall	Galva	Illinois	M/60-64	50 Yard Freestyle	:45.77	2	Silver	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Freestyle	:33.63	1	Gold	1990
Bill	Mekemson	Humboldt	Iowa	M/65-69	50 Yard Freestyle	:38.53	2	Silver	1990
Ken	Frame	Cedar Rapids	Iowa	M/65-69	50 Yard Freestyle	:52.62	3	Bronze	1990
George	Gable	Cedar Rapids	Iowa	M/70-74	50 Yard Freestyle	:48.94	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	50 Yard Freestyle	:58.34	1	Gold	1990
Marilyn	Fechner	West Des Moines	Iowa	W/55-59	50 Yard Freestyle	01:02.9	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	50 Yard Freestyle	:36.77	1	Gold	1990
Janet	Fay	Des Moines	Iowa	W/60-64	50 Yard Freestyle	:49.66	2	Silver	1990
Mary	Miller	Des Moines	Iowa	W/65-69	50 Yard Freestyle	01:01.1	1	Gold	1990
Marge	Bateman	West Des Moines	Iowa	W/65-69	50 Yard Freestyle	01:50.0	2	Silver	1990
Dorothy	McSherry	Des Moines	Iowa	W/70-74	50 Yard Freestyle	01:12.0	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Freestyle	01:23.3	2	Silver	1990
Frank	Lee	Montpellier	Iowa	M/60-64	100 Yard Freestyle	01:19.0	1	Gold	1990
Lee	Hays	Newton	Iowa	M/60-64	100 Yard Freestyle	01:22.8	2	Silver	1990
Dick	Pertzborn	Ankeny	Iowa	M/60-64	100 Yard Freestyle	02:34.1	3	Bronze	1990
James	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Freestyle	01:18.1	1	Gold	1990
Bill	Mekemson	Humboldt	Iowa	M/65-69	100 Yard Freestyle	01:39.9	2	Silver	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	100 Yard Freestyle	02:21.2	1	Gold	1990
Marilyn	Fechner	West Des Moines	Iowa	W/55-59	100 Yard Freestyle	02:22.2	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	100 Yard Freestyle	01:22.9	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	100 Yard Freestyle	01:28.1	2	Silver	1990
Janet	Fay	Windsor Heights	Iowa	W/60-64	100 Yard Freestyle	01:59.6	3	Bronze	1990
Dorothy	McSherry	Des Moines	Iowa	W/70-74	100 Yard Freestyle	02:32.6	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	100 Yard Freestyle	03:14.7	2	Silver	1990
Lee	Hays	Newton	Iowa	M/60-64	200 Yard Freestyle	03:18.0	1	Gold	1990
James	Kempkes		Iowa	M/65-69	200 Yard Freestyle	03:14.5	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	200 Yard Freestyle	05:00.0	1	Gold	1990

Judy	Chadima	Cedar Rapids	Iowa	W/60-64	200 Yard Freestyle	03:01.9	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	200 Yard Freestyle	03:15.2	2	Silver	1990
Janet	Fay	Des Moines	Iowa	W/60-64	200 Yard Freestyle	04:24.3	3	Bronze	1990
Janice	Burns	Des Moines	Iowa	W/65-69	200 Yard Freestyle	04:14.7	1	Gold	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	200 Yard Freestyle	06:24.1	1	Gold	1990
Lee	Hays	Newton	Iowa	M/60-64	400 Yard Freestyle	07:21.6	1	Gold	1990
Joseph	Kendall	Galva	Illinois	M/60-64	400 Yard Freestyle	08:20.4	2	Silver	1990
Christian	Faith	Des Moines	Iowa	M/60-64	400 Yard Freestyle	09:10.7	3	Bronze	1990
James	Kempkes	Des Moines	Iowa	M/65-69	400 Yard Freestyle	07:08.0	1	Gold	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	400 Yard Freestyle	11:02.2	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	400 Yard Freestyle	06:19.6	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	400 Yard Freestyle	06:47.2	2	Silver	1990
Janet	Fay	Des Moines	Iowa	W/60-64	400 Yard Freestyle	09:19.4	3	Bronze	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	400 Yard Freestyle	13:57.7	1	Gold	1990
Lee	Hays	Newton	Iowa	M/60-64	50 Yard Sidestroke	:44.84	2	Silver	1990
James	Kempkes	Des Moines	Iowa	M/65-69	50 Yard Sidestroke	:48.61	2	Silver	1990
Bill	Mekemson	Humboldt	Iowa	M/65-69	50 Yard Sidestroke	:49.31	3	Bronze	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	50 Yard Sidestroke	:58.71	1	Gold	1990
Ivan	Schultz	Humboldt	Iowa	M/80+	50 Yard Sidestroke	01:23.1	1	Gold	1990
Beverly	Howe	West Des Moines	Iowa	W/55-59	50 Yard Sidestroke	01:22.0	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	50 Yard Sidestroke	:48.29	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	50 Yard Sidestroke	:48.89	2	Silver	1990
Janet	Fay	Des Moines	Iowa	W/60-64	50 Yard Sidestroke	01:01.0	3	Bronze	1990
Mary	Miller	Des Moines	Iowa	W/65-69	50 Yard Sidestroke	01:09.5	1	Gold	1990
Midge	Lewis	West Des Moines	Iowa	W/65-69	50 Yard Sidestroke	01:14.4	2	Silver	1990
Jackie	Isham	West Des Moines	Iowa	W/65-69	50 Yard Sidestroke	01:21.4	3	Bronze	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	50 Yard Sidestroke	01:33.8	1	Gold	1990
Christian	Faith	Des Moines	Iowa	M/60-64	100 Yard Sidestroke	03:14.0	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	100 Yard Sidestroke	01:55.3	1	Gold	1990
Donald	Huntoon	Des Moines	Iowa	M/65-69	100 Yard Sidestroke	02:54.0	2	Silver	1990
Leon	Dolski	West Des Moines	Iowa	M/75-79	100 Yard Sidestroke	02:22.4	1	Gold	1990
Marilyn	Fechner	West Des Moines	Iowa	W/55-59	100 Yard Sidestroke	02:27.1	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	100 Yard Sidestroke	01:51.7	1	Gold	1990
Janice	Burns	Des Moines	Iowa	W/65-69	100 Yard Sidestroke	02:30.6	1	Gold	1990
Jackie	Isham	West Des Moines	Iowa	W/65-69	100 Yard Sidestroke	03:30.9	2	Silver	1990
Margareta	Lambert	Dillon	Colorado	W/70-74	100 Yard Sidestroke	02:17.5	1	Gold	1990
Dorothy	McSherry	Des Moines	Iowa	W/70-74	100 Yard Sidestroke	02:51.5	2	Silver	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	100 Yard Sidestroke	03:44.5	3	Bronze	1990
Lee	Hays	Newton	Iowa	M/60-64	200 Yard Individual Medley	03:36.2	1	Gold	1990
James	Kempkes	Des Moines	Iowa	M/65-69	200 Yard Individual Medley	04:13.6	1	Gold	1990
Judy	Chadima	Cedar Rapids	Iowa	W/60-64	200 Yard Individual Medley	03:26.8	1	Gold	1990
Parkie	Copeland	Waterloo	Iowa	W/60-64	200 Yard Individual Medley	03:44.1	2	Silver	1990
Marijane	Torgesen	Des Moines	Iowa	W/70-74	200 Yard Individual Medley	07:47.4	1	Gold	1990