

WOMEN'S 5K ROAD RACE 2014

NAME	STATE	AGE	TIME	PLACE	MEDAL	NSG Qualifier
Sally Weepie	IA	51	28:05.0	1	GOLD	X
Carla Houston	IA	54	39:48.0	2	SILVER	X
Ann Birdsley	IA	51	41:58.0	3	BRONZE	X
Ellen Johnson	IA	56	26:24.0	1	GOLD	X
LuAnn Ostergaard	IA	56	28:33.0	2	SILVER	X
Kathy Ford	IA	57	29:35.0	3	BRONZE	X
Ruth Swanson	IA	62	36:02.0	1	GOLD	X
Alida Droppert	IA	66	28:55.0	1	GOLD	X
Pamela Gangitano	NE	68	30:14.0	2	SILVER	X
Marya Smith	IL	69	33:12.0	3	BRONZE	X
Polly Frank	MN	67	35:13.0	4		X
Joni Bemis	IA	70	28:24.0	1	GOLD	X

MEN'S 5K ROAD RACE 2014

NAME	STATE	AGE	TIME	PLACE	MEDAL	NSG Qualifier
Dan Bonthius	IA	54	17:29.0	1	GOLD	X
Patrick McGowan	IA	51	18:17.0	2	SILVER	X
Jim Robidoux	IA	50	18:50.0	3	BRONZE	X
Rick Scharff	IA	53	21:08.0	4		X
Mark Seaton	IA	52	23:02.0	5		
Wayne Ostergaard	IA	51	26:24.0	6		
Patrick Weepie	IA	53	27:58.0	7		
Donald Johnson	IA	52	35:02.0	8		
Jeff Birdsley	IA	53	41:58.0	9		
Kevin Houston	IA	55	23:55.0	1	GOLD	X
Tim Murphy	IA	62	20:36.0	1	GOLD	X
Gary Patton	IA	69	21:37.0	1	GOLD	X
Bob Knox	IA	66	23:01.0	2	SILVER	X
Roy Ney	IA	66	26:38.0	3	BRONZE	X
buzz hoffman	IA	67	28:41.0	4		X
Paul Gryte	IA	70	23:29.0	1	GOLD	X
Ruben Rullan	IA	73	34:39.0	2	SILVER	X
David Hoffman	IA	76	30:32.0	1	GOLD	X
Rich Robbins	IA	76	32:03.0	2	SILVER	X
Jerry Hendrickson	IA	76	32:21.0	3	BRONZE	X
Wilbur Veenstra	IA	76	38:03.0	4		X
ALVIN RAVENSCROFT	IA	80	32:26.0	1	GOLD	X

WOMEN'S 10K ROAD RACE 2014

NAME	STATE	AGE	TIME	PLACE	MEDAL	NSG Qualifier
sherri smith	IA	51	50:06.0	1	GOLD	X
Sally Weepie	IA	51	57:12.0	2	SILVER	X
Lisa Ryan	IA	52	1:10:45	3	BRONZE	X
Kathy Ford	IA	57	1:04:21	1	GOLD	X
Polly Frank	MN	67	1:13:39	1	GOLD	X

MEN'S 10K ROAD RACE 2014

NAME	STATE	AGE	TIME	PLACE	MEDAL	NSG Qualifier
Rick Scharff	IA	53	42:56.0	1	GOLD	X
Patrick Weepie	IA	53	55:58.0	2	SILVER	X
Gary Patton	IA	69	42:30.0	1	GOLD	X
Bob Knox	IA	66	47:28.0	2	SILVER	X
Sam Fisher	IA	66	48:50.0	3	BRONZE	X
Roy Ney	IA	66	54:35.0	4		X
Doug Brandt	MN	72	1:01:20	1	GOLD	X
David Hoffman	IA	76	1:01:44	1	GOLD	X