

2017 Iowa Senior Games Cycling Time Trial Results
Cambridge, IA

Event	Age Group	First Name	Last Name	City	State	Gender	Age	Result	Place	Medal
Cycling Time Trial - 5K	50-54 Female	Connie	Inks	Waterloo	IA	F	53	06:50.47	1	Gold
Cycling Time Trial - 5K	50-54 Female	Lisa	Minske	Des Moines	IA	F	53	08:05.49	2	Silver
Cycling Time Trial - 5K	50-54 Female	Maryann	Mori	Des Moines	IA	F	53	08:10.32	3	Bronze
Cycling Time Trial - 5K	50-54 Male	David	Green	Des Moines	IA	M	51	06:46.33	1	Gold
Cycling Time Trial - 5K	50-54 Male	Colton	Keasler	Iowa City	IA	M	52	08:03.73	2	Silver
Cycling Time Trial - 5K	50-54 Male	Mike	Krapfl	Ames	IA	M	54	08:28.02	3	Bronze
Cycling Time Trial - 5K	55-59 Female	Debra	Leehoven	Ankeny	IA	F	59	08:41.48	1	Gold
Cycling Time Trial - 5K	55-59 Male	David	Gannon	West Des Moines	IA	M	55	07:20.96	1	Gold
Cycling Time Trial - 5K	55-59 Male	Brad	Lones	Urbandale	IA	M	57	07:22.41	2	Silver
Cycling Time Trial - 5K	55-59 Male	Rick	Gladson	Des Moines	IA	M	58	07:42.59	3	Bronze
Cycling Time Trial - 5K	55-59 Male	Conn	Day	Ely	IA	M	59	07:44.66		
Cycling Time Trial - 5K	55-59 Male	Steve	Heilskov	Iowa Falls	IA	M	59	07:58.03		
Cycling Time Trial - 5K	55-59 Male	Scott	Sorem	Ames	IA	M	55	08:03.32		
Cycling Time Trial - 5K	55-59 Male	Dennis	O'Neel	West Des Moines	IA	M	57	08:11.01		
Cycling Time Trial - 5K	60-64 Female	Susan	Paulson	Alexandria	MN	F	62	07:51.20	1	Gold
Cycling Time Trial - 5K	60-64 Female	Kathryn	Laethem	Frankenmuth	MI	F	62	07:54.15	2	Silver
Cycling Time Trial - 5K	60-64 Male	Dan	Shaffer	Ely	IA	M	62	06:19.33	1	Gold
Cycling Time Trial - 5K	60-64 Male	Dennis	Noel	Rolla	MO	M	62	06:51.26	2	Silver
Cycling Time Trial - 5K	60-64 Male	John	Brown	Urbandale	IA	M	60	06:54.49	2	Silver
Cycling Time Trial - 5K	60-64 Male	kevin	rose	Bettendorf	IA	M	60	07:09.33	3	Bronze
Cycling Time Trial - 5K	60-64 Male	John	Bregar	Madrid	IA	M	60	07:11.25		
Cycling Time Trial - 5K	60-64 Male	John	Bergman	Urbandale	IA	M	61	08:13.88		
Cycling Time Trial - 5K	65-69 Male	Scott	Bulfinch	Lincoln	NE	M	69	06:41.42	1	Gold
Cycling Time Trial - 5K	65-69 Male	Roger	Carlson	Lakefield	MN	M	65	07:24.07	2	Silver
Cycling Time Trial - 5K	65-69 Male	Gregory	Chlebicki	Des Moines	IA	M	67	07:26.01	1	Gold
Cycling Time Trial - 5K	65-69 Male	Tony	Leehoven	Ankeny	IA	M	66	07:26.32	2	Silver
Cycling Time Trial - 5K	65-69 Male	Paul	Black	DES MOINES	IA	M	68	07:31.01	3	Bronze

Record performances are highlighted in yellow

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Cycling Time Trial - 5K	65-69 Male	Norman	Wellings	Oskaloosa	IA	M	67	07:40.02		
Cycling Time Trial - 5K	65-69 Male	Roger	Edgar	Leawood	KS	M	65	07:48.02		
Cycling Time Trial - 5K	65-69 Male	harry	fortney	kelley	IA	M	67	08:27.26		
Cycling Time Trial - 5K	70-74 Female	Ann	Shuman	West Des Moines	IA	F	74	08:38.28	1	Gold
Cycling Time Trial - 5K	70-74 Male	Stephen	Penkhus	Mankato	MN	M	72	07:09.00	1	Gold
Cycling Time Trial - 5K	70-74 Male	Hollis	Anderson	Lincoln	NE	M	70	08:38.28	2	Silver
Cycling Time Trial - 5K	70-74 Male	Don	Utsinger	Urbandale	IA	M	70	08:45.16	1	Gold
Cycling Time Trial - 5K	70-74 Male	Earl	Hill	Britt	IA	M	71	09:32.83	2	Silver
Cycling Time Trial - 5K	70-74 Male	David	Brown	Des Moines	IA	M	71	12:51.83	3	Bronze
Cycling Time Trial - 5K	75-79 Male	John	Hartwig	Ankeny	IA	M	76	08:02.44	1	Gold
Cycling Time Trial - 5K	75-79 Male	Roger	Wertanen	Peterson	MN	M	77	09:22.07	2	Silver
Cycling Time Trial - 10K	50-54 Female	Connie	Inks	Waterloo	IA	F	53	15:06.57	1	Gold
Cycling Time Trial - 10K	50-54 Female	Lisa	Minske	Des Moines	IA	F	53	18:27.28	2	Silver
Cycling Time Trial - 10K	50-54 Female	Maryann	Mori	Des Moines	IA	F	53	19:04.96	3	Bronze
Cycling Time Trial - 10K	50-54 Male	David	Green	Des Moines	IA	M	51	15:05.28	1	Gold
Cycling Time Trial - 10K	50-54 Male	Colton	Keasler	Iowa City	IA	M	52	18:02.81	2	Silver
Cycling Time Trial - 10K	50-54 Male	Mike	Krapfl	Ames	IA	M	54	18:35.92	3	Bronze
Cycling Time Trial - 10K	55-59 Female	Debra	Leehoven	Ankeny	IA	F	59	19:48.71	1	Gold
Cycling Time Trial - 10K	55-59 Male	David	Gannon	West Des Moines	IA	M	55	16:12.53	1	Gold
Cycling Time Trial - 10K	55-59 Male	Brad	Lones	Urbandale	IA	M	57	16:27.17	2	Silver
Cycling Time Trial - 10K	55-59 Male	Rick	Gladson	Des Moines	IA	M	58	16:43.59	3	Bronze
Cycling Time Trial - 10K	55-59 Male	Conn	Day	Ely	IA	M	59	17:09.31		
Cycling Time Trial - 10K	55-59 Male	Dennis	O'Neel	West Des Moines	IA	M	57	18:15.09		
Cycling Time Trial - 10K	55-59 Male	Steve	Heilskov	Iowa Falls	IA	M	59	18:18.92		
Cycling Time Trial - 10K	55-59 Male	Scott	Sorem	Ames	IA	M	55	18:21.42		
Cycling Time Trial - 10K	60-64 Female	Susan	Paulson	Alexandria	MN	F	62	17:28.17	1	Gold

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Cycling Time Trial - 10K	60-64 Male	Dan	Shaffer	Ely	IA	M	62	13:48.67	1	Gold
Cycling Time Trial - 10K	60-64 Male	Dennis	Noel	Rolla	MO	M	62	15:11.64	2	Silver
Cycling Time Trial - 10K	60-64 Male	John	Brown	Urbandale	IA	M	60	15:16.57	2	Silver
Cycling Time Trial - 10K	60-64 Male	kevin	rose	Bettendorf	IA	M	60	15:35.42	3	Bronze
Cycling Time Trial - 10K	60-64 Male	John	Bregar	Madrid	IA	M	60	15:57.57		
Cycling Time Trial - 10K	60-64 Male	John	Bergman	Urbandale	IA	M	61	18:54.64		
Cycling Time Trial - 10K	65-69 Male	Scott	Bulfinch	Lincoln	NE	M	69	14:45.89	1	Gold
Cycling Time Trial - 10K	65-69 Male	Tony	Leehoven	Ankeny	IA	M	66	16:25.81	1	Gold
Cycling Time Trial - 10K	65-69 Male	Gregory	Chlebicki	Des Moines	IA	M	67	16:33.96	2	Silver
Cycling Time Trial - 10K	65-69 Male	Norman	Wellings	Oskaloosa	IA	M	67	16:42.81	3	Bronze
Cycling Time Trial - 10K	65-69 Male	Roger	Carlson	Lakefield	MN	M	65	16:43.31		
Cycling Time Trial - 10K	65-69 Male	Paul	Black	DES MOINES	IA	M	68	17:03.09		
Cycling Time Trial - 10K	65-69 Male	Roger	Edgar	Leawood	KS	M	65	17:10.17		
Cycling Time Trial - 10K	65-69 Male	harry	fortney	kelley	IA	M	67	19:21.14		
Cycling Time Trial - 10K	70-74 Female	Ann	Shuman	West Des Moines	IA	F	74	19:28.31	1	Gold
Cycling Time Trial - 10K	70-74 Male	Stephen	Penkhus	Mankato	MN	M	72	15:39.92	1	Gold
Cycling Time Trial - 10K	70-74 Male	Don	Utsinger	Urbandale	IA	M	70	19:15.99	1	Gold
Cycling Time Trial - 10K	70-74 Male	Hollis	Anderson	Lincoln	NE	M	70	20:05.14	3	Bronze
Cycling Time Trial - 10K	70-74 Male	Earl	Hill	Britt	IA	M	71	21:58.49	2	Silver
Cycling Time Trial - 10K	70-74 Male	David	Brown	Des Moines	IA	M	71	28:39.96	3	Bronze
Cycling Time Trial - 10K	75-79 Male	John	Hartwig	Ankeny	IA	M	76	18:06.92	1	Gold
Cycling Time Trial - 10K	75-79 Male	Roger	Wertanen	Peterson	MN	M	77	21:04.34	2	Silver

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