

2012 Road Race 5k

Women

First Name	Last Name	City	State	Age	Time	Place	Medal
Kathy	Ford	Clive	IA	55	29:31	1	Gold
Jill	Ryan	DeWitt	IA	56	30:50	2	Silver
Diane	Orr	Iowa City	IA	59	44:44	3	Bronze
Joni	Bemis	Urbandale	IA	68	30:16	1	Gold

Men

Roadhog	McKibben	Clive	IA	51	21:38	1	Gold
Patrick	Weepie	Altoona	IA	51	25:13	2	Silver
Paul	Ryan	DeWitt	IA	58	20:33	1	Gold
Brad	Ewest	Ankeny	IA	59	22:23	2	Silver
Tim	Murphy	Iowa City	IA	60	19:56	1	Gold
Robet	Knox	Waterloo	IA	64	20:34	2	Silver
Mark	Hayes		IA	62	21:50	3	Bronze
Larry	Hamm	Des Moines	IA	64	25:05	4	
Roy	Ney	Des Moines	IA	64	25:27	5	
Michael	McCullough	Urbandale	IA	63	26:20	6	
Buzz	Hoffman	West Des Moines	IA	64	27:12	7	
Gary	Patton	Rock Rapids	IA	67	21:28	1	Gold
Henry	Jungling	Aplington	IA	65	22:43	2	Silver
Jim	Hess	Lemars	IA	69	24:50	3	Bronze
Robert	Hoffman	West Des Moines	IA	65	27:20	4	
Ervin	Mellema	Urbandale	IA	67	34:18	5	
Ron	Truhlar	Iowa City	IA	69	34:26	6	
Jim	Matthews	Baxter	IA	72	24:13	1	Gold
Ruben	Rullan	Urbandale	IA	71	33:10	2	Silver
Wilbur	Veenstra	Pella	IA	74	37:29	3	Bronze
Alvin	Ravenscroft	Ames	IA	79	33:23	1	Gold

2012 Road Race 10 K

Women

Janine	Seibert	Granger	IA	51	55:51	1	Gold
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Men

Jim	Quigley	Johnston	IA	55	41:05	1	Gold
Brad	Ewest	Ankeny	IA	59	48:02	2	Silver
Sam	Fisher	Boone	IA	64	51:31	1	Gold
Gary	Patton	Rock Rapids	IA	67	43:29	1	Gold