



## Strongman COVID Guidelines

### Athletes/Coaches/Spectators

- Athletes when not competing, coaches, spectators, and officials are required to wear masks while in the venue.
- Spectators will be limited to no more than 2 per athlete.
- Social distancing will be required throughout the venue.
- Athletes may not enter the facility more than 15 minutes ahead of their scheduled competition time and must exit within 15 minutes of their competition completion.
- All participants, coaches, and spectators are encouraged to bring their own personal sanitizing products.

### Equipment/Format/Facility

- High touch surfaces will be sanitized frequently throughout the tournament.
- Shared equipment will be sanitized between uses.
- Events will be spread at least 6' apart.
- Medals will be available for pick up onsite for participants. If participants do not feel comfortable, medals can be mailed to them.

**Participants and spectators are encouraged to check their temperature before arriving for their event. Iowa Games and their partners reserve the right to check temperatures at any affiliated event. Individuals with temperatures exceeding 100.4 degrees Fahrenheit will not be allowed entry into the event.**

**If you or a member of your team or family have tested positive for COVID-19 in the last 14 days, you are not permitted to participate in or spectate this event.**

**If you or a member of your team or family have a pending COVID-19 test, you are not permitted to participate in or spectate this event.**