



Powerlifting COVID Guidelines

Athletes/Coaches/Spectators

- Athletes when not playing, coaches, spectators, and officials are required to wear masks while in the facility.
 - Includes but is not limited to while entering/exiting facility, within the locker rooms, in stands, etc.
 - Players may wear masks when playing if desired.
- Spectators will be limited to no more than 2 per player.
- Social distancing will be required throughout the facility.
- Teams may not enter the facility more than 15 minutes ahead of their scheduled game time and must exit within 15 minutes of their game completion.
- Teams are asked to leave the facility when not playing if not playing back to back. No congregating will be allowed.
- All participants, coaches, and spectators are encouraged to bring their own personal sanitizing products.

Equipment/Format/Facility

- High touch surfaces will be sanitized frequently throughout the tournament.
- Equipment should not be shared, if possible.
- Medals will be available for pick up onsite for participants. If participants do not feel comfortable, medals can be mailed to them.
- Award blocks will not be available for pictures.

Participants and spectators are encouraged to check their temperature before arriving for their event. Iowa Games and their partners reserve the right to check temperatures at any affiliated event. Individuals with temperatures exceeding 100.4 degrees Fahrenheit will not be allowed entry into the event.

If you or a member of your team or family have tested positive for COVID-19 in the last 14 days, you are not permitted to participate in or spectate this event.

If you or a member of your team or family have a pending COVID-19 test, you are not permitted to participate in or spectate this event.