

IOWA GAMES MUD RUN 2 0 1 7

ENTRY FORM

DATE

Saturday, June 17, 2017

SITE

Cownie Soccer Park
2600 E. Hartford Avenue
Des Moines, Iowa 50320
FREE PARKING

TIME

Little Muddy Buddy Trot - 9:00 a.m.
Mud Run - 9:30 a.m.

REGISTRATION

New for 2017. Participants will have the option during the run to choose the path they want to take. Participants can choose a short and easier route or a longer and more difficult route.

Short will be approx. 1 mile with less obstacles and less mud.

Long will experience more mud, more obstacles and the path will be approx. 3 miles.

MUD RUN

- \$25* - Postmark and online thru March 15, 2017
- \$30* - Postmark and online thru March 16 - June 7, 2017
- \$35* - Online only until 1:00 PM on June 15, 2017
- \$40 - On-site (registrations will be accepted at packet pick up on Friday evening or Saturday morning)

*UPGRADE TO DRI-FIT SHIRT FOR ADDITIONAL \$10

(Entry Fee includes Mud Run T-shirt, Mud Run Survivor medal and post race refreshments)

LITTLE MUDDY BUDDY (AGE 5 & UNDER)

- \$5 - Postmark by June 7, 2017
- \$5 - Online only until 1:00 PM on June 15, 2017
- \$7 - On-site
(registration includes a cotton T-shirt, Mud Run Survivor medal)

TEAM SIGN UP (MUD RUN):

Option to sign up as a 'team/group'. This is for teams and/or groups of 4 or more.

The first 4 runners are full priced.
Starting with the 5th runner, a \$5.00 discount will be given

ALL ENTRY FORMS OF TEAM MEMEBERS MUST BE MAILED AT THE SAME TIME WITH THE CORRECT PAYMENT.

Team Advantages: Only 1 member of the team has to pick up shirts during packet pick up. Shirts will be boxed by team name.

PARTICIPANT INFORMATION

FIRST NAME: _____

LAST NAME: _____

ADDRESS: _____

CITY: _____ STATE: ____ ZIP: _____

DAY PHONE: _____

NIGHT/CELL PHONE: _____

EMAIL: _____

DATE OF BIRTH (MM/DD/YY): _____

GENDER: MALE FEMALE

TEAM NAME: _____

EVENT

- LITTLE MUDDY BUDDY TROT
- SHORT COURSE (APPROX. 1 MILE)
- LONG COURSE (APPROX. 3 MILES)

T-SHIRT SIZE:

- Y(6/8) Y(10/12) Y(14/16)
- S M L XL 2XL 3XL
- UPGRADE TO A DRI-FIT SHIRT - \$10 (ADULT SIZES ONLY)
- ADD \$10 to your registration fee

REMEMBER TO SIGN THE WAIVER FORM

HOSTED BY



REGISTER ONLINE **IOWAGAMES.ORG**



#IowaGames

INFO@IOWAGAMES.ORG 888.777.8881

Mail form to: Iowa Games · 1421 S. Bell Ave. #104 · Ames, Iowa 50010 | Checks Payable to "Iowa Games"

WAIVER

Must be signed by athlete and/or parent/guardian if under age 18. / Applicants under age 18 must have parent or guardian complete Parts "A" & "B", 18 and over complete Part "A" only.

PART "A" - WAIVER & RELEASE FROM LIABILITY

In consideration of being permitted to enter for any purpose any RESTRICTED AREA (herein defined as the areas to which admission by general public spectators is prohibited and in addition, consisting of the planned route, or any other area which the participant chooses to access by any mode of transportation), or being permitted to compete, officiate, observe, work for, or for any purpose participate in any way in the event, EACH OF THE UNDERSIGNED, for himself/herself, his/her personal representatives, heirs, next of kin, acknowledges, agrees and represents that he/she has, or will immediately upon entering any of such restricted areas, and will continuously thereafter, inspect such restricted area or areas and all portions thereof which he/she enters and with which he/she comes in contact, and he/she does further warrant that his/her entry upon such restricted area and that he/she finds and accepts the same as being safe and reasonably suited for the purpose of his/her use, and further agrees and warrants that if, at any time, he/she is in or about restricted areas and he/she feels anything to be unsafe, he/she will immediately advise the officials of such and will leave the restricted area(s):

1. HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the Iowa Sports Foundation, d/b/a/ Iowa Games, its affiliated clubs, organizations and licensed medical professionals, their respective administrators, officers, directors, representatives, agents, coaches, the promoters, hosts, other participants, operators, officials, sponsors, advertisers, owners and leasees of premises used to conduct the event and each of them, their officers, and employees, all for the purposes herein referred to as "releasees", from all liability to the undersigned, his/her personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned is in or upon the restricted area, and/or competing, officiating in, observing, or working for, or for any purpose participating in the event;
2. HEREBY AGREES TO INDEMNIFY AND SAVE HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted area or in any way competing, officiating, observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releasees or otherwise.
3. HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releasees or otherwise while in or upon the restricted area and/or while competing, officiating, observing, or working for or for any purpose participating in the event.
4. EACH OF THE UNDERSIGNED expressly acknowledges and agrees that the activities at the event and in the restricted areas are dangerous and involve the risk of serious injury and/or death and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
5. Hereby consent to allow my picture and/or voice or likeness to appear in any official documentary, promotional, exclusive television, radio or film coverage of the Iowa Sports Foundation, d/b/a/ Iowa Games in any manner incidental to my participation in the Iowa Sports Foundation, d/b/a Iowa Games and presence at the James W. Cownie Soccer Park without compensation to me.

THE UNDERSIGNED HAS READ THIS WAIVER AND RELEASE FROM LIABILITY, FULLY UNDERSTANDS ITS TERMS, UNDERSTANDS THAT SUBSTANTIAL RIGHTS ARE GIVEN UP BY SIGNING IT, AND SIGNS IT FREELY AND VOLUNTARILY, and further agrees that no oral representatives, statements or inducement apart from the foregoing written agreement have been made. This waiver release and indemnification agreement, specifically embraces each and every event sanctioned, authorized, sponsored, cosponsored, or promoted by said releasees during the entire season, including, without limitation, local or regional qualifying events, wherever located, and applies to each and every event, or activity hereinabove mentioned, and has the same effect as if executed after each and every activity or event in which the undersigned participates so that the parties herein intend to be released and indemnified shall be fully and effectively released and indemnified as to each and every event hereinabove described.

Signed _____ Date _____

PART "B" - PARENT/GUARDIAN WAIVER - RELEASE FROM LIABILITY

(If applicant is under 18 years of age, the parent(s) or guardian(s) must execute in addition to the above, this following waiver:)
The Undersigned, referred to as the parent(s) and natural guardian(s) or legal guardian(s) of the above named player(s) thereby represent that he/she (they) is (are), in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties herein referred to above as releases from all liability, loss, cost, claim or damage whatsoever may be imposed upon said releasees because of any defect in or lack of such capacity to so act and release said releasees on behalf of the undersigned.

Parent/Guardian _____ Date _____